



Saskatoon Nutana
Rotary
 Club



Dec 03, 2024

**December 2024 Theme:
 Disease Prevention &
 Treatment**

**Program
 Chair:
 Various**

Date	Rotana Editor	Greeter	Cheer Captain	Speaker/Topic	Intro	Club Thanks
Dec 17	Norm Woodcock			Christmas Party Mr Ribs		

OPENING

Co-President Betty Ann welcomed everyone and reminded us that we were meeting on Treaty 6 Territory and Homeland of the Metis.

Thanks were given to those helping at todays meeting: Walt and Candace.

Our guests were:

Guest Speakers – Ben Carey, Alexandra Pavelich and Marcus

Visitors – Steve Wilson-Saskatoon Club, Dean Carey and Jill Carey

Jim G. led the singing of O Canada and the 4 -Way Test song.

ANNOUNCEMENTS

- The club Christmas Party will be held at Mr. Ribs on December 17th at 11:30 AM, Mr Ribs is located at 1945 McKercher Drive in the Lakeview Mall. Guests and significant others are welcome. The meal will be the traditional Christmas fare and will cost \$30. There will be prizes and games and Candace will be seeking Mr. Right.

- Bob has the list of contributions required from each member to get to the next level in the Paul Harris ladder. Contact Bob for your suggested contribution. Contributions must be in Bobs hands by December 15th.

- The Meewasin Club is having a “Wine and Dine” evening on Dec 12th. Contact their club for tickets.

- Steve Wilson from the Saskatoon Club is trying to restart the “Adventures in Technology” Project that the Saskatoon clubs ran jointly for many years. The program was interrupted by COVID and Steve is speaking at all of the clubs to determine the level of interest in a restart. Today he was seeking billets for the visiting students. A decision for a program restart will be made by mid-February. Contact Steve for further information.

-Betty Ann circulated a sign up sheet for obtaining speakers for January through to June.

PROGRAM

Walt introduced his grandson and our speaker Ben Carey. Ben is Provincial Coordinator of Volunteer Services at St. John Ambulance. Ben was accompanied by Alexandra Pavelich, a PhD student and therapy dog handler for St John Ambulance. Marcus, a therapy dog, was with Alexandra.



St John Ambulance(SJA) is the name of a number of affiliated organizations in mostly Commonwealth countries which teach and provide first aid, ambulance, and emergency medical services, and are primarily staffed by volunteers. The associations are overseen by the international Order of St John and its priorities (national branches).

The first such organization to be founded was the St John Ambulance Association, which was founded on 10 July 1877 in England to teach first aid in large railway centres and mining districts.

St John Ambulance now have over 40 national organizations and over 300,000 volunteers worldwide.

In Saskatchewan there are St John Ambulance branches in Regina, Saskatoon, Moose Jaw, Prince Albert and Lloydminster.

St John Ambulance is most visible for its provision of First Aide at various events and First Aide training for individuals, groups and organizations.

The focus of todays talk is SJA Therapy Dog program. In Saskatchewan there are 120 dog therapy teams. Typically the teams go to where there is a need such as hospitals, schools, seniors facilities, universities, events and prisons. The benefits of therapy dog contact are myriad such as mood improvement. lower stress, provide comfort, motivate movement, mind stimulation and distraction.

These benefits have been proven in clinical trials that can be referenced through pawsitiveconnectionslab.com

Alexandra related stories of how the therapy dogs had helped people cope with stressful situations in hospitals and schools.

If you wish to get involved with SJA as a volunteer or with financial support there are many opportunities at many levels. Refer to their web pages for details.

Jack thanked Ben for telling the club about St. John Ambulance and especially about the therapy dog program.

CHEER CAPTAIN

Happy and Sad \$ were given by Jim B., Jack, Walt, Joe, Candace, Kim, Betty Ann, Jill Carey, Grant, Karol and Norm. The Foundation thanks you.



Some of the Bell Ringers courtesy of Lorne.

The next gathering is on December 17th at Mr. Ribs at 11:30. The next meeting at Sports on Tap is on January 14, 2025.

Officers

President - Betty Ann Arscott and Peggy Clark.
President Elect – Kim Horan and TBA
Secretary – Jack Scott
Treasurer – Bob MacGillivray

Board members

Club Administration- Candace Odishaw
Membership – Nuru Nyoni and Karol Komar
Major Projects- Jim Gillis
Service – Dorothy Hudson
Rotary Foundation- Asit Sarkar, Zibah Salaudeen
Youth – Candace Odishaw, Hannah Enti-Brown
Image Committee/Communication – Candace Odishaw

Rotary International

RI President – Stephanie Urchick
District Governor – Peter Tonge
District Leadership Team – Ruth Merritt

Contact Information

Rotary Club of Saskatoon Nutana
Club No. 1380
Founded May 31, 1961

P. O. Box 441, Saskatoon, SK S7K 3L6

Club website: www.rotarynutana.org

Club Facebook Link: [\(11\) Saskatoon Nutana Rotary Club | Facebook](#)

Club email address: nutanarotary@gmail.com

Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>

Rotary International www.rotary.org