

			Saskatoon Nutana <b>Rotary</b> Club 			
June 17, 2025						
<b>July 2025 Theme: Maternal and Child Health</b>					<b>Program Chair:</b>	
Date	Rotana Editor	Greeter	Cheer Captain	Speaker/Topic	Intro	Club Thanks
June 29			<b>BYOB BYO Chair</b>	<b>Wind up/ Presidents Appreciation Barbecue</b>  3PM  Jack and Abby Scott's		

## OPENING

Co-President Betty Ann welcomed everyone and reminded us that we were meeting on Treaty 6 Territory and Homeland of the Metis.

Our guests today are: Sophia Pawlovich(guest speaker); Nicole and Andrew Pawlovich(Sophia's parents) and Shirley Blackburn(guest of Jim)'\'.

Stan and Jim G. led the singing of our national anthem and the 4-Way test song.

Betty Ann thanked those who were helping at the meeting today; Lorne, Joe, Stan and Norm.

## ANNOUNCEMENTS

- The RAP program is in 12 of the city high schools and has provided their annual wrap up. Lorne provided the following summary:

**“RAP has really helped me a lot and helped me grow. I had the chance to work through things and communicate properly. I learned a lot of great coping strategies.”– Spencer, Current Student**

As the school year comes to a close, we're reminded of the powerful impact RAP has in students' lives. With summer ahead, many students will continue using the skills they learned through RAP to support their wellbeing. One student shared:

“Words are powerless to express my gratitude. My RAP Facilitator changed my life dramatically and I don't know what I would do without her.”

RAP facilitators provide essential support to students right in their schools. Without them, many young people would not know where to turn for help.

Recently, we were proud to present the John Dewar Award to Jadyn Crowe, a Grade 12 student at Mount Royal Collegiate. The John Dewar Award is presented to a graduating student involved with RAP who is pursuing post-secondary education or an apprenticeship and has demonstrated personal growth, resilience, strong character, leadership, and citizenship.

Jadyn has worked closely with our RAP facilitator and has an incredible story to share.

Previously, I struggled with my studies due to cyber bullies and conflict. My biggest challenge is my anxiety. When I decided to attend Mount Royal I was extremely nervous. It was my first high school experience. When classes began I started having panic attacks so I was introduced to Barb, the RAP facilitator. We talked about my feelings and she gave me little pep talks and solutions to my stress and anxiety. Because of the support I received at school I was able to continue to attend and even join some school clubs. I gained skills to succeed in life. In addition, RAP gave me confidence to explore the Student Leadership Program. Also, RAP has exposed me to another program called The Steps Program. This program has helped me immensely to overcome my anxiety. I have found safety within this group and I have realized that I am not alone. My goal after graduating is to study Heavy Duty Technician at Sask Polytechnic.

Looking back over the past ten years as a student, I see a strong, independent, creative and committed person on a path to success.

RAP helps students build their careers, interpersonal skills

To our RAP facilitators: thank you is not enough. Every day, you empower the next generation with tools to navigate life with strength, confidence, and compassion.

And to our supporters—thank you for standing with us this school year. Your support makes RAP possible.

- The Ripple Effect is having a Fund Raising Bike Ride to raise funds for the Guatemala Project. See their website for details.

- The club needs to keep recruiting to members to maintain District 5550 as separate entity. Talk to Betty Ann for details.

- Treasurer Bob would be over the moon if everyone paid their 2025 – 26 memberships before the end of July.

- The club will again be presenting scholarships to the Oskayak grads.

\_ The 1<sup>st</sup> Annual Cow Plop Fundraiser realized a profit of \$5200.

- The wind-up barbecue will be held at Jack and Abby Scotts residence beginning at 3 PM on June 29<sup>th</sup>. This is a potluck with members bringing appetizers, salads and desserts. The club will provide burgers and entertainment, Members to bring their own seating and refreshments.

## PROGRAM



Grandfather Walt Pawlovich introduced our speaker Sophia. Sophia has a yen for travel and has spoken to the club on two previous occasions about those travels. Today she will tell us about her adventures in New Zealand.

Sophia is enrolled in a chiropractic school in New Zealand and in 5 years will become a Chiropractor. She moved to New Zealand in Jan 2025.

Some things she immediately noticed were driving on the wrong side of the road and the mixed up seasons. Another item that caused Sophia some confusion and humour was how the New Zealand folk interpret the King's english. It will be interesting to hear how long it takes for Sophia to start sounding like a Kiwi.

While working at her studies Sophia has managed to do some sight seeing in New Zealand with her parents and friends. New Zealand is a beautiful country and Sophia showed pictures of many picturesque spots. Included in her activities were wine drinking, fancy dining, a half marathon, ice skating, waterfalls and beaches.

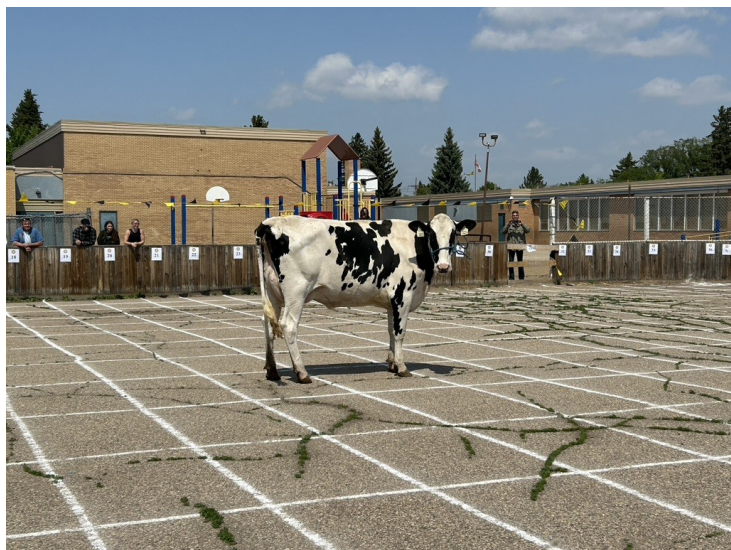
Sophie is living life enthusiastically and to it fullest.

Stan thanked Sophia for her presentaion.

## CHEER CAPTAIN

Joe Dierker performed the required duties.

## COW PLOP BINGO PHOTOS (courtesy Lorne)







**The next meeting at Sports on Tap is on July 15<sup>th</sup>, 2025.**

#### **Officers**

President - Betty Ann Arscott and Peggy Clark.

President Elect—Kim Horan and TBA

Secretary—Jack Scott

Treasurer—Bob MacGillivray

#### **Board members**

Club Administration- Candace Odishaw

Membership—Nuru Nyoni and Karol Komar

Major Projects- Jim Gillis

Service – Dorothy Hudson

Rotary Foundation- Asit Sarkar, Zibah Salaudeen

Youth – Candace Odishaw, Hannah Enti-Brown

Image Committee/Communication— Candace Odishaw

**Rotary International**

RI President – Stephanie Urchick

District Governor – Peter Tonge

District Leadership Team – Ruth Merritt

Contact Information

Rotary Club of Saskatoon Nutana

Club No. 1380

Founded May 31, 1961

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Club website: [www.rotarynutana.org](http://www.rotarynutana.org)

Club Facebook Link: [\(11\) Saskatoon Nutana Rotary Club | Facebook](#)

Club email address: [nutanarotary@gmail.com](mailto:nutanarotary@gmail.com)

Links

District 5550 <http://www.clubrunner.ca/portal/home.aspx?did=5550>

Rotary International [www.rotary.org](http://www.rotary.org)