# ROTATELLER

by Joy Adams Bauer

Official Bulletin of The Rotary Club of Saskatoon Founded August 17th, 1917 as the 332nd Club in the World

Chartered #332 in the Rotary World by Joy Adams Bauer

Vol. 102 Week #7 August 23, 2010 Club Administration: Gordon Menuz Editor: Joy Adams Bauer Bulletin Publisher: Joy Adams Bauer

Meeting August 23, 2010 by Joy Adams Bauer

**President Wayne** opened the meeting with the singing of O'Canada. **Joy Adams Bauer** offered grace focusing on Ramadan, the Islamic month of fasting. **Arlene Julé** introduced our visitors and guests who included:

- Ed Pek Rotary Club of Nutana
- Dr. Ken Stakiw and Joy Mendel our guest speakers

**Don Somers** served as sergeant and referenced the "star studded list" of folks who have agreed to serve as sergeants this Rotary year. Anyone not on the list was promptly fined.

### Happy and Sad Dollars

- Arlene Julé offered \$5 happy dollars because she is so happy to be a member of our Rotary club.
- Mark Gryba had his usual happy football dollars. The Hilltops trounced Winnipeg 51 to 14!!
- **Kirk Fong** very generously offered \$60 happy for his 60 years on this planet and his "happy, healthy and semi-productive life". Happy Birthday Kirk!
- **Dave Sundby** had a happy experience at the recent Rotary golf tournament "good weather and no bugs." And, get this, he recently won \$790 at Texas Hold 'Em at the Dakota Dunes Casino.
- **President Wayne** offered a happy buck for his team's showing in the Rotary golf tournament. He figures they came in 2nd or 3rd. "I'm glad we weren't first, because the first place team has to organize the tournament for next year," he quipped.
- Peter Zakreski offered \$5 happy because the container of medical equipment being sent to the clinic in Malawi by the Canadian Foundation for the Hungry finally made it safely after being delayed in Durban for 7 weeks due to a strike! He and Elaine received photos of the supplies being unloaded. "If you think we can celebrate," said Peter, "you should see the people of Malawi, we've got nothing on them." (That's great news Peter and Elaine!) Learn more at <a href="http://www.hopeformalawi.com/Hope\_for\_Malawi/Home.html">http://www.hopeformalawi.com/Hope\_for\_Malawi/Home.html</a>

Dale Linn won the free lunch!

Next Meeting - August 23rd, 2010 by Joy Adams Bauer

Join us on **Monday, August 30th** at the Delta Bessborough Hotel for a club assembly. This is your chance to learn more about what the club has been up to lately and hear brief and highly interesting reports from some of our committee chairs. It's a "must" if you want to be an informed, engaged, energetic and enthused Rotarian!

Duty Roster August 2010 by Joy Adams Bauer

Duty Roster for August 30th, 2010

Greeter - Dara Hrytzak-Lieffers (where have you been Dara .. we miss you!) Visitors & Guests - Steve Wilson Cashier - Will Arscott Grace - Gary Rusu Food Cards - Joanne Fisher Sergeant-at-Arms - Don Somers

Please be at your posts no later than 11:45 a.m. <u>If you cannot fulfill your volunteer duties, please</u> arrange for a fellow Rotarian to replace you.

Program Aug 23, 2010 by Joy Adams Bauer

### **Palliative Care in Saskatoon**

**Gary Rusu** introduced Dr. Ken Stakiw, who after being in private practice for 35 years, joined the palliative care team at Saskatoon Health Region. Dr. Stakiw is a very unassuming man and he gave a very clear overview of the palliative care services currently offered in our city. He was joined by Joy Mendel, who is an ethicist in the area of palliative care.

Dr. Stakiw explained that palliative care applies to all ages. It focuses on comfort and quality of living and dying in those who are affected by a life limiting or life threatening illness. Palliative care is offered by a team which includes nurses, pharmacists, social workers and physicians.

A very important part of palliative care is the psychological and the spiritual dimension, along with pain and symptom control. Saskatoon's palliative care services are provided in a 12 bed unit at St. Paul's Hospital. People who cannot manage their illness elsewhere are served by this unit whose staff provide active care as well as drugs to help people live a good quality of life.

Dr. Stakiw spoke of Saskatoon's need for a hospice, which is a free-standing building or unit in which palliative care is practiced. Saskatoon is the only city of its size in Canada that does not have a hospice. Patients with more "stable" illnesses are typically cared for in a hospice. The health region is currently planning for a 12 bed hospice which would accommodate stable patients or those with a slow, progressive disease. "It's all about providing the best care in the best place." The proposed location is

kitty corner from Larson House on Avenue P. and 21st Street in the old nun's residence (a building which the health region owns). There is a \$3M capital cost to "retool" the building and a \$1.8M annual operating cost.

If Rotary Clubs are interested in helping make the hospice a reality they could provide funding for (and gain recognition for) things like mobility aids, baths, quiet or spiritual rooms, outdoor spaces, and music therapy).

### Announcements

by Joy Adams Bauer

- The Fiesta Fajita Fundraiser for our Becas program has moved to Sunday, September 12th at La Bamba El Norte on Primrose Drive. Dave Sundby will have tickets next meeting. There will be no meeting on Monday the 13th.
- Mark your calendars for September 20th when our District Governor will be visiting our club.
- The Board has accepted the resignation of Warren Champ who sends his best wishes to all members.
- The District is calling for nominations for District Governor in 2013/2014. The deadline is October 1st. Speak with President Wayne if you have any suggestions for this critical Rotary role.
- The Winnipeg Club is having a 100th Anniversary of Rotary in Winnipeg gala on November 6, 2010 at the Winnipeg Convention Centre. Anyone interested in attending may contact Bev Allwood at (204) 957-6713. Tickets are \$100/person.
- Station 20 West has approached the club. They are selling tickets on behalf of the Saskatoon Chef's Association (who have adopted Station 20 West as their charity for the year) to their famous gourmet six-course dinner at Prairieland Park in February 2011 and are looking for our help. Stay tuned for more details about this mouth-watering opportunity. For more information on Station 20 West visit <u>www.station20west.org</u>

#### From the Archives by Joy Adams Bauer

### From the Archives - Here's a question looking for an answer

Last week some of us were speculating about how our bulletin got the nifty name of "The Rotateller". Personally, your editor thinks it's a pretty cool name.

Who can enlighten their fellow members on the origin of this witty and thoughtful moniker?

Email your trusty editor and I will share the answer in an upcoming Rotateller!

## 2010/2011 Club Executive

by Joy Adams Bauer

President - Wayne McGillivary

Past President - Bernie Sonntag President-Elect - Dave Sundby Treasurer - Joanne Fisher Secretary - Avis Hardy

Rotary Club Address - P.O. Box 1454 Saskatoon SK, S7K 3P7