



Official Bulletin of:
ROTARY CLUB OF SASKATOON MEEWASIN #22664

8B -3110 8th St East, Box 425 S7H 0W2
Founded: April 23, 1985
Meetings: Monday 0700



April 17, 2023

Maternal and Child Care Month

Rotary: Making a Difference

District Governor (5550): Fred Wright

President: Art Postle, Garth Courtney

Pres Elect: Luis Pagliarini

Secretary: Garth Courtney

Past President: Tom Geenen

Treasurers: Art Postle

Sergeant: Ron Loopkey

Desk: Garth/Art

Service Above Self

DUES AND OTHER PAYMENTS TO THE CLUB

- E-mail Transfer from Bank Account
 - Send to Meewasin Rotary Club using the email: meewasinrotary2020@gmail.com

DONATIONS TO THE FOUNDATION

E.G., Fines, Donations In Lieu Of Meeting Expense

- E-mail Transfer from Bank Account
 - Send to Rowasin Foundation using the email: rowasin2020@gmail.com

Payment by Credit Card (For either Meeting Expenses or Fines/Donations)

- For a credit card payment contact Art Postle (postle@sasktel.net).

Rotary Meeting

ZOOM – Meewasin Rotary Club

<https://us02web.zoom.us/j/83624852636?pwd=MjRlR0Y2F0WIRmRW9Cd2NKRHISWHIvQT09>

ZOOM & Queen's House

601 Taylor Street West

<https://us02web.zoom.us/j/87214323627>

Meeting ID: 872 1432 3627

One tap mobile

+16473744685,,87214323627# Canada

+16475580588,,87214323627# Canada

If you have problems getting on Zoom call Garth at 306 229-3965 or Art P at 306 227-3013

Call to Order: The Chair opened the meeting at 0700, or thereabouts.

Attendance: There were 13 dedicated members who enjoyed a morning of fellowship with their fellow Rotarians and guests.

Guests: Kala Bhandari

The Sergeant raised funds for the following real or imagined offences:



Happy and Sad Dollars: Robert for friend Lynn, a regular attender of Lobsterfest; Garth for passing of United Church minister from Saskatoon of cancer; Hari for friend who is a notable research scientist; Nancy for surprising John's brother at airport and train mad of tractor and rain barrels; Les for having Kala at meeting and for the upcoming Big Shred at the Grace United Church; Anne for friends attending Lobsterfest and others giving donation because can't attend; John for a lively Service Committee meeting and for birthday tomorrow; Art for chat with Jonathon B, exchange student and for gathering to meet him on May 22 at 4:00 p.m. at Art and Janets – Art provide food and bring own drinks and perhaps a chair.

Announcements

A promotional poster for the "IMAGIN ACTION DISTRICT CONFERENCE" held from May 11-14, 2023. The poster features a dark blue background with a yellow and blue cartoon bird flying. The text "IMAGIN ACTION" is in large, bold, yellow and blue letters. Below it, "Rotary District 5550" is written in white. The words "DISTRICT CONFERENCE" and "MAY 11-14, 2023" are in white. The phrase "Early Special" is written in a large, pink, cursive font. At the bottom, "\$275 BEFORE MARCH 31ST" is written in large, blue, block letters, and "Register at rotarynutana.org" is written in yellow.

- 1) SASKATOON FOOD BANK
 - a) Next Opportunities: To be announced
- 2) EDADZ BACKPACK Drop Off



- a) You can Drop off items at John Benesh's Office.
- b) There is a Box in the reception area
- c) Any bag is OK, not just back packs.
- d) You may bring the backpacks to the meeting to give to John B.

3) Cell Phones

- a) John Benesh is collecting smart phones for the Mother and Baby centre. They will be used by mothers for appointments, etc.
- b) Drop off at Benesh, Bitz and company – Quebec Avenue.

4) 2023 Badge Shield and Star Dinner

- a) Deadline for buying tickets rapidly approaching -
- b) Date: April 20, 2023 @ 5:30 pm
- c) Location: Prairieland Park
- d) Tickets: Go to:
<https://www.canadahelps.org/en/charities/rap-saskatoon/events/2023-rotary-badge-shield-star-dinner/>
- e) Art Postle is arranging a table. Please notify Art if you will be attending. You need to purchase your tickets online.

5) Lobsterfest 2023

- a) Dates – May 25 and 26, 2003
- b) Place: Gordie Howe Bowl
- c) Same format as last year
- d) More information and tickets to come in near future
- e) 50/50 Should be ready next week.
- f) Website will be ready for tickets shortly. Need to confirm pricing on tickets, and approve the poster.

6) 50-50 Challenge

- a) Ron challenges members to buy tickets early – this will create more interest in the tickets. He is buying \$100.
- b) Tickets will be available on line.
- c) The draw will be made at the first meeting after Lobsterfest.

Club Business

No Club Business

Program

Kala Bhandari from Nepal. Kala has a Bachelor of Physiotherapy degree in India. Kala currently is the President of the Rotaract club in Nepal. Kala has come to the University of Saskatchewan as a visiting graduate research student in community health and epidemiology department. She will be working on her thesis while here. Her field of research is Maternal Health in Developing countries.



ROTARACT CLUB OF NEPAL NATIONAL HOSPITAL

Presentation for official District Rotaract Representative Visit

The club is hospital based – there are nurses, doctors, engineers and other professionals. She is in District 2392. Her club is 4 years old. The Board is composed of young people who are involved in Rotary.

Of the 7 Areas of Focus for Rotary, this year they are focused on health based programs.

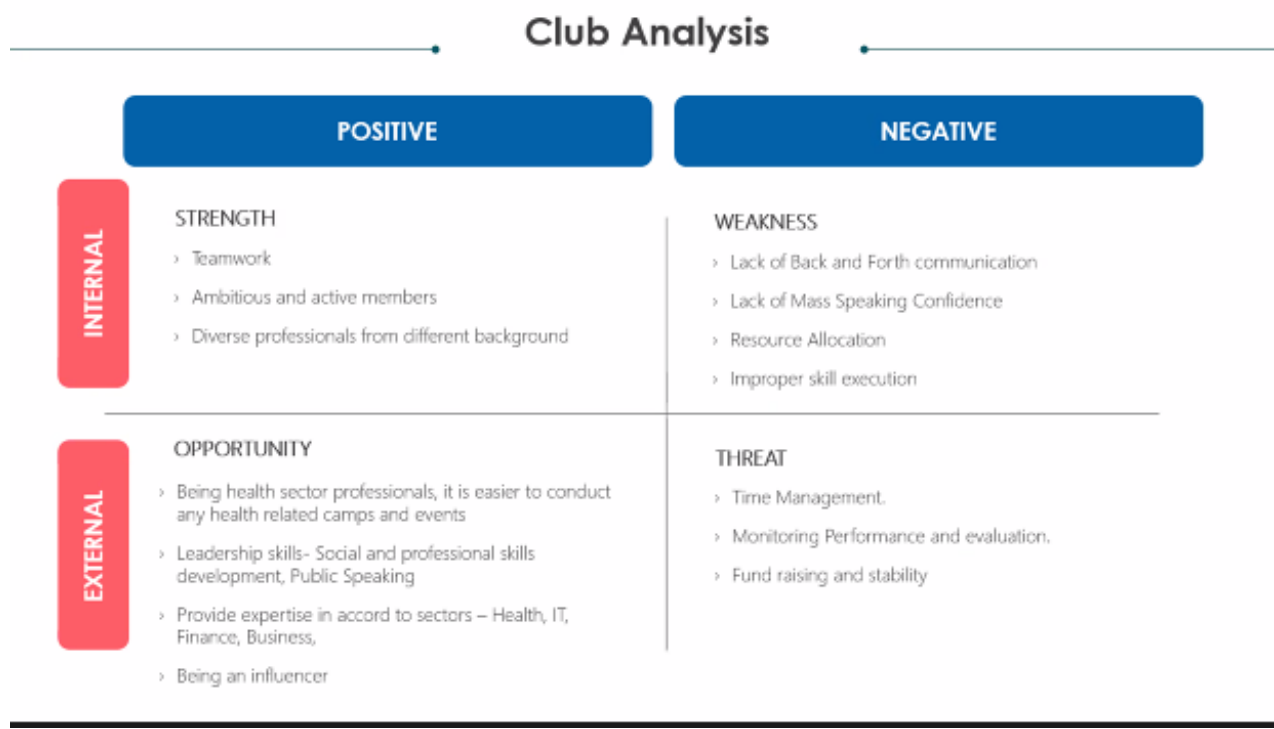
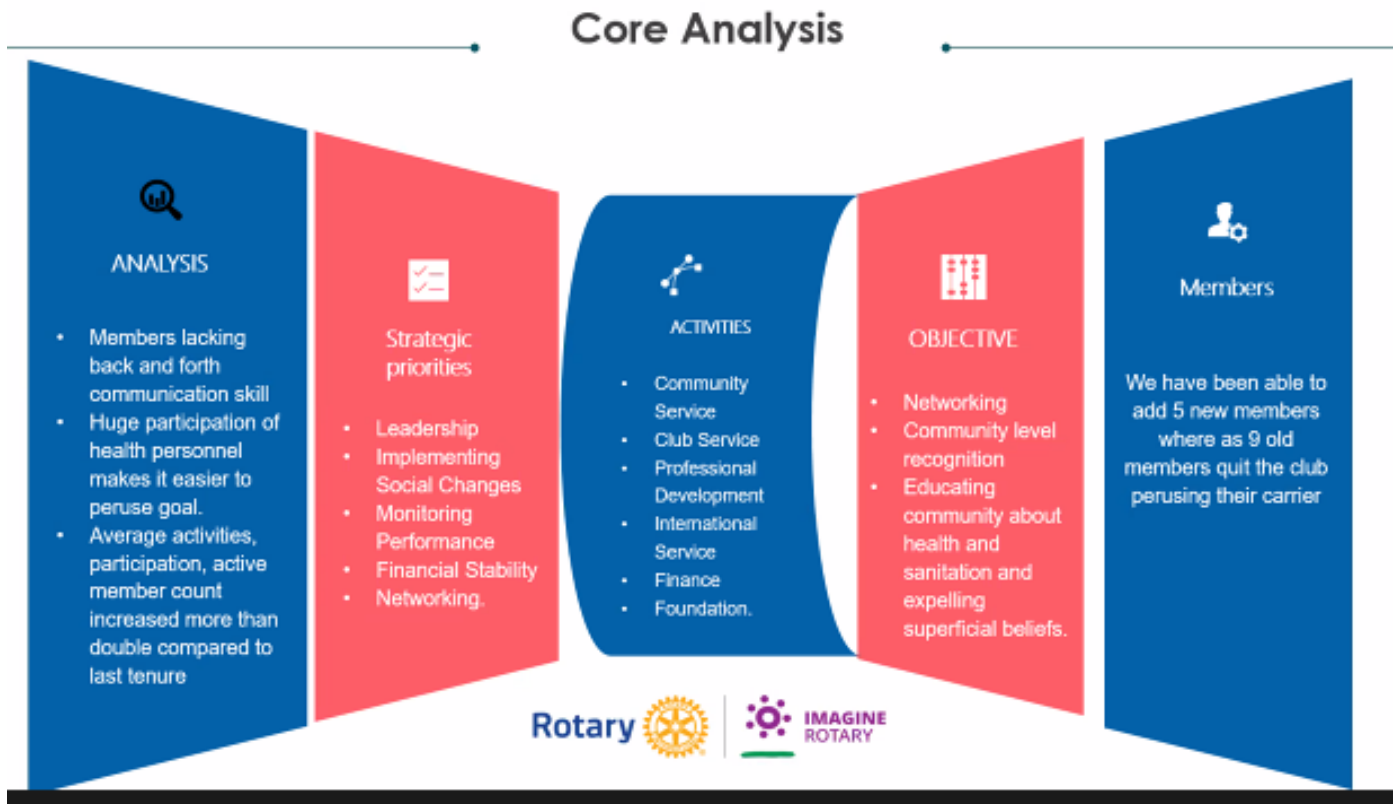
She spoke of the festival in which the women fast for the long health of their husbands. The day ends with a great feast. The heal with flowers program TThey are also focused on a program on breast cancer.

Activity Title	Objective	Goal
Mental Health Awareness Program	Raise awareness about the mental health continuum and reduce stigma associated with it	-Educate all the Rotaractors as well as non-Rotaractors about mental illness, reduce stigma associated with mental illness, improve understanding of it's conditions and increase access to healthcare for those who need it -Prevent suicide through individual education and outreach events
Daar Pani Daan Pani	Fellowship with Sister Club	-Promoting fellowship with our sister club through fun event and meet and greet
Heal with Flowers	Offering Flowers to patients for their speedy recovery	Providing flowers to all the patients at Nepal National Hospital and Wishing them for their speedy recovery
3 rd Installation		Club Installation
Breast Cancer Awareness Program	Educating peoples about the importance of diagnosing cancer at early stages by knowing the signs of breast cancer and screening methods	-Raising awareness for Breast Cancer reducing the stigma linked to its symptom and treatment -Encouraging all the peoples to learn the history of breast cancer which will help them to diagnose at early stages
Stand Up Comedy	Fund Raising	Raising fund for club

The do a standup comedy fundraiser.

They are also doing a COPD Awareness Webinar, a COPD walkathon, a blood donation event every 3 months, they do an Between Club get together to share and a Secret Santa.

They do a Core Activity Analysis every 6 months. They compare the participation, the type of activities with the previous year.



They do a photo display of each of their projects as part of the analysis.



They won a District prize for their projects. These include the blood donation, secret santa, etc.





In addition to their club programs, they participate in the Nepal activities. The main one currently is education of the Girl Child. Girls have a lower level of education than boys.

Nepal, officially the Federal Democratic Republic of Nepal (Nepali) is a landlocked country in South Asia. It is mainly situated in the Himalayas, but also includes parts of the Indo-Gangetic Plain, bordering the Tibet Autonomous Region of China to the north, and India in the south, east, and west, while it is narrowly separated from Bangladesh by the Siliguri Corridor, and from Bhutan by the Indian state of Sikkim. Nepal has a diverse geography, including fertile plains, subalpine forested hills, and eight of the world's ten tallest mountains, including Mount Everest, the highest point on Earth. Nepal is a multi-ethnic, multi-lingual, multi-religious and multi-cultural state, with Nepali as the official language. Kathmandu is the nation's capital and the largest city.



Upcoming Meetings

Date	Speaker and Topic
April	Water and Sanitation Month Coordinators: Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir
17	Kala Bhandari. Research student in Community Health and Epidemiology at the University of Saskatchewan and President of Rotaract in Nepal.
24	Tanya Baran will be joining via ZOOM from Ukraine. Tanya is Ukrainian Patriot. She is a volunteer working on the ground delivering medical, humanitarian and protective support to civilians in the form of protective gear, medicine and food and much more
May	Youth Month Coordinators: Voldeng (Chair), Klause, Kessler, McArthur
1	
8	
15	
22	Victoria Day. Have a Great Weekend
29	

Events

Date	Event	Rotary Club	Information/Contact
April 20, 2022, 5:30 PM	Badge, Shield and Star Dinner, Prairieland Park, Saskatoon	RAP	\$125 per ticket \$1000 for table of 8

Date	Event	Rotary Club	Information/Contact
May 11-14, 2023	Imagination – District 5550 District Conference	Nutana Rotary	Rotarynutana.org
May 25th and 26th	LobsterFest. Gordie Howe Bowl	Meewasin	

Welcome Song

We welcome you today
Good fellowship 'twill be
We're glad you chose to begin your day
With Meewasin Rotary

We hope that you will return
And join with us again
Fellowship at breakfast time
With Meewasin Rotary

4-WAY TEST

Is it the Truth?
Is it Fair to all concerned?
Will it build Goodwill and Better Friendships?
Will it be Beneficial to all concerned?

ROTARY GRACE

O Lord and giver of all good
We thank you for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

COMMITTEES FOR 2022-2023

Administration—Meeting administration (program, facilities, meals, supplies)

Courtney (Chair and Club Secretary), Postle (Club Treasurer), Pagliarini (Incoming President)

Foundation—Foundation donations, member recognition

Bailey (Chair), Fisher, Wilson, Birkmaier

Indigenous Relations—In support of a District 5550 initiative

Nair, Ferguson

Literacy—In support of a Rotary International initiative

Postle (Chair), Stefiuk, Berscheid, Clements

Membership—Membership recruitment, engagement, and retention

Club members as a whole

Public Relations—Club and event promotion, communications, website management

Luross (Chair and Website Administrator), Whetstone (Eyeopener Editor), Loopkey, Geenen

Service—Club charitable giving, foundation grant applications

Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir

Youth—Youth exchanges, adventure programs, school programs

Voldeng (Chair), Klause, Kessler, McArthur

Officers and Directors – 2022-2023

Board Executive/Officers:

President: Garth Courtney, Art Postle
Past President Tom Geenen
President Elect Luis Pagliarini
Treasurer Art Postle
Secretary Garth Courtney
Ass't Secretary

Directors:

John Benesh
Peter Voldeng
Glen Bailey
John Luross

Monthly Speaker / Program - Members in Charge

"Rotary Connects the World"

Listed below are the Theme months and the Committee Chair for each month.

July - Not assigned – New Rotary Leadership
August – Not assigned - Membership and New Club Development
September - Art Postle - Education and Literacy
October - John Luross - Economic and Community Development
November – Glen Bailey – Rotary Foundation
December – John Benesh - Disease Prevention and Treatment
January – Luis Pagliarini/ Peter Voldeng - Vocational Service
February – Glen Bailey – Peace and Conflict Prevention
March – John Benesh – Water and Sanitation
April – Garth Courtney – Maternal and Child Care
May – Peter Voldeng – Youth
June – John Luross – Rotary Fellowship