

#### Official Bulletin of:

## **ROTARY CLUB OF SASKATOON MEEWASIN #22664**



8B -3110 8th St East, Box 425 S7H 0W2 Founded: April 23, 1985 Meetings: Monday 0700

> December 18, 2023 Disease Prevention and Treatment Month

## Rotary: Making a Difference

**District Governor (5550):** Sonja Susut, Moose Jaw

Sergeant: Brent Klaus Desk: Garth Courtney

### **Service Above Self**

## **DUES AND OTHER PAYMENTS TO THE CLUB**

- E-mail Transfer from Bank Account
  - o Send to Meewasin Rotary Club using the email: <a href="meewasinrotary2020@gmail.com">meewasinrotary2020@gmail.com</a>

### **DONATIONS TO THE FOUNDATION**

## E.G., Fines, Donations In Lieu Of Meeting Expense

- E-mail Transfer from Bank Account
  - o Send to Rowasin Foundation using the email: rowasin2020@gmail.com

### **Payment by Credit Card** (For either Meeting Expenses or Fines/Donations)

• For a credit card payment contact Art Postle (postle@sasktel.net).

## **Rotary Meeting**

## **ZOOM - Meewasin Rotary Club**

 $https://us02\underline{web.zoom.us/j/83624852636?pwd} = \underline{MjRTY2FQWlRmRW9Cd2NKRHlSWHlvQT09}$ 

#### **ZOOM & Queen's House**

601 Taylor Street West

https://us02web.zoom.us/j/87214323627

Meeting ID: 872 1432 3627

One tap mobile

- +16473744685,,87214323627# Canada
- +16475580588..87214323627# Canada

If you have problems getting on Zoom call Garth at 306 229-3965 or Art P at 306 227-3013

Page 2

**Call to Order:** The Chair opened the meeting at 0700.

**Attendance:** There were 14 dedicated members who enjoyed a morning of fellowship with their fellow Rotarians and guests.

Guests: Jennifer Klemmer



The Sergeant raised funds for the following: Welcome former sergeant; John and Nancy Luross for the Wine event success, and for being wonderful auctioneers; For being out of the country in the last month;



Happy and Sad Dollars. Garth for oldest sons and granddaughters birthdays, and for celebrating Xmas in Lloydminster with family from Edmonton; Anne for a great string concert and for the Chosen at the Landmark, a musical; Ron for recovery from the Flu and then staying in the Emergency for 24 hour, and then finally getting a room after 24 hours – then having an interesting experience with the urology department; John B for Ron helping

his son getting a car; Luis for seeing Ron back and for mother and parents-in-law here until after Xmas; Les for the birth of Max in Montreal, the first grandson; Robert for birthday of son and daughter.

#### Announcements

## 1) EDADZ BACKPACK Drop Off



- a) You can Drop off items at John Benesh's Office.
- b) There is a Box in the reception area
- c) Any bag is OK, not just back packs.
- d) Your may bring the backpacks to the meeting to give to John B.

## 2) Coop Gift Cards

- a) Art has \$10,000 in gift cards,
- b) Order them from Art

#### 3) Meals on Wheels

- a) Contact Nancy Luross regarding signing up or the schedule for Meals on Wheels <u>--nancy.l@sasktel.net</u> or 306 381-4342
- 4) Your Announcement Here

a

#### 5) Your Announcement Here

a)

### **Club Business**

### **Board of Director Elections, 2024-2025**

### **Motion:**

Mover/Seconder: Garth/Brent

That the membership of the Rotary Club of Saskatoon Meewasin elect the following officers and directors for

the 2024-2025 term, commencing on July 1 2024 and ending on June 30, 2025: CARRIED

### **Board Executive/Officers:**

President: Arthur Whetstone

Past President Luis Pagliarini

President Elect To be Volunteered

Treasurer To be Volunteered

Secretary John Luross

#### **Directors:**

Nancy Luross (2024-2026)

Peter Voldeng (2024-2026)

Leane Kessler \_ (2024-2026)

Anne Luross (2023-2025)

Robert Fisher (2023-2025)

#### **Lobsterfest 2024**

There was a discussion of the approach to Lobsterfest -(1) continue with the approach last year or (2) go back to the arena format.

The pros and cons of the two formats was discussed. The current one is like going to a restaurant, vs. working together and going out together. Also, the latter could be a way to involve the community and a younger group of people.

A major concern is the ticket sales and the workforce to do the event. The arena approach is a lot of work, even if we have groups do the various tasks.

In the arena format, people saw Rotary in action.

#### Thank You to Twyla

The made a small presentation to Twyla for her service and food for that past year.

#### Program

Jennifer Klemmer provided members with an overview of the Meals on Wheels program. Jennifer has a lot of experience in volunteering.

She has worked with the Saskatchewan Health Authority (SHA). Her background is in Recreational Therapy, which involves volunteers – although it is different.

The values involve safety and security, compassion – empathy and understanding where the clients are.

Meals on Wheels are provided by volunteers. The goal is to prevent further decline of the clients and help maintain independence.

The target group who are not independently mobile and limited ability to shop for or prepare food. There are many causes of this

Part of the role is to do a wellness check, not just provide meals. If there is an issue, they contact the family and make sure they are okay.

The meals deliverer are sometimes the one person they see that day. They may not have any family, or their family is out of town. It assists with social isolation. Some of the clients receive home care, which is not always a positive experience.

Benefits of volunteering – helping others who need our help. One way to serve our community. It is also a meaningful way of getting our of their home. Some are themselves alone.

Meals on wheels is pervasive in North America. There are both public and private services.

Some of the clients access the food bank. The one meal a day are often not enough.

Supporting clients to stay in their home ad their community. This is the new way

The clients pay about \$10 per day. There is a subsidy that they can apply for. Also, the price depends on the number of services from Home Care that they receive.

There are 5 locations that prepare the meals. Each one has a route associated with it.

One applies through CPAS.

There are 75 clients in Saskatoon and 90 clients in Regina.

## **Upcoming Meetings**

December	Disease Prevention and Treatment		
	Benesh (Chair), Howland, Nancy Luross, Tenaski		
4	Evening Meeting – Queens House – 6:00 pm BYOB		
11	Meeting at Crocus Coop at Noon. No morning meeting.		
18	Meals on Wheels. Meewasin Board Elections		
25	Merry Christmas		
January	Vocational Service		
	Luis Pagliarini/ Peter Voldeng		
1	Happy 2024. No Meeting		
8			

15	
22	
29	

#### **Events**

<u>Date</u>	<b>Event</b>	Rotary Club	Information/Contact

## **Welcome Song**

We welcome you today Good fellowship 'twill be We're glad you chose to begin your day With Meewasin Rotary

We hope that you will return And join with us again Fellowship at breakfast time With Meewasin Rotary

## 4-WAY TEST

Is it the Truth?
Is it Fair to all concerned?
Will it build Goodwill and Better Friendships?
Will it be Beneficial to all concerned?

### **ROTARY GRACE**

O Lord and giver of all good We thank you for our daily food May Rotary friends and Rotary ways Help us to serve Thee all our days

# **COMMITTEES FOR 2023-2024**

Administration/ Executive — Meeting administration (program, facilities, meals, supplies)
Pagliarini (President) Courtney (Secretary), Postle (Club Treasurer), Whetstone (President-elect)

Foundation—Foundation donations, member recognition

Fisher (Chair) McArthur, Bailey, Wilson, Muir

**Indigenous Relations—In support of a District 5550 initiative** Ferguson, Birkmeier

## Literacy—In support of a Rotary International initiative

Postle (Chair), Stefiuk, Berscheid

## Membership—Membership recruitment, engagement, and retention

Anne Luross (Chair) Lawrence, Klause

#### Public Relations—Club and event promotion, communications, website management

John Luross (Chair and Website Administrator), Whetstone (Eyeopener Editor), Loopkey, Geenen

## Service—Club charitable giving, foundation grant applications

Benesh (Chair), Howland, Nancy Luross, Tenaski,

## Youth—Youth exchanges, adventure programs, school programs

Voldeng (Chair), Kessler, Nair, Paproski

#### Officers and Directors – 2023-2024

#### **Board Executive/Officers: Directors:** President: Luis Pagliarini John Benesh Past President Garth Courtney, Art Postle Peter Voldeng President Elect Arthur Whetstone John Luross Treasurer Art Postle Anne Luross Garth Courtney Secretary Robert Fisher

Ass't Secretary John Luross Ass't Treasurere Vacant

# Monthly Speaker / Progam - Members in Charge

"Rotary Connects the World"

Listed below are the Theme months and the Committee Chair for each month.

September - Art Postle - Education and Literacy

October - John Luross - Economic and Community Development

November – Robert Fisher – Rotary Foundation

December – John Benesh - Disease Prevention and Treatment

January – Luis Pagliarini/ Peter Voldeng - Vocational Service

February – Art Whetstone – Peace and Conflict Prevention

March – John Benesh – Water and Sanitation

April – Anne Luross – Maternal and Child Care

May – Peter Voldeng – Youth

June – John Luross/ Garth Courtney – Rotary Fellowship