



Official Bulletin of:
ROTARY CLUB OF SASKATOON MEEWASIN #22664

8B -3110 8th St East, Box 425 S7H 0W2
Founded: April 23, 1985
Meetings: Monday 0700



June 5, 2023

Rotary Fellowship Month

Rotary: Making a Difference

District Governor (5550): Fred Wright

President: Art Postle, Garth Courtney

Pres Elect: Luis Pagliarini

Secretary: Garth Courtney

Past President: Tom Geenen

Treasurers: Art Postle

Sergeant: Ron Loopkey

Desk: Garth/Art

Service Above Self

DUES AND OTHER PAYMENTS TO THE CLUB

- E-mail Transfer from Bank Account
 - Send to Meewasin Rotary Club using the email: meewasinrotary2020@gmail.com

DONATIONS TO THE FOUNDATION

E.G., Fines, Donations In Lieu Of Meeting Expense

- E-mail Transfer from Bank Account
 - Send to Rowasin Foundation using the email: rowasin2020@gmail.com

Payment by Credit Card (For either Meeting Expenses or Fines/Donations)

- For a credit card payment contact Art Postle (postle@sasktel.net).

Rotary Meeting

ZOOM – Meewasin Rotary Club

<https://us02web.zoom.us/j/83624852636?pwd=MjRlRkY2FkZWIRmRW9Cd2NKRHISWHlvQT09>

ZOOM & Queen's House

601 Taylor Street West

<https://us02web.zoom.us/j/87214323627>

Meeting ID: 872 1432 3627

One tap mobile

+16473744685,,87214323627# Canada

+16475580588,,87214323627# Canada

If you have problems getting on Zoom call Garth at 306 229-3965 or Art P at 306 227-3013

Call to Order: The Chair opened the meeting at 0700, or thereabouts.

Attendance: There were 13 dedicated members who enjoyed a morning of fellowship with their fellow Rotarians and guests.

Guests: No guests



The Sergeant raised funds for the following real or imagined offences: For being late; for first in-person meeting in some years; for taking car advice from a carpet dealer than a car dealer; for wearing a tie in 30C weather.



Happy and Sad Dollars. Ron for a great weekend in Moose Jaw for ball tournament with granddaughter; Ron for a completion of Lobsterfest; Robert for golf tournament for Camp Easter seals raised over \$75,000 and for winning long-term player since 2004; Art for 95th birthday of Jake Nichol; John for Dalmeny 16 under par tournament; Luis for good Lobsterfest; Les for senior cycle to Crossmount in memory of accident.

Announcements

1) SASKATOON FOOD BANK

- a) Next Opportunities: To be announced

2) EDADZ BACKPACK Drop Off



- a) You can Drop off items at John Benesh's Office.
- b) There is a Box in the reception area
- c) Any bag is OK, not just back packs.
- d) Your may bring the backpacks to the meeting to give to John B.

3) Cell Phones

- a) John Benesh is collecting smart phones for the Mother and Baby centre. They will be used by mothers for appointments, etc.
- b) Drop off at Benesh, Bitz and company – Quebec Avenue.

4) Lobsterfest 2023

- a) Raised about \$9300
- b) Donations at about
- c) Silent Auction over \$1800.

5) 50-50 Challenge Winner

- a) Raised \$4695 – \$2375.50 – amount coming to club is about \$1300.

- b) Draw was made.—winner is Robert Fisher – Random selection was made by computer.
 - c) Will email – everyone and post of facebook
- 6) Wine Tasting - this fall
- a) John asked for volunteers for the committee
 - b) A number of members volunteered

Club Business

Meals on Wheels

There were a number of people in the past.

Everyone has to re-register. Go on Online and register as a volunteer.

They can get a free reference check.

Thursday during summer. Relief during summer.

Use Nancy's name a reference for Sask Health

Link will be sent for signing up with Sask Health

A number of members volunteers.

Program

Corinne Anthony, Executive Director, provided members information about Crocus Cooperative. Corinne Anthony has a wealth of experience working in a variety of roles in the Human Service Sector. She graduated from the U of R with a Bachelor of Social Work degree in 2016. She has been with Crocus Co-operative since 2018 and has just recently moved into the role of Executive Director..



Crocus Co-op is a non-profit, charitable, member guided co-operative that works on behalf of people with mental health disabilities. At Crocus, members can find companionship, understanding and support. It is a place to learn, work and heal. They are located behind the fire house down town.

People were being discharged with little or no long term support. The goal was to develop a drop in support centre for those with mental illness.

Crocus Co-operative is proud of its achievements and has provided cost-effective mental health rehabilitation services in Saskatoon since 1983. Crocus is vital for its members as it helps to reduce the number of relapses, the severity of relapses, and time spent in hospital. This results in a reduced strain on the health care system and helps to strengthen the community by helping people to cope and thrive within it.

Crocus was chosen because it is resilient and comes up every spring through the snow.

Today, Crocus has its own place at 135 Avenue B south. IT has a kitchen. They are a non-profit centre and 50% of the funding comes from Sask Health. They have to raise the rest of the funds. The United way is a major

funder. The rest is raised through a number of events and selling of products. Their annual budget is about \$700,000.

Their staff are often temporary because of the uncertainty of it funding.

They have 2000 members and about 200 are active. One has to have a mental illness and be 18 years of age. Lifetime membership is \$1.00. The Board is made up of 51% of members and the rest are community members.

They have about 75 drop ins a day. They read papers and socialize. They have a couple of social programs a day. They do an annual trip to Pike Lake and other events.

The work program is their own business. The workers receive what they need to work. They do garden work and window cleaning, etc. I winter the shovel snow, etc. They do cleanup of homeless encampments for the fire department.

They do a meal program which is subsidized. The members get paid to work in the kitchen and a chance to eat together. They make and sell their homemade soup.

The work experience provides confidence and self respect. They often aren't able to work at a regular job.

Crocus provides safe and accepting drop-in centre for adults who have been diagnosed with a mental illness. Anyone accessing Crocus must first become a member of Crocus. Members are able to participate in various programs throughout the day, purchase a healthy meal or snacks from our canteen, and find casual work through our Transitional Employment program.

In 1982, community members had a growing concern about the lack of transitional care for psychiatric patients. With better medication and treatments, psychiatric patients were often being discharged with little or no long-term support. The idea came from the hope of creating a safe, accepting place where people living with a mental illness could gather and share struggles and triumphs.

1 in 5 people in Canada will experience a mental illness. About 50% of people will experience it during their lifetime.

The cost of mental illness is \$79.9 Billion a year in Canada.

Crocus helps to reduce the cost through work training, support, drop-in, etc.

Programs

Work Program

This is the real heart of Crocus Co-op's rehabilitation strategy. Mental health consumers consistently put suitable employment programs at the top of their unmet needs list. Income from this program also contributes to the budget of Crocus, hence reducing dependency on community funding. Our work teams do yard maintenance, snow clearing, hauling, and tactile work.

Food Program

Healthy bodies and healthy minds go together. Members can purchase a home-style meal at an affordable price and enjoy it in a social atmosphere. Some members receive valuable work experience in our kitchen, while others are able to participate in weekly cooking groups.

Social Program

Each day we provide opportunities for members to participate in a variety of drop-in social programs. These optional activities range from recreational to educational and are developed based on the needs and interests of the members. A calendar of events is put out monthly, so that members have activities to look forward to.

For more information:

<http://www.crocuscooperative.org/>

Upcoming Meetings

Date	Speaker and Topic
May	Youth Month Coordinators: Voldeng (Chair), Klause, Kessler, McArthur
June	Rotary Fellowship Month Coordinators: Luross, Whetstone, Loopkey, Geenen
5	Corinne Anthony, Executive Director, Crocus Cooperative
12	Derek Kerr, Pastor and Executive Director of Community and Family Services, Salvation Army
19	Sue Berscheid, New Zealand trip
26	Club Assembly

Events

Date	Event	Rotary Club	Information/Contact
July 10 - evening	Meewasin Changeover meeting Queens House		Partners invited.

Welcome Song

We welcome you today
Good fellowship 'twill be
We're glad you chose to begin your day
With Meewasin Rotary

We hope that you will return
And join with us again
Fellowship at breakfast time
With Meewasin Rotary

4-WAY TEST

Is it the Truth?
Is it Fair to all concerned?
Will it build Goodwill and Better Friendships?
Will it be Beneficial to all concerned?

ROTARY GRACE

O Lord and giver of all good
We thank you for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

COMMITTEES FOR 2022-2023

Administration—Meeting administration (program, facilities, meals, supplies)

Courtney (Chair and Club Secretary), Postle (Club Treasurer), Pagliarini (Incoming President)

Foundation—Foundation donations, member recognition

Bailey (Chair), Fisher, Wilson, Birkmaier

Indigenous Relations—In support of a District 5550 initiative

Nair, Ferguson

Literacy—In support of a Rotary International initiative

Postle (Chair), Stefiuk, Berscheid, Clements

Membership—Membership recruitment, engagement, and retention

Club members as a whole

Public Relations—Club and event promotion, communications, website management

Luross (Chair and Website Administrator), Whetstone (Eyeopener Editor), Loopkey, Geenen

Service—Club charitable giving, foundation grant applications

Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir

Youth—Youth exchanges, adventure programs, school programs

Voldeng (Chair), Klause, Kessler, McArthur

Officers and Directors – 2022-2023

Board Executive/Officers:

President: Garth Courtney, Art Postle
Past President Tom Geenen
President Elect Luis Pagliarini
Treasurer Art Postle
Secretary Garth Courtney

Ass't Secretary

Directors:

John Benesh
Peter Voldeng
Glen Bailey
John Luross

Monthly Speaker / Program - Members in Charge

"Rotary Connects the World"

Listed below are the Theme months and the Committee Chair for each month.

July - Not assigned – New Rotary Leadership
August – Not assigned - Membership and New Club Development
September - Art Postle - Education and Literacy
October - John Luross - Economic and Community Development
November – Glen Bailey – Rotary Foundation
December – John Benesh - Disease Prevention and Treatment
January – Luis Pagliarini/ Peter Voldeng - Vocational Service
February – Glen Bailey – Peace and Conflict Prevention
March – John Benesh – Water and Sanitation
April – Garth Courtney – Maternal and Child Care
May – Peter Voldeng – Youth
June – John Luross – Rotary Fellowship