



Official Bulletin of:

ROTARY CLUB OF SASKATOON MEEWASIN #22664

8B -3110 8th St East, Box 425 S7H 0W2

Founded: April 23, 1985

Meetings: Monday 0700

June 6, 2022

Rotary Fellowship Month

Rotary: Making a Difference

District Governor (5550): Dan Sutton

President: Jay Cowsill

Pres Elect: Jay Cowsill

Secretary: Garth Courtney

Past President: Tom Geenen

Treasurers: Art Postle

Sergeant:

Garth Courtney

Desk:

Zoom

Service Above Self

DUES AND OTHER PAYMENTS TO THE CLUB

- E-mail Transfer from Bank Account
 - Send to Meewasin Rotary Club using the email: meewasinrotary2020@gmail.com

DONATIONS TO THE FOUNDATION

E.G., Fines, Donations In Lieu Of Meeting Expense

- E-mail Transfer from Bank Account
 - Send to Rowasin Foundation using the email: rowasin2020@gmail.com

Payment by Credit Card (For either Meeting Expenses or Fines/Donations)

- For a credit card payment contact Art Postle (postle@sasktel.net).

Rotary Meeting

ZOOM – Meewasin Rotary Club

<https://us02web.zoom.us/j/83624852636?pwd=MjRRTY2FQWIRmRW9Cd2NKRHISWHIvQT09>

Queen's House

601 Taylor Street West

<https://us02web.zoom.us/j/87214323627>

Meeting ID: 872 1432 3627

One tap mobile

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If you have problems getting on Zoom call Garth at 306 229-3965 or Art P at 306 227-3013

Call to Order: The Chair opened the meeting at 0700, or thereabouts.

Attendance: There were 16 dedicated members who enjoyed a morning of fellowship with their fellow Rotarians and guests.

Guests: Layla DeMong



The members joyfully reached into their pockets (some virtually) to donate to the R Foundation for: For missing members on the meeting information due to Gremlins; For a Birthday and Anniversary this month; For not working at the Food Bank recently; For not contributing to the Baskets for Lobsterfest; For not buying a ticket or making a donation.



John for a great 3 days of baby sitting; Leanne for son's win at track; For David Russell's fall and injuries; Jay for graduating from UofS again; Ron for a great wedding, dinner with friends and for those who sold tickets: For a great weekend in Regina and great ball games; For daughter's birthday. Ian for the Oilers; For son's trip to Ireland for next couple of weeks; Ian for Paddington Bear tea party with the Queen.

Announcements



- 1) **EDADZ BACKPACK Drop Off**
 - a) You can Drop off items at John Benesh's Office.
 - b) There is a Box in the reception area
 - c) Any bag is OK, not just back packs.
 - d) Your may bring the backpacks to the meeting to give to John B.

2) Meewasin Rotary-Saskatoon Food Bank Service Project

- a) Address: 2510 Jasper Ave S, Bay 7 (Same building as Kelly's Kafe)
- b) NEXT Opportunity:
 - i) Saturday, June 18 – Volunteers needed
- c) Contact Garth to sign up – Rotarians, Family and Friends welcome



3) Cell Phones

- a) John Benesh is collecting smart phones for the Mother and Baby centre. They will be used by mothers for appointments, etc.
- b) Drop off at Benesh, Bitz and company – Quebec Avenue.

4) Lobsterfest – Save the Dates June 9 and 10

- a) June 9 and 10 at the Gordie Howe Centre.
- b) A dismal 250 tickets were sold, **1/2 THE GOAL**
- c)



5) Les's Bikes to EGADZ

- a) Les donated 3 more bikes to EGADZ kids

- 6) Your Announcement Here
 - a)

Club Business

No club business

Program

Layla DeMong, Executive Director of the Prairie Harm Reduction Centre, provided members with an overview of the Centre. She has been at Prairie Harm for 10 years. She is also the Board chair of Station 20 West and Vice-Chair of Quint.



They have 4 buildings. Their main building is on 20th Street.

- ☒ Formerly AIDS Saskatoon – name changed in Aug 2020
- ☒ Providing support since 1986
- ☒ Moved to our current location on 20th St W fall of 2019

They started providing end of life care for people with Aids – palliative care, funeral and after life care for families.

The focus of their services are those with substance abuse.



Drop In Centre

M-F 10:00am – 10:30pm



- ☑ Safe Space
- ☑ Coffee
- ☑ TV
- ☑ Phone for local and long distance
- ☑ Internet
- ☑ Fax and assistance with documents
- ☑ Pet Therapy
- ☑ Elder Support
- ☑ Drop In Counselling
- ☑ Nalaxone Training
- ☑ HCV Treatment Clinic
- ☑ Psychiatric Nurse

Only shelter after 5:00 pm and only washroom. Coffee and TV, internet, etc. They serve 500 cups of coffee per day.

They have a nurse practitioner 2x per week, elder supports and mental health support.



Support Services

- ☑ Provides support, advocacy and referrals to individuals and couples
 - ☑ Housing
 - ☑ Healthcare navigation
 - ☑ Income assistance navigation
 - ☑ Emotional support
 - ☑ Substance use disorder
 - ☑ Safer drug use
 - ☑ Court
 - ☑ Transition planning for people incarcerated or in treatment

They have a support team that supports health care for clients.

Safe Consumption Services

m-f 10am – 10:30pm

- Opened October 2020
- First site in Saskatchewan
- Staffed with a paramedic and support worker
- Direct access to all of our support programs and drop-in



They support 577 in safe consumption. They have para medics and will soon have nursing staff. They work to connect people with housing and other supports.

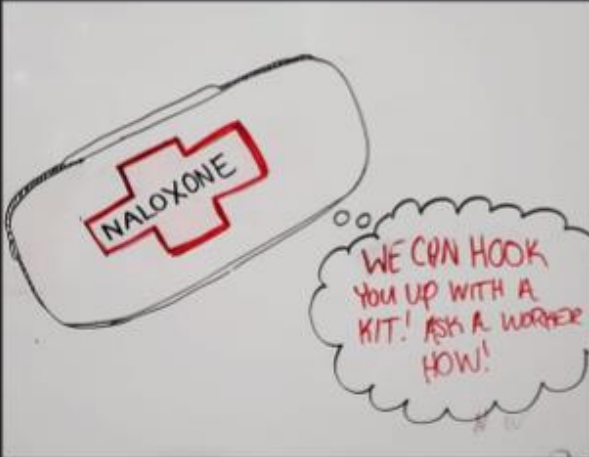
Employment Readiness

Provides employment opportunities to people who access services to help operate our Drop-In Centre:

- employs approximately 12 people every year
- opportunities for FT, PT and casual employment
- access to training and skills development
- paid on the same pay scale as other employees
- adaptable and supportive

They have people work in the drop in centre. These people have access to health benefits. They learn about bank accounts and living skills. They have moved several off social services and onto training.

Community Naloxone Distribution



A hand-drawn illustration on a white background. On the left is a white oval shape representing a Naloxone kit, with a red cross in the center and the word 'NALOXONE' written in black capital letters across it. To the right of the kit is a thought bubble containing the text 'WE CAN HOOK YOU UP WITH A KIT! ASK A WORKER HOW!' written in red capital letters.

- Support staff are trained to provide training on use of kits
- Kits are provided for free
- Provided training in drop in and out in community

The distributed 6000 kits last year. They provide training to people in restaurants and other service businesses and organization. The kits are distributed free.

Family Support Program

m-f 9am – 12am & weekends/holidays 4pm – 12am

- Outreach based service
- Support families who are at high risk of or have involvement with Ministry of Social Services
- Services vary based on families individual needs
 - Transportation for things that affect the health and wellbeing of children
 - Foodbank
 - Grocery Store
 - Children's medical appointments
 - Prenatal appointments
 - Housing
 - Advocacy
 - Supporting families in family court and case conferences
 - Assisting families in accessing resources
 - Emotional support
 - Referrals to other agencies and programs
 - Safety Planning

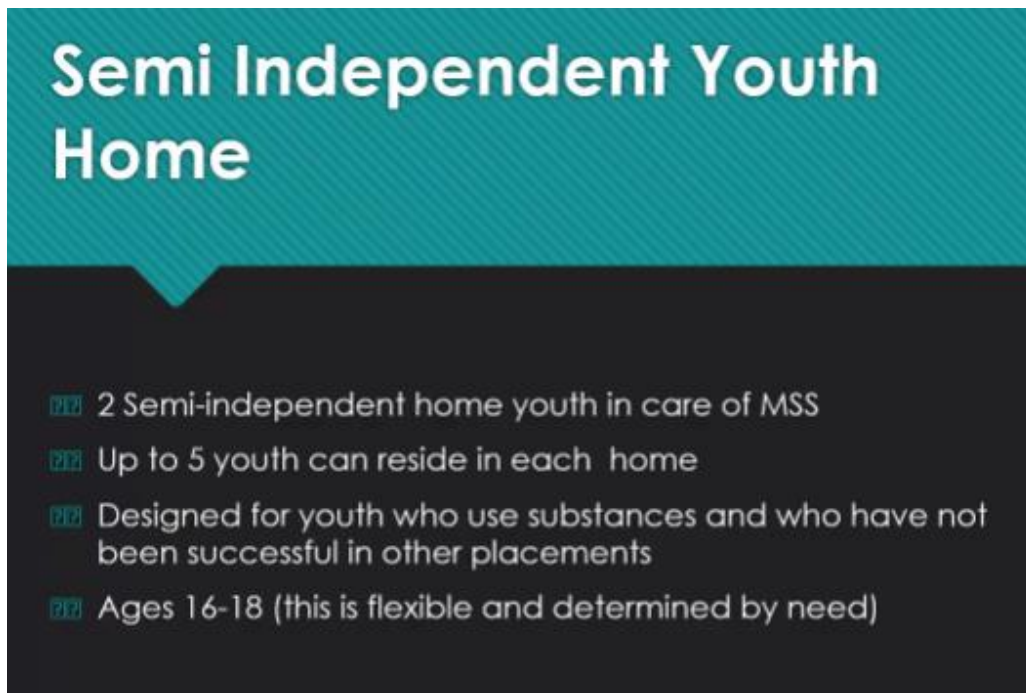
The provide 365 day services to families who are risk of loosing their children. They support 1009 families last year. They have van. They provide transportation, appointments, support services, etc. The services are located in the Oski Kisikaw building, which has 8 suites that the rent to families. There are 23 children in the building.



Oski Kisikaw

- ❑ Semi-supported transitional housing program for families
- ❑ 8 units – two 3bdrm & six 2 bdrm
- ❑ 2 super vided visitation suites

The provide services to 16+ age youth who have been banned from other services. They can stay until they are 21. The have one home for males and one for females. Many of these youth have been in care for many years and were passed around. They lack ability to build attachment and care.



Semi Independent Youth Home

- ❑ 2 Semi-independent home youth in care of MSS
- ❑ Up to 5 youth can reside in each home
- ❑ Designed for youth who use substances and who have not been successful in other placements
- ❑ Ages 16-18 (this is flexible and determined by need)

Education

- 712 Provides education on a variety of topics including HIV/AIDS, HCV and Harm Reduction to all types of audiences
 - 712 Colleges
 - 712 Public
 - 712 Professionals
- 712 Education at events such as
 - 712 Pride
 - 712 AIDS Awareness Week
 - 712 University Events
 - 712 Community Events
- 712 Resource development



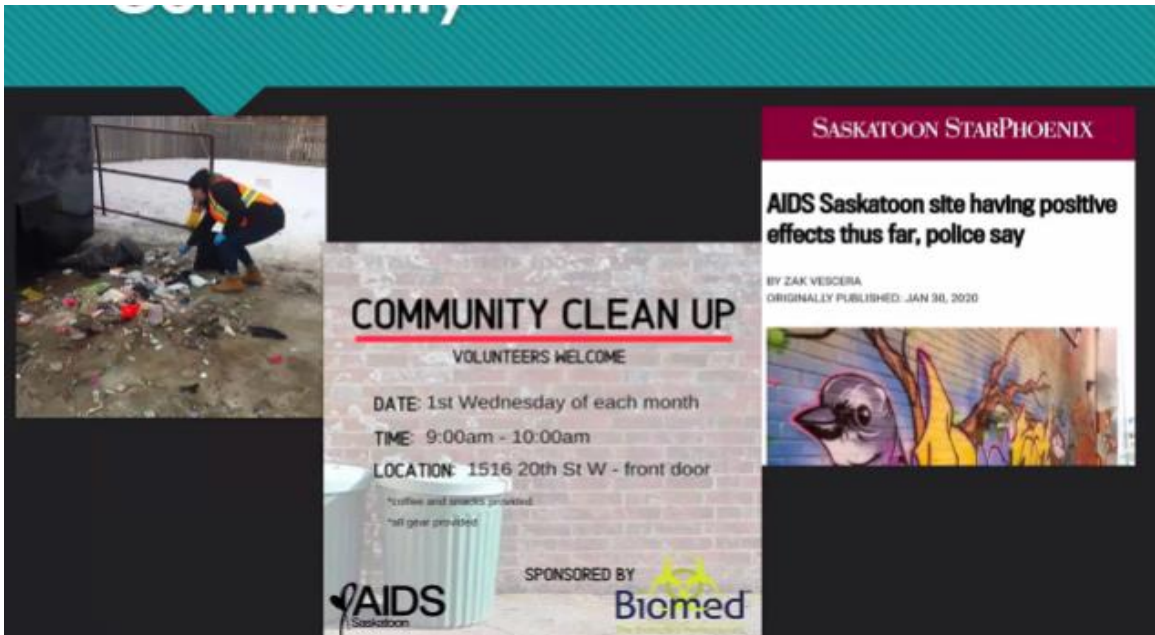
The do education for health and social services professionals on working with at-risk and addicted individuals as well the community.

Holiday Hamper Program



- 712 Approximately 130 hampers distributed each year to people living with HIV and their families

The provide the hampers and toys for children.



The do a clean-up around their building, they hold BBQs in the community, and other ways to connect to the community.

The youth services are funded through social services.

The housing program is on contract.

The Safe Consumption site and Drop-in Centre are funded 100% through donations from businesses and individuals. The City and Affinity Credit Union support it.

Harm Reduction on the Prairies

Mission: Improve the quality of life for all members of our community through gold standards in harm reduction; emphasizing local action with national impact

Mandate: Serve people at-risk and affected by HIV and Hepatitis C by reducing discrimination and deaths, removing barriers, pursuing innovation and demonstrating evidence-based outcomes.



Saskatchewan has the highest HIV rate in Canada, which is fueled by injection drug use. This is further compounded by the crystal meth and overdose epidemic that the province is currently facing.

We strive to have a collaborative Saskatchewan led response using innovative approaches to making us the best province for all.

Programs

Safe Consumption Site

Prairie Harm Reduction operates Saskatchewan's First Safe Consumption Site. This service prevents overdoses and other adverse medical effects associated with using drugs by having people use drugs under the observation of a Primary Care Paramedic.

This program is exclusively funded by fundraising dollars. Donate if you are able.



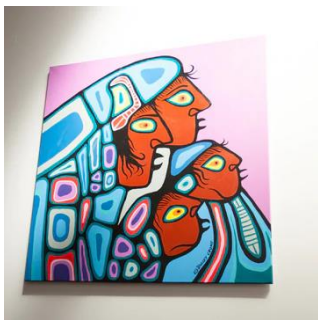
Support Services

Support Services provides harm reduction-based supports to individuals through advocacy, support, referrals, transportation, housing, emotional support, crisis intervention and system navigation. We offer both in-house and outreach services to ensure the lowest barrier of service delivery.

Our department focuses on building relationships with ostracized and marginalized members of our community. We believe that every person deserves access to not only basic needs (housing, food, medical support), but to respect, kindness and opportunities that allow them to thrive.



Our team is well-known throughout the province for successfully engaging vulnerable individuals; as such, we provide training to several community partners, student groups and professionals on delivering exemplary system navigation and advocacy.



Family Support Program

Family Support provides harm reduction based supports to families who are facing a multitude of barriers which puts them at high risk for interventions from the Ministry of Social Services.

Family Support provides in home and community supports including transportation, emotional support, safety planning, advocacy and referrals. Family Support operates Monday to Friday 9am to 12am; Weekend & Holidays 4pm to 12am.

Families can self refer for support or can be referred by other community supports or their child protection worker.

Drop-In Centre

Our Drop-In Centre provides a safe space for people to access services. We do not ban people from services as we are here to serve people who access services.

This space is available to the public Monday to Friday 10:30am to 4pm.

Education

We develop and distribute educational materials, and conduct seminars for professionals and people who access services on several topics including:

- HIV
- HCV
- Harm Reduction
- Engaging people who use drugs
- Service Navigation

Prairie Harm Reduction was the 2019 recipient of the Canadian Aboriginal AIDS Network Harm Reduction/Wholistic Wellness Promotion Award.



Take Home Naloxone Program

Free Naloxone Kits

Walk-ins Monday-Friday 10am-4pm.

Training takes 10-15 minutes. Certificate provided.

Music or Arts festival training available upon request

Community Needle Pick-ups

PHR funds Okihtcitawak Patrol Group to conduct Needle Patrols 5 days week throughout Pleasant Hill & Riversdale



Emergency Assistance Fund (EAF)

Prairie Harm Reduction covers emergency medical costs for people living with HIV in Saskatchewan. Cost coverage is determined on a case by case basis. Applicants are to call in and speak directly with the Director of Support Services.

This does not include dispensing fees charged by pharmacies.

Offices

Located on Treaty 6 Territory and the Traditional Homeland of the Metis
1516 20th St W Saskatoon SK

Phone - Support Services: 306-242-5005

Phone - Family Support: 306-979-4156

Mailing Address: PO Box 4062 Saskatoon SK S7K 4E3

Email: operations@prairiehr.ca

Safe Space for Everyone

We do not ban people from services. We can ask people to leave for the day, but someones worst day should not dictate the rest of their lives.

Upcoming Meetings

Date	Speaker and Topic
June	Rotary Fellowship Organisers: Luross, Ferguson, Whetstone
6	Kayla DeMong, Prairie Harm Reduction centre
13	Dave Bennett, Friendship Exchanges
20	Dave Newman, How Rotary Peace Fellowships are an effective way for your club & D5550 to contribute to Positive Peace in our troubled world, local to global
27	Russell Wangersky, Star Phoenix and Leader Post, Media and Social Media literacy

Events

Date	Event	Rotary Club	Information/Contact
June 9-10	Lobsterfest	Meewasin	Ron Loopkey

Welcome Song

We welcome you today
Good fellowship 'twill be
We're glad you chose to begin your day
With Meewasin Rotary

We hope that you will return
And join with us again
Fellowship at breakfast time
With Meewasin Rotary

4-WAY TEST

Is it the Truth?
Is it Fair to all concerned?
Will it build Goodwill and Better Friendships?
Will it be Beneficial to all concerned?

ROTARY GRACE

O Lord and giver of all good
We thank you for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

COMMITTEES FOR 2021-2022

Administration—Meeting administration (program, facilities, meals, supplies)

Courtney (Chair and Club Secretary), Peterson (Asst. Club Secretary), Postle (Club Treasurer), Ferguson, Tenaski, Voldeng

Social—Sub-committee of Administration Committee

Planning and organization of club social events

Klause, Loopkey

Foundation—Foundation donations, member recognition

Bailey (Chair), Fisher, Wilson

Indigenous Relations—In support of a District 5550 initiative

Cowsill, Nair

Literacy—In support of a Rotary International initiative

Postle (Chair), Clements, Stefiuk

Membership—Membership recruitment, engagement, and retention

Club members as a whole

Public Relations—Club and event promotion, communications, website management

Luross (Chair and Website Administrator), Whetstone (Eyeopener Editor), Birkmaier-Tillotson, Bwaya, Mundi, Pagliarini

Service—Club charitable giving, foundation grant applications

Benesh (Chair), Geenan, Howland, Sutherland

Youth—Youth exchanges, adventure programs, school programs

Kessler (Chair), McArthur, Muir, Paproski, Peterson

Officers and Directors – 2021-2022

Board Executive/Officers:

President:	Jay Cowsill
Past President	Tom Geenan
President Elect	Jay Cowsill
Treasurer	Art Postle
Secretary	Garth Courtney
Ass't Secretary	Nicole Peterson

Directors:

John Benesh
Leanne Kessler
Glen Bailey
John Luross

Monthly Speaker / Program - Members in Charge

"Rotary Connects the World"

Note 2: Please have list of speakers to Admin Committee at least 2-3 weeks prior to start of month

	Rotary Month Theme	2021-2022
July	<i>Start of new Rotary year</i> Canada Day	
August	<i>Membership and New Club Development</i>	
September	<i>Basic Education and Literacy, (Corn Roast)</i> Labour Day	
October	<i>Economic and Community Development</i> Thanksgiving	
November	<i>Rotary Foundation</i> Remembrance Day	McArthur, Bailey, Tenaski
December	<i>Disease Prevention and Treatment, (Club Elections)</i> Christmas, Boxing Day	Fisher, Loopkey, Peterson, Nezi
January	<i>Vocational Service,</i> New Years Day	Benesh, Geenen, Mundi, Paproski
February	<i>Peace and Conflict Prevention/Resolution</i> Family Day (Third Monday)	Birkmaier-Tillotson, Nair, Pagliarini
March	<i>Water and Sanitation</i> Easter (??)	Clements, , Howland, Stefiuk
April	<i>Maternal and Child Health</i> Easter (??)	Klause, Muir, Sutherland, Wilson
May	<i>Youth Service</i> Victoria Day (Third Monday)	Kessler, Postle, Voldeng
June	<i>Rotary Fellowships</i>	Luross, Ferguson, Whetstone