



Official Bulletin of:
ROTARY CLUB OF SASKATOON MEEWASIN #22664

8B -3110 8th St East, Box 425 S7H 0W2
Founded: April 23, 1985
Meetings: Monday 0700



March 20, 2023

Water and Sanitation Month

Rotary: Making a Difference

District Governor (5550): Fred Wright

President: Art Postle, Garth Courtney

Pres Elect: Luis Pagliarini

Secretary: Garth Courtney

Past President: Tom Geenen

Treasurers: Art Postle

Sergeant: Ann Luross

Desk: Garth/Art

Service Above Self

DUES AND OTHER PAYMENTS TO THE CLUB

- E-mail Transfer from Bank Account
 - Send to Meewasin Rotary Club using the email: meewasinrotary2020@gmail.com

DONATIONS TO THE FOUNDATION

E.G., Fines, Donations In Lieu Of Meeting Expense

- E-mail Transfer from Bank Account
 - Send to Rowasin Foundation using the email: rowasin2020@gmail.com

Payment by Credit Card (For either Meeting Expenses or Fines/Donations)

- For a credit card payment contact Art Postle (postle@sasktel.net).

Rotary Meeting

ZOOM – Meewasin Rotary Club

<https://us02web.zoom.us/j/83624852636?pwd=MjRlR0Y2FQWIRmRW9Cd2NKRHISWHlvQT09>

Queen's House

601 Taylor Street West

<https://us02web.zoom.us/j/87214323627>

Meeting ID: 872 1432 3627

One tap mobile

+16473744685,,87214323627# Canada

+16475580588,,87214323627# Canada

If you have problems getting on Zoom call Garth at 306 229-3965 or Art P at 306 227-3013

Call to Order: The Chair opened the meeting at 0700, or thereabouts.

Attendance: There were 12 dedicated members who enjoyed a morning of fellowship with their fellow Rotarians and guests.

Guests: Cara, Marsha



The Sergeant raised funds for the following real or imagined offences: For starting the meeting late; For own or partners birthdays in March; For anniversaries in March; For grandchildren's birthdays in March; For joining by Zoom.



Happy and Sad Dollars: Donna for clock being waylaid by the time change; Donna for Jonathon, former exchange student, coming to Saskatoon; Donna for granddaughter playing hockey and getting 4 assists and a great game; Garth for the cards and phone calls during past week; John for the Conner Bedard show last night; Ian for Garth being back at meeting; Ken for being at the meeting in person. John B for catching low tire before getting on highway.

Announcements

A promotional poster for the "IMAGIN ACTION DISTRICT CONFERENCE" held from May 11-14, 2023. The poster features a dark blue background with a yellow and blue bird in flight. The text "IMAGIN ACTION" is in large, bold, yellow and blue letters. Below it, "Rotary District 5550" is written in white. The words "DISTRICT CONFERENCE" and "MAY 11-14, 2023" are in white. The phrase "Early Special" is written in a large, pink, cursive font. At the bottom, "\$275 BEFORE MARCH 31ST" is written in blue, and "Register at rotarynutana.org" is written in yellow.

1) SASKATOON FOOD BANK

- a) Next Opportunities:
 - i) Saturday, March 25, 0900-1200 – Volunteers needed.
- b) Contact John Luross to volunteer
- c) We need 10 volunteers - Friends and family welcome

2) EDADZ BACKPACK Drop Off



- a) You can Drop off items at John Benesh's Office.
- b) There is a Box in the reception area
- c) Any bag is OK, not just back packs.
- d) You may bring the backpacks to the meeting to give to John B.

3) Cell Phones

- a) John Benesh is collecting smart phones for the Mother and Baby centre. They will be used by mothers for appointments, etc.
- b) Drop off at Benesh, Bitz and company – Quebec Avenue.

4) 2023 Badge Shield and Star Dinner

- a) Mark our Calendars
- b) Date: April 20, 2023 @ 5:30 pm
- c) Location: Prairieland Park
- d) Tickets: Go to:
<https://www.canadahelps.org/en/charities/rap-saskatoon/events/2023-rotary-badge-shield-star-dinner/>
- e) Art Postle is arranging a table. Please notify Art if you will be attending. You need to purchase your tickets online.

5) Lobsterfest 2023

- a) Dates – May 25 and 26, 2003
- b) Place: Gordie Howe Bowl
- c) Same format as last year
- d) More information and tickets to come in near future
- e) 50/50 Should be ready next week.
- f) Website will be ready for tickets shortly. Need to confirm pricing on tickets, and approve the poster.

6) Hockey for Homeless Game this Friday

- a) Game this Friday- all invited to attend. Merlis Belsher Place. 0900 + 1200 and 1515

Club Business

No club business.

Program

Cara Barr provided members with information on the new and upcoming programs at the YMCA Saskatoon. Cara is a graduate of the University of Saskatchewan. She is the CEO of the YMCA. She has had a variety of roles with the United Way, Big Brothers Sisters, Ronald MacDonald House and other non-profits.





OUR VISION

Women, girls and their families are empowered in a safe, equitable community



Child Development Centre

- Fully licensed childcare facility
- Compliments a home setting providing warm, caring programming that concentrates on specific needs
- Committed to providing services to children from all cultural, ethnic, religious, and socio-economic backgrounds
- Specialized programming for children with diverse needs

They have a 62 spot child care centre, and a waitlist of over 300.

They serve both men and women in job attainment. Their most significant one is the Womens inTrades. Most of these women are single and indigenous,

Employment & Learning Centre

- A place for community to gain employment skills, take part in workshops, and pursue a better future
- Assist women and men alike in their employment goals through our Career Moves 55-64 Program, Job Search Program and the Job Finding Club
- Unique opportunities for women in non-traditional roles:
 - Women Shifting Gears
 - Trade Journey Program

The closed the pool as it was operating at a loss.

Fitness on 25th

- Co-ed gymnasium but take an active approach in women's programming, like the **EMPOWHER** program
- One of the many wrap-around services we offer at the YWCA for those who are focusing on their health and wellbeing

They have a crisis centre for stays up to 30 days. They have added a long term stay for longer support. They longer stay program assists them with mental health, addictions and employment so that they can gain independence. They can stay up to 2 years.

Crisis Shelter & Residence

- **Crisis Shelter & Residence** is open to women, youth, and children in need of emergent and long-term housing and support
- Access to a variety of optional programs during their stay
- **Margaret's Place** is a four-bedroom suite with room for up to six youths aged 16-21
- **Turning Points** offers a safe, affordable, and supportive environment for 14 women who are ready and willing to change their lives, for up to one year
- **Wellness Programming** facilitates emotional healing and wellness through unique programming and services
- Women can create a stable foundation on which they can build a fulfilling and independent life

They have launched a new campaign to expand services.



The have launched a 19 Million campaign to expand services for women and children.

They need \$12 million for the expansion of the women's shelter capacity. There is a high need for services.

HOPE LIVES HERE

3713

WOMEN &

1747

**CHILDREN WERE
TURNED AWAY**

**(AND WE DO NOT KNOW
WHERE THEY GO)**



**THE YWCA SASKATOON
IS THE ONLY SHELTER
THAT ACCEPTS WOMEN
AND CHILDREN FOR
ANY REASON**

28

**DAYS
AVERAGE
STAY**

34

**EMERGENCY
BEDS,
ALWAYS
FULL**

8615

CRISIS CALLS IN 2021

**THE YWCA
SASKATOON IS
ALWAYS FULL.
THE LONGEST
TIME A ROOM IS
EMPTY IS FOR
HOW LONG IT
TAKES TO
CLEAN IT.**



They have raised about \$

They plan to expand the Transitional Housing program for \$12 million. The government has provided a significant amount and they have raised about \$2 million to date. They will break ground this year and expect to start operations in 12 months, and be a 2/3 capacity in 18 months.

3 PRIORITIES FOR HOPE, HEALTH & HEALING

1

Increase the long-term transitional housing beds by building an additional wing to the existing building.

Cost: \$12.38M



\$2865

**COST TO HOUSE 1 WOMAN FOR
1 MONTH**

The facility will be 3 floors and on pillars for parking. There will be spaces for larger families. It will be built onto the current facility.



They have a high success rate with the transitional program.

YWCA TRANSITIONAL HOUSING WORKS

95% OF TURNING POINTS
TRANSITIONAL HOUSING
CLIENTS REMAIN HOUSED
AND STABLE.



Transitional housing provide survivors with supportive living, giving them additional time and space to heal, break the cycle of abuse, and rebuild their lives.

Second priority is the repair of the current building. They need about \$ 4 million. The roof needs repair and the 40 year old building needs many updates.

**3 PRIORITIES FOR
HOPE, HEALTH & HEALING**

**2 Repair and renovate the
existing YWCA building**

Cost: \$4.17M

40-year-old building

Includes replacing roof, flooring,
windows, safety aspects to meet
building code



The current pool will be converted to an employment and Learning Centre. They looked at converting it housing, but too expensive.

**3 PRIORITIES FOR
HOPE, HEALTH & HEALING**

**3 Employment &
Learning Centre Expansion.**

Cost: \$2.45M

Campaign Total = \$19M

**EMPLOYMENT & LEARNING CENTRE
SUCCESS OVER THE LAST 3 YEARS:**

82%

of the 85 Trade Journey
participants are now employed
(16th cohort in progress).

100%

of the last two Trade Journey
cohorts are employed.

71%

of the Women Shifting Gears
participants are employed.

225

Women to date have learned
trade skills through the Trade
Journey Program.

402

REPORTED OBTAINING
EMPLOYMENT IN 2021

They have recruited 3 women to lead the campaign for \$19 million. They are leading women in the community.

YWCA
HOPE
\$19M Lives Here CAMPAIGN



Jo Custead
Co-Chair
Hope Lives Here Campaign



With YWCA Saskatoon support, women can move from surviving to thriving, from facing barriers to finding freedom and equity.



Ryssa Alarcon
Co-Chair
Hope Lives Here Campaign



This campaign is the catalyst we need to advance women's opportunities for education, housing, and safety.



Stella Spanos
Co-Chair
Hope Lives Here Campaign



When you help women, you help the children, the family, the community.

All gifts will be appreciated.



Your gift will ensure more women, girls and their families are empowered in an equitable community.

YMCA

Our Mission

To foster life-enhancing opportunities and to strengthen the foundations of our community by being an organization that nurtures health, wellness and a collective sense of community.

Our Vision

To become the leading Charitable provider of health and wellness programs, family-centered activities and childcare in our community.

Our Values

Honesty
Respect
Caring
Acceptance
Responsibility
Fairness

Our Impact

The YMCA of Saskatoon is a charity empowering people with essential services, opportunities to better their lives, and a sense of community.

With support from donors like you, we deliver proven programs that help people turn off whatever's holding them back.

What We Do

At the Y, we help you to overcome obstacles and let your potential shine. Our charity creates opportunities for personal growth, community involvement and leadership for everyone. Through a wide variety of programs and services, we're building a brighter future in Saskatoon.

The Y is there for you at every age and stage of your life. Here are just some examples of what we do.

- We provide child care for parents looking for quality caregiving that's affordable.
- We help you stay active and reach your health and fitness goals at our group fitness classes, with personal training, and with a wide range of sports and fitness programs.
- We enable newcomers to improve their language skills.
- We empower people to find rewarding jobs. We provide resume advice and job interview preparation through our employment services.
- We help youth make friends and gain skills with leadership opportunities.
- We give older adults opportunities to make friends and stay connected.
- We offer programs to promote mental health resilience in adults and youths.

Upcoming Meetings

Date	Speaker and Topic
March	Water and Sanitation Month Coordinators: Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir
20	YWCA, re their plans to expand the shelter capacity for women and children
27	Brendan Bitz
April	Water and Sanitation Month Coordinators: Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir
3	
10	Easter Monday.
17	
24	

Events

Date	Event	Rotary Club	Information/Contact
April 20, 2022, 5:30 PM	Badge, Shield and Star Dinner, Prairieland Park, Saskatoon	RAP	\$125 per ticket \$1000 for table of 8
May 11-14, 2023	Imagination – District 5550 District Conference	Nutana Rotary	Rotarynutana.org
May 25th and 26th	LobsterFest. Gordie Howe		

Welcome Song

We welcome you today
Good fellowship 'twill be
We're glad you chose to begin your day
With Meewasin Rotary

We hope that you will return
And join with us again
Fellowship at breakfast time
With Meewasin Rotary

4-WAY TEST

Is it the Truth?
Is it Fair to all concerned?
Will it build Goodwill and Better Friendships?

Will it be Beneficial to all concerned?

ROTARY GRACE

O Lord and giver of all good
We thank you for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

COMMITTEES FOR 2022-2023

Administration—Meeting administration (program, facilities, meals, supplies)

Courtney (Chair and Club Secretary), Postle (Club Treasurer), Pagliarini (Incoming President)

Foundation—Foundation donations, member recognition

Bailey (Chair), Fisher, Wilson, Birkmaier

Indigenous Relations—In support of a District 5550 initiative

Nair, Ferguson

Literacy—In support of a Rotary International initiative

Postle (Chair), Stefiuk, Berscheid, Clements

Membership—Membership recruitment, engagement, and retention

Club members as a whole

Public Relations—Club and event promotion, communications, website management

Luross (Chair and Website Administrator), Whetstone (Eyeopener Editor), Loopkey, Geenen

Service—Club charitable giving, foundation grant applications

Benesh (Chair), Sutherland, Howland, Nancy Luross, Anne Luross, Tenaski, Muir

Youth—Youth exchanges, adventure programs, school programs

Voldeng (Chair), Klause, Kessler, McArthur

Officers and Directors – 2022-2023

Board Executive/Officers:

President: Garth Courtney, Art Postle
Past President Tom Geenen
President Elect Luis Pagliarini
Treasurer Art Postle
Secretary Garth Courtney
Ass't Secretary

Directors:

John Benesh
Peter Voldeng
Glen Bailey
John Luross

Monthly Speaker / Program - Members in Charge

"Rotary Connects the World"

Listed below are the Theme months and the Committee Chair for each month.

July - Not assigned – New Rotary Leadership
August – Not assigned - Membership and New Club Development
September - Art Postle - Education and Literacy
October - John Luross - Economic and Community Development
November – Glen Bailey – Rotary Foundation
December – John Benesh - Disease Prevention and Treatment
January – Luis Pagliarini/ Peter Voldeng - Vocational Service
February – Glen Bailey – Peace and Conflict Prevention
March – John Benesh – Water and Sanitation
April – Garth Courtney – Maternal and Child Care
May – Peter Voldeng – Youth
June – John Luross – Rotary Fellowship