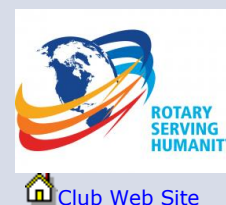




Rotary Club of Regina Eastview

The ROTOR

April 13, 2017



Editor: Peter Peters mppeters@sasktel.net
If you have any comments or questions, email the editor.

Apr 20 **“RPS Update”** with **Corey Zaharuk , RPS Superintendent**

Apr 27 **“Road Trip to Bothwell Library”** with **Jeff Barber, RPL**

May 4 **“911 Services”** with **Angie Wagar, City of Regina**

May 11 **“Agribition Update”** with **Chris Lane, CEO**

PROGRAM

“RPS Update”
with
Corey Zaharuk

April 20, 2017

APRIL
“Maternal and
Child Health”
Month!

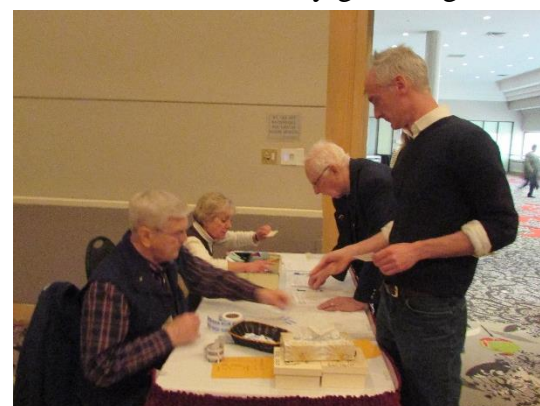
DUTY ROSTER

Registration: Dinesh Kashyap

50/50: Hans Gaastra

Greeter: Sam Berg

Everyone was in place today as members and visitors converged on the Delta for the weekly gathering. Tania Woroby was at the **Registration Desk** changing luncheon tickets for acceptable currency. To her right was **50/50 Ticket** seller Leo Ell doing his best to convince purchasers that the prize, when won, was significantly more modest than President Greg McNamara’s periodic suggestion that the value was “in the millions”.



Finally, assigned **Greeter**, Leif Riesach was extending the hand of Regina Eastview to members (in this case **Chris Hefner**) and visitors alike making us feel exceedingly fortunate to be in the room.,



Chili For Children Duty Roster

Apr 14 - GOOD FRIDAY

Apr 21 - NO SCHOOL

Apr 28 - Jack Wozniak, Tania, Woroby, Ann Grahame



Today our meeting room was on the Mezzanine floor of the Hotel and there was another meeting going on in the adjoining room. As a result **President Greg** was asked by the folks next door to keep down the loud chatter as it was impacting (adversely) the learning going on next door – whoa, the challenges of being President. In keeping with tradition, before all food was consumed from plates, the National Anthem was sung, and Gail

Bradley offered our thanks for the food consumed.



Just to take a step back, before this happened, Nelson Falkowsky was doing his part to make ensure Visiting Rotarian Ted Turner (**above**) was feeling good about being at Eastview, as was John Van Koll who felt Rotarian Ken Thiessen (**left**) should experience Eastview’s warmth.

Club Philosopher, Doreen Pankewich shared a **“Thought for the Day”** from Texas General Practitioner, Roger Knapp who is quoted as saying, *“The happiest people don’t necessarily have the best of everything, they just make the most of everything they have.”*

All available chairs at the President’s **Lead Table** were filled. Joining our Leader Greg, were Guest Speaker Todd MacPherson, John Dawes (**right**) (who was earlier welcomed by our Kell Sloan), Gail Bradley, Rosemary Oddie, Kelly Pierson, Jeff Barber and Lance Connell.



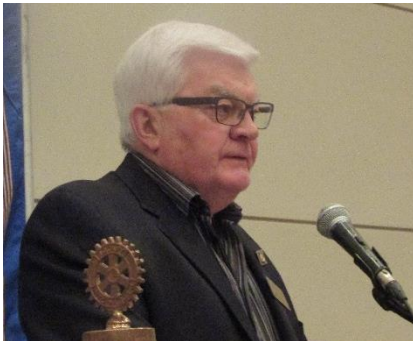
Introduction of **Guests and Visiting Rotarians** was competently handled by Tania Woroby who invited us to acknowledge the presence of the following Guests: Lance Connell (**left**) and Rosemary Oddie guests of Greg McNamara; Todd MacPherson and Kelly Pierson guests of John Dawes; Robert Jozsa (**centre with Doug Mortin**) guest of Louis Browne; and, Laurie Huber (**below with Jeanne Martinson**) guest of Kell Sloan. Visiting Rotarians were Ted Turner and Ken Thiessen from the RC of Regina; and, John Dawes RC of Regina South.



Having spent his professional career grounded in professional accounting, Leo Ell’s skills were tested in managing the Club’s **50/50 Draw** today – \$96.00 worth of tickets were sold raising the “pot” another \$46.00.

Todd MacPherson was invited to draw the lucky ticket which would give the winner the opportunity to try to select the single green marble from the remaining blue marbles in “the box”. A ticket held by Gary Carlson gave Gary a chance for the big money in the pot. It would appear Gary could not believe his sensitive fingers did not retrieve the green marble. We go on for a further week.

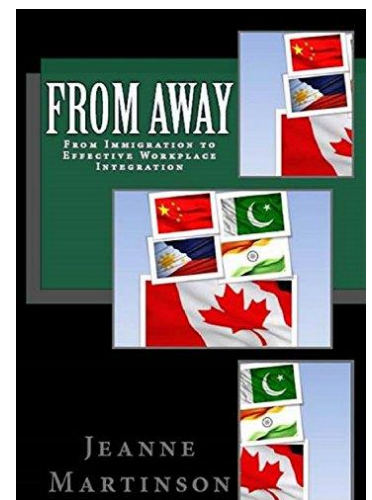
We sang **Happy Birthday** to Pat Dell who celebrated this special day on April 10. (The picture was fantastic and had it not been for my finger print on the lens it would have appeared here. Will take a replacement photo next week.)



Doug Mortin shared with members the sad **Family of Rotary** news that Beth Foster, wife of Honorary Member and Past President of Regina Eastview, Art Foster passed away last weekend. Art and Beth live in Indian Head where both were dealing with health issues. Art has been temporarily admitted to the *Golden Prairie Home* (a Nursing Home facility) in Indian Head. Doug noted that the Peters' and Mortin's visited Art yesterday and shared in his grief. Should you wish to send a card to Art please address it to him at Golden Prairie Home, Box 250, 916 Eden Drive, Indian Head, SK S0G 2K0.

SERGEANT –AT-ARMS

Pat Dell had little trouble getting money from members as there was immediate response to her request for Happy \$'s. Barry Strohan's brother-in-law is celebrating his 80th birthday and the celebration is going to take place on the other side of the 49th parallel; in accordance with her promise Jeanne Martinson contributed \$5.00 to TRF for each “*From Away: Immigration to Effective Workplace Integration*” book members of Regina Eastview purchased following her presentation on March 30 (**Jeanne handed in big money** - \$20.00??) - as an afterthought she told us she and Malcolm have been married for 20 years; Leif Riesach contributed \$10.00 to TRF for Barry Strohan's gratis work to fix his Rotary pin; Sam Berg reminded us that next Thursday *The Caring Place* is hosting their *Mayor's Luncheon Fund Raiser* and the hint was that we might wish to participate – the possibly it could serve as a “make-up” meeting was **not sanctioned**; Nelson Falkowsky advised that he and Wanda are traveling to Medicine Hat for Easter and will be stopping to visit friends in Swift Current; Doreen Pankewich had a “sad” dollar as her 16 year old granddaughter just “aced” the Drivers test and is now the holder of a licence – a scary time for grandparents; John Van Koll just came back from celebrating 25 years with London Drugs; Pat Richards was pleased to tell us that Doug is doing very well, and they just became great grandparents; Peter Peters noted last week granddaughter Elle (**left**), who attends the new Emerald Ridge Elementary School in White City, received a *Certificate of Merit for Acting* from the Saskatchewan Drama Festival for her “outstanding” performance in her role as *Alice* in *Alice in Wonderland*; Allen Hillsden told us that at their Church's Mission Fest last weekend their church raised \$230,000.00 for their Mission Partners; and in a final Trivia question Sergeant Pat asked whose grandfather was involved in an outstanding feat on April 14, 1860? – see hint at:



<https://www.nps.gov/poex/learn/historyculture/history1.htm>

PROGRAM



John Dawes was invited to introduce our Guest Speaker Todd MacPherson, Saskatchewan Managing Director of Parkinson Canada a role he has held for just over 2 years. Todd was “personally trained by John C. Maxwell and his international team” and is an experienced leader and coach.

From John’s introduction and from Todd, we learned many things about Parkinson Disease. It was first written about by Dr. James Parkinson who was, “....most famous for his 1817 work, Essay on the Shaking Palsy, a description of the disease which later became known as Parkinson's Disease”. Todd referred to Parkinson’s as a devastating neuro-degenerative disease. It is most challenging for the person with the disease and heart breaking for the

family. The way people deal with it best, is to “live with hope” which Todd suggested is a foundational approach taken by many with the disease. We learned,

- *“Each day in Canada 25 people are diagnosed with Parkinson’s and by 2031 this number will increase to 50.*
- *Parkinson’s has the third highest direct healthcare cost annually next to Epilepsy and Alzheimer’s and Other Dementias.”*
- *Professional “...tracking notes that people living with Parkinson’s have the 2nd highest annual out-of-pocket expenses at \$1,000.00 next to patients with spinal cord injury.*
- *The Parkinson’s community is directly affected by cognitive impairment and dementia: 40% of people with Parkinson’s disease experience thinking and problem solving limitations; and, 50% experience memory limitations.*
- *Parkinson’s disease is not a normal part of aging but the incidence does increase with age. 85% of those diagnosed with Parkinson’s are over the age of 65.*
- *Care giver stress doubles when caring for individuals living with neurological conditions. This is compounded if the condition is accompanied by cognitive impairment or behavioural issues, which affects the majority of people living with Parkinson’s.*
- *Individuals who develop a neurological condition will experience a substantial number of years living with restricted health (mental and physical), more so than those without one. It is projected that both men and women affected by Parkinson’s will lose a total of 15 years in full health”*



Parkinson Canada has three areas of focus: i) research; ii) Advocacy; and, iii) Education. You can learn more about these components by going to their Website noted below.

The above ***Italicized*** section was reprinted from material handed out prior to Todd’s presentation. You can access significant information by going to the Parkinson’s Canada Website at:

https://www.google.ca/search?q=Parkinson+Canada&ie=utf-8&oe=utf-8&client=firefox-b&gfe_rd=cr&ei=nyzwWMD6IsOC8Qe9IKnABA

For sharing the Parkinson’s story, President Greg presented Todd MacPherson with the insulated grocery shopping bag with the suggestion that he stroll through Saskatoon grocery stores flashing the “bag”.



ANNOUNCEMENTS

Rotary Club of Regina - Ted Turner updated Eastview on developments with their Club's **100th Anniversary Celebration**. Their Club is partnering with Soul's Harbour Mission and have raised over \$250,000.00 from their



own membership toward their commitment of raising \$100,000.00. While they purposely did not go to other Rotary Clubs in the City to raise money for the project, they would be honoured to have members of our Club join them for the 100th Anniversary GALA on August 25, 2017 at Conexus Art Centre. Tickets are \$50.00 each and the event is limited to 250 people. Ted would like to see Regina Eastview purchase at least 3 tables of 8. According to Ted there are certain things his Club members keep from him and that is handling money, so Ken Thiessen came along as the ticket seller and money handler.

District Assembly – District Trainer Ken Thiessen reminded us that the **Regina District Assembly** will be held at the **Living Hope Alliance Church, 3900 Arcola Ave East, Regina, SK, next Saturday, April 22, 2017** from 10:00 AM – 4:00 PM. **Registration is on the District Website at:** <http://rotary5550.org/> - scroll down the left hand side and click on District Training Assembly Regina.

President Greg advised that **the Club will cover the cost of Registration (\$45.00) for Eastview members. New members are encouraged to attend, as are members who will be in leadership roles beginning July 1, 2017.** Please go to the site and **register today**.



Rotary Meeting April 27th – We will be meeting at the George Bothwell Library at the Southland Mall. The first portion of the program will be to hear and see Out-Bound Rotary Exchange Student Brigid Malloy's presentation to the masses when she spends her Exchange year in Brazil beginning in July/August 2017. The 2nd part of the "Program" will to experience this newly renovated Library. Should you wish to stay for a more extensive tour, please respond to an inquiry you will receive from Jeff. Come into the Library through either door.

RYLA Registration – Regina Eastview wants to identify and select students to participate in this year's Rotary Youth Leadership Assembly. Please check with your family, friends and relatives and see if we can gather a couple of students from each of the age groups to participate. See information on District Website at: [http://rotary5550.org/SitePage/rotary-youth-leadership-awards\(ryla\)](http://rotary5550.org/SitePage/rotary-youth-leadership-awards(ryla))

ROTARY TIDBIT

Rotary Weekly – April 7, 2017

Five (5) reasons you should attend the 2017 Rotary International Convention in Atlanta are:

- 1) Meet the most inspiring people in the world;**
- 2) Strengthen your club and your passion for Rotary;**
- 3) Join The Rotary Foundation celebration;**
- 4) Explore the American South; and,**
- 5) Enjoy special tours and events offered by the Host Organization Committee.**

For details related to each of these points please visit:

<http://www.riconvention.org/en/atlanta/top-5-reasons-join-us>

COMMENTARY

With only a few exceptions, Margaret and I have attended the annual April *Saskatchewan Prayer Breakfast* held in Regina. It is organized by a committee chaired by the Lieutenant Governor Vaughn Solomon Schofield. Up to 800 people attend this 90 minute breakfast including provincial and civic dignitaries – the latter group, all treating each other in a civil manner.



The Breakfast features a guest speaker who brings what is termed “an inspirational message”, and this year was no exception. This event gathers people from all faith communities in the province and we “breakfast” and embrace the things we have in common, while leaving aside those matters in which we differ. This year’s Guest Speaker, Rabbi Jeremy Parnes, a former member of Regina Eastview, which in and of its self makes him outstanding, picked up on this very point. Rabbi Parnes drew an analogy between the struggles of the Jewish people some 3500 years ago and the impact *Habitat for Humanity* has on communities like Regina. Back in their 40 years of “wondering and whining,” the people of Israel were continuously in disagreement until they had to work together to build the “temple”.

Once they were together on this project, like a group of volunteers gathered for a *Habitat for Humanity* build, nothing else mattered other than successful completion of the project - they (we) worked in harmony. Sounds like Rotary in action – like PolioPlus – like building schools in Guatemala – warms my heart. Suggests to me that more praying and communicating and less shouting and shooting has much to say for itself and our success as a community, province, country and world.

For the Regina Eastview ROTOR, I am Peter Peters

