



Rotary Club of Regina Eastview

The ROTOR

August 3, 2017



[Club Web Site](#)

Editor: Peter Peters mppeters@sasktel.net
If you have any comments or questions, email the editor.

Aug 10	"2017-2018 Club Budget" with Jizinge Mwela & Doreen Pankewich
Aug 17	"Schizophrenia Society of Saskatchewan" with Jamie Eng, Executive Director
Aug 24	"TBD"
Aug 31	"TBD"
Sept 7	"India's Dalit Population" with Sam Berg

PROGRAM

"2017-2018 Club Budget"
with
Jizinge Mwela & Doreen Pankewich

August 10, 2017

DUTY ROSTER

Registration: **Pat Richards**

50/50: **Leo Ell**

Greeter: **Tania Woroby**

At the **Registration** Pat Dell did a "fine" job of getting the masses through the door and



into the room where Regina Eastview meets. In the absence of **50/50** tickets (and the boxes – Secretary Allen leaves on a holiday and "we" flounder), Greg McNamara tore and numbered slips of paper to serve as improvised tickets. This made Greg busier than usual as he had to fit in this task on top of providing a running commentary on all matters important. Not that any of this was a surprise.



As the scheduled

Greeter is no longer a member of the Club, Gail Bradley took on the task of welcoming visitors and members, which she did in her usual gracious manner.



If you haven't paid, now would be a good time.

Annual Club Membership Fee (\$285.00) was due July 1, 2017. Please pay soon.

Clarence thanks you as does the Finance Committee.

President Richard Schwan was seen explaining to a client (Leif Riesach) that he, Richard, does not act as a personal courier for TCU members who are too busy to go to do their own “credit unioning”.

Song leader, **Nelson Falkowsky**, was at his best, which makes us all better, causing us to romp happily through our National Anthem and our other vocal rendering opportunities. Shreedhar has become proficient in leading us in Rotary Grace.



Taking responsibility as Club Philosopher for a first time, Tracey Schick Sparrowhawk chose to share this **“Thought for the Day”**, from longest-serving First Lady of the United States, Eleanor Roosevelt, who said, *“You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, I have lived through this horror. I can take the next thing that comes along. You must do the thing you think you cannot do.”*

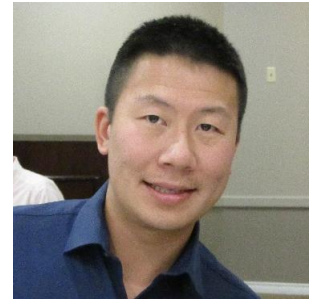
President Richard introduced the following individuals who joined him at the **Lead Table** – Gordon and Lee Beck, Wanda and Nelson Falkowsky (pictured right) and Tania Woroby.



Pat Dell was invited to introduce our **Guests** and **Visiting Rotarians** - as there were no individuals in the latter category, Pat’s task was made easy as she invited the following to stand and remain standing until all were introduced: Lee and Gordon Beck guests of the Club; Wanda Falkowsky, guest of Husband Nelson; Erin Weir



(left), guest of Chris Hefner; and, Jamie Eng (right), guest of Louis Browne.



Greg McNamara “managed” the **50/50 Draw**, which was delayed momentarily as some attendees had not been afforded opportunity to participate. After some really quick calculations, Greg determined that \$49.00 was raised for the prize pot. Barry Strohan was the lucky winner selected to search for the green marble in the box. However, as the marble boxes had not been found, Barry’s search was deferred until next week.

SERGEANT –AT-ARMS

Pat Dell was multitasking, taking on the Sergeant-At-Arms (which she seemingly relishes), on top of the Registrar



role today. In a moment of weakness Gary Carlson (right) confided in the Sergeant that last week he inadvertently took home his meal ticket (\$2 fine) – confession maybe good for the soul; “Gatherer of the fines”, Jim Powell was strutting around without his name badge, waving the collection basket (what was he thinking) – he was joined by other name-badge-less members for the nakedness of their attire and were fined; Members who admitted to having holiday plans for the long weekend were fined because the Sergeant had to stay home –



Barry and Shirley Strohan are going to Brussels to visit their daughter; Gary and Jessie Carlson are going to the Northwest Territories and other northern parts; and Ted Kent is going fishing at Besnard Lake.



Happy dollars come from Doug Martin who reported on the successful **Rotary Riders Charity Ride** for the Ripple Effect Program (see report under *Rotary Tidbits*); and, Greg McNamara rose to express thanks to Eastview Rotarians who attended yesterday's *RC of Regina Industrial Parks 20th Annual Pancake Breakfast* on Gabiel's Brewhouse parking lot. A credit to Industrial Parks for their leadership in enhancing and expanding Rotary's image in the community.

PROGRAM

President Richard invited Nelson Falkowsky to the podium to introduce today's guest speaker. Nelson reminded us that Lee Beck was the 2016 Recipient of our Club's 2016 Service Above Self Award in recognition of her significant contribution to Regina and Saskatchewan through her volunteer efforts. He drew attention to the fact that as a Dietitian, Lee Beck used her knowledge and experience serving the citizens in the Community and Province in a unique way. Lee and Gordon have two daughters and four grandchildren. Because Lee was invited to speak about "This is My Life", Nelson thought it wise to leave the remainder of the introduction in Lee's hands.



Lee Beck, in expressing again her appreciation and honor to have received the Club's *Service Above Self Award*,



was quick to indicate she would like to make this less like a "eulogy" and preferred to title her presentation, "*This is My Life, and It's Not Finished Yet*". Lee spoke about her growing up years and the role her farming Father (with his one handicapped arm), and her Mother (a Teacher), and her Grandmother and her Grade 8 Teacher had in impacting her life for good. Helping her dad by serving as his "second arm" and in the process learning what it means to work hard in community. Having a Mom that worked outside the home was also unique particularly because she served as Lee's teacher for a number of years in elementary school. Lee's Grandmother was someone after whom she has modeled her life, as was her Grade 8 Teacher, who became a close friend and confidant in later years. She graduated from high school in 1964 and went on to the U of S where she studied and became a Dietitian. While at University she met Gordon and they have now been married 51 years and have a wonderful family.

As a dietitian, Lee was employed as a Consultant Dietitian with the Saskatchewan Hospital Association, which at that time (late 1960's) had a following of 147 hospitals. Her role was to visit all these facilities and assist with menu planning, developing and assisting hospitals with staffing patterns, which at that time included some staff having to work what was called a "split shift". Traveling around the province, sometimes with other consultants, but often alone, was sometimes a harrowing experience depending on weather and road conditions. While for some dietitians, interaction with patients and advocating for healthy eating are important pillars, Lee liked involvement in the big picture parts including the whole area of "purchasing" and "hiring and staffing", so the Dietary department would function smoothly.

Her last job and the one from which she retired was with REACH – *Regina Education and Action on Child Hunger*. From their Website, "REACH serves as an umbrella association for a wide range of healthy food programs. Our programs are delivered through over 150 organizations and schools to ensure that all people in the community have access to safe, affordable, and nutritious food."

From working with REACH, Lee saw first-hand the impact volunteers have in ensuring the good work of organizations is achieved. And so following a working career which was intermingled with great volunteering opportunities, retirement opened the door for continued involvement. Volunteering opportunities are open through her church community and the Regina Open Door Society. The world of volunteerism opened yet another door as a Syrian Immigrant family moved into their neighbourhood – a Mom and her seven children. Lee and Gordon and some other couples from their church have surrounded this family with daily support, interpreting the hordes of messages and notes from school; what you need to do when a light bulb burns out; the importance of not fiddling with the thermostat; the need to take the lint out of the clothes dryer; and how to open a pill box without using a hammer – simple things which we take for granted.

Lee concluded her presentation by quoting a larger component of Martin Luther King Jr.'s observation, *"Everyone can be great, because everyone can serve."* which is a clear reflection of our speaker Lee Beck's commitment.

President Richard thanked Lee for her service and inspiration, and of course presented her with the insulated shopping bag.



ROTARY TIDBIT

Rotary Club of Regina Eastview - Rotary Riders Charity Ride Report



hosted by President Lynn Minja (right) & Rotarians Bill Carter (centre) and Doug Porcina who presented us with a generous donation from their club.

Fully fueled (bikes & riders), we continued Northeast on # 10 highway to Melville then South on # 47 through the beautiful Qu'Appelle Valley to Grenfell (hydration break) then West on # 1 to Indian Head (hydration break) and back to Regina at +33 degree temperatures.

All eight riders completed the 426 kilometer ride with enthusiasm but thirsty and hungry. Our wrap-up BBQ looked after the thirst and hunger and we celebrated the fact that together \$8,210 was raised.

On Saturday, July 29th, eight motorcycle enthusiasts on seven bikes left Regina at 0830 hours travelling North on #6 to Southey, then East to Cupar where we stopped briefly to visit Art Foster, 2003-2004 President of the Rotary Club of Regina Eastview. (L to R - Floyd Manz, Patrick Kossmann, Art Foster, Gregg Bathgate (RC of Moose Jaw Wakamow), Michelle Desautels, Edie Riekman (President RC of S'toon North), Edie's husband, Lionel Labelle & Peter Neufeldt)

The ride continued on to the Valley Bake & Coffee shop in Fort Qu'Appelle and enjoyed breakfast sponsored by the Rotary Club of Fort Qu'Appelle,





These are vital funds for the District 5550 Ripple Effect program and our commitment to continued building of schools and improving literacy in Guatemala. Thank you to all who donated funds in support of the riders; your tax receipts will arrive in August!

Thank you Doug and Peter for your “Making a Difference” leadership.

Ladies and Gentlemen Bikers – “Take a bow”!

ANNOUNCEMENTS

Rotary Club of Saskatoon – 100th Anniversary – The President of Rotary International, Ian H.S. Riseley, of the Rotary Club of Sandringham, Victoria, Australia will be at this must attend event and is the evening’s guest speaker.

The five Rotary Clubs of Saskatoon are donating a gazebo to commemorate the 100th anniversary of Rotary clubs operating in the city. This is anticipated to be a six-sided gazebo with a wood-framed roof and interior lighting, to be built at Rotary Park. A dedication ceremony for this structure is planned for the forenoon on August 15th. Tickets are still available at:

<https://www.picatic.com/SaskatoonRotaryCentennial2017>

Past Presidents Picnic - This *Annual You Can’t Miss* event is sponsored by the Club’s Past Presidents and hosted by PP Pat Dell in their back yard at **247 Hasting Crescent, Regina** on the afternoon of Sunday, August 20th. There is no charge for Rotarians and members of their families to attend as the cost of the event is born by the Past Presidents.

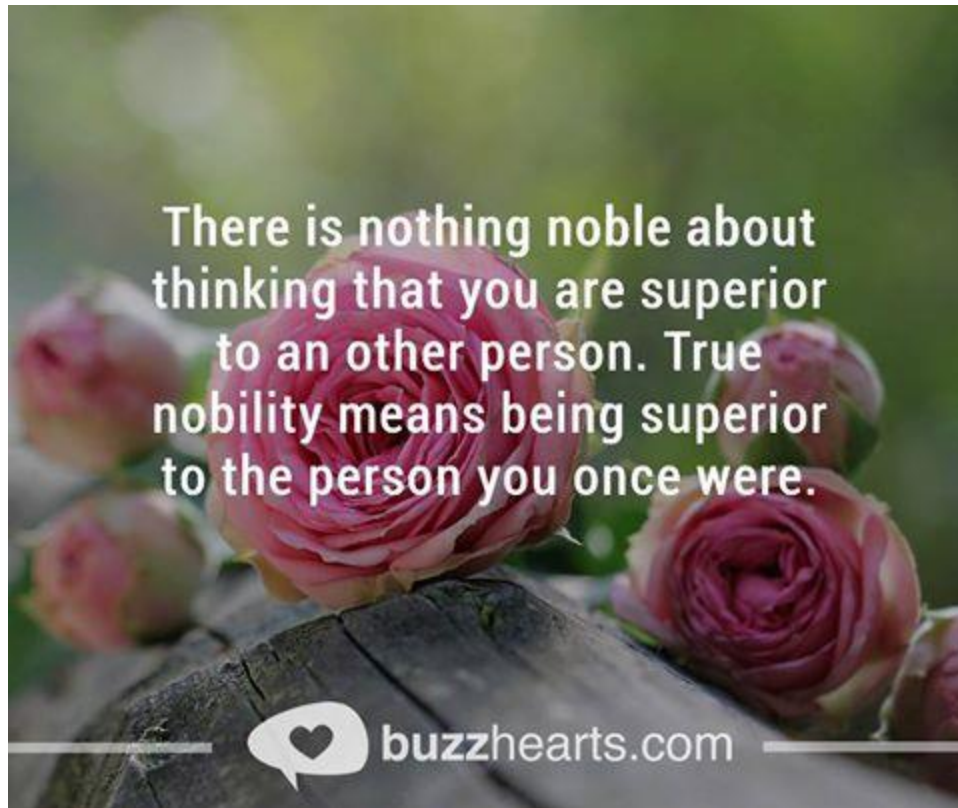
Habitat for Humanity-Rotary Club of Regina Eastview - 2017 Build - another opportunity - On three occasions in the past, members of our Rotary Club have volunteered for a hands-on opportunity to help our community. We have opportunity to do so again on Monday, August 28th. A crew of between 10 & 15 are needed for this build beginning at 8:30 AM, Monday, with a mid-morning break, lunch at 12:30 and wrap-up by 3:30 PM. All food and beverages are provided; all we need to supply are volunteers with work clothes, gloves, boots and a desire to “do good in our community”.

Please note: Habitat has a supply of boots & gloves for our use so don’t go out to buy these just for this day.
Thank you to those five who have volunteered to date.

We can have 15 on our crew, so should more of you be available, please let Doug know as soon as you are able.
Doug Mortin, 306-596-3076, Email: dougmortin@myaccess.ca
Habitat Contact: Russ 306-522-9733

International Service Project Committee Meeting – Peter Peters announced a meeting of this Committee is scheduled for next Thursday (August 10th) at 11:00 AM (in advance of the noon luncheon). He invited all Rotarians interested in the international activities of the Club to come and explore this as an opportunity where you would like to “make a difference” in this Rotary year. Agenda to be circulated on Tuesday, August 8th.

COMMENTARY



For the Regina Eastview ROTOR, I am Peter Peters