



Rotary Club of Regina Eastview

The ROTOR

July 13, 2017



[Club Web Site](#)

Editor: Peter Peters mppeters@sasktel.net
If you have any comments or questions, email the editor.

Jul 20 **“The Matthew Project”** with **Keith Renaud**

Jul 27 **“Building Stronger Brands”** with **Catherine Bradbury**

Aug 3 **“This is my Life ”** with **Lee Beck**

Aug 10 **“India’s Dalit Population”** with **Sam Berg**

Aug 17 **“TBD”**

PROGRAM

“The Matthew Project”
with
Keith Renaud

July 20, 2017

DUTY ROSTER

Registration: **Dave Edwards**
50/50: **Vern Hoyt**
Greeter: **Hans Gaastra**

Today was the first meeting of the 2017-2018 Rotary year in the Delta Regina under “new Club leadership”. A few things were different, but mostly we were able to fit in without requiring direction.

For example, John Van Koll was at **Registration**, and Doug Mortin was selling **50/50** tickets (where one could select their preferred ticket), so those components were recognizable. Similarly, Laurel Mattison was our attentive **Greeter** making sure all who entered knew they were in the right spot.

It was **President Richard**



Schwan’s first meeting as the “helmsman” of the Eastview ship. Mostly, it was the same except for the raised Platform on which the President stood. Probably a initial quiet reminder that there are certain folks we should “look up to”.

From his elevated perch, President Richard gonged the bell, we all came to attention and stood with Nelson Falkowsky leading us in singing our National Anthem. This was followed by reciting Rotary grace.

Former Club Philosopher Leif Riesach, was invited to share this **“Thought for the Day”**, which was credited to “Anonymous”, *“Maybe if we tell people the brain is an app, they will start using it.”*



President Richard had the following individuals join him at the **Lead Table** – Doug Mortin, Mike Spicer, Ron Okumura, Joyce Butler, Pat Richards, Rebecca Rackow and Peter Peters



John Van Koll was called on to introduce our **Guests** that consisted of: Guest Speaker Rebecca Rackow (**left**), guest of the Club; Mike Spicer (**right**) a guest of Ron Okumura; Jamie Eng (**below left**), guest of Chad Cunningham; and, Luke Anderson and Cole Skudland (**below right**) guests of Pat Dell.



Doug Mortin managed the **50/50 Draw**.

Ticket sales raised \$76.00, meaning \$38.00 - \$2.00 goes into the “pot”. To provide objectivity in the selection process, Doug chose to invite Guest Mike Spicer to draw the ticket which would identify the individual who would be fortunate to search for the green marble (Mike, fulfilled this confidential responsibility by even closing his eyes).



Pat Richards’s ticket was drawn and she then had opportunity to pick the green marble out of the bunch of blue marbles – she failed to achieve that task and the photographer failed to get a picture, which was remembered later in the meeting.



Nelson Falkowsky led us in singing **Happy Birthday** to Jeanne Martinson, who celebrated this event on July 5th.

Jeanne was further recognized at today’s meeting as President Richard presented her with a pin to recognize the 20 years of service she contributed to the community and the world as a member of Regina Eastview (It is a really small white pin on a white card which cannot be seen with naked eye, so I made picture small so you would even try to discern the pin). Congratulations, Jeanne.



A PRE-SERGEANT FUNDRAISER



Co-Chairs of the Lyle Pielt Memorial Golf Tournament held on July 7th came to the podium to “auction off” a few donated items that were not claimed after the event. Through their combined auctioneering skills the following were sold: 3 “one of a kind” Rotary Golf Tournament coffee mugs raised a collective \$40.00; a “water metal bottle” generated \$10.00; one oil change generated \$30.00; and, 2 “oil change and car wash” certificates resulted in a cash bonanza of \$37.00 and \$40.00 respectively (total \$157.00).

SERGEANT –AT-ARMS

Pat Dell served as Sergeant and Jim Powell was the trusty Corporal responsible for collecting the money. Seems



Nelson Falkowsky forgot his 50/50 ticket at the registration desk and Doug “tattled” and brought the ticket to the Sergeant and Nelson paid another \$2.00 on a ticket that did not win; President Richard had to pay \$2.00 because of the raised platform; Sam Berg was seen golfing by Jeanne/Pat (he cannot tell “the twins” apart) on Monday but was not at the Tournament on Friday so that cost – being at the west coast on Friday is not an excuse; Peter Peters was fined because he chose not to take a picture of Pat Richards back when she drew the blue marble (tried to redeem himself with this photo).



Happy dollars came from Pat Richards in celebration of her granddaughter having returned from a life-changing experience in Haiti; Jeanne Martinson told us she and her sister took their Mother to Toronto where they saw three Blue Jays games – then on to Prince Edward Island where they celebrated Canada Day; and, Chad Cunningham told us about his fantastic experience of Co-Chairing the Regina component of the nationally coordinated drumming challenge – 1200 people gathered in Regina to participate in this event.

PROGRAM

President Richard called on Peter Peters to introduce our guest speaker Rebecca Rackow. Peter reminded us that a few months ago Rebecca, was a guest at our Club and in a brief presentation told us that she was a Regina Eastview sponsored RYLA Student in 1992. Today we learned Rebecca was born and raised in Pilot Butte and graduated from Martin Collegiate in Regina. She is a Mom and has four teenage children. She is a Consultant with the Canadian Mental Health Association Saskatchewan Division. Rebecca’s 2017 highlight is that on June 9th she convocated with a Social Work Degree from the University of Regina.



Rebecca began her presentation by sharing the fact that our Club’s sponsorship of her attendance at the RYLA Camp in Gimli all those decades ago set the course for the way her life unfolded. It was at this Camp where she learned three things that molded who she has become. The first was LEADERSHIP – creating a mindset that you can make dreams come true. The second was SENSITIVITY – we were a group of children with diverse skills, abilities and challenges. One person was blind, another was deaf and a third one was in a wheelchair. We learned together and from each other. The third thing Rebecca gained was understanding that dignity and self-worth is not restricted to one’s skill.

Returning from RYLA Rebecca graduated from high school and enrolled in University entering a field of study that would fit into her future as a person dedicated to assisting people meet their potential. At the same time Rebecca got a job in a Care Home which provided an opportunity to explore “creating community” in the Care Home. She was able to expand this into forming a “creating community” company in various Care facilities.

Rebecca had 5 children in 6 years, so for 10 years she stayed at home and cared for her family. During this time two of her children were diagnosed with Autism, which moved her to becoming a “caregiver”. Having this responsibility has made her sensitive to the challenges many caregivers experience, which in some instances become news items because caregivers have treated their patients inappropriately. For many, led in many situations by the media, the desire is to find someone to blame for this inappropriate care. Rebecca cautioned us not to be too quick to judge as in most instances caregivers who are found to be “non-caring” probably suffer from a number of factors including compassion fatigue (burnout) and something like PTSD.

Rebecca has developed a workshop for caregivers who are struggling with the challenges of their work. Participating in a “peer support group” is a helpful way of creating a respite from the daily care giving routine. Similarly, participating in “group self-care” is a fun way to learn to relax and replaces doing “self-care” because it “sounds selfish”.

Rebecca concluded her talk by returning to the place she started and that was to thank Rotary for the direction RYLA gave to her when she was at a place in her growing up to create in her the belief that dreams can come true if you believe and set your goal.



President Richard thanked Rebecca for her thoughtful presentation and demonstrating that Rotary’s Youth Leadership initiatives are about in their lives and certainly in the communities they serve. He presented Rebecca with one of those insulated grocery bags (with less than our customary fan-fare)!

Special Presentation – PDG Doug Mortin was invited to come to the podium to make a presentation to our guest Mike Spicer. In his introductory comments, Doug, first noted the presentation he was about to make came about because of Ron Okumura’s involvement in extending a partnership opportunity to Mike Spicer of Sun Life.



Doug then expressed the Club’s deep appreciation to the support provided by Sun Life as a Bronze Sponsor of the Club’s last two Valentine GALA celebrations. Sun Life’s sponsorship was an important factor in the success of these events and we are grateful for this support. Doug presented Mike Spicer with a Certificate of Appreciation for Sun Life’s contribution.



In his response, Mike, thanked Regina Eastview for the opportunity to participate and for the chance to partner on these successful events.

ANNOUNCEMENTS

Habitat Humanity Build – Doug Mortin reminded the following to be at **1033 Edgar Street at 8:30** Saturday:

Doug Mortin

Jim Powell

Jeanne Martinson

Michael Li

Laurel Mattison

Francois Brien

Johanne Brien

Alex Brien

Jillian (Alex’s friend)

Pat Richards

Doug Richards

Sam Berg and Peter Peters

Vocational Bursary - Jeanne Martinson advised that the Vocational Services committee, at this morning's meeting reviewed three quality applicants for the Club's Post-Secondary Bursary for an Aboriginal Student. They have selected the preferred student and once the individual confirms their acceptance of the bursary the Club will be advised.



Theme Pins – Allen Hillsden reminded members that he still has a few pins for Theme Pins for the current Rotary year. For \$3.50 you too can have one of these classy pins for your attire. Please see Allen and make a deal!

ROTARY TIDBIT

A letter of thanks from ShelterBox Canada



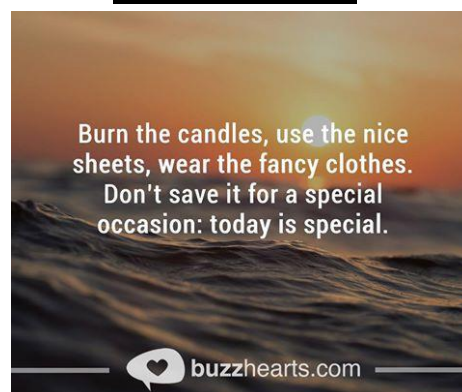
Dear Friends,

We would like to thank you for your support of ShelterBox Canada, please find attached a letter of thanks. (Attached to this ROTOR - [PHP](#))

ShelterBox is more than just a roof - it's a home. It's the foundation for life, for families, for community. We don't know when or where the next disaster will strike, but your generosity means we will be prepared. Your kindness will help to provide warmth in the cold winter nights, school supplies for a child or a roof over the head of a family in need. Thank you.

Emily Boiteau

COMMENTARY



For the Regina Eastview ROTOR, I am Peter Peters