

Rotary



Service Above Self

Rotary Club of Regina Eastview

The ROTOR

Thursday, June 13, 2019



Editor: Peter Peters mppeters@sasktel.net
If you have any comments or questions, email the editor.

June 20, 2019 NO NOON MEETING AT THE DELTA

June 21, 2019 CELEBRATION/CHANGE OVER EVENING AT THE ROYAL REGINA GOLF COURSE

June 27, 2019 TBD

July 5, 2019 GOLF TOURNAMENT (NO NOON MEETING ON JULY 4!!)

**JUNE 21, 2019
CELEBRATION OF
PRESIDENT JOHN
WELCOME PRESIDENT-
ELECT JACK WOZNAK**

**NEXT WEEK
June 21, 2019
CELEBRATION/
CHANGE OVER**

**JUNE 21, 2019
DUTY ROSTER
CLUB SERVICE**

Registration: Ann Grahame was in charge of registration today and Chris Hefner looked after the **50/50** draw. Jenna graciously stood in for David Edwards as greeter but it was only a few moments before Dave appeared



ready to do the task. Seated with President John at the **lead table** were Ramona Wijesinghe (guest of the Club), Gwen Friedrich, Doreen Pankewich, Laurel Mattison, Jenna Raimbault, Paul Daba (prospective member). All were invited to introduce themselves and say a few words about their lives. Interesting that Paul Daba, prospective member will be inducted soon & was previously a Rotarian in Grande Prairie.

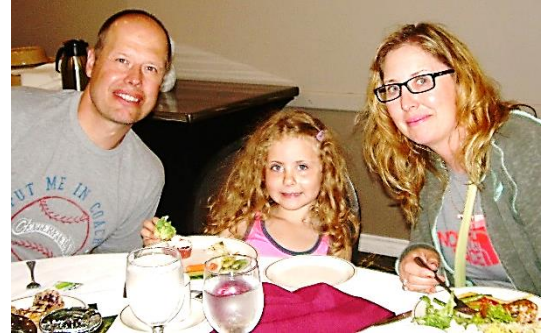


Jenna, a new member of Eastview, was previously a member of the R.C. of Medicine Hat. We are very happy that you both found your way to Eastview. There are choices and this time Eastview was your choice. Ramona is a Caring Place counsellor. The rest you know. Welcome one and all!

Welcome: President John welcomed everyone to Eastview and led us in singing the National Anthem followed by Rotary Grace. *“Opportunity is missed by people because it is dressed in overalls and looks like work”* was

the **Philosophy** offered by Pat Dell from Thomas Edison. (More in the Sergeant's report about the philosophy!)

Visitors: In addition to Ramona and Paul (the one and only **visiting Rotarian**) mentioned at the Lead table, Dale D'Silva, Shane LaFontaine, Jan Zwirsky and Rio were guests of Chris Hefner.



50/50 Draw: \$45 was collected today. Tracey Schick Sparrowhawk drew blue. Better luck next time. The pot is growing.

Birthdays celebrated today were for Ron Okumura and Gord Wicijowski both on June 4 and Shreedhar on June 8.

The three had the opportunity to pay for a mug and a song for a mere \$10!



One of our Eastview members qualified for a 30 year pin but was away today. There will be a 'pinning' soon!

Program: President John invited Gwen Friedrich, today's speaker, to the podium. Gwen needed no introduction to the Club as she is a member. She spoke today about the Caring Place of which she is the Executive Director.



Today Gwen talked about some of the experiences she has had within the organization and in her own personal life. To quote from the organization's website: *"The Caring Place provides a place of safety and trust where people of all ages can find a caring professional to help them deal successfully with personal issues—mental health challenges or addictions. It was incorporated in 1991 as a non-profit professional counselling center. The Caring Place has reached into the community and has drawn clients from across the province and from many lifestyles and economic levels."* Clients' values, religion, race and gender are all respected. Gwen is passionate about her work for her clients and relayed some of the examples of clients who have been helped by the Caring Place. Gwen is a Certified Professional Coach, whose passion

is helping people become the best they can be.

The Caring Place has a number of professional staff that offer many services for the following: *"depression and anxiety, addictions recovery and abuse, art therapy, solution focused brief therapy, marriage and family counselling, kids mental health group, fostering and adoption, trauma/anger management, and healing circles."* The organization served 5000 clients last year and the estimate is that this will increase by 65% this year. 50% of people need help.

Stigma and cost are barriers to assistance for those who would benefit from the programs offered by the Caring Place. There are alarming statistics that indicate there is an 8 fold increase in depression and a 2 fold increase above that in children 10-18 years of age. There is twice the increase in indigenous children. Indigenous traditions are being incorporated into the programs of the organization.

Information was circulated at the meeting about a Gala fundraiser that the Caring place is holding:

The Caring Place Gala: The Caring Place & Kevin Garinger (Humboldt Broncos)

When: September 21, 2019 at 6-00PM

Where: Mercedes Benz Dealership Regina

Feature: Awarding 4 Saskatchewan Caring Heros



Please contact Gwen Friedrich for further information and tickets at: gwen.tcp@myaccess.ca

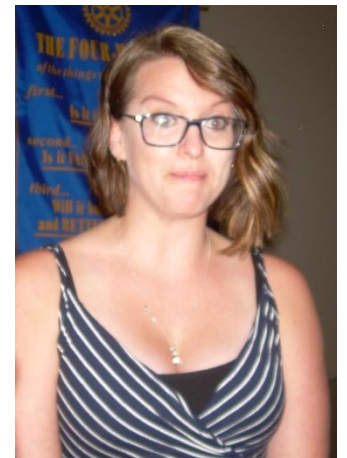
Support from this year's dinner is going to the Caring Place to purchase 'The House that Caring Built'.

Sergeant at Arms: Sergeant Pat Dell strode with purpose to the podium to do business. *John* immediately had his wallet ready as he was the recipient of the first fine—for changing the order of the meeting—forgetting the philosopher who just happens to be Pat—woe is *John*! Another misdemeanor was calling the Sergeant out of program order!! So, it was a tough day for the President. There was a weak defence offered on behalf of the Sergeant but it did not hold up in the 'court' of the Sergeant!! Under 3 weeks, *John*, and it will be *Jack's* turn to pay fines!



Dave Edwards received a Rotobuck for showing up as greeter and for wearing the greeter nametag. Way to go *Dave*! All those not wearing nametags and pins were fined. The Sergeant is nervous about meeting her budget. Happy Bucks came from *Joyce Butler* for a cruise to Alaska and Japan followed by some time spent in Vancouver. In 2019 she and *Dennis* have spent more than 100 days at sea and 1 month in Regina. 'Who knew retirement could be so great!' *Laurel* expressed pride in her daughter who graduated from the U of Regina with a degree in Human Justice and also paid for her own education. Well done! This concluded the Sergeant's report.

This is my Life with Jenna Raimbault. Jenna is a new member to Eastview. However Rotary is not new to her as she was a former member of the R.C. of Medicine Hat. We are glad you came to Regina, Jenna. She was raised on a farm in southeast Saskatchewan. She gradually adapted to city life—attending the University of Brandon, Winnipeg, and Edmonton resulting in an education in art history, anthropology, education and financial planning. She started a planning business because she enjoys helping people. As always change happened and Jenna sold her business and her home in Medicine Hat and moved to Regina where she has bought a home. She misses her R.C. of Medicine Hat where she was instrumental in a fund raising project celebrating the club's 100 anniversary involving trail markers in the city. She is excited to meet Rotarians and felt Eastview was a good fit for her.



She currently works with Global Ag Risk Solutions in marketing and problem solving. She is helping farmers, using her skills in insurance, marketing and financial planning. She came to Eastview through contact with member Kevin Hayes. One could sense eyes of Directors lighting up at the mention of Jenna's skills. You will find your niche in Eastview very quickly, Jenna. We are glad you are with us.



THE ROTARY FAMILY REMEMBERS.....

A MESSAGE FROM PDG PETER NEUFELDT

Following is a message from PDG Peter N. to the President of the R.C. of Medicine Hat, Chris Perret, regarding the District 5550 Humboldt Broncos Scholarship.

“Following the Humboldt Broncos bus crash in April 2018, there was an outpouring of condolences and requests to pay tribute to those who were killed and injured in the accident. As District Governor at that time I received calls from Rotarians from across Canada and as far away as Israel and Florida. Many of those who called or emailed suggested setting up a scholarship fund in memory of the tragedy. We were able to set up a scholarship fund from the donations received. The Scholarship Fund is just over \$10,000 and still open for donations. Michael Clarke of Medicine Hat, who played for the Humboldt Broncos this past year, is the first recipient of a \$2,000 Rotary District 5550 scholarship. We are honoured to be able to provide the scholarship to Michael.

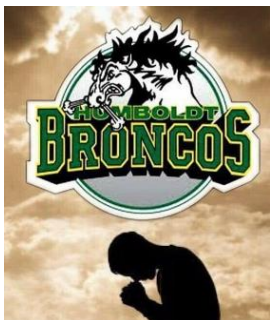
Part of the selection criteria was his attitude of “Service Above Self” and the contribution of a significant number of volunteer hours in the community while playing for the Humboldt Broncos. Part of the criteria also was to speak to a Rotary Club about what Service Above Self means to him. Since it didn’t work for Michael to speak at one of our clubs, we are asking if he could do that at the RC of Medicine Hat.”

Following is the response to Peter from R.C. President Chris after Michael’s presentation to the R.C. of Medicine Hat.

“Good Afternoon Peter; Michael came to our club meeting at lunch yesterday with his family and shared his experience. He was very well prepared and spoke well. The members were engaged in what he had to share. Thanks for giving our club an opportunity to share in the scholarship and Michael’s experience. Regards, Chris”



Peter adds: This coming fall Michael will be attending the University of Lethbridge, working towards a Bachelor of Management with a major in finance.



THANK YOU, PETER, FOR SHARING THIS MESSAGE WITH EASTVIEW AND FOR ORGANIZING THIS ONGOING TRIBUTE TO THE HUMBOLDT BRONCOS FROM DISTRICT 5550. . Seeing this Broncos logo reminds us to be thankful for our families and friends and to wish those who have been less fortunate, the courage and strength to move forward.

CHILI FOR CHILDREN

JUNE 14, 2019 NO SCHOOL

JUNE 21, 2019 GREG MCNAMARA, ANN GRAHAME, TANIA WOROBY

JUNE 28, 2019 NO SCHOOL

ANNOUNCEMENTS:

*And another Eastview event close to John's heart: the **12th Annual Lyle Piett Memorial Golf Tournament** on July 5 at Tor Hill. John has sent registration forms and information in previous emails today. Please register as soon as possible for golfing and dinner and any assistance you can offer.*

Jeff Barber met with outgoing 2019-20 Eastview exchange student, Kali Ann Friesen. She will be going to Stockholm at the end of July. Jeff reports that she will be a great representative for Rotary, Canada and our Club. Within the next few weeks she will visit Eastview and give a presentation.

Doug Mortin, Director of Membership, reminded members that annual fees are due by June 30, 2019. It is important to note that Rotary International bills the Club for all members currently on the Roster. The Club pays on your behalf by July 1, 2019 so you must repay the club as soon as possible, hopefully by June 30 or early July. If you plan to leave the Club in the near future please call Doug immediately so that the Club does not pay the fees on your behalf. However please do not think of leaving—Doug added, he expects no phone calls!!

FOOD FOR THOUGHT FOR EASTVIEW MEMBERS

Next week is the Celebration/Changeover evening. It is an evening to thank President

"Feeling gratitude and not expressing it is like wrapping a present and not giving it." -William Arthur Ward

AND Helen Keller's comment on change.....

"A bend in the road is not the end of the road...unless you fail to make the turn."

John for AGAIN serving as President and an opportunity to welcome President-Elect Jack Wozniak and offer him our support.

As we contemplate the Celebration/Changeover event next week, the following quotes might be a guide.



Hoping to see you next week at the Royal Regina Golf Course on Friday evening. This event cannot be missed.

ONCE AGAIN: PLEASE NOTIFY PAT DELL OF YOUR INTENTION TO ATTEND BY JUNE 17.

- **THE PLACE: THE ROYAL REGINA GOLF COURSE, 5401 11TH AVENUE WEST**
- **DATE: FRIDAY, JUNE 21 (the longest day of the year!)**
- **TIME: 6:00 PM/6:30 PM**
- **COST: \$50 PER PERSON and DRESS CODE: BUSINESS**

Filling in for Rotor Editor, Peter Peters, I am Gail Bradley. Enjoy the sunshine.