



Service Above Self

Rotary Club of Regina Eastview

The ROTOR

Thursday, May 18, 2017

 [Club Web Site](#)

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If you have any comments or questions, email the editor.

May 25, 2017	"The Powerful Threesome" with Vern Hoyt, Shreedhar Jackak, Richard Schwan
June 1, 2017	"Surgical Help in Guatemala" with Dr. J. Carter
June 8, 2017	"The Shania Project" with Tiffany Kears
June 15, 2017	Terry Simonson, CEO of Jay's Moving and Storage
June 22, 2017	President's Social and Changeover Evening Meeting NO NOON MEETING

COMING UP May 25
"The Powerful Threesome"
With
Vern, Shreedhar and Richard
COMING UP June 1
"Surgical Help in Guatemala"
With Dr. J. Carter

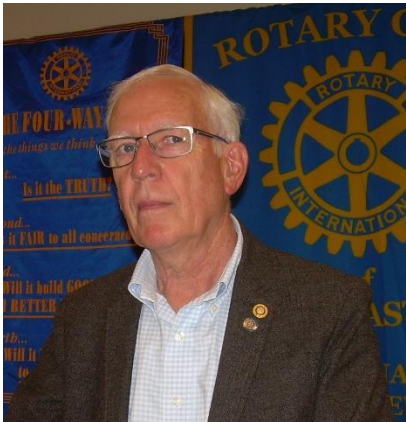
**May 25,
&
June 1**

May 25
Registration: John Van Koll
50/50: Tania Woroby
Greeter: Jack Wozniak
June 1
Registration: Maya Starovic
50/50: Ann Grahame
Greeter: Doug Archer

NOTE: There will be NO Rotor next week as the Editor and his assistants will be at the District Conference in Kenora, Ontario.

Registration: Taking care of registration today was Ann Grahame while Barry Strohan was the handler of 50/50 tickets. The excitement is building—there is nearly \$1500 in the pot. Chad Cunningham was the greeter making everyone feel this was exactly the place to be. Of course in the background one could distinctly hear the not so faint voice of President Greg that has become so familiar saying "Welcome, Welcome, Welcome."





Seated at the **lead table** today with President Greg were: Shelley Mitchell (guest of the Club), JoAnne Bracken (guest speaker), Mary Rogers (guest of President Greg-right), Keith Renaud (guest of the Club), Lyle Gollnick, and Gail Bradley. As has become the norm, today was full of good information, heartfelt appreciation for the good supports in our community, laughter and of course, great food.

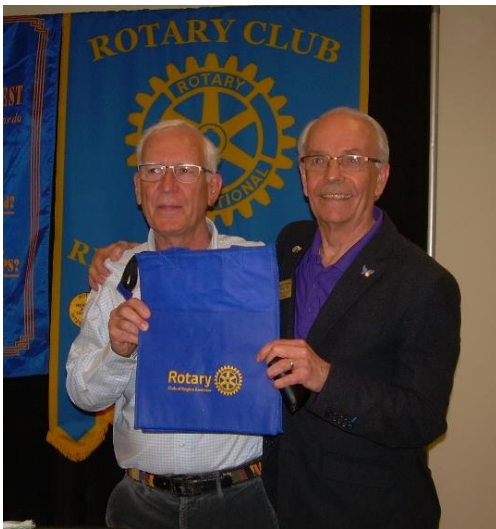
Nelson Falkowsky led us in singing **O'Canada** and Gail Bradley invited everyone to share in **Grace**.

Doreen Pankewich offered the following **words of wisdom** from Martin Luther King, Jr.: "We must learn together as brothers or perish together as



fools." Thank you Doreen

Visitors: Ann Grahame came to the podium to introduce guests. There were no visiting Rotarians. In addition to the guests listed above at the lead table, the following were present: Catherine Bradbury (guest of Chris Hefner), Patrick Masvosva (guest of Charles Sadzamare), Ruth Deutsch (guest of John Van Koll).



Barry Strohan was in charge of the **50/50**. After careful mixing of the tickets, Barry asked Laurence Vigrass to draw the winning ticket, which was held by DGE Peter Neufeldt. Unfortunately out of 6 blue marbles and one green (which would be the winning marble) Peter drew a blue one. Better luck next time. However Peter did not walk away empty handed. The President took the opportunity to present Peter with a birthday gift while we sang Happy Birthday.

President Greg then called for **Sergeant Pat Dell** to come to the podium. The Sergeant began by fining President Greg for a couple of transgressions—one was that he had used the word 'concert' instead of 'conference'.

Not too serious. President Greg is a busy man and we all have the occasional brain misfire. Louis Browne served as Deputy and it was noted that he had a supply of brand new Rotary happy bucks ready for distribution. Sergeant Pat chose to promote the Golf Tournament. It is July 7 at Tor Hill Golf Course and this year will be the 10th anniversary of this Lyle Pielt Memorial Golf Tournament, named in honour of former Eastview member, Lyle Pielt. To date there are 5--hole sponsors. The committee is looking for 18. The cost is \$150 per hole. Members are urged to come to golf, have dinner, bring friends and family. Funds raised will be used to support Chili for Children and Mental Health.

The Sergeant called for Happy bucks: *Sam Berg* announced the success of the Mayor's luncheon in support of the Caring Place. Over 300 attended. Guest speaker was former Olympic Rowing champion, Adam Kreek.



Barry Strohan had a sad buck—sad because he had to miss the Club Services Committee meeting but happy because he could then take his 6 year old granddaughter to soccer. *Joyce Butler* was happy to have had a wonderful vacation cruising on the Queen Mary II. *Ann Grahame* was happy that Alberta grandson, Paul, has been cast in a play in Calgary this fall. *Jizinge Mwela* was happy to have had a wonderful visit with family and friends in Zambia. He is glad to be back home. *Doug Mortin* was happy to report that Barry Strohan is indeed the best jeweller in Regina. *Clarence* was happy that his granddaughter, Tessa, along with a group of fellow Engineering students at the University in Kingston, built a race car which they raced in Michigan and won 47th out of 125. *Peter Neufeldt* had happy bucks as the Rotoract/Oskaya clubs presented \$1000 to Polio Plus. And that was the Sergeant's report.

Program: President Greg introduced guest speaker, Joanne Bracken, CEO of the Alzheimer Society of Saskatchewan. Greg's family has experienced this disease first hand as have many others. Joanne spent 13 years as a recreational therapist and so has a deep understanding of dementia. The Society's continuing goal is to create solutions for people with Alzheimer's disease. There is 'more that we don't know than we know'. Every day 10 more people are diagnosed with this disease. Age is the greatest risk factor. By age 85 there is a 1 in 3 chance of dementia. Women are twice as likely to develop the disease and women are most often the caregivers to Alzheimer's patients. Alzheimer disease is expensive. In 2015 \$1.2 billion was spent on medical and indirect costs to the health care system. There are huge costs for families of patients. All G-7 countries except Canada have a national dementia strategy. The Society is seeking support from the Saskatchewan government for a provincial strategy.



There are many challenges. Only 40-50% have a diagnosis and some are not told their diagnosis. However diagnosis is an important gateway to living better with the disease. Alzheimer disease is difficult to diagnose. In fact it is diagnosed by eliminating other diseases.

Dementia is the umbrella term for brain disorders. Alzheimer disease is a form of dementia which demonstrates memory loss and difficulty with language. Specific forms of dementia are diagnosed by symptoms and certain medical tests. In people over 50 years of age, surveys show it is the most feared disease. In the last 15 years there have been no new treatments. Dementia is the third leading cause of death. Research is inadequately funded. Stigma is a barrier as is a lack of understanding. Patients who are newly diagnosed have come to realize that they need to live their life to the maximum every day. With regard to driving, physicians are required to report a diagnosis of dementia to SGI. Patients need to be closely monitored as insurance may be compromised in the case of an accident.

President Greg thanked Joanne for her presentation. It is very gratifying to learn how hard the Society is working on behalf of these patients. It may touch any one of us or a member of our family in our lifetime.

This is my life: It was Doug Archer's turn to tell us about his life. Doug was born and raised in Winnipeg. Due to his mother's life long illness he was raised by other family members. He attended the University of

Saskatchewan and graduated with a Bachelor of Arts (Economics) degree in 1971. He moved to Regina and worked for 12 years with the Provincial government. In the early 1980's he went into the insurance business with his wife, Gloria, and her brother. He joined city council during a land scandal. The Chamber of Commerce initiated a tax revolt and when no one else would put their name forward for mayor, Doug decided it was such an important issue that he would run for the office. He credits Gloria for all of her support as she continued to run the business while Doug was in the Mayor's chair. He spent 12 years as mayor and recalls one of his contributions was to drive the process to eliminate the business tax.



The Archers began their insurance business in their basement and built it over the years to 15 offices across the province with 165 staff. Their signature charity is "Brighter Futures for Children" which has raised \$750,000 in 11 years. He is most proud of his family, their service to the community and Rotary. He feels Rotary is an outstanding organization and is happy with the local support to mental health and the international support to various projects in the world.

Doug Mortin then came to the podium to thank Doug for his support for the past 2 years as a bronze level sponsor to the Eastview Valentine Gala. Doug was presented with a certificate of thanks for his contributions.

Community Services report: Lyle Gollnick introduced and presented a cheque for \$1100 to Shelley Mitchell (left) from the Learning Disabilities Association of Saskatchewan. Shelley was most grateful for the gift to her organization and noted that it will go toward programs in Regina.



Lyle then presented Keith Renaud (right), for the Matthew Project, a cheque for \$1100. Keith, in a touching thank you, noted that the program was started by his son and a friend at their church. One day



they went out with a duffle bag full of sandwiches and distributed them to homeless people. Eventually Keith and his wife became involved. It has evolved to where they now feed 70-100 people every Thursday evening. They talk to them, love them and feed them sandwiches and soup, all from a bus! Cobb's Bakery is a sponsor. Such wonderful stories of the goodness of people in our city. Thank you to Greg for arranging this inspiring meeting.

Announcements:

CHILI FOR CHILDREN

May 19---NO SCHOOL

May 26---Allen Hillsden, Doug Mortin, Tracey Schick Sparrowhawk

June 2---Lyle Gollnick, Greg McNamara, Doreen Pankewich

June 9---NO SCHOOL

June 16---Jack Wozniak, Tania Woroby, Ann Grahame

June 23---Allen Hillsden, Doug Mortin, Tracey Schick Sparrowhawk

Habitat for Humanity-Rotary Club of Regina Eastview -- 2017 Build

On three occasions in the past, members of our Rotary Club have volunteered for a hands-on opportunity to help our community. We have opportunity to do so again this July 15th. A crew of between 10 & 15 are needed for this build beginning at 8:30 AM, Saturday, with a mid-morning break, lunch at 12:30 and wrap-up by 3:30 PM. All food and beverages are provided; all we need to supply are volunteers with work clothes, gloves, boots and a desire to “do good in our community”.

Please note: Habitat has a supply of boots & gloves for our use so don't go out to buy these just for this day. Thank you to the following who have volunteered to date:

Doug Mortin 306-596-3076

Jim Powell 639-571-8339

Michael Li 306-591-0477

Francois Brien 306-201-8164

Alex Brien

Pat Richards – 306-501-1323

Peter Peters -306-526-7445

Jeanne Martinson – 306-591-7993

Laurel Mattison – 306-536-6039

Johanne Brien – 306-201-8164

Jillian (Alex's friend)

Doug Richards - 306-584-0624

We can have 15 on our crew, so should three more of you be available, please let me know as soon as you are able. Doug Mortin, 306-596-3076, Email: dougmortin@myaccess.ca
Habitat Contact: Russ 306-522-9733

A ROTARY MOMENT--“The Points of Light Monument is a one-mile walkway in Washington, D.C., honoring actions and commitments to service that have transformed our nation and the world....(it tells) the connected story of how the actions of these trailblazers turned into powerful movements that shaped history and continue to influence our world today.

On Oct. 14, 2005, President and Mrs. George H. W. Bush dedicated The Points of Light Monument, inducting its first 20 honorees. To date, 33 medallions have been placed, paying tribute to the work of 36 individuals. Located just blocks from the White House (starting at Pennsylvania Ave. and 15th St., NW).

The pathway of medallions will eventually stretch one mile and include 70 medallions.” Read more at https://en.wikipedia.org/wiki/Points_of_Light.



One of the honorees is Paul Harris and another is Dr. Martin Luther King. The inscription is as follows:

“Inspired by the simple idea of combining fellowship and service, Paul Harris pioneered the service club movement with the founding of Rotary International. Rotary fulfilled his dream of a worldwide organization of business and professional people serving their communities and promoting international understanding. Rotary continues to expand global horizons through its educational programs and offers hope through its humanitarian efforts and public health campaigns.”

For Editor Peter Peters, I am Gail Bradley. Enjoy the coming week & safe travels to those going to Kenora.