



Service Above Self

Rotary Club of Regina Eastview

The ROTOR

Thursday, November 15, 2018



Editor: Peter Peters mppeters@sasktel.net
If you have any comments or questions, email the editor.

November 22, 2018 “Adventures in Agriculture”

November 29, 2018 RPL Writer in Resident, Judith Silverthorne at Māmawēyatitān Center 3355 – 6th Avenue in the Multi purpose Room at noon. **NOTE—WE ARE NOT AT THE DELTA ON NOV. 29TH.**

December 6, 2018 TBA

NEXT WEEK
November 22, 2018
ADVENTURES IN
AGRICULTURE with
Jack Wozniak and Committee
And THE SUDENTS!!

NEXT WEEK
Adventures in
Agriculture

NOVEMBER 22 DUTY ROSTER

Registration: Pat Richards
50/50: Leo Ell
Greeter: Zarin Zavery

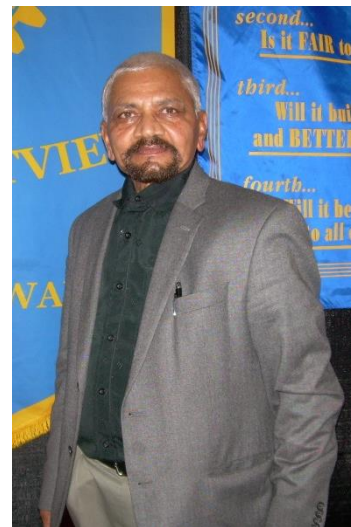
Registration: As usual there was much activity at the registration table with money exchanging hands and people greeting each other. Handling registration today was Leif Riesach assisted by Shannon on the card machine and Shreedhar Jachak ever ready to sell 50/50 tickets. Clarence greeted everyone with a warm handshake, shown below welcoming Thomas, our Exchange student, back from Churchill. It looks like Thomas’ badge collection is growing!!



Lead table: Joining President John today were Dr. Jill Bashutski (guest speaker), Charles Sadzamare, Doug Mortin, Greg McNamara, Shreedhar Jachak, Kevin Hayes.

John welcomed everyone to Eastview. **Philosophy:** following the singing of the national anthem Pat Dell, offered words of wisdom: *“For beautiful eyes, look for the good in others; for beautiful lips speak only words of kindness; and for poise walk with the knowledge you are never alone.”* Audrey Hepburn. Thanks Pat—words to live by.

Guests: there were no visiting Rotarians today. Visitors were Hannah and Ken Watson, guests of Laurel Mattison, speaker, Jill Bashutski guest of the Club and of Charles, Govind Patel, guest of Shreedhar and prospective member.



50/50: Our guest speaker, Jill, had the lucky ticket drawn—however not so lucky with the marble—it was blue. However nice to see our guest be a winner.

Birthdays: John had a number of mugs to present however the only birthdays celebrated today were Greg McNamara (September 23) and Sherry McKinnon (October 18).



Barry Strohan: he's back after knee replacement surgery and walking well. He gives credit to the kindness and persistence of partner and physiotherapist, Shirley. Welcome back, Barry.



Do you have any hockey equipment for loan to Thomas? Please let Doug Mortin know if you have a connection to someone who could lend it to Thomas. He would like to use it while he is here in Canada.

From the Board: Govind Patel has been approved for membership in Eastview. Please relay any concerns that you may have to President John by next meeting.

Time with the Sergeant: Sergeant Pat was multitasking today. For the benefit of visitors she explained how it is her role to keep everyone on track and to fine for misdemeanors. **The President** is always fodder for the Sergeant—today John was fined for not following the meeting agenda. He expected it and had his money ready. \$5!! The Sergeant asked the question regarding the football game on the weekend—“Who should be fined?” The answer was **Allen Hillsden** however Allen disagreed—he thought it should be all of the Rider fans. Not so. Not easy to be a Blue Bomber fan in this crowd! **Ron Okumura** was fined for placing Sergeant



Pat's name on the Carol Festival volunteer sheet when she had not volunteered. Ron indicated she could volunteer for whatever position she chose. No response except "Pay the fine". **Barry Strohan** offered an apology to Allen for an earlier comment that the Blue Bombers were like some tornadoes—never 'touch down'. Also Barry indicated he hoped to be dancing by Gala time in February.

Program: Charles introduced Dr. Jill Bashutski, a periodontist in the Cityview Periodontal Center in Regina. She is an Adjunct Clinical Assistant Professor at the University of Michigan where she previously served as Acting Director of Graduate Periodontics and Director of Undergraduate Periodontics. Dr. Bashutski obtained her dental degree from Western University in London,



Ontario. She later obtained her Certificate in Periodontology, Master's of Science in Dentistry, and Lazzara Fellowship in Advanced Implant Therapy at the University of Michigan. She serves as a senior editorial review board member for Implant Dentistry and the Journal of Oral and Maxillofacial Research and has authored over 30 articles and 5 book chapters on periodontics and implant dentistry, including a first-authored paper in the prestigious *New England Journal of Medicine*. In 2015, she received the Junior Alumni of Distinction Award from Western University for her contributions to research and teaching. Dr. Bashutski enjoys traveling, running, and spending time with her husband, Matthew, a Canadian whom she met in Michigan. Both have since returned to Regina.

Jill said she remembers visiting Eastview many years ago as a young child. During her training in Ann Arbor, Michigan she noted they have the same love of football as do Rider fans. She is still a Rider fan! Periodontists refer to themselves as 'gum gardeners'. Such patients have developed infection in the gums and bone and require dental surgery. Damage from infection can be the size of the palm of the hand and is irreversible. It is reported that half of American adults have periodontal gum disease. There are many new techniques using new technology—CT scans to diagnose and biologics to stimulate bone growth. Esthetics is also part of Jill's practice, as well as implants and gum repair. Genetic testing is becoming routine to determine treatment and prognosis. The cost depends on the extent of the repair but can range from \$5000 to \$15,000 and in some cases higher. Thank you, Jill, for visiting Eastview and educating us about your profession.

Thomas' time in Churchill: Thomas reported that he had a wonderful time in Churchill with other Exchange students from the District. He was amazed to see so many polar bears (13) and their size. It was a 13 hour drive from Regina to Thompson and then a 1 hour flight to Churchill. Here is the link to the website where you can find all the pictures of the trip--
<https://www.flickr.com/gp/hydesmith/ob3ndN>. Glad you saw



Churchill, Thomas, as a number of us have never been there!



A MEMBERSHIP MOMENT WITH KEVIN HAYES

Kevin moved to Regina a few years ago from Calgary where he belonged to a Rotary club. He is most impressed by the impact of Rotary on youth. He received varied responses when he told Calgarians he was moving to Regina: "you will hate it" and "you will like it there." Kevin likes it here. People are friendly and he is impressed by the work and generosity of Eastview. He is with the Phoenix group and works in online media. From a very young age he has been fascinated with the internet. He marvels at how Rotarians get things done. His parting words were "I bleed green but go stamps go"!!! It is good to have you here, Kevin.



(From Peter Peters)

World Toilet Day - November 19 - "When nature calls, we need a toilet. But billions of people don't have one." These are the first sentences on the World Toilet Day website - <http://www.worldtoiletday.info>. We take so much for granted!! 62.5% of people around the world do not have access to safe sanitation. 4.5 billion people around the world do not have a safe toilet.

Remember next week (Nov. 21 to 25) is Adventures in Agriculture. Please come to the following if available:

Wed.—5-30 PM social, 6PM dinner and welcome

Sat. ---5-30 PM social, 6-30 PM dinner

Sun.—8-30AM speeches, 11AM Minister of Agriculture



CHILI FOR CHILDREN SCHEDULE

November 16 – Lyle Gollnick, Doreen Pankewich, Shannon Windrim

November 23 – Jack Wozniak, Tracey Schick Sparrowhawk, Takayoshi Ono

November 30 – Allen Hillsden, Lyle Gollnick, Vern Hoyt

11-45—lunch and goodbye.

All meals are at the Delta Hotel and are \$25 each for non-committee members. Well done committee!! (left)

ADVENTURES IN AGRICULTURE IS A ROTARY CLUB OF REGINA EASTVIEW SIGNATURE PROJECT IN ITS 22ND YEAR. IT IS HELD ANNUALLY DURING THE INTERNATIONALLY ACCLAIMED CANADIAN WESTERN AGRIBITION LIVESTOCK SHOW AND SALE IN REGINA.

VOLUNTEER OPPORTUNITIES FOR MEMBERS WITHIN EASTVIEW

There are many projects underway in our club at this time, including those listed below. 'Many hands make light work.' If you can help with any of the following projects or other Eastview activities please advise the contact person listed below.

ADVENTURES IN AGRICULTURE—Jack Wozniak

THE ROTARY CAROL FESTIVAL—Ron Okumura

HAMS---John Van Koll

RING THE BELLS FOR THE SALVATION ARMY---Jack Wozniak

THE VALENTINE GALA in February---**Ron Okumura**. There are a number of committees that have been preparing for the Gala since July of 2018. Most of the committee members have served on these committees for a number of years. They could use your help..

CHILI FOR CHILDREN—Lyle Gollnick—volunteers needed for the school year.



**VOLUNTEERS ARE NOT PAID—NOT BECAUSE THEY ARE WORTHLESS,
BUT BECAUSE THEY ARE PRICELESS (SHERRY ANDERSON)
VOLUNTEERS DO NOT NECESSARILY HAVE THE TIME, THEY JUST
HAVE THE HEART (ELIZABETH ANDREW)**

EASTVIEW IS NOTED FOR MEMBERS WITH HEART!!

***REMEMBER TO GET YOUR HAM ORDERS IN TO JOHN VAN KOLL BY NEXT WEEK
SELL, SELL, SELL.***

Ron Okumura: Ron is enlisting volunteers to assist at the Rotary Carol Festival. Please contact Ron if you can assist. Please see information below.

THE 78TH ANNUAL ROTARY CHRISTMAS CAROL FESTIVAL HOSTED BY THE ROTARY CLUB OF REGINA AND ASSISTED BY OTHER REGINA CLUBS.....

The 78th Rotary Christmas Carol Festival will take place on December 3rd to 6th, 2018 from 7-9-15 PM at Knox Metropolitan United Church. For 78 years, the Rotary Christmas Carol Festival has marked the beginning of the Christmas season in Regina. Over time, the festival has evolved into an annual fundraising event that features approximately 60 choral groups from Regina and surrounding areas. Each year our goal is to raise

\$15,000 for our partner charities. Read more at <https://reginarotary.org/the-annual-regina-rotary-carol-festival/>.



Since 1941, the festival has been used to collect donations for key local Charities, which this year are the Access Communication Children's Fund, the Salvation Army and the Regina Rotary Club Community Fund. Rotary's share of the proceeds will be used to purchase Christmas Food Hampers. **IF YOU CAN HELP TALK TO RON OKUMURA.**

Filling in for Editor Peter Peters, I am Gail Bradley wishing you a safe and happy week.