



The Fortarian

Jan 13th, 2021
Rotary Club of Thunder Bay (Fort William)

2020/2021 Board of Directors

President: Cynthia Judge
 Interim Secretary: Stephen Margarit
 Assistant Secretary: Irene Sottile
 Treasurer: Sante Sottile
 President Elect: Dawn Sebesta
 Past President: Stephen Margarit
 Meets: 3rd Tuesday of each month,
 RBC Royal Bank, Board Room
 1159 Alloy Drive , 6.30pm

Website www.fwrotary.ca

Directors:
 Irene Sottile
 Robert Moore
 Mary Ann Breton
 Bev Knutson
 Jodi Phillips
 Jill Zachary

Allocations Committee

Chair: Bob Hookham
 Meets: 2nd Tuesday of each month,
 Weiler Maloney Nelson Board Room 12 noon.

Rotary House Lottery Committee

Chair: Dave Knutson
 Meets: 1st Tuesday of each month,
 Weiler Maloney Nelson, 12 noon.

Semi-monthly Zoom Meetings

Wednesday at 5:30 p.m.
 Meetings are on the 2nd and 4th Wednesday

Mailing Address

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Newsletter Editors

Erle Wheatley & Brian Phillips

THE FORTARIAN January 13, 2021

President Cynthia Judge welcomed everyone to the meeting. Sixteen club members were in attendance including our newest honorary member, Diane Silen. Joan Krisko played the national anthem. President Cynthia read the Land Acknowledgement. Mary Ann Breton gave the toast to the Queen.

Kim Cuthbertson, a former club member, was the guest speaker. Dawn Sebesta presented Kim's biography. Kim has been a registered nurse for over 33 years. She has worked in a variety of capacities in the health care field. Kim is the owner of the business, Wellness Through Expressive Arts. She is currently employed by the Thunder Bay District Health Unit as a public health nurse. She is a case and contact manager for COVID-19 tracing.



When a person receives a positive test result for COVID-19, Kim contacts the person. She gets their demographic information and helps them to trace their steps in order to see where they may have come into contact with an infected person. Kim also helps them to determine what people they have come into contact with afterwards. The infected person is most contagious in the first 48 hours after transmission. Kim then

phones their contacts and determines, through questioning, whether these people are high-risk or low-risk contacts.

High-risk contacts have to isolate for fourteen days. They should also stay away from family members. A nurse will phone the person everyday to see how they are doing and if any symptoms have developed. These people have to get tested five

days after their contact with the infected person. If their test comes back negative, they still need to continue with isolation. Low-risk contacts do not have to self-isolate but they do have to monitor themselves for symptoms.

The COVID testing centre is located at Confederation College. If a child is under 13, if a person does not drive or has mobility issues, or if a whole household needs to be tested, the EMS will come to the home and do the testing. The Thunder Bay District Health Unit website is a good resource to use re: COVID-19.

President Cynthia read the correspondence. There were quite a few thank-you notes from the various organizations that had received funding from the 2020 House Lottery. Thunder Bay Regional Health Sciences Centre as well as the Chair of the Hearts at Home Campaign sent thanks. Shelter House, the Christmas Cheer Fund, RFDA, and the Salvation Army also sent thank you notes.

Past President Stephen Margarit received a thank-you note from the third-place finisher of the 4-Way Test essay contest.

Our club will begin working on the Visioning Program this month. This process should be done every four years although Fort William Rotary last had a visioning session under President Irene Sottile. Blaine Johnson, the District Chair of Club Visioning, will lead the exercise. Two other facilitators will assist him. On Thursday, January 14, Blaine will be sending out 11 questions to be completed by each club member using Survey Monkey. Blaine will present on the Visioning Program at the January 27 meeting. The actual visioning session will take place on February 3. Fifteen to twenty-five members are required to participate in the process.

Robert Moore presented the Allocations Committee report. David Knutson and Robert Moore then presented the House Lottery Committee report.

President Cynthia attended a virtual Thank You session hosted by the 70 Thunder Bay Air Cadets. Fort William Rotary has been supporting the squadron since 1944. The air cadets are very appreciative of all that our club has done for them throughout the years and wished to express their thanks.

Brian Phillips had us laughing at the antics of three generations of bikers when he did the Lighter Side.

Announcements

RFDA volunteering is set to take place on **January 18**. However, this may change because of the COVID-19 lockdown.

On **January 26**, Port Arthur Rotary will be hosting a virtual Rotary Quiz. On **February 15**, Port Arthur Rotary will be running Radio Days. On **February 26**, Port Arthur Rotary will be hosting a virtual Anniversary Dinner.

The virtual District Conference will take place **April 26 to May 1**.

Upcoming Meetings

January 27: District Chair of Club Visioning, Blaine Johnson, will speak.

February 3: Visioning session takes place.

February 10: A speaker from Lakehead University will present a report to the community.

Editor Erle

Scribe Bev

