

Lakehead Rotary Club—Thunder Bay

c/o 331 N. Harold Street  
Thunder Bay, Ontario. P7C 4C7  
www.lakeheadrotary.com

Rotary



2018/19 President—Brian Brescia



# Lakehead Rotary Chronicle

August 2, 2018



Have a great long weekend!

A beautiful summer morning for our meeting with 22 Lakehead Rotarians on hand; President Brian at the helm; prospective new member Lori Martineau; Paul's guest and prospective new member Will Wilson; and our special guests Lisa Foster and Mike Duncan from Community Living.

**ON THE DOOR IN 2017/18:**

Clifford was on the door today and for the meetings in August. Thank you Rotarians for your service to our Club. Help your Club this year by taking on the door for one of the months – confirm your choice with Clint.

JULY	Mo Papich	JANUARY	
AUGUST	Clifford Mushquash	FEBRUARY	
SEPTEMBER	Graham Stewart	MARCH	
OCTOBER	Richard Kehrig	APRIL	
NOVEMBER	Jennifer Kahan	MAY	
DECEMBER	Carol Dagenais	JUNE	Gail Brescia

**SPONSORSHIP:**

If you can help your Club and wish to promote your business or community interests through a month sponsorship, please contact Sergeant Bill or Clint. Here is the sponsorship line-up so far:

JULY	CEDC	JANUARY	
AUGUST		FEBRUARY	
SEPTEMBER	4 Amigos	MARCH	
OCTOBER		APRIL	MS Society
NOVEMBER		MAY	Salvation Army
DECEMBER	N.O.S.M.	JUNE	5 Star Rotarians

**OUR FAMILY OF ROTARY IN THUNDER BAY**  
Celebrating birthdays this month  
**KARL RATZ**



**Celebrating anniversaries this month**  
**CLINT & BARBARA KUSCHAK**  
**DON & BETSY MORRISON**

**CLUB CALENDAR**

**AUGUST IS MEMBERSHIP AND NEW CLUB DEVELOPMENT**

- AUG 6** CIVIC HOLIDAY
- AUG 9** DEANNA FORD  
DEVELOPING BETTER SPEECHES
- AUG 16** CLUB BUSINESS MEETING
- AUG 23** SANDY LYCHOWYD - MEMBERSHIP
- AUG 30** RYLA STUDENT [TENTATIVE]

**SEPTEMBER IS BASIC EDUCATION & LITERACY MONTH**

- SEP 3** LABOUR DAY
- SEP 6** BRIAN EDWARDS – OPERATION RED NOSE
- SEP 13** BETTINA JACOBSON – EQUINE ASSISTED LEARNING
- SEP 20** CLUB BUSINESS MEETING
- SEP 27** MAJOR LORI MITCHELL – SALVATION ARMY

**OCTOBER IS ECONOMIC & COMMUNITY DEVELOPMENT**

- OCT 4** GAIL & BRIAN BRESCIA – DRAGON BOATS & TRAVELS IN ITALY
- OCT 8** THANKSGIVING
- OCT 11** CHARLIE BROWN – THE ALEXANDER HENRY
- OCT 18** CLUB BUSINESS MEETING
- OCT 25** JAMIE SITAR - LHIN
- OCT 31** HALLOWEEN

**NOVEMBER IS ROTARY FOUNDATION MONTH**

- NOV 1** MME ELOIDE et PAULA AFNOO
- NOV 8** RESERVED – ARMY CADETS
- NOV 11** REMEMBRANCE DAY
- NOV 15** BUSINESS MEETING
- NOV 22** CINDY LEVANTO-KAWAHARA  
HEARTS FOR HOME

## DECEMBER IS FAMILY OF ROTARY MONTH

DEC 1&2	DECEMBER DREAMS
DEC 6	OPEN
DEC 13	MEETING CANCELLED
DEC 13	CHRISTMAS FELLOWSHIP – NOR' WESTER
DEC 20	BUSINESS MEETING & ELECTIONS
DEC 24	CHRISTMAS EVE
DEC 25	CHRISTMAS DAY
DEC 27	OPEN
DEC 31	NEW YEAR'S EVE

### PRESENTATION:

Our special guests today were Lisa Foster, Executive Director and Mike Duncan, Director of Finance & Property with Community Living – Thunder Bay.



Community Living Thunder Bay (CLTB) operates under a chapter issued on October 22nd, 1954 in response to parents brought together by their concern about lack of educational opportunities for their children. During the 1950's and 1960s the Association was involved in the development of pre-schools, developmental centre, schools, workshops and parent support services. Many people gave freely of their time to develop these services and to seek government support to maintain and expand upon the small base of services for people with a developmental disability.

These efforts of local associations produced a landmark commitment on the part of the Ontario government to community-based services in 1974. Through the 1970s and 1980s, CLTB was further involved in the development of residential services; vocational services, integrated daycare; leisure services and parents support services.

The trust of current services and supports has moved from program model to one which endeavours to be responsive to individuals with developmental disabilities, and to further enhance their inter-dependence and quality of life. The range of services CLTB offers today for children, adults and their families include integrated day care services, supports in community living, supports to explore social opportunities and to ensure that services are designated for the individual and focus on his/her strengths, needs and choices.

All people with developmental disabilities have full rights as citizens of Thunder Bay, to access all recreational, educational, social, and employment opportunities that this city offers.

### Our Vision

We envision a supportive and accepting community that values all its citizens equally.

### Our Mission

In pursuing its Vision, CLTB is committed to:

- Advocating for the rights and quality of life of persons with an intellectual disability so that they may live a meaningful life;
- Educating and supporting the community to share the Vision of CLTB so that persons with an intellectual disability are respected and valued;
- Providing services and support to persons with an intellectual disability, and to their families, so that persons with an intellectual disability have the opportunity to participate effectively in all elements of living in the community; and
- Being accountable to persons with an intellectual disability, their families, the membership of CLTB, and the broader community for our advocating, educating, and provision of services and support.

### Our Goal

Our goal is that ALL people live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively.

### What is Person Centered Planning (PCP)?

Person Centered Planning (PCP) is a value based process that helps people who receive support have opportunities to reach their full potential, to be fully included in community in ways they find meaningful, and to enjoy the rights and responsibilities of full citizenship. In essence, it is a process that empowers people supported to achieve their definition of a "good life". The cornerstone of this approach is that it is individualized and it values and celebrates the uniqueness of the person receiving support.

Person Centered Planning focuses on the person's strengths and abilities, and helps the person have meaningful experiences to determine and realize their desired lifestyle. Person Centered Planning strives to help people who receive support have a lifestyle that is rich in experience, inclusive in nature, and has ongoing opportunity for personal growth.

Why is inclusion important? It's the way in which all people experience their right to full participation and have the opportunity to make their contributions as citizens. Through participation and inclusion all people have value.

Community Living Ontario is proud of the work we've done to further inclusion.

Over the past ten years we have focused on:

- building inclusive school cultures.
- building inclusive communities and,
- creating inclusive organizations.

### An Inclusive School Culture - Indicators of Success

The purpose of Inclusive School Culture is to motivate school communities to promote, create, and sustain inclusive environments. It is designed to help all stake holders including students, educators, parents and guardians, support staff and administrators to feel they belong to and fully participate in the life of the school.

## A Focus on Inclusion for Organizations Supporting People with an Intellectual Disability

The intent of this tool is to encourage and help those organizations supporting people who have an intellectual disability to build a culture, policies, systems and practices that lead to inclusion within the organizations and in the community. It identifies the critical success factors that must be in place within the organization in order to be inclusive and build inclusive communities.

This work has been part of the national Community Inclusion Project which is funded through the federal Department of Social Development. Each province and territory across Canada have identified priority areas and developed strategies to advance the inclusion of people into their communities.

In Ontario, over 85 local community projects have been supported to further inclusion of citizens. To learn more about these local community initiatives, visit the Inclusion Projects section of national website <http://www.communityinclusion.ca/>

You will also find many publications which were created as a result of this initiative.

**Group Living Residences** provides 24-hour group setting accommodation to individuals aged 18 and over who require daily supervision, care and support with multiple activities of daily living. Supports are offered within a range of group home and apartment settings within the community. Personal Lifestyle Plans are developed annually for individuals and are reviewed on a quarterly basis.

### Supportive Independent Living

This program provides a range of personalized supports to adults who live independently or semi-independently in the community, outside their family home and who need periodic guidance and support with instrumental activities of daily living such as grocery/personal shopping, meal preparation, money management and overall household tasks. Individual skill development training is based on assessed needs.

**The Employment & Community Support** Team meets with service users, listens to their specific career goals and then assists in all aspects of securing and continuing employment in the community. This process often leads to paid employment, job placements or meaningful volunteer activities that give people an opportunity to participate in the community.

Located in the Monty Parks Centre building, the Supported Employment team currently represents over 100 individuals with intellectual disabilities in a wide range of community based workplaces. The staff act as agents to identify work experience opportunities as well as paid employment. Staff may respond to requests from employers who are looking for trained employees to hire, or who are able to offer volunteers the chance to participate in a temporary activity.

Supported Employment & Community Support staff develop and maintain ongoing contact with and support for both individuals and employers.

CLTB has a volunteer Board of Directors duly elected by its general membership to govern the affairs of the Association, as stated in its Constitution and By-laws and in accordance with its Vision and Mission statements. The board is responsible for the overall operation of the Association and delegates responsibility for the day to day operation to the Executive Director.

The Association provides a range of services to children, adults and families and must comply with several sets of legislation. The Ministry of Community and Social Services provides much of the funding necessary to provide the range of services.

The Association is accountable, first and foremost to:

- individuals with a developmental disability and their families.
- the membership of CLTB
- the broader community
- Ministry of Community and Social Services (MCSS) and others with whom it enters into contracts for service.

### Finances:

The local budget of CLTB for 17/18:

MCSS	\$15,279,758	89.1%
Griffis Centre	\$ 256,225	1.5%
Individualized Funding	\$ 768,674	4.5%
Passports	\$ 235,000	1.4%
Other [fees, rent, interest]	\$ 617,685	3.6%
Total CLTB	\$17,157,342	100%

### FELLOWSHIP FINES:

Karl was in fine form today opening with tribute from President Brian for some good reason. He then invited tribute from those who have not yet read this month's Rotarian magazine including RI President Rassin's first message to Rotarians. Gail offered a happy dollar on behalf of son Matthew and his 28<sup>th</sup> birthday. Bill's happiness was for his 80<sup>th</sup> birthday on Saturday. Allan was happy to have vacationed in Newfoundland with Lori-Ann and for being "screeched in" as they say on the Rock *[for those of us not initiated, it is an optional ceremony performed on non-Newfoundlanders (known to Newfoundlanders as a "come from away" or "mainlander") involving a shot of screech, a short recitation and the kissing of a cod. It is often performed either in homes or more commonly in town pubs, such as George Street, St. John's]*. Clint followed up with his happy dollar in praise of the 100+ monarch cats and chrysalis in his home being saved from a host of predators. The first group of butterflies have emerged and after some hours of drying out and flexing beautiful new wings, they took flight. Ken's happiness was for the end of his work with the Staal Tournament and for the event reaching its \$1 million goal. Clifford was happy for his parents who are home from Vancouver where his father, Chief of the Pays Plat First Nation, attended the Assembly of First Nations in Vancouver, and participated in the election of the National Chief. First Nations leaders and their proxies have elected incumbent Perry Bellegarde to a second term as National Chief of the Assembly of First Nations. Clifford's mother was also able to visit with members of her family while in Vancouver. Volker shared his dollar expressing the difficulty in getting fresh food out to remote communities.

### FUN & SUN AT LOON LAKE:



Roy and Jane Lucas will once again host us and our families for a day out at their cottage on Loon Lake. Mark the date in your books – **SATURDAY, AUGUST 25<sup>th</sup>**. It's a pot luck affair and we are invited to bring salads, entrees, or desserts. Roy has started a sign-up list so see him at meetings or contact him by email.

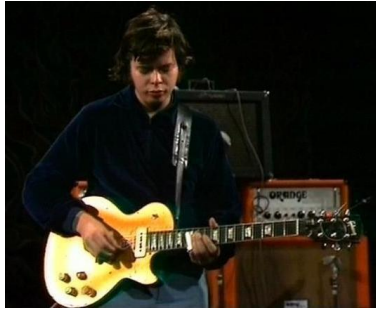
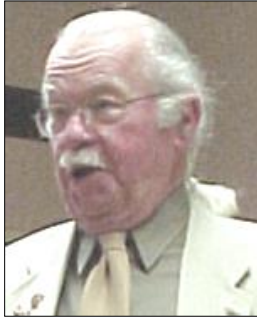
### 50/50:

Carol was our happy winner today and her share will be assembled with other weekly donations and forwarded to the Rotary Foundation in December.

## BILL'S STUFF...

Welcome regular contributor to your weekly Club Chronicle – Bill Butuk with his “Bill’s Stuff” Column.

# ALAN CHRISTIE WILSON



Alan Christie Wilson (born July 1, 1943 in Boston, Massachusetts - died September 3, 1970 in Topanga, California) was an American blues singer, guitarist, harmonica player, co-founder, and primary composer for the American blues band Canned Heat, who was active from 1960 to 1970. Al grew up in the Boston suburb of Arlington, Massachusetts with his sister Shirley living with his father, who had divorced when Al was 4, and his maternal grandmother. His exceptional intelligence was obvious at an early age and his music tendencies became apparent when he was given a jazz record. Immediately he began analyzing what he had heard. He learned to play trombone and taught friends how to play the other instrumental parts of the arrangement.

As a teen in high school he formed a jazz band called Crescent City in which he played trombone. It was the beginning of a lifetime of instrumental prowess and musical scholarship. He soon discovered the relative genre of blues after hearing a Muddy Waters LP. He began to teach himself to play slide guitar and harmonica. In 1960 he attended Boston University on 2 academic scholarships but left after a year and a half, anxious to play music rather than study it.

He was extremely short-sighted and this along with his scholarly looks gave him the nick-name “Blind Owl” as he played guitar on the coffee house scene around Boston. While studying at Boston U. he began to research and write about early blues players. He formed a team of young enthusiasts to try to track down some of the old guys who were mostly living in obscurity. In 1960 one of Al's friends found Son House living in Rochester, New York .and had not picked up a guitar in decades. Al's superb knowledge of archaic styles helped him to “teach Son House how to play like Son House”. Son House went on to record important albums after that.

In 1966 Al met American guitarist John Fahrey in Boston who convinced him to go to Los Angeles to meet researcher and enthusiast Bob Hite and help him with his UCLA Master's thesis on bluesman Charlie Patton. .Al teamed up with Bob Hite to form Canned Heat. With Canned Heat Al performed at 2 of the 1960's most prominent concerts The Monterey Pop Festival in 1967 and Woodstock in 1969. Al wrote and sang the hit record “On the Road Again”. Despite the band's commercial success, Al was suffering on a personal level, suffering from depression and suicidal thoughts. He was an environmental conservationist who was worried about the modern world's effect on nature.

On September 3, 1970- Wilson was found dead of barbiturate over-dose poisoning behind Bob Hite's Topanga Canyon home. He was

27 years old, becoming the first member of “The 27 Club” followed by Jim Hendrix, Janis Joplin, Jim Morrison, Curt Cobain and Amy Winehouse, all of whom died at 27. Watch and listen to Alan “Blind Owl” Wilson at:

<https://www.youtube.com/watch?v=OrljWGIHB7c>  
<https://www.youtube.com/watch?v=RUztl5XCu5U>  
[https://www.youtube.com/watch?v=ET83\\_BGM7Vg](https://www.youtube.com/watch?v=ET83_BGM7Vg)

Bill takes the rest of the summer off but will return in the first week of September with a new article for our reading and listening pleasure.

## NEXT MEETING

**THURSDAY, AUGUST 9**  
**DEANNA FORD**  
**DEVELOPING BETTER SPEECHES**

## A MONARCH'S LIFE...BUTTERFLIES IN THUNDER BAY

There be monarchs out there...in our garden. Several new butterflies have emerged from our monarch “farm” at 331 N. Harold Street. The new butterflies burst from their transparent chrysalis and remained hanging on while they drip-dried. As their wings “grew” they began to flex them and after some hours in the shelter of our veranda, they began to quiver, flutter and then flap like pros. During this phase, they will take short hops to different locations including our shirts or a nearby plant. All too soon, they take a short flight usually straight up into a tree to rest and for shelter. We watched this magical transformation for hours until all were safely on their way. We have many more chrysalis to see through and as more monarch butterflies take wing, we also see more cats on our plants that are moved indoors for their safe transformation.



A “new” butterfly rests on a garden gargoyle after emerging



Another flutters to some ferns to rest before a longer flight to a tree