

Lakehead Rotary Club—Thunder Bay

c/o 331 N. Harold Street
Thunder Bay, Ontario. P7C 4C7
www.lakeheadrotary.com

Rotary



2018/19 President—Brian Brescia



Lakehead Rotary Chronicle

July 19, 2018



President Brian welcomes Governor Blaine Johnson and presents him with our Club trading banner

A beautiful summer morning for our meeting with 18 Lakehead Rotarians on hand; prospective new member Lori Martineau; Richard's guest Lexie Penko [from the CEDC's Youth Entrepreneur Program]; and our special guest Blaine Johnson, our new District Governor.

ON THE DOOR IN 2017/18:

Mo was on the door today and for the meetings in July. Thank you Rotarians for your service to our Club. Help your Club this year by taking on the door for one of the months – confirm your choice with Clint.

JULY	Mo Papich	JANUARY	
AUGUST	Clifford Mushquash	FEBRUARY	
SEPTEMBER	Graham Stewart	MARCH	
OCTOBER	Richard Kehrig	APRIL	
NOVEMBER		MAY	
DECEMBER		JUNE	Gail Brescia

SPONSORSHIP:

If you can help your Club and wish to promote your business or community interests through a month sponsorship, please contact Sergeant Bill or Clint. Here is the sponsorship line-up so far:

JULY	CEDC	JANUARY	
AUGUST		FEBRUARY	
SEPTEMBER	4 Amigos	MARCH	
OCTOBER		APRIL	MS Society
NOVEMBER		MAY	Salvation Army
DECEMBER		JUNE	5 Star Rotarians

OUR SPONSOR THIS MONTH

Lexie Penko

Programs Coordinator

Tel: (807) 625-3286

Email: apenko@thunderbay.ca



Lexie talked about the "mentorship database" that she is building at the CEDC to be able to match mentors with new entrepreneurs as they enter the Entrepreneurship Program. If you would like to be a future mentor for someone wanting to develop a business or enterprise and who needs some guidance and direction. Contact Lexie for more information about being a mentor.



OUR FAMILY OF ROTARY IN THUNDER BAY

Celebrating birthdays this month

Bill Butuk

Olavi Jarvela

Georgina Voulgaris



Celebrating anniversaries this month

Donna & Don Yocom

CLUB CALENDAR

JULY – NEW LEADERSHIP MONTH

**JUL 26 SHERI ROBINSON, CHIROPRACTOR
SUMMER HEALTH**

AUGUST IS MEMBERSHIP AND NEW CLUB DEVELOPMENT

**AUG 2 LISA FOSTER, EXECUTIVE DIRECTOR & MIKE DUNCAN, DIRECTOR OF FINANCE & PROPERTY
COMMUNITY LIVING**

AUG 6 CIVIC HOLIDAY

**AUG 9 DEANNA FORD
DEVELOPING BETTER SPEECHES**

AUG 16 CLUB BUSINESS MEETING

AUG 23 SANDY LYCHOWYD - MEMBERSHIP

AUG 30 RYLA STUDENT [TENTATIVE]

SEPTEMBER IS BASIC EDUCATION & LITERACY MONTH

- SEP 3** **LABOUR DAY**
- SEP 6** **BRIAN EDWARDS – OPERATION RED NOSE**
- SEP 13** **BETTINA JACOBSON – EQUINE ASSISTED LEARNING**
- SEP 20** **CLUB BUSINESS MEETING**
- SEP 27** **MAJOR LORI MITCHELL – SALVATION ARMY**

OCTOBER IS ECONOMIC & COMMUNITY DEVELOPMENT

- OCT 4** **GAIL & BRIAN BRESCIA – DRAGON BOATS & TRAVELS IN ITALY**
- OCT 8** **THANKSGIVING**
- OCT 11** **CHARLIE BROWN – THE ALEXANDER HENRY**
- OCT 18** **CLUB BUSINESS MEETING**
- OCT 25** **JAMIE SITAR - LHIN**
- OCT 31** **HALLOWEEN**

NOVEMBER IS ROTARY FOUNDATION MONTH

- NOV 1** **MME ELOIDE et PAULA AFNOO**
- NOV 8** **RESERVED – ARMY CADETS**
- NOV 11** **REMEMBRANCE DAY**
- NOV 15** **BUSINESS MEETING**
- NOV 22** **CINDY LEVANTO-KAWAHARA HEARTS FOR HOME**

DECEMBER IS FAMILY OF ROTARY MONTH

- DEC 1&2** **DECEMBER DREAMS**
- DEC 6** **OPEN**
- DEC 13** **MEETING CANCELLED**
- DEC 13** **CHRISTMAS FELLOWSHIP – NOR' WESTER**
- DEC 20** **BUSINESS MEETING & ELECTIONS**
- DEC 24** **CHRISTMAS EVE**
- DEC 25** **CHRISTMAS DAY**
- DEC 27** **OPEN**
- DEC 31** **NEW YEAR'S EVE**

PRESENTATION:



Blaine and Jessie Johnson

DISTRICT GOVERNOR – BLAINE JOHNSON:

District Governor Blaine Johnson joined Rotary in 2004 at the age of 27. He was a member of the Janesville, Minnesota Rotary Club in District 5960 for seven years and served as their club president twice. He then joined the Bismarck, North Dakota Rotary Club in 2011 and served as their club president in 2014-15. He obtained his Bachelor of Music degree from the University of North Dakota and his juris doctorate from the University of Minnesota Law School. He is a partner with the law firm of Crowley Fleck PLLP where he practices extensively in the areas of banking, real estate, and oil and gas. He is married to his best friend, Jessie and together they have five children: Wynter, Brianna, Isaiah, Aiden and Keira. Jessie is Vice-President of Loan Operations for Starion Bank in Bismarck.



Governor Blaine talks about the core values of Rotary... Fellowship & Service



BE THE INSPIRATION

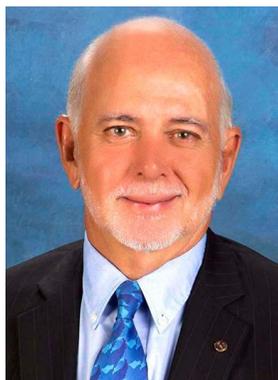
DG Blaine started out by recognizing our longest-serving member – Paul Carr – and asked him how he came to become a Rotarian. Paul’s answer [common to most of us] was that someone invited him to become a Rotarian. Our newest member – Jennifer Kahan – offered the same answer having been invited to join Rotary by Shirley DeWilde while they were both serving their community – helping out at Wilderness Discovery. When Paul and Jennifer were asked what they hope to get out of Rotary now, both offered the same answer – to be of service and make the community better for everyone.

DG Blaine recounted the early history of Rotary and how Paul Harris and his friends formed Rotary out of a desire for opportunities for fellowship and to find ways to serve their communities. Fellowship and Service remain the essential purpose of Rotary throughout the world and 1.2 million Rotarians – people of action – serve on more than 30,000 Clubs. Service can be small hands-on activities that benefit small groups of people or our communities. Sometimes, we take on great challenges such as the commitment to eradicate polio. We are within sight of a world without polio thanks to the work, passions and resources of countless Rotarians, clubs, and our many friends.

Rotary continues to change and the Rotary Foundation has made it possible for Clubs and Districts to undertake many thousands of worthy projects. As we change and welcome new people to the world of Rotary, we must always keep in mind the need to engage our new members in the tradition of fellowship and service.

ROTARY’S NEW LEADERS FOR 2018/19:

ROTARY INTERNATIONAL PRESIDENT – BARRY RASSIN



BE THE INSPIRATION

Presidential theme 2018-19: Be the Inspiration

RI President-elect Barry Rassin's theme for 2018-19, Be the Inspiration, asks Rotarians to inspire change in the world and in each other. "I ask all of you to be the Inspiration to help Rotary move from reaction to action — to take a hard look at the environmental issues that affect health and welfare around the world and do what we can to help."

President 2018-19 Barry Rassin

Rotary Club of East Nassau
New Providence, Bahamas

Barry Rassin earned an MBA in health and hospital administration from the University of Florida, and is the first fellow of the American College of Healthcare Executives in the Bahamas. He recently retired after 37 years as president of Doctors Hospital Health System and continues as an adviser. He is a lifetime member of the American Hospital Association and has served on several boards, including the Quality Council of the Bahamas, Health Education Council, and Employer's Confederation.

A Rotarian since 1980, Rassin has served Rotary as director and is vice chair of The Rotary Foundation Board of Trustees. He was an RI training leader and the aide to 2015-16 RI President K.R. Ravindran. Rassin received Rotary's highest honor, the Service Above Self Award, as well as other humanitarian awards for his work leading Rotary's relief efforts in Haiti after the 2010 earthquake there. He and his wife, Esther, are Major Donors and Benefactors of The Rotary Foundation.

FELLOWSHIP FINES:

Richard relished the opportunity to accept tribute from everyone in the room, starting out with President Brian for his Italian greeting this morning...bon giorno. Brian's tour of Italy with Gail has obviously brought out his familial roots. Blaine replied to Richard's question about Bismarck with some highlights of the community, its history, culture and features. Those who have been to Bismarck were invited to pay tribute and Graham started things off. Richard broadened his scope to invite tribute from those who have been to North Dakota. Several shared their stories. Volker shared his happy dollar in praise of drivers who see motorcycles on the road. Graham closed this round with his dollar as he prepares to cycle for MS south of the border.

FUN & SUN AT LOON LAKE:



Roy and Jane Lucas will once again host us and our families for a day out at their cottage on Loon Lake. Mark the date in your books — **SATURDAY, AUGUST 25th**. It's a pot luck affair and we are invited to bring salads, entrees, or desserts. Roy has started a sign-up list so see him at meetings or contact him by email.

50/50:

Wayne was our happy winner today and his share will be assembled with other weekly donations and forwarded to the Rotary Foundation in December.

PORT ARTHUR ROTARY GOLF TOURNAMENT

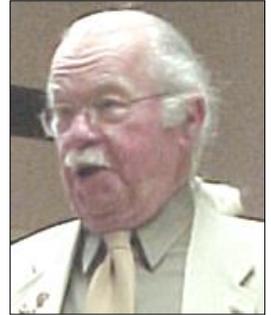
The annual Port Arthur Rotary Golf Tournament is planned for Wednesday July 25, 2018 at the Thunder Bay Country Club on Golf Links Road. Individuals and teams are welcome. Best Ball format. Golf (9 holes) \$25.00 - Golf Cart (2/ cart \$10.00 ea.) meal (Steak Barbeque to follow golf (approx. 6:00 pm) \$40.00 includes tax & gratuity plus entry fee.

You are welcome to join us for Golf, Dinner or both. If you have access to some prizes we would appreciate your generosity. If you can join us and/ or have prizes please contact Doug Shanks by e-mail shanksj@cheadles.com

BILL'S STUFF...

Welcome regular contributor to your weekly Club Chronicle – Bill Butuk with his "Bill's Stuff" Column.

CHRIS THOMAS KING



Chris Thomas King (born Durwood Christopher Thomas, October 14, 1962 in Baton Rouge, Louisiana) is an American blues guitarist, musician and actor who has been active from 1984 to the present. He writes, arranges, sings and plays all instruments on most of his recordings. He is the son of respected Louisiana bluesman Tabby Thomas who sang and played guitar in his own club The Blues Box in Baton Rouge, Louisiana. He has a younger brother Tammy who went on to become a drummer in Chris's band. Chris is known as the pioneer of blues/rap fusion by writing and producing the first all rap blues album "21st Century Blues From Da Hood" in 1992.

He was influenced by music at a very young age .He began playing trumpet in 6th grade and shortly after learned to play guitar. He soaked up as much music as he could by hanging out at his father's blues club in Baton Rouge. However, he was more attracted to Jimi Hendrix and rock, soul and rap. He didn't settle on blues until his late teen-age years. By that time, he was good enough on the guitar to accompany his father on a European tour, and also tour with Lowell Fullson and Joe Tex in Europe.

When he returned to the U.S. he recorded a demo tape on which he played all the instruments. This got him a recording contract with Artoolie Records. He supported the album, "The Beginning" which came out in 1986 by touring Europe and Texas. He then re-located to Austin Texas for 4 years where he worked on expanding his musical horizons and a new contemporary sound. From Austin he promoted his music by touring Europe and the U.S. While composing songs for "Cry of The Prophets". Warner Brothers Records did not like the rap elements in some of the tracks in his next project and removed them, so Chris went to Denmark and London. He toured to continue his work eventually completing it in

Los Angeles in 1995. It was there that he released his "21st Century Blues from Da Hood" on his own label and billing himself as Chris Thomas King. Some reviews were highly complementary but many festival and club promoters refused to book him. He did find some success on a festival circuit in Europe. As an entrepreneur he took control of his own master recordings in the early 1990s and formed "21st Century Blues Records" and established a publishing company.

As an actor, he had prominent roles in several films. He was in the music related film "Ray" (Ray Charles) in which he played bandleader and blues guitarist Lowell Fulson, and in "O Brother where Art Thou" he played blues guitarist Tommy Johnson. He starred with Steven Seagal as Detective Storm in "Kill, Switch". He appeared in the 2011 HBO TV series "TREME". He has won two Grammy Awards- 2001 for Best Historical Album and 2002 for Best Album. Watch and listen to Chris Thomas King at:

<https://www.youtube.com/watch?v=laWj4OOG07c>

<https://www.youtube.com/watch?v=34IAydgCHdo>

<https://www.youtube.com/watch?v=PULNvN5MZN4>

NEXT MEETING

THURSDAY, JULY 26
SHERI ROBINSON, CHIROPRACTOR
SUMMER HEALTH

A MONARCH'S LIFE...BUTTERFLIES IN THUNDER BAY

The next chapter in this story of the monarchs in our gardens features the chrysalis but before we continue, some new facts about the caterpillars. We observed that some of our small "cats" were disappearing. Consulting the internet, we found that there are many predators for the monarch caterpillars despite their toxicity from munching on milkweed. A number of beetles and other insects suck the cats dry. Dan Fulton, a local monarch savior and advocate tells us that the survival rate for caterpillars in the wild is about 5%. This might explain why the butterflies lay so many eggs. We have seen butterflies almost daily for more than a month and continue to see them mating and laying eggs on every milkweed plant in the neighbourhood. Serious monarch helpers are now raising cats in assorted enclosures. Barbara came up with a neat screened-in mini-greenhouse with shelves removed allowing 3 or 4 potted plants to grow with caterpillars on board. She moves the young cats from plants around the yard to this safe enclosure. Dan Fulton and many thousands of helpers raise cats in small plastic food savers and the like with 2 – 4 cats in each. The cats basically eat and poop with brief rest breaks. Leaves placed in the containers are gobbled up quickly and have to be replaced each day and their copious frasse [a.k.a. poop] must be removed. A bit like farming. When the cats reach a certain size, they start to climb [to the lid of their container] and fasten themselves to begin the next stage. They gradually take the shape of the letter "J" and in a day or so a bright green chrysalis is formed. The chrysalis in the wild is also subject to a variety of predators including mice. Barbara has about 20 containers plus her screened-in structures. We have many cats in various sizes and more "babies" coming from the yard as they are found. We have 15 chrysalis so far and more coming on every day or so. Dan Fulton has at least 50 such containers and is now selling milkweed and other plants that attract pollinators. He is developing a monarch "yard" at the end of Adelaide Street by Boulevard Lake and it looks like the City is coming on board to help make this an attraction at the Lake. The monarch holes up in its chrysalis for 10 – 14 days. One day soon, the monarch butterfly will emerge and begin the amazing cycle once again while others will take on the incredible journey to mountainous regions of Mexico. Millions will spend the winter there.



Monarch butterflies work the milkweed plantings every day when the weather is favourable laying eggs while the plants reveal caterpillars of various sizes happily munching and "frassing". After days of rapid growth, the cats stop eating and form a chrysalis to protect them as they go through their metamorphosis.

