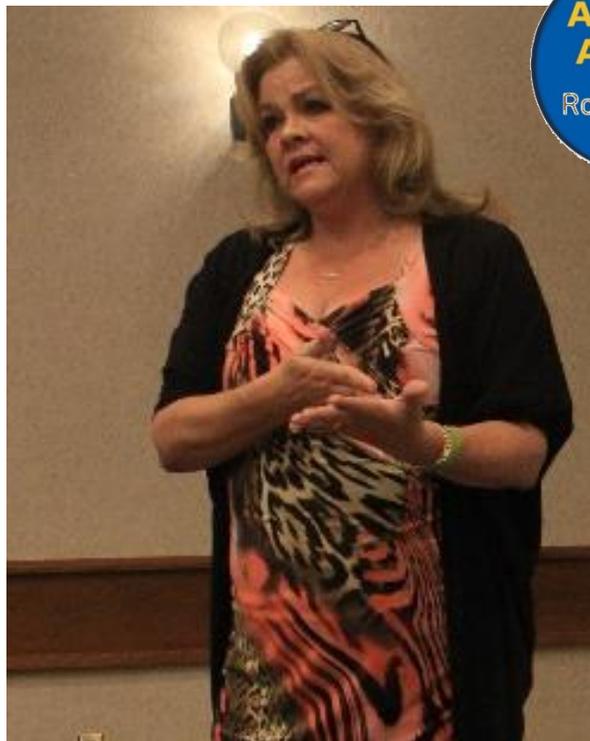




Lakehead Rotary Chronicle

October 12, 2017



Tracey Onuliak talks about Canadian Cannabis Clinics and the medical use of cannabis products

A beautiful day for our meeting with 20 Lakehead Rotarians plus visiting Rotarian Walter Hardie [Hamilton A.M.] and our special guest Tracey Onuliak.

ON THE DOOR IN 2017/18:

Karl was on the desk today and for all of the meetings in the month of October. Thank you Rotarians for your service to our Club. The sign-up sheet for 2017/18 is available now so pick a month and sign on to help your Club.

JULY	Clint Kuschak	JANUARY	Clifford Mushquash
AUGUST	Karl Ratz	FEBRUARY	open
SEPTEMBER	Graham Stewart	MARCH	open
OCTOBER	Karl Ratz	APRIL	open
NOVEMBER	open	MAY	open
DECEMBER	Mo Papich	JUNE	open

TODAY'S ROTARY MOMENT:

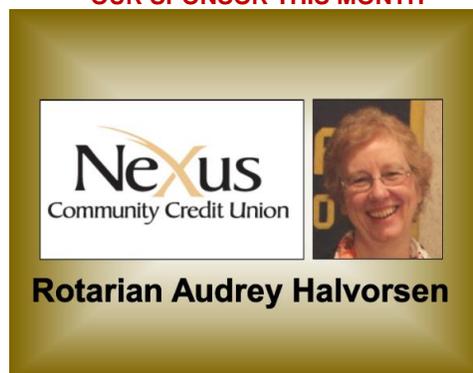
President Wayne invited Gail Brescia to offer the Rotary Moment today. Gail's first "encounter" with Rotary was while she worked at the Prince Arthur Hotel in 1982 and was a server for Port Arthur Rotary meetings. Rotary looked very different in those days. Rotary is now a more diverse organization and women are making a big difference in Rotary Clubs around the world. Gail has been an active member of our Club and served in many capacities including Club President.

SPONSORSHIP:

If you can help your Club and wish to promote your business or community interests through a month sponsorship, please contact Sergeant Bill or Clint. Here is the sponsorship line-up so far:

JULY	open	JANUARY	open
AUGUST	TBSO/Ken	FEBRUARY	Beaux Daddy's
SEPTEMBER	4 Amigos	MARCH	RFDA/Volker
OCTOBER	Nexus/Audrey	APRIL	MS Society/Sandy
NOVEMBER	NOSM/Gail	MAY	Salvation Army/Gail
DECEMBER	open	JUNE	5 Star Rotarians

OUR SPONSOR THIS MONTH



Our sponsor this month is NEXUS COMMUNITY CREDIT UNION – thank you Rotarian Audrey Halvorsen. Audrey used her sponsorship moment to talk about the new Espresso Rates program at Nexus. Espresso Rates are short-term investments with really strong returns. With terms of 88-days up to 31 months you get more out of your savings on a short-term commitment.

IT'S A QUICK HIT FOR YOUR MONEY.

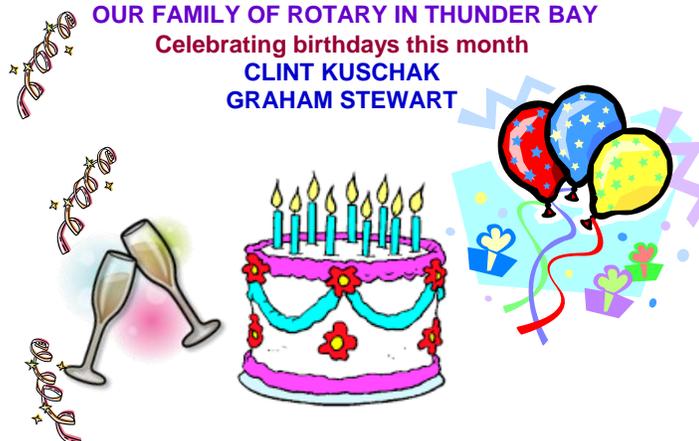
- 1.75% 88-Day Term Deposit
- 1.95% 17-Month Term Deposit
- 2.15% 31-Month Term Deposit

Call or visit and ask about ESPRESSO RATES.

OUR FAMILY OF ROTARY IN THUNDER BAY

Celebrating birthdays this month

**CLINT KUSCHAK
GRAHAM STEWART**



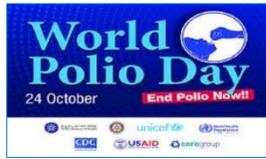
Celebrating anniversaries this month

**GAIL & VOLKER KROMM
BLAIR & KATHRYN SCHOALES**

CLUB CALENDAR:

OCTOBER IS ROTARY VOCATIONAL SERVICE MONTH

- OCT 17 BOARD MEETING
OCT 19 BUSINESS MEETING &
WILDERNESS DISCOVERY REPORT
OCT 24 WORLD POLIO DAY



- OCT 25 SHELTER HOUSE MEAL
OCT 26 JEAN PENDZIOWOL – N.O.W.W. ANTHOLOGY
OCT 31 HALLOWEEN

NOVEMBER IS ROTARY FOUNDATION MONTH

- NOV 2 ROBBIE AHUJA/TEEN CHALLENGE
NOV 9 CLIFFORD MUSHQUASH
NOV 11 REMEMBRANCE DAY
NOV 14 BOARD MEETING
NOV 16 RICHARD TOGMAN
NOV 18 ROTARY CHRISTMAS PARADE
NOV 21 BOARD MEETING
NOV 23 BUSINESS MEETING
NOV 30 VOLKER KROMM

DECEMBER IS ROTARY FAMILY MONTH

- DEC 2 & 3 DECEMBER DREAMS SHOW - COLISEUM
DEC 7 JILL ZACHARY – SCHOOL PROJECT IN BOLIVIA
DEC 8 & 9 KETTLES CAMPAIGN – ARTHUR ST. LCBO
DEC 14 RHONDA HARRISON – EASTER SEALS
DEC 14 CANADA CLUB MEETING
DEC 21 BUSINESS MEETING & ELECTIONS
DEC 25 CHRISTMAS
DEC 28 OPEN
DEC 31 NEW YEAR'S EVE

PRESENTATION:

Our special guest today was Tracey Onuliak speaking on behalf of Canadian Cannabis Clinics. Tracey is from Thunder Bay, self-employed and a Patient Access Specialist at Canadian Cannabis Clinics. She is the owner operator at Abilities Consulting & Training and former Rehabilitation Support Worker at Bartimeaus Inc. She went to Selkirk Collegiate and Vocational Institute and studied Psychology at Confederation College.



Canadian Cannabis Clinics (CCC) is building Canada's foremost centre for cannabis use as medicine. This is a new discipline and their team works to ensure patients get the best medical cannabis specialized care available.

MISSION

PATIENT CARE

Staff is committed to helping patients with a variety of conditions manage their symptoms through the use of medical cannabis.

EDUCATION

Canadian Cannabis Clinics is committed to educating patients, physicians and the general public about the effective use of medical cannabis.

RESEARCH

Collaborate with academic researchers to advance the state of the science regarding the medical use of cannabis.

Judging by the number of questions from our members about the medical use of cannabis, this area of treatment will be growing and Tracey noted that some health plans already provide coverage for the cost of medical cannabis prescribed by a physician. To talk to Tracey, please contact her at:

2813 Arthur St E
Suite 102
Thunder Bay, ON, P7E 5P5
P: 888-256-7043

WILDERNESS DISCOVERY:

Work has started out at Wilderness Discovery with Bob Hookham as project leader on site. Bob and his wife will be spending every weekend out at WD and he has asked for help from area Rotarians, Kinsmen, and any others who are able to help. The first few weekends involved demolition of bathrooms in the cabins and demolition and removal of the two trailer units at the top of the site that have been used as HQ for years. Lots of brush clearing has taken place so the focus now is on the cabins and the lower level of the main lodge building. Joan Krisko of the FW Club will be doing all of the scheduling for volunteers every weekend until early November. Watch for this schedule and be prepared to volunteer your time, energy and expertise. Bob is booked to give our Board of Directors a progress report on Tuesday and will make a presentation to our members at our Business Meeting on Thursday, October 19th.

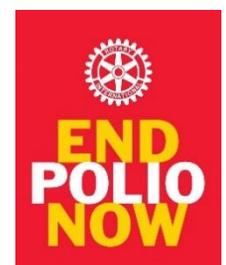
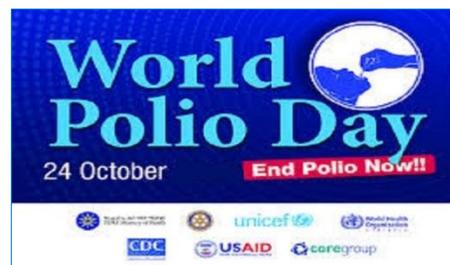
50/50 FOR THE FOUNDATION:

Graham was our winner today and his winnings will be sent to the Rotary Foundation in December along with all other donations and 50/50 winnings from May 25th to December.

Audrey provided two additional prizes in the form of Nexus hand spinner fidgets. Brian and Michel were the winners.

FINES:

Graham worked the cup with finesse opening with tribute from President Wayne for his "gentle request" to Gail to offer a Rotary Moment. Some might call it being "voluntold". Those who were wearing the new "Ask Me About Rotary" button were not fined but all those not sporting a button were invited to pay tribute. Gail Brescia had the first happy dollar in celebration of the great success of the "Boobie Boogie" event – a fabulous event with funds raised for the trip to Florence, Italy next year. Chris had a sad/happy dollar with news that he lost his head chef and second chef but managed to quickly find two new people including a veteran chef. Graham celebrates his birthday on Saturday and will be happy to enjoy a fine meal at Beau's Daddy's thanks to his wife. Audrey was happy to have had a great time with family members at a "paint night". No, this did not involve painting walls. Shirley was happy to announce that she has invited her chiropractor and a friend to attend our meeting – and perhaps take an interest in being a Lakehead Rotarian. Michel was happy to celebrate his 15th wedding anniversary. Clifford was happy for the break known as "reading week" on campus. Clint wrapped up this round with a sad dollar on the news that Tom Petty had died but noted that his gift of music will live on.

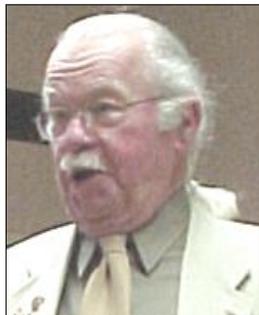


Get ready for the 5th annual World Polio Day event, co-hosted with the Bill & Melinda Gates Foundation. The event will stream live from Gates Foundation headquarters in Seattle, Washington to bring together more than 50,000 viewers around the world. Join us as global health experts and celebrities share our progress on the road to polio eradication.

For the first time, Rotary's World Polio Day celebration heads to the West Coast of the United States. The Bill & Melinda Gates Foundation, one of our partners in the Global Polio Eradication Initiative, will host the annual event at its campus in downtown Seattle, Washington, on 24 October. You can watch the event live at 14:30 Seattle time (UTC-7) or view a recording later. Sue Desmond-Hellmann, the Gates Foundation's chief executive, will brief the supporters who attend — as well as the global audience watching via livestream — on progress in the eradication campaign. Only 11 new cases of polio caused by wild poliovirus have been reported this year, all in Pakistan and Afghanistan.

BILL'S STUFF...

Welcome regular contributor to your weekly Club Chronicle – Bill Butuk with his "Bill's Stuff" Column.



THE DIXIE HUMMINGBIRDS



The Dixie Hummingbirds is an influential American gospel music group that has been active from 1928 to the present. The Hummingbirds influenced not only the world of spiritual music but also inspired secular artists such as Jackie Wilson, Clyde McPhatter, Bobby "Blue" Bland, James Brown and The Temptations. To accomplish this, 20 different musicians were members of the group over the years. The group was formed in 1928 in Greenville South Carolina, by James B. Davis and some of his classmates at Sterling High School in Greenville. The group sang as the Sterling High School Quartet in local churches while still in their teens. When the group realized there were only low paying jobs for young black men in the South at that time, they decided to quit school, cut ties to the school name, and formed The Dixie Hummingbirds to pursue their careers as professional spiritual entertainers.

In an interview Davis recalled how they changed their name to The Dixie Hummingbirds: "I figured that was the only bird could fly both backwards and forwards [I figured that was a good name and the guys went along with it]". In the early 1930s, the group toured around

the South singing spirituals. That changed in 1938 when they met James Bryant, at the time a member of The Heavenly Gospel Singers, and who joined the Hummingbirds. From that point on, the group started to sing gospel. Also in 1938, the group went to New York City to record for Decca Records after which they picked up 13 dear old Ira Tucker as their lead singer. In addition to his fine vocal skills. Tucker initiated the energetic showmanship, running through the aisles, jumping off stage, and falling to his knees in prayer. This was copied by many groups that followed.

In 1941 the group moved North to Washington D.C. and soon after to Philadelphia where blacks received more justice than in the South. Between 1941 and 1950 there were several changes in the group's makeup, and changes in record companies. They continued to tour heavily, both in America and Europe. They went to Texas where they recorded for Peacock Records, their work proving successful, and The Hummingbirds were back on the Billboard Charts. In 1973, the group sang back-up vocals for Paul Simon's "Love Me Like A Rock" and "Tenderness" from his album "There Goes Rhymin' Simon". In 1976 the group won a Grammy Award for Best Soul Gospel Performance of the Year for their cover of "Love Me Like A Rock". In 2000 they were the subject of a documentary chronicling their 70 years of music. In 2000 they were inducted into the Grammy Hall of Fame.

Watch and listen to The Dixie Hummingbirds at:
https://www.youtube.com/watch?v=5TY_hbc74E
<https://www.youtube.com/watch?v=rN5P9DileN4>
<https://www.youtube.com/watch?v=6mD2lxvKhSs>

LAKEHEAD ROTARY – SHELTERBOX BRONZE HERO...

In 2012, ShelterBox became Rotary International's first Project Partner and remains the only Project Partner focused on disaster relief. The benefits are enormous, ShelterBox receives incredible financial and logistical support from Rotarians and equally, acts as a catalyst in encouraging more people the world over to become involved with their local Rotary Club.

Natural disasters and conflict are inevitable and frequent, and the need is continuous. A ShelterBox Canada Hero is a Rotary Club that has identified the continuing need to prepare for disasters and respond at a moment's notice. Clubs are recognized based on their total annual giving throughout the year. There are three ShelterBox Hero levels: Bronze (\$1,200+), Silver (\$3,600) and Gold (\$6,000). In appreciation, each ShelterBox Canada Hero will receive a Hero certificate at their District Conference, digital badge for their website and recognition on our webpage.

Lakehead Rotary and Port Arthur Rotary are Bronze Heroes while the Nipigon Rotary Club has achieved the Silver Hero level.



**NEXT MEETING OCTOBER 19th
 BUSINESS MEETING &
 WILDERNESS DISCOVERY REPORT**