



# el Nido

CENTRO PARA LA ADOLESCENTE GESTANTE



***IN COLOMBIA, 45.2% OF WOMEN BETWEEN 10 AND 49 YEARS OLD EXPRESSED THAT THEY HAD THEIR FIRST CHILD AS A GIRL OR ADOLESCENT. IN PARTICULAR, 43.0% BECAME MOTHERS FOR THE FIRST TIME BETWEEN THE AGES OF 15 AND 19.***

DANE COLOMBIA 2020





# OUR REALITY IN COLOMBIA

- **It is the second leading cause of death for girls aged 15-19 worldwide.**
- **In Colombia, 1 in 5 mothers are adolescents and 1 in 3 mothers between the ages of 10 and 14 are expecting for the second time.**
- **Teenagers do not have children with other teenagers; according to data reported by DANE, only 0.8% of teenagers have relationships with other teenagers. The remaining 99.2% have children with adults.**

# OUR REALITY IN COLOMBIA

- **If you become a mother before the age of 15, by the age of 20, you have an 86% probability of having 3 children.**
- **There is a profound correlation between poverty and teenage pregnancy. In Colombia, 52.3% of teenage mothers are in the lowest quintiles of poverty.**



Pregnancy in adolescent girls



Dropout of school



Entry into the informal economy



Risk of labor exploitation and deprivation of opportunities



Limited access to healthcare and social services



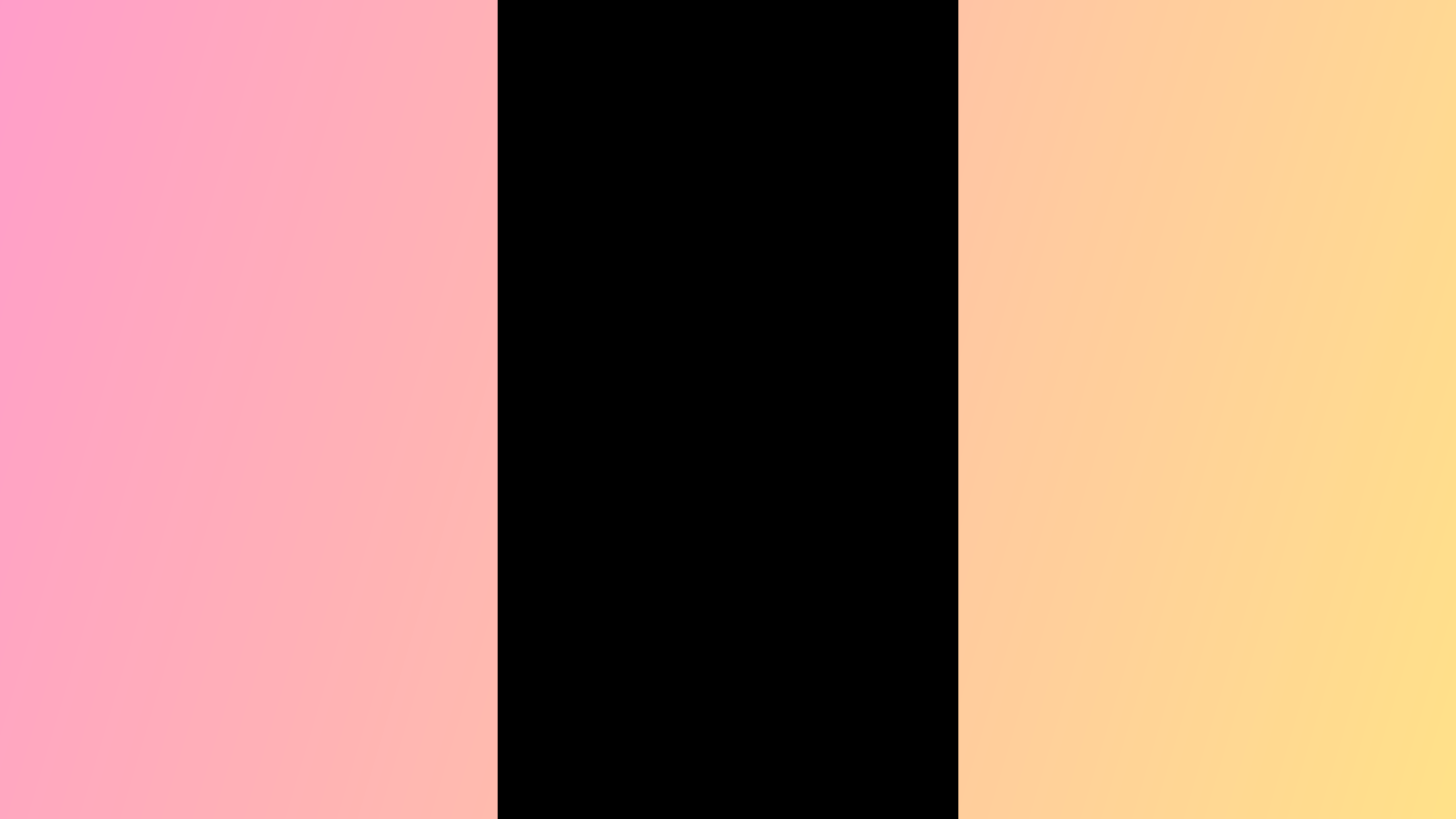
Limitation of human/social development



Children at risk of abuse and violation of rights



***EL NIDO (THE NEST) IS AN INTERVENTION PROGRAM THAT ALLOWS COMPREHENSIVE SUPPORT DURING PRE AND POST CHILDBIRTH; WE INVEST IN THE DEVELOPMENT OF THEIR PHYSICAL, INTELLECTUAL, EMOTIONAL, AND SPIRITUAL CAPACITIES.***



# PROGRAM MODEL

## HEALTH & WELLNESS

Reestablish Rights  
Medical and  
Psychological  
Condition

Doctor's  
appointments  
during Pregnancy  
Childbirth  
Preparation/  
Nutrition

Neonatal  
growth and  
development  
Lactation  
Psychology

Growth and  
Mother-Child  
Development  
Psycho-social  
Nutrition  
(PART I)

Growth and  
Mother-Child  
Development  
Psycho-social  
Nutrition  
(PART II)

PHASE I  
Welcome,  
ID and diagnosis

PHASE II  
Selfcare and  
Motherhood

PHASE III  
Mother and child

PHASE IV  
Life Project and  
capabilities

PHASE V  
Job training /  
Learning to  
produce

## PRINCIPLES AND VALUES – FAMILY

Education  
Skills  
Abilities  
Talents

Life Project I

Life Project II /  
Attitude

Capabilities  
Training  
Competencies  
Aptitudes

Labor and/  
or Productive Project

BUSINESS PLAN

OCCUPATIONAL AND PRODUCTIVE CAPACITIES

EMPOWERMENT OF WOMEN/GIRLS



# RESULTS

## *WHAT WE HAVE SEEN IN OUR PROGRAM*

- **97%** have not had repeated pregnancies
- **82%** have finished or are finishing their studies.
- **100%** of the girls that have come through El Nido are now on some form of birth control. (Before the program 93% were not using any method of birth control)



- **100%** of the babies have been born healthy and without complications.
- **0%** of the adolescent mothers have died due to complications during their pregnancy or labour.



# FUTURE GOALS

*WE WANT TO CONSTANTLY LEARN AND ADAPT*

- On and off site access to a social worker.
- Pay off loan on our building
- Augment the future occupational and productive capacities for the beneficiaries of our program.
- Plan Sex education workshops for local schools.



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