

**THE 15
INVALUABLE LAWS
OF GROWTH**

1

THE LAW OF INTENTIONALITY

Growth Doesn't Just Happen

Do you have a plan to grow?

Growth is not natural...



Growth Gaps

Do you have a growth plan?

THE ASSUMPTION GAP
I will automatically grow

1

THE TIMING GAP
It's not the right time to grow

3

2

THE KNOWLEDGE GAP
I don't know how to grow

4

THE MISTAKE GAP
I am afraid of making mistakes

Growth Gaps

Do you have a growth plan?

THE PERFECTION GAP
I have to find the best way before I start

5

THE COMPARISON GAP
Others are better than me

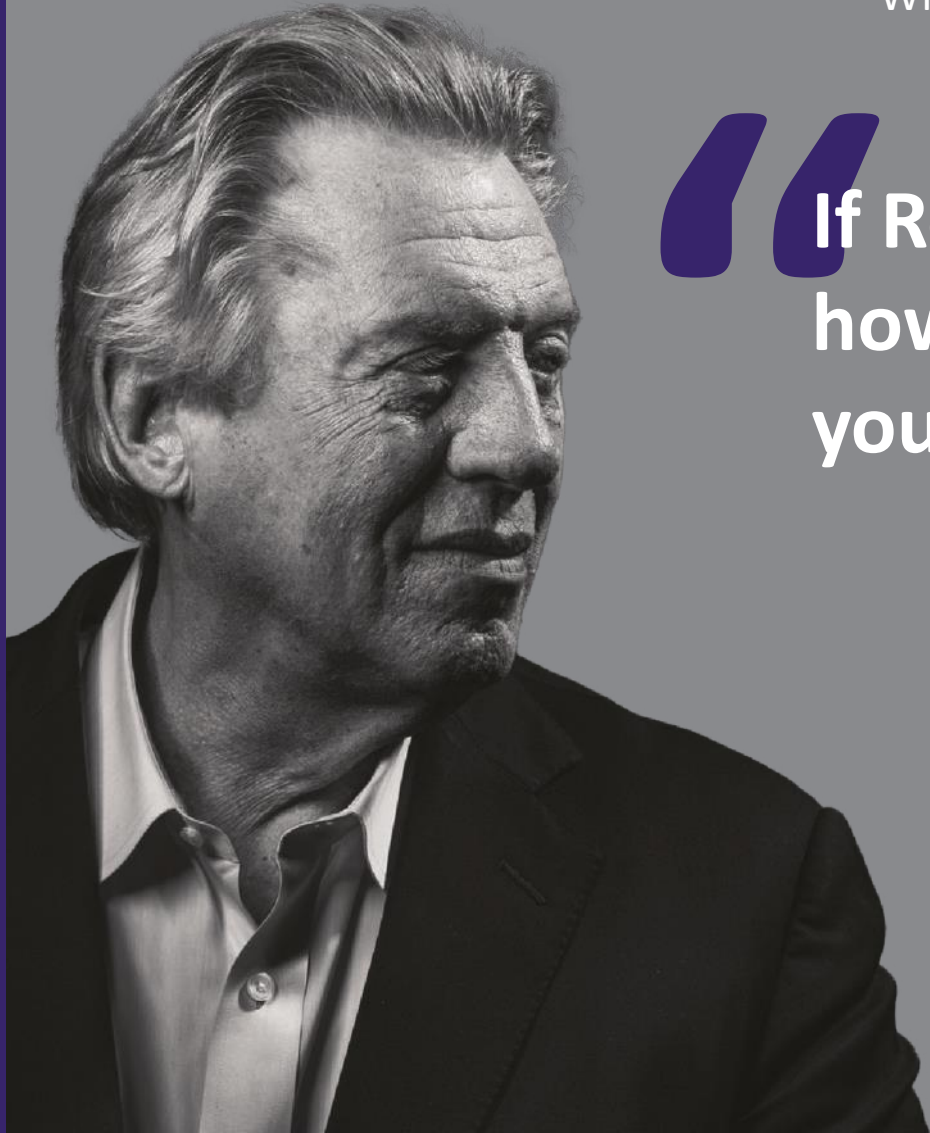
7

THE INSPIRATION GAP
I don't feel like growing

6

THE EXPECTATION GAP
I thought it would be easier than this

8



When you're losing, everything hurts. But why?

**“ If Rome wasn't built in a day,
how long are you willing to give
yourself?”**

Transition to Intentional Growth





Ask the big questions now

- Where do you want to go in life?
- What direction do you want to go?
- How long will it take?

DO IT NOW...

NO, REALLY...

DO IT NOW...

Seriously what are you waiting for?



Face the Fear Factor

- Fear of Failure
- Fear of Trading Security for the Unknown
- Fear of Being Overstretched on Resources
- Fear of What Others Think
- Fear of Pushing Others Away

NOW ASK YOURSELF...

WHICH EMOTION IS STRONGER; THE DESIRE TO CHANGE AND GROW,

fear of failure

fear of trading security for the unknown

fear of being overextended on resources

fear of what others think

fear of pushing others away

OR ONE OF THESE FEARS?

2

THE LAW OF CONSISTENCY

Motivation Gets You Going
Discipline Keeps You Growing

Growth Is Not A Single Event



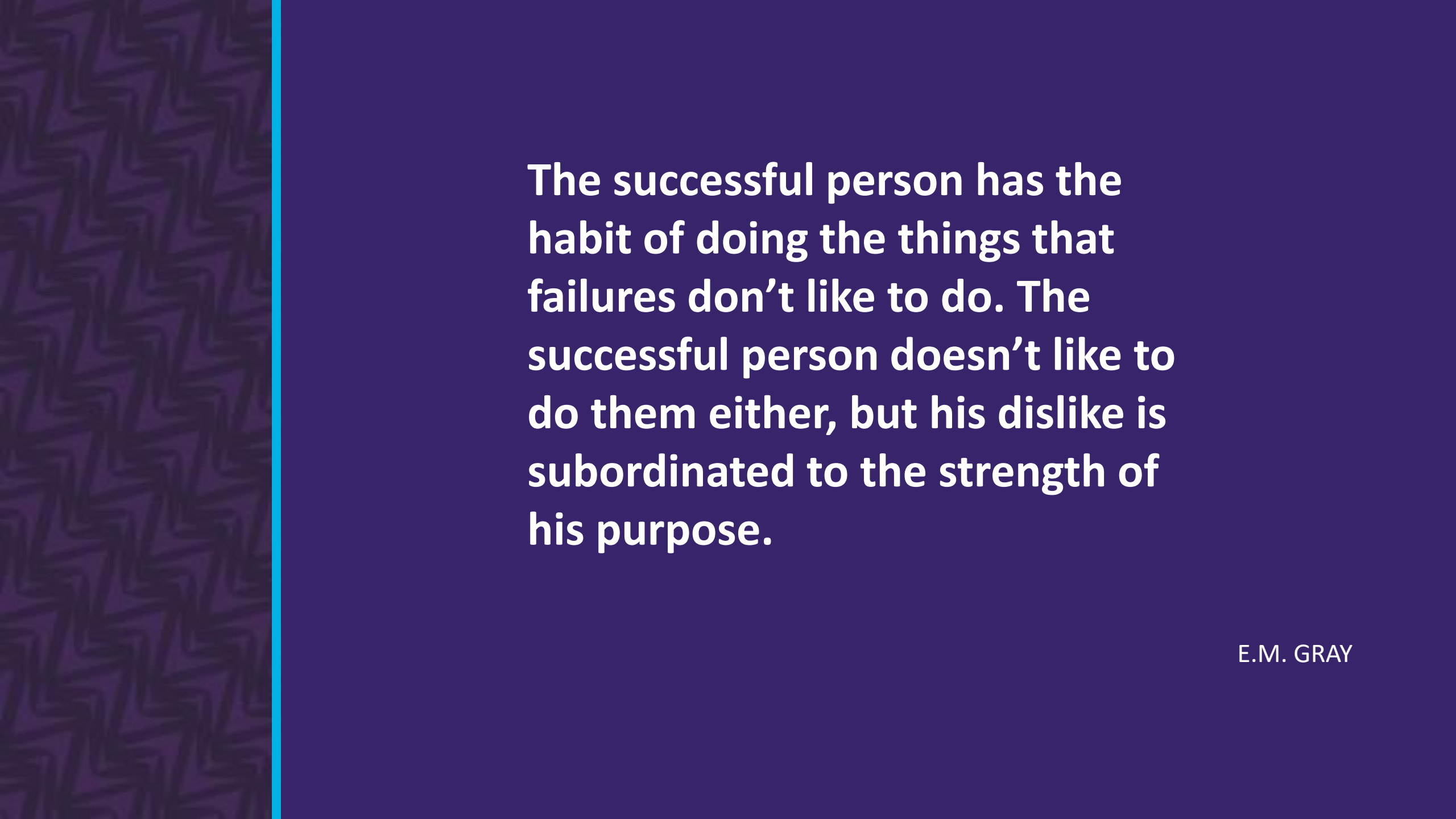
Growing Consistently

Do You Know What You Need to Improve? E.g., public speaking

Do You Know How You Need to Improve? E.g. Joined toastmasters

Do You Know Why you want to keep improving? Find at least 10 reasons

- Define your goals, E.g., How I wrote a book?
- Start with the Small Stuff, e.g. one-hour workout vs. 10 minutes a day
- Be Patient: E.g. Gym Membership
- Value the Process: It's a journey, not a destination



The successful person has the habit of doing the things that failures don't like to do. The successful person doesn't like to do them either, but his dislike is subordinated to the strength of his purpose.

E.M. GRAY

GROWING CONSISTENTLY

DO YOU KNOW WHY YOU
WANT TO IMPROVE?

- HAS QUITTING BECOME
A HABIT?

DO YOU KNOW WHEN YOU ARE
SUPPOSED TO IMPROVE?

- LOOK AT YOUR
WATCH: WHEN DOES
“SOMEDAY” STRIKE?



**YOUR POTENTIAL IS NOT AN EVENT,
GOAL OR PRODUCT**

**YOUR POTENTIAL IS A CONSTANT JOURNEY
OF DISCOVERY, GROWTH AND INSIGHT**

“

If you develop the habits of success, you'll make success a habit.

MICHAEL ANGIER



Announcement

Mastermind Group Study

THANK YOU!

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