



## NOVEMBER 14, 2018

This week, our speaker was Kevin Bulmer, a small business marketing and mindset coach, a consultant and a motivational speaker.

Kevin was introduced by Rotarian Darlene Smith. Kevin lives in London and has 2 children. He has connections to Chatham-Kent as both parents, John Bulmer and the former Margaret Newkirk attended Wallaceburg District High School. At the time, I was teaching at that school and remember them fondly. They were both outstanding students.

Kevin started his career as radio announcer for a racing show, with absolutely no experience with auto racing. He eventually ended up as general manager of Delaware Speedway from 2004 - 2007.

He is also a writer, songwriter, performer and creator of the "Journeys with the No Schedule Man" podcasts.

Some of his presentations are entitled "Rise Like a Phoenix, Race Like a Turtle" and "Stuck In Your Story." Today, Kevin talked about racing like a turtle, the turtle tribe and running your own race. He asked us to think about who and where we are and where we are going.

Kevin has suffered from anxiety and depression and alcohol. He has struggled to regain his health and has managed to keep a positive outlook.

Kevin's talk was well-prepared, personal and inspiring. He has an excellent message and we are pleased that he shared that with our club today. President Jennifer thanked Kevin on behalf of the club.



*President Jennifer Hill, speaker Kevin Bulmer and Rotarian Darlene Smith*

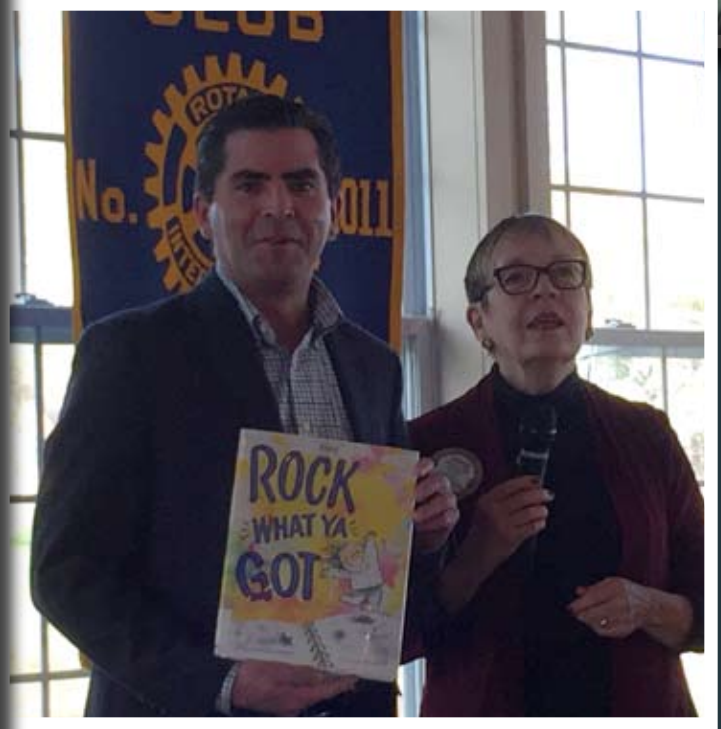


# The Rotary Club of Chatham

35 Thames St., Chatham • 519-354-8300



*Speaker Kevin Bulmer*



*Darlene Smith introducing our speaker      President Jennifer thanking our speaker*





### 114. SUNNY SIDE UP

Keep your sunny side up! up!  
Hide the side that gets blue  
If you have nine sons in a row  
Baseball teams make money you know!

Keep your sunny side up! up!  
Let your laughter come thru' do  
Stand up on your legs  
Be like two fried eggs  
Keep your sunny side up!

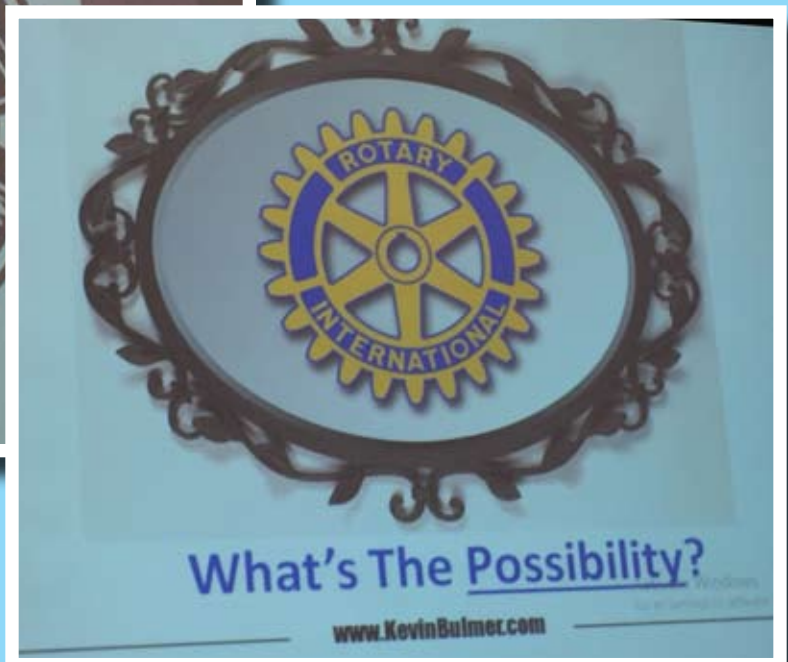
Like many of our speakers, Kevin was impressed with our singing ability.

He particularly enjoyed the song "Sunny Side Up", a song with such a strong positive message.

I suspect that this song was probably unknown to Kevin.

It prompted him to ask if anyone actually knew a family with 9 sons in a row!

No, Kevin, they don't write lyrics like that anymore.





Asking ourselves the right questions in the right order ...

... and then allowing & accepting the answers.

[www.KevinBulmer.com](http://www.KevinBulmer.com)

THE TURTLE TRIBE



[www.KevinBulmer.com](http://www.KevinBulmer.com)

ANOTHER KIND OF RACE ...



[www.KevinBulmer.com](http://www.KevinBulmer.com)



# Happy Notices

## **BIRTHDAYS**

None



Assistant Governor David French presents an award to President Jennifer This award was in recognition of our club participating in planting trees. Barry mentioned that our district planted over 3,400 trees, two trees for every member.

Reminder that on December 5th, we will be at the Retrosuites Hotel in the back room at the Chilled Cork restaurant.

## **CLUB ANNIVERSARIES**

Dave Pudwell  
38 years

Karen Kirkwood-Whyte  
27 years

## **UPCOMING MEETINGS**

THURSDAY, November 22  
**SOCIAL EVENING**  
Cafe 10-7 St. Clair St.

Note: No noon hour meeting next week

November 28  
**KAREN MCDONALD**  
**Classification Talk**



*The Rotary Club of Chatham gratefully acknowledges the support of Riverview Gaming Centre*