



## OCTOBER 12, 2016

This week's speakers, **Jennifer Hassan** and **Dr. Robert Teasall** were introduced by **Rotarian Karen Kirkwood-Whyte**.

Jennifer, who is the area co-ordinator for Heart and Stroke Foundation, has been in fundraising for over 30 years.

She introduced Dr. Robert Teasall, professor and research director of the Department of Physical Medicine and Rehabilitation at Western and medical director of the Stroke Rehabilitation Program at Parkwood Institute.

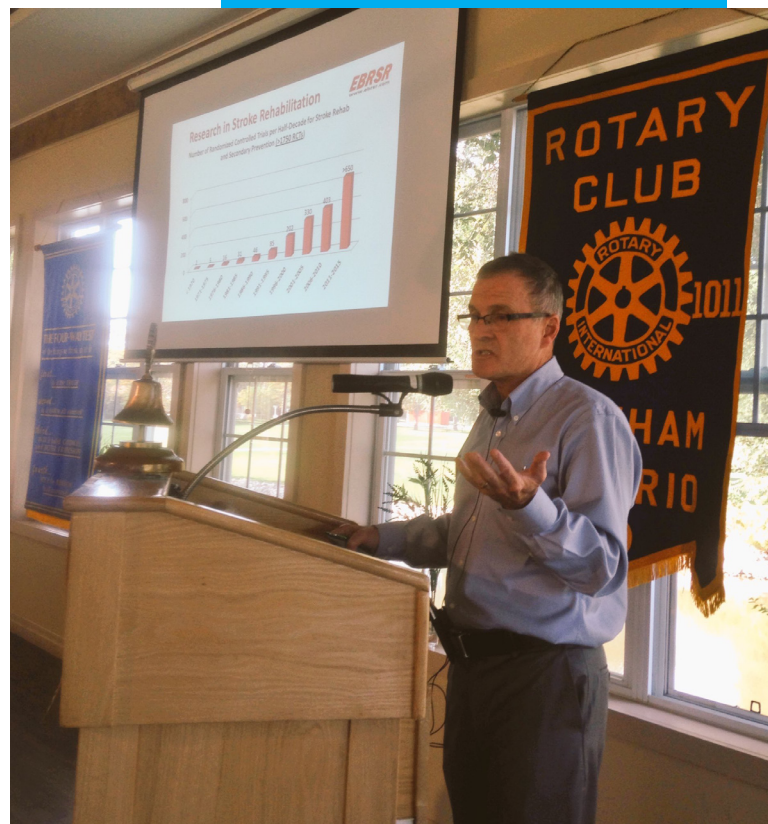
Dr. Teasall talked about the many research projects that are currently operating and the need to keep abreast of these new findings. Currently, research is now placed on the web and is free to all to study.

At Parkwood, his department does their own research in therapy and long term rehab management. He agrees that therapy should be maintained for longer periods than currently is offered.

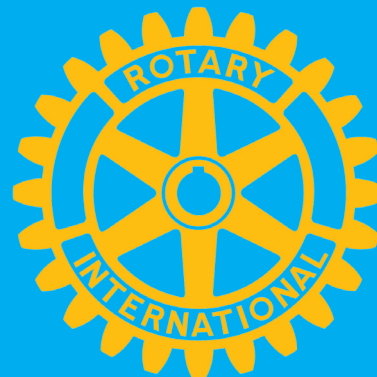
Dr. Teasall explained that strokes result from a blood clot in the brain where part of the brain is lost. The role of therapy is to train the remaining parts of the brain to take over the missing functions and bring people back to where they were before the stroke. New techniques such as gaming applications or board games are showing promise.

We appreciate our guest speakers taking the time to tell us about what's new in research and therapy for stroke patients.

Our thanks were more formally expressed by **Rotarian Paul Mayrand**.



Dr Bob Teasell, primary physician for Stroke Rehabilitation research for London Parkwood Rehab Hospital





# The Rotary Club of Chatham

35 Thames St., Chatham • 519-354-8300

E-Bulletin



Jennifer Hassan of Heart & Stroke Southwest Region speaking with Rotarian Jenn Jacobson



Jennifer Hassan of the Heart & Stroke South-West region, quizzing us on our heart health knowledge.



Rotarians enjoying their new Heart & Stroke toques

**BE A *life saver***

Stroke destroys 1.9 million brain cells every minute. With all medical emergencies, there's no time to waste.

**Be prepared:** Review and complete the information below, and keep it handy in case of emergency.

**LEARN THE SIGNS OF STROKE**

**F**ACE  
is it drooping?

**A**RM  
can you raise both?

**S**PEECH  
is it slurred or jumbled?

**T**IME  
to call 9-1-1 right away.

ACT **FAST** BECAUSE THE QUICKER YOU ACT, THE MORE OF THE PERSON YOU SAVE.

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YOUR ADDRESS AND PHONE NUMBER:


PRE-EXISTING MEDICAL CONDITIONS:

MEDICATIONS:

EMERGENCY CONTACT

NAME

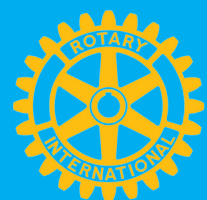
PHONE NUMBER

 **HEART & STROKE FOUNDATION**  
heartandstroke.ca

Do you know the signs of stroke? Do you have an emergency contact in your wallet?

## UPCOMING BINGO DATES

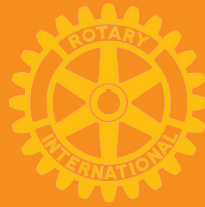
|               |                  |                                     |
|---------------|------------------|-------------------------------------|
| October 22nd  | 10:15-12:15am    | Donna Litwin-Makey & Moira Kerr     |
| November 7th  | 8:15-10:15 pm    | Paul Watson & Rick Bodnaruk         |
| November 27th | 6:15 - 8:15 pm   | Paul Watson & Janet McGuigan-Kelley |
| December 4th  | 3:45- 5:45 pm    | Fannie Vavoulis & Tania Sharpe      |
| December 12th | 6:15 - 8:15 pm   | Brad Langford & Jane Fry            |
| December 19th | 8:15 - 10:15 pm. | Fannie Vavoulis & Tania Sharpe      |





## ANNIVERSARIES

Our Club's 95th Anniversary  
November 1



# Happy Notices

## BIRTHDAYS

|                 |         |
|-----------------|---------|
| Mike Korpan     | Oct. 21 |
| Gerry Bellinger | Oct. 23 |
| Tony Hill       | Oct. 28 |

## REMINDER: PIZZA FOR POLIO DAY

We thank Pizza Tonite, Andy's Place, Mike's Place, Godfather's Pizza, Pizza Pizza, Boston Pizza, Feo's Pizza, Quo Vadis Pizzeria and Pie Zano's for helping Rotary win the fight against Polio.

Remember to buy a pizza on October 24th.  
We are "this close".

## ROTARY FOUNDATION

Rotarian Brad Langford announced that he is now acting as chair of the Rotary Foundation.

As part of his new duties, Brad is reminding everyone of the **EREY** campaign. This stands for **Every Rotarian, Every Year**.

The goal is to have each Rotarian donate \$100 US to the Rotary Foundation, each and every year.

Brad mentioned that a small amount, such as \$15, can be deducted automatically from your credit card each month.



Chatham Rotarians Past President Fannie, Sarah, DGN Barry, President Alysson, Jenn J, with Rotary International Vice President Jennifer Jones and PDG 6400 Liz Smith at TEDxCK, organized by Fannie & several local volunteers.

## ANNUAL BANQUET: October 28, 2016

This year's speaker is **Artis Lane**  
Renowned sculptor and painter

## NEXT WEEK

## NO WEDNESDAY LUNCHEON MEETING

**MEETING CANCELLED ON OCT. 26TH.**