



# THE ROTOMINDER

“Service Above Self”



Rotary Club of Chatham  
The Links of Kent Golf Club, Events Centre  
120 Indian Creek Road West  
Wednesdays at 12:15 P.M.

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*ORIGINAL CHARTER # 1011 issued - November 1<sup>st</sup>, 1921*

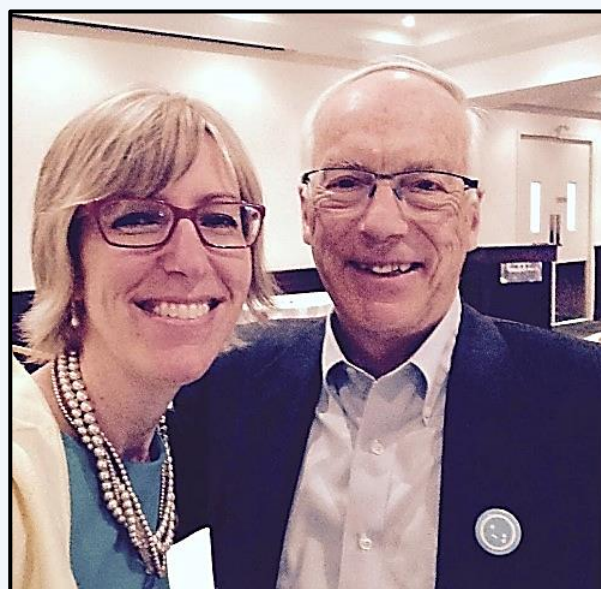
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## May 9, 2016

*By Alysson Storey Davidson*

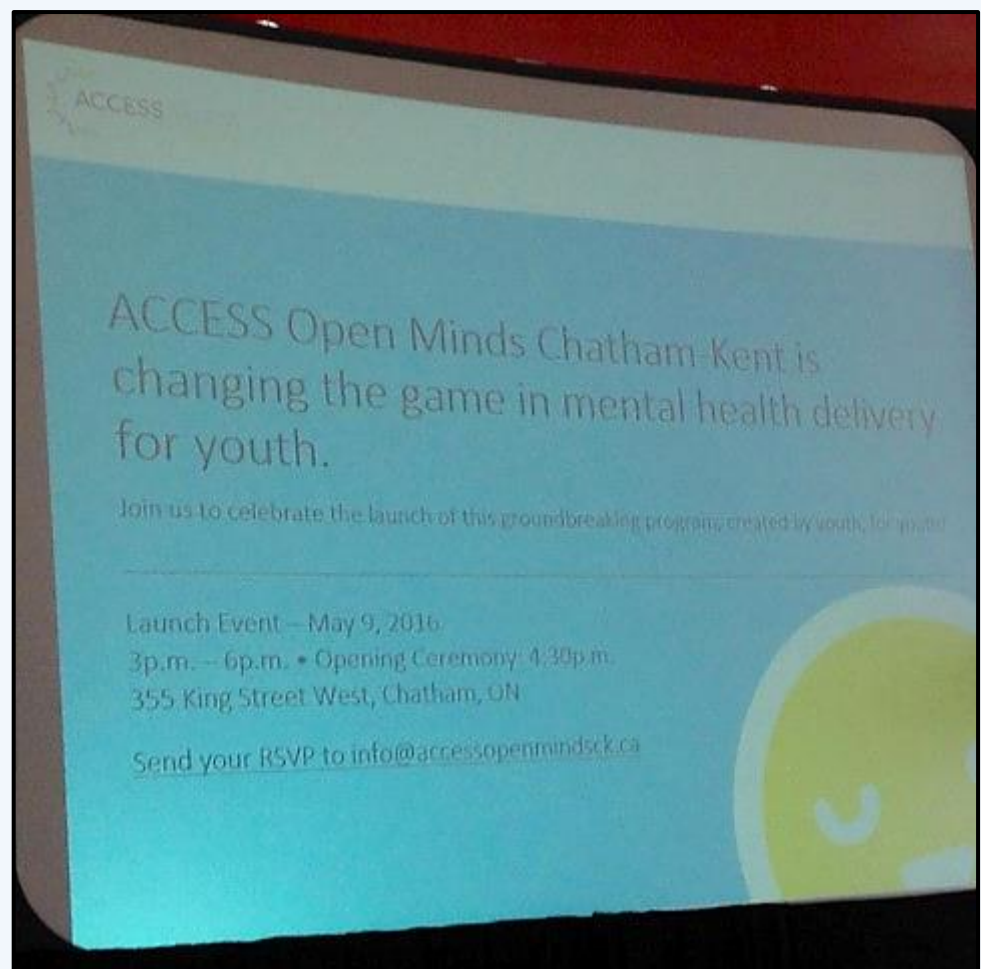
The significance of having both Ian and Tony Boeckh from the Graham Boeckh Foundation join us in Chatham for the [ACCESS Open Minds CK](#) launch and a special Rotary dinner last night was something that cannot be overlooked. These two men have dedicated their lives and their resources to helping young people and their families better access what continues to be a confusing myriad of mental health services. He is a kind, soft-spoken articulate man, who can speak from direct tragic experience. He is a voice we all need to hear.

As an aside – the \$25Million TRAM project headed up by Dr. Ashok Malla mentioned in the article featured in the announcements is one that launched our very own ACCESS Open Minds Chatham-Kent and Dr, Malla was in attendance.









# ANNOUNCEMENTS

## **Mental-health help for youth needs radical reform, says advocate Tony Boeckh**

**Montreal's Douglas Hospital wins \$25M prize to boost mental-illness treatment for youth in Canada**

[CBC News](#) Posted: Dec 30, 2014 11:10 AM ET Last Updated: Dec 30, 2014 11:38 AM ET



Play Media

**RAW: Tony Boeckh talks frankly about mental illness and the system's need for a radical transformation 3:52**

### **Related Stories**

- [Mental health in the military: Ottawa to spend \\$200M over 6 years](#)
- [Self-harm trend among teens worries health, school officials](#)
- [Self-harm behind 1 in 4 youth injury hospitalizations](#)
- [Mental-health survey suggests youth under increasing stress](#)
- [New online depression initiative aims to screen uber-connected youth](#)
- [Mental illness best detected early in schools, doctors say](#)
- [PRISM project to benefit from Quebec homelessness action plan's extra \\$4.6M](#)

Tony Boeckh struggled with the mental-health care system for years while trying to get his son Graham diagnosed and treated for schizophrenia.

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## **Watch the video for an unedited clip from CBC Montreal's interview with Tony Boeckh**

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The wrong diagnoses, wrong medications — the struggle was ongoing and unrelenting as he tried to help his son.

And then Graham turned 18, and no longer fit the age range for the mental-health care program he was part of at Queen's University in Kingston, Ont.

He died four years later, in 1986, from what Boeckh described as complications related to the medication he was taking.

- [Mental-health survey suggests youth under increasing stress](#)
- [Needed: New approaches to defuse 'suicide contagion' among teens](#)
- [Self-harm behind 1 in 4 youth injury hospitalizations](#)

Many families can relate to what Boeckh and his family went through: Only a small percentage of people — particularly youth — get the right mental-health care, by the right people, at the right time.

"They say that the best way to get treatment for a serious mental illness is either to go the emergency ward or go to prison. It's absolutely shocking," he said.

## **Turn 18, find a new doctor**

Boeckh said the mental-health care system hasn't changed much in the 30 years he has been dealing with it. The problem is not merely Quebec-based, but a national problem affecting many young Canadians, he said.

"They say that the best way to get treatment for a serious mental illness is either to go the emergency ward or go to prison. It's absolutely shocking." - *Tony Boeckh, Graham Boeckh Foundation*

"I think things are better, but anybody you talk to that's in the field will admit that the system is totally dysfunctional in dealing with most young people who have mental-health problems," Boeckh said.

His family's struggle with the health-care system started all over again when his son turned 18, at which point he was ejected from the children's treatment centre and left to his own devices to find new care.

Fortunately, Boeckh said, he knew doctors and was able to find his son care.

"[But for] people who don't have contacts, it's a catastrophe. They just don't know where to go," he said.

## **ACCESS meant to transform mental-health care**

Last summer, Boeckh did something about it. His foundation and the Canadian Institute for Health Research partnered to give a prize worth \$25 million to the winner of a contest meant to improve the system surrounding care for mental illness.



Tony Boeckh said he knew for years something was brewing in his son, Graham. It turned out he had schizophrenia. He died at the age of 22 from complications with his medication. (Courtesy of Tony Boeckh)

Dr. Ashok Malla of Montreal's Douglas Hospital was the winner, and named his new Canada-wide project ACCESS.

ACCESS consists of a national network within a larger research project called TRAM (Transformational Research in Adolescent Mental Health). Its purpose is to change the way the mental-health care system handles young people to the age of 25.

Boeckh said part of the task ACCESS faces is to create a program so comprehensive that it would sway other provinces to jump on board.

He said one of the major pillars of the program is to better integrate services and treatments. For example, a patient who has both an addiction and an eating disorder may be treated by two different people.

"Treat them all in the same place, and if they can't, then at least have a youth-friendly place," Boeckh said.

Better integration would mean helping people more directly and quickly, said Malla, of the Douglas Hospital.

"The longer delays are clearly associated with worse outcomes. You have to intervene with the right treatment and keep engaged with the right treatment," Malla said.

*We have had many requests and questions from Rotarians about how to help our fellow citizens (and Rotarians) in the Fort McMurray area.*

*Our President Fannie has reached out to President Matt Pate of the Rotary Club of Fort McMurray - Oilsands and he has advised that at this time, the best thing we can do is donate*

*to the Red Cross, as the Canadian government has generously offered to match all donations. We will keep you posted, and our thoughts are with everyone affected by this terrible disaster.*

<https://donate.redcross.ca/ea-action/action...>



*Donate to the Canadian Red Cross. Show your support, donate now!*  
[donate.redcross.ca](https://donate.redcross.ca)

### Check your Duty Roster

<u>MONTH</u>	<u>GREETERS</u>	<u>50/50 TICKETS</u>
May	Ed Robbins, Brett Smith	David Pudwell
June	Peter Tanner, Mary Anne Udvari	Paul Mayrand
July	Wayne Schnabel, Rika Edwards	Colin McGregor

### May Birthdays & Anniversaries

<b>BIRTHDAYS</b>	David Pudwell May 7, Caitlin Caldwell May 17, Alysson Storey May 21, Janet McGuigan-Kelly May 22, Paul Mayrand May 29
<b>CLUB ANNIVERSARIES</b>	Sandy Bray 1 year, Les Herman 4 years, Diane McGuigan 24 years

### Upcoming Speakers

Wednesday May 11/16	Jim Waters – “10 things I’ve Learned as an Entrepreneur”
Wednesday May 18/16	Ken Stuebing – Chatham-Kent Fire Dept
Wednesday May 25/16	Norm Gray Noble – Schools for Children of the World
Wednesday June 1/16	Monica Ramboer – Classification Talk
Wednesday June 8/16	Jim Waters – 10 Things I’ve Learned as an Entrepreneur
Wednesday June 15/16	Les Herman – Bingo The Fundraiser
Wednesday June 22/16	Const. Gary Orient – Internet Crime
Wednesday June 29/16	Fannie’s Swan Song

## E-BINGO SCHEDULE May-Sept /2016

DATE	PREP TIME	WORK TIME	WORKERS	
Saturday May 14	8:00 PM	8:15 PM TO 10:15 PM	David Barr (519) 830-8509	Rod Hooktwith (519) 917-5069
Monday May 30	10:00 PM	10:15 PM TO 12:15AM	Jane Fry (519) 397-4071	Rod Hooktwith (519) 917-5069
Wednesday June 01	6:00 PM	6:15 PM TO 8:15 PM	Tania Sharpe (519) 351-6410	Donna Litwin-Makey (519) 999-9878
Saturday June 18	3:00 PM	3:45 PM TO 5:45 PM	Janet McGuigan-Kelly (519) 359-0481	Moirra Kerr (519) 352-3479
Sunday July 10	9:30 AM	9:45 AM TO 11:45 AM		
Saturday July 23	6:00 PM	6:15 PM TO 8:15 PM		
Tuesday Aug 9	6:00 PM	6:15 PM TO 8:15 PM		
Thursday Aug 25	10:00 PM	10:15 PM TO 12:15 AM		
Sunday Aug 28	1:30 PM	1:45 PM TO 3:45 PM		
Saturday Sept 3	8:00PM	8:15 PM TO 10:15 PM		
Monday Sept 19	8:00 PM	8:15 PM TO 10:15 PM		

### We can use more E-Bingo Volunteers – Here's Mandatory but Easy Training

**Please e-Mail the Rotary Office to report that you have successfully attended a session!**

**Wednesday May 11 - Riverview Bingo Palace (Riverview Drive) 7:00 - 9:00pm**

**Thursday May 26 - Riverview Bingo Palace (Riverview Drive) 7:00 - 9:00pm**

**Just a reminder - when volunteering for E-bingo, Riverview Bingo policy is to wear collared shirts. T-shirts are frowned upon, including our Rotary T-shirts we all have unless you wear the T-shirt over a collared shirt.**

### Makeups can be done at the following Clubs

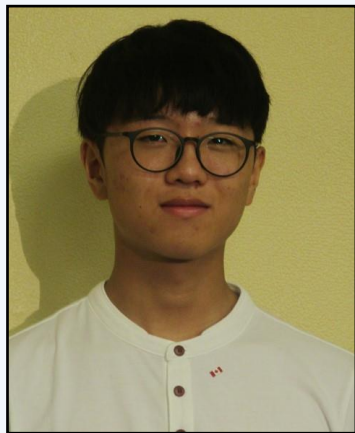
**MONDAY**      **DRESDEN** – St. Andrew's Presbyterian Church – 6:00 p.m.  
**RIDGETOWN** – Anglican Parish Hall – 6:30 p.m.

**TUESDAY**      **BLenheim** – Legion Hall – 6:30 p.m.  
**CHATHAM** – **SUNRISE** – Smitty's Pancake House – 7:30 a.m.  
**TILBURY** – Knights of Columbus Hall – 12:15 p.m.

**WEDNESDAY**   **CHATHAM** – The Links of Kent Golf Club Events Centre – 12:15 p.m.

**THURSDAY**    **WALLACEBURG** – Happy Craft Building – 6:15

# Exchange Students



**Inbound from Korea**  
**Kang Hee Lee**  
**opwq1238@naver.com**  
**Host Family: Paul and Coleen**  
**Watson**  
**519-354-6392**

**Outbound to Germany**  
**Rachael Harvey**  
**rachel\_harvey@outlook.com**



<b>Rotary Club of Chatham Officers and Directors</b>	
<b>President: Fannie Vavoulis</b>	<b>Treasurer: Linda Campbell</b>
<b>Vice President: Jenn Jacobson</b>	<b>General Fund Secretary: Tania Sharpe</b>
<b>President Elect: Alysson Storey</b>	<b>Service Fund Secretary: Doug Sulman</b>
<b>Past President: Don "Sparky" Leonard</b>	<b>Sergeant at Arms: Paul McDonell</b>
<b>Directors: Brett Smith, Rika deHaas, Tania Sharpe, Les Herman, Paul Watson</b>	

<b>Club President</b>	<b>R.I. President</b>	<b>District 6380 Gov</b>	<b>Secretary</b>	<b>Editor</b>
<b>Fannie Vavoulis</b>	<b>K.R. "Ravi" Ravindran</b>	<b>Henry Dotson</b>	<b>Tania Sharpe</b>	<b>Sandee Frederick</b>
2015/2016	2015/2016	2015/2016	2015/2016	Executive Secretary
Chatham	Shri Lanka	Auburn Hills	Chatham	Chatham