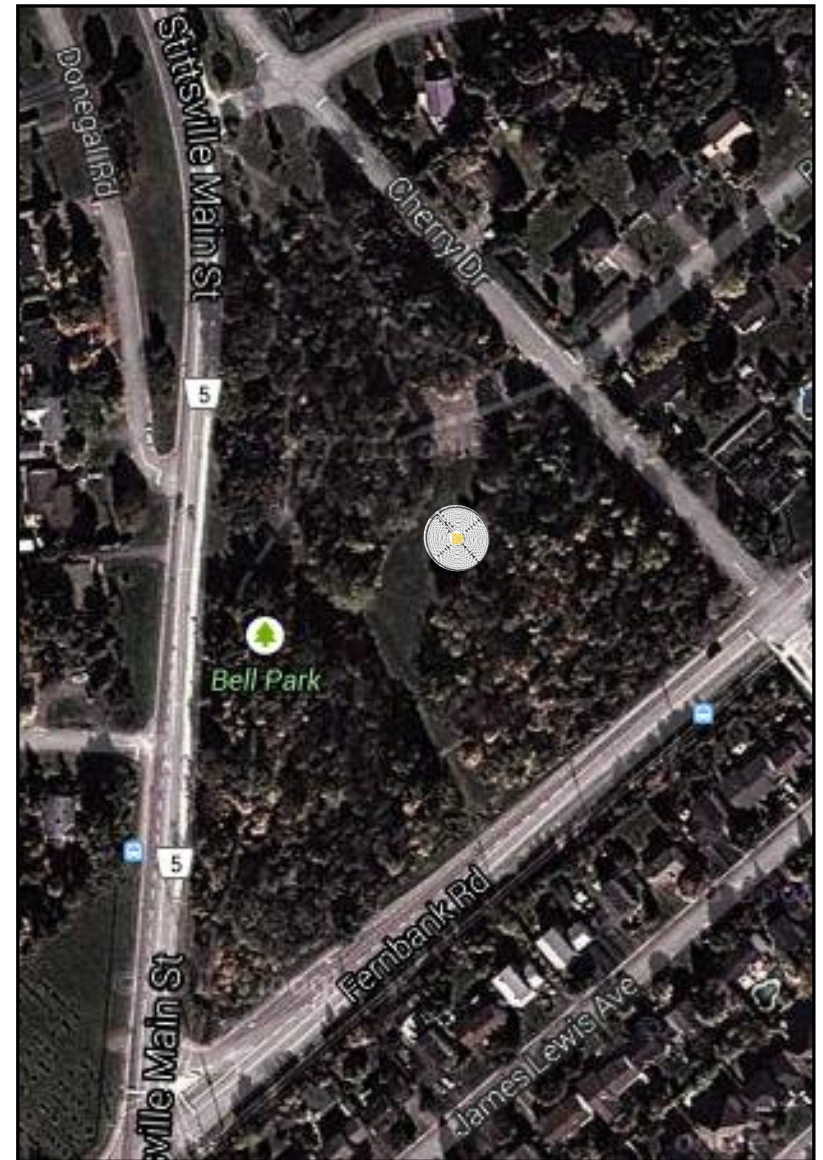
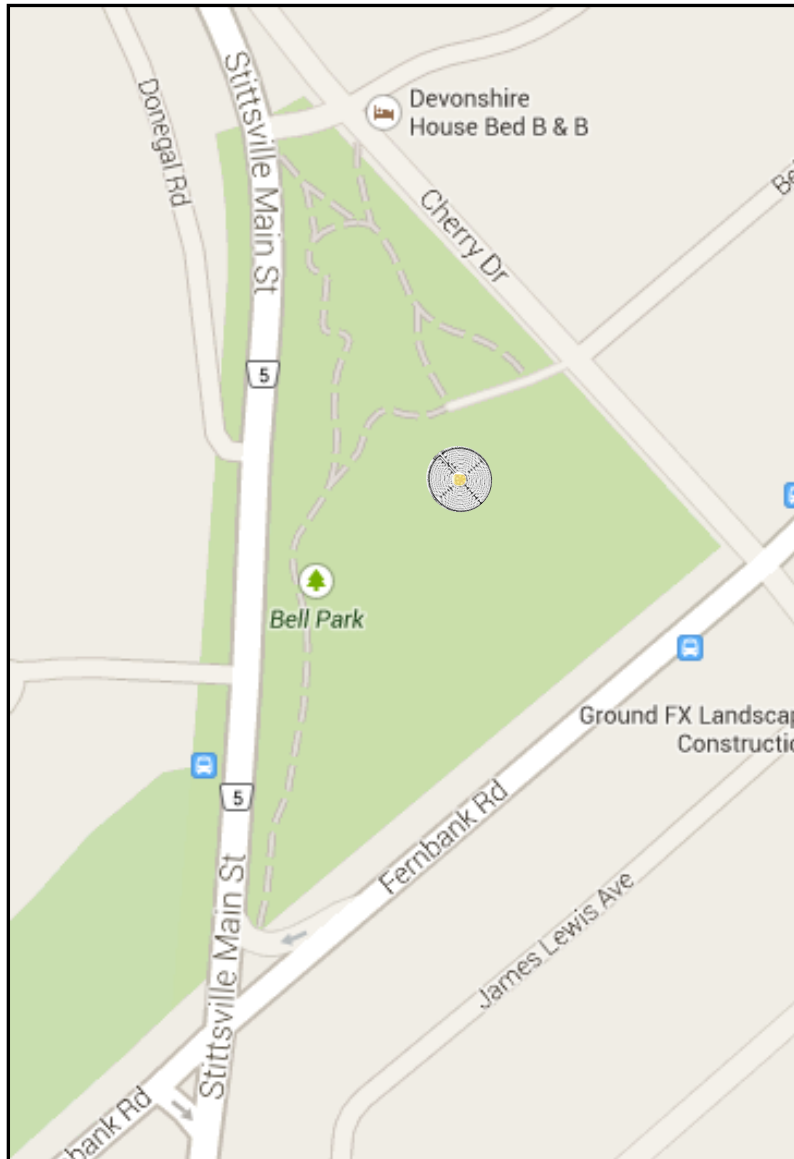


Construction and Design Committee Ottawa-Stittsville Rotary Peace Park

Projected Completion Summer 2015



Bell Park, Stittsville Main Street, Ottawa



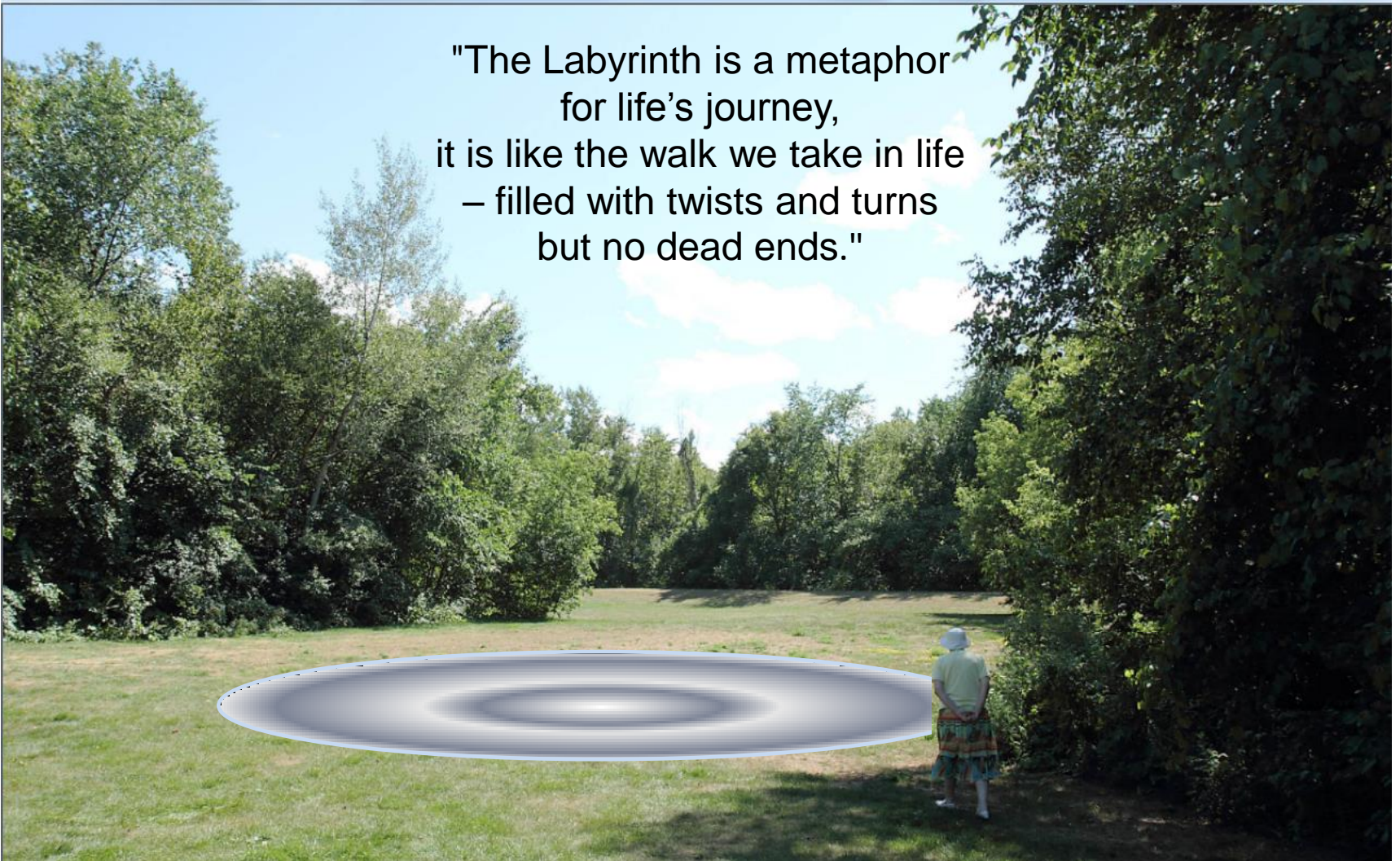
Bell Park, Stittsville Main Street, Ottawa

Path to labyrinth exits the right side of the parking lot.



Bell Park, Stittsville Main Street, Ottawa

"The Labyrinth is a metaphor
for life's journey,
it is like the walk we take in life
– filled with twists and turns
but no dead ends."



Site of labyrinth in the park

Bell Park, Stittsville Main Street, Ottawa

Chartres design with Rotary logo in the centre

53ft diameter



- Bike rack 11.5" – 4"
- Garbage can 3" diameter

- Bench 8" - 1.5"
- Path to labyrinth 6" wide - 54" long

Both the **Rotary logo** and the **Chartres Labyrinth** design will be used to create this one of kind labyrinth for the Peace Park.



Rotary Logo will be cut into the centre of the labyrinth, no words, just the six spokes of the wheel, to replace the Chartres centre rosette.



**Chartres Cathedral
design**

**Bell Park, Stittsville Main Street, Ottawa
Chartres design with Rotary logo in the centre.**



An example of adding the logo into the centre is the Royal Ottawa Hospital labyrinth.



A labyrinth is a simple contemplative path used for walking meditation. It is inclusive and non-denominational and is an easy way for people to centre and calm themselves.



The labyrinth is wheelchair accessible.



Labyrinth walking helps activate the intuitive, imaginative right brain, enabling us to literally 'walk into the bigger picture' of whatever it is we are contemplating. The result is a sense of balance, ease and wholeness.



Interlocking paving stones, stones move in the direction of the path.



Contrasting colours is very important for evening walking with moon light.
Whitman Walker Clinic, Arlington VA



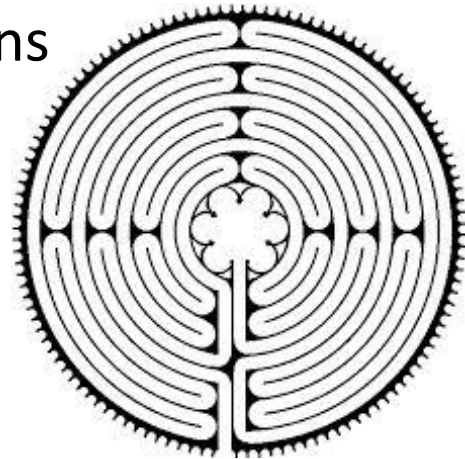
Holy Family University

Philadelphia, PA



Benefits the Labyrinth brings to our Community

- Beautiful design element for public space
- Space for quiet meditation and reflection
- Opportunity for recreation, dance and games
- Unusual and interesting centerpiece for community events
- Destination point, a tourist attraction
- A passive recreation activity that stimulates right brain activity
- Can be used by all ages, cultures and religions



















30"

24"

W.J. Bell Rotary Peace Park

Solvitur Ambulando... It is solved by walking.
Augustine.

Labyrinths are ancient spiritual tools used for over 4,000 years in many countries and cultures all over the world. Unlike a maze, it is a single path to the centre and back out. It's said that in a maze you lose yourself and in a labyrinth you discover yourself.

Before your first step, pause, breath and give thanks. As you walk to the centre, let go of tension, listen to your heart beat, be aware of your breathing and quiet your mind.

The centre is the still point. A place to stop and to listen, to reflect, pray or meditate. Stay as long as you wish.

Walking out is a time to resolve. Return with a renewed sense of understanding, strength, peace or possibility.

May you find light, hope and peace on your journey.



In collaboration with:

City of Ottawa, Better Neighbourhoods Program
City of Ottawa, Parks & Recreation Department
Rotary Club of Ottawa-Stittsville

Parc de la Paix W.-J.-Bell – Rotary



Solvitur Ambulando... La solution se trouve en marchant.
Augustine.

Les labyrinthes sont d'anciens outils spirituels utilisés depuis plus de 4 000 ans dans de nombreux pays et par de nombreuses cultures du monde entier. Le labyrinthe ne dispose que d'un seul sentier qui se rend en son centre et qui en ressort. On dit d'un labyrinthe que c'est l'endroit idéal pour se découvrir soi-même.

Avant de faire votre premier pas, arrêtez-vous, respirez et adressez des remerciements. En marchant jusqu'au centre, libérez-vous de vos tensions, écoutez le battement de votre cœur, prenez conscience de votre respiration et laissez votre esprit s'apaiser.

Le centre est neutre. C'est un endroit pour s'arrêter et écouter, pour réfléchir, prier ou méditer. Vous pouvez y rester aussi longtemps que vous le voulez.

La marche vers l'extérieur est le moment de trouver des solutions. Sortez en ayant acquis une nouvelle compréhension, une nouvelle force, une nouvelle paix ou de nouvelles possibilités.

Que ce cheminement vous apporte lumière, espoir et paix.

En collaboration avec :

Ville d'Ottawa, Programme d'amélioration des quartiers
Ville d'Ottawa, Service des parcs et des loisirs
Club Rotary d'Ottawa-Stittsville



30"



24"



Peace Without, Peace Within

W.J. Bell Rotary Peace Park provides multisensory experiences through nature and art forms. The theme Peace Without, Peace Within encourages contemplation, meditation or simply appreciation. Friendship and reconciliation benches encourage harmony between individuals in our community, and are a place for coming together.

A place of beauty where all ages are welcome, it has several accessible paths for walkers, wheelchairs and strollers. Native plants and shrubs complement both treed areas and beautiful open spaces. Enjoy!

In collaboration with:

City of Ottawa, Better Neighbourhoods Program
City of Ottawa, Parks & Recreation Department
Rotary Club of Ottawa-Stittsville

Special thanks to Stittsville residents and community groups
who have contributed to the Peace Park

Paix extérieure, paix intérieure

Le parc de la Paix de W.-J.-Bell – Rotary offre une expérience multisensorielle par le biais de la nature et des formes d'art. Le thème Paix extérieure, paix intérieure favorise la contemplation, la méditation ou la simple appréciation. Des bancs de l'amitié et de la réconciliation encouragent l'harmonie entre les personnes de notre communauté et constituent des lieux pour se réunir.

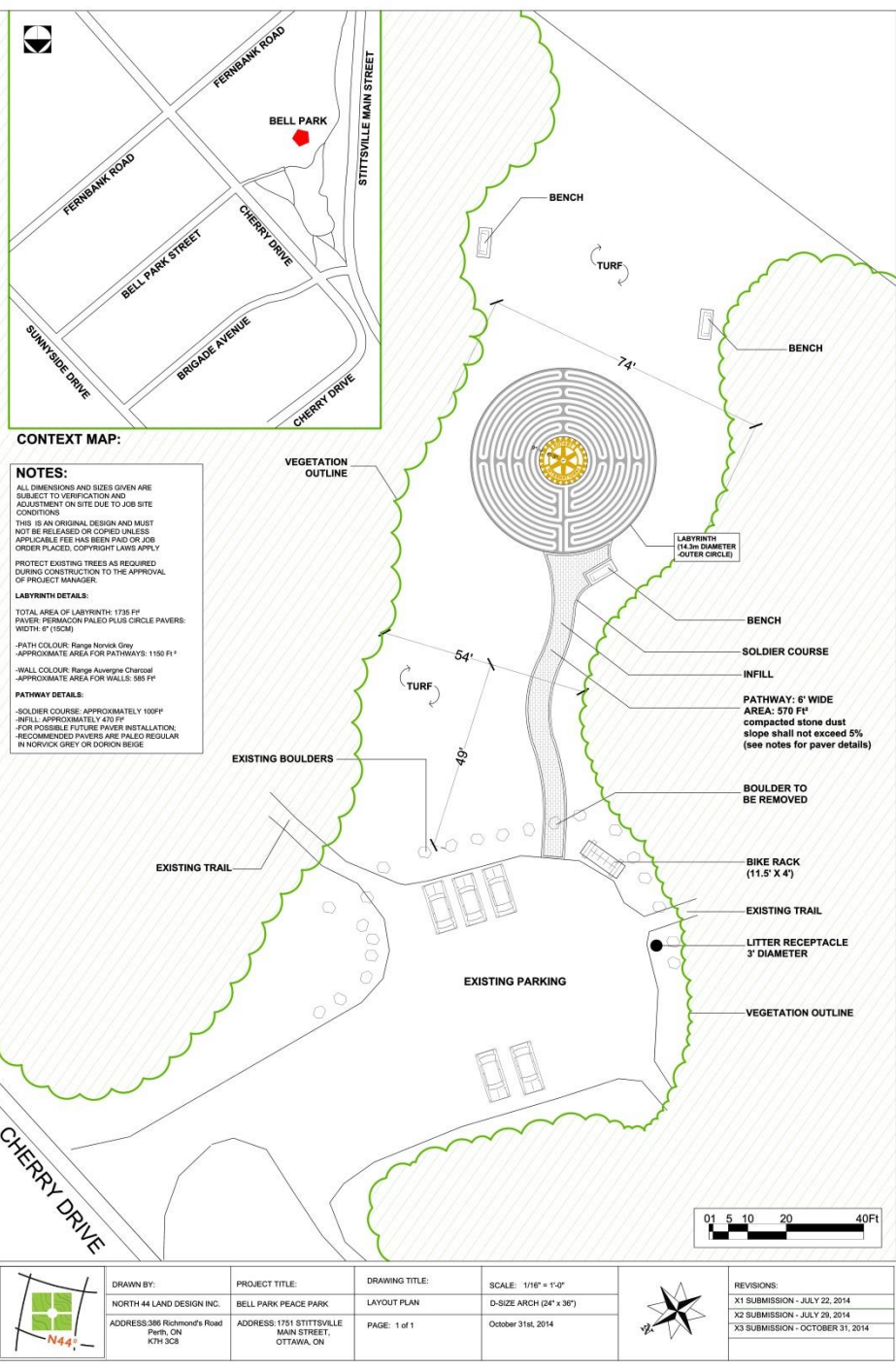
Endroit majestueux où les personnes de tout âge sont bienvenues, le parc dispose de plusieurs sentiers accessibles pour les marchettes, les fauteuils roulants et les poussettes. Des plantes et arbustes indigènes agrémentent les zones boisées et les magnifiques espaces verts. Profitez-en!

En collaboration avec :

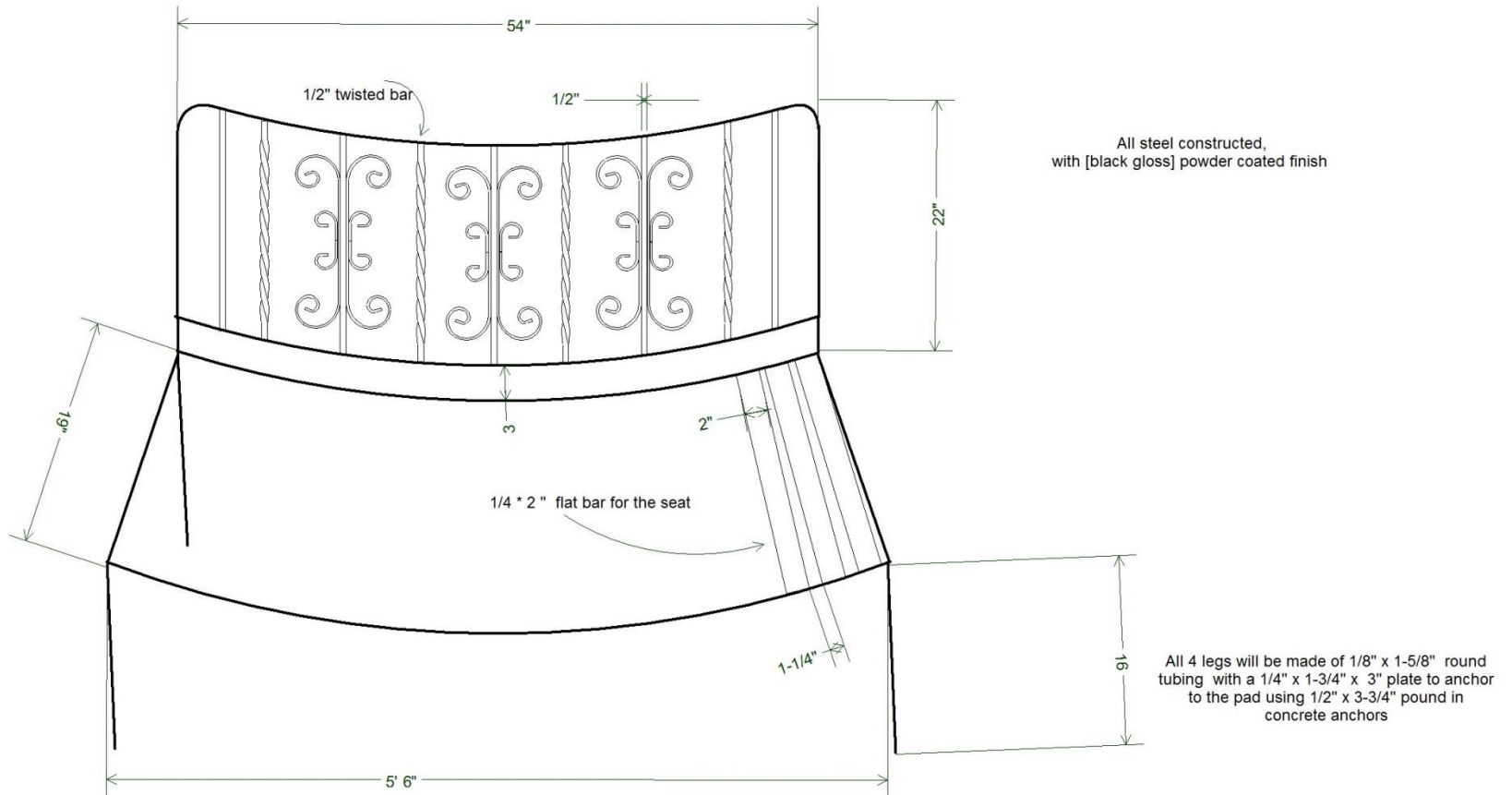
Ville d'Ottawa, Programme d'amélioration des quartiers
Ville d'Ottawa, Service des parcs et des loisirs
Club Rotary d'Ottawa-Stittsville

Nous remercions tout spécialement les groupes
communautaires et les résidents de Stittsville qui ont
contribué à la création du parc de la Paix.

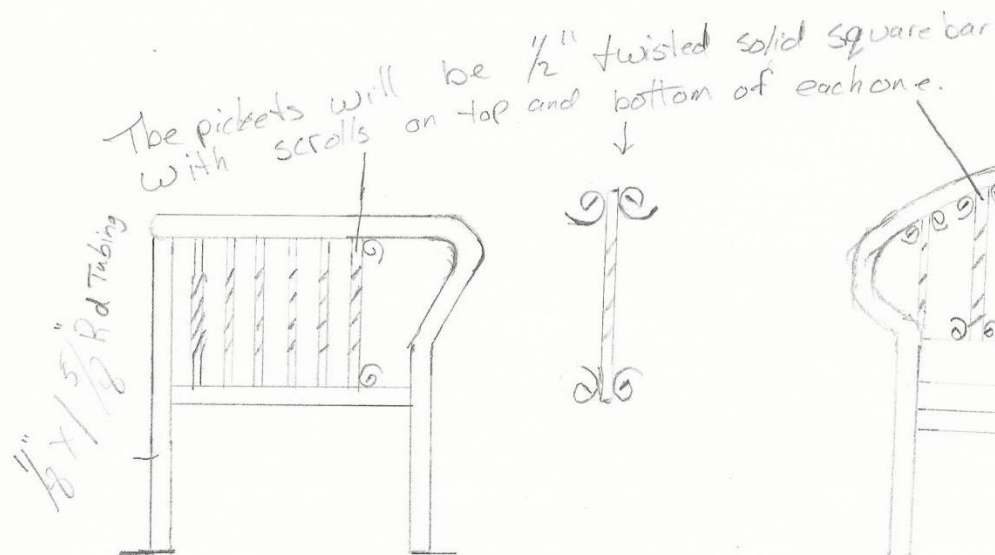
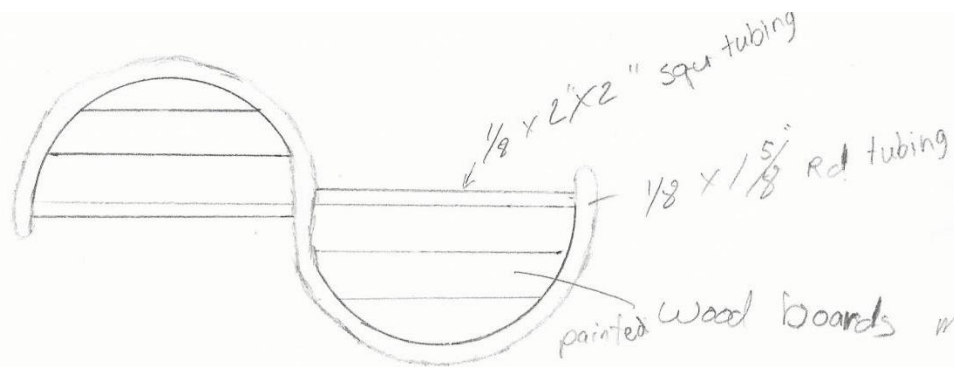




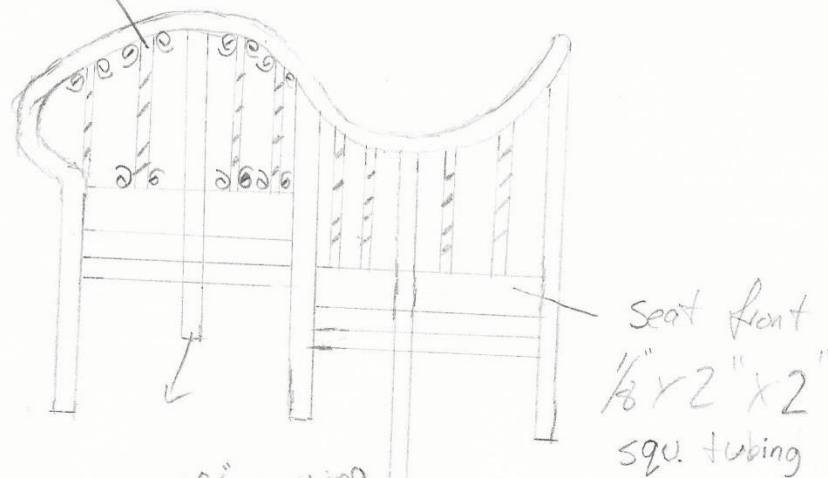
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Convex Bench Design



Legs are made up of $\frac{1}{8} \times \frac{5}{8}$ " rd tubing



Sketch of Reconciliation Bench

DeBlieck's Custom manufacturing
 Norwich, Ontario
 December, 2014

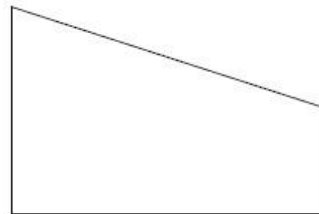


Bike Rack

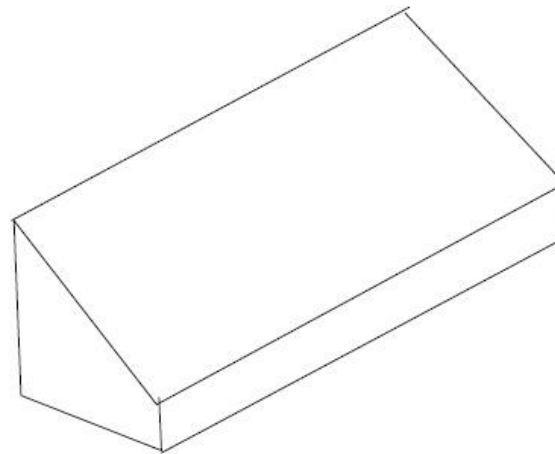
SPONSORED BY
YOUR COMPANY
HERE

12 x 6 x 4/2 GREY P1 RUSTIC SIDES

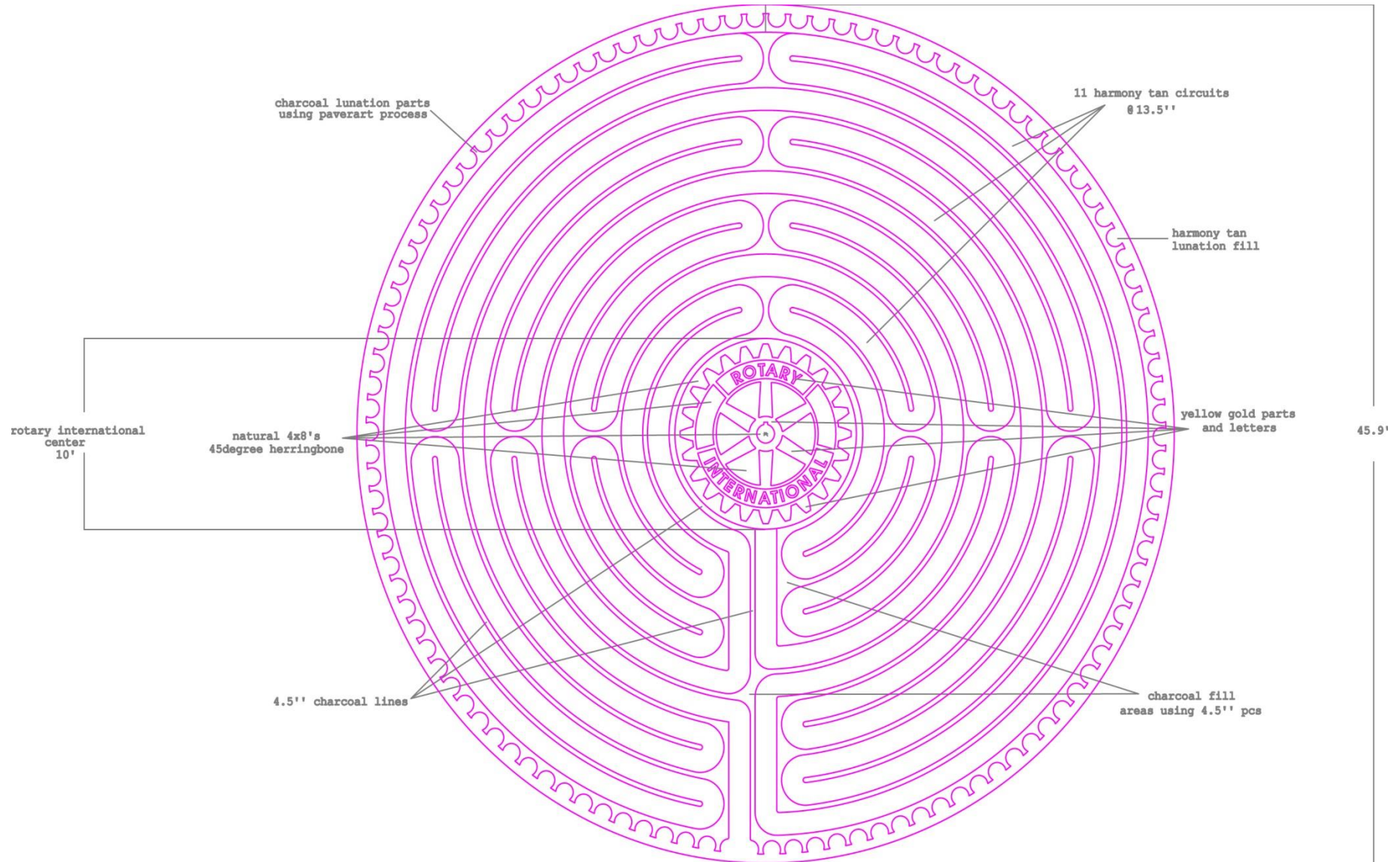
LETTERING SUNK IN A PANEL -
LETTERING PAINTED BLACK



SIDE VIEW



APPROX. VIEW OF MARKER



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