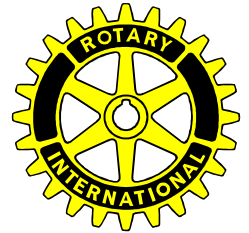


The Beacon News



The Rotary Club of Port Hope

News Bulletin for the Week of April 08, 2013

Port Hope Community Health Centre Visit

CALL TO ORDER

President Kelly called the meeting to order at six or thereabouts.



Tonight the Club at the invitation of the Port Hope Community Health Centre attended their premises for a tour and information session lead by their Director John Hassen.



The normal format of the weekly meeting was abbreviated with the welcome

to all who attended some brief announcements.

A buffet was provided by the CHC after which John gave an overview presentation of the operations and services provided by the CHC.



The Community Health Centre commenced operation Nov 27th, 2009.

Services offered include the following:

-primary care, health promotion and care development including practitioner, physicians, nurse practitioners, diabetic educationist, community

dietitians, dentists, dental hygienist, community care workers also a emergency food bank with good food box delivery and milk for moms coupons for eligible families with more being added as the grow dictate.



These services are available to families who do not have a doctor, seniors who have chronic health issues. Youth who are at risk ages 12-21 on social assistance/ mental health or addictions to name a few.

Basic area served is Port Hope, Cobourg and Hamilton Township.

John alluded to additional services now being offered such as:

Migrant farm workers program
movement disorder clinics
Soup sisters & men with knives (cooking courses with proper nutritional foods)

Drumming circle program to assist Aboriginal youth to become more productive and self reliant.



A one stop shopping facility related to health and well being of those who cannot afford the normal services offered for a regular fee cost.

Since inception the staff at CHC has doubled to 46 and it has an operating allocation of about \$5M. Funding from various agencies of the Provincial Government, donations both private and corporate,

John then led a tour of the highly renovated former Port Hope Canadian Legion building located on Toronto Rd, Port Hope.

There are many offices, interview rooms, laboratory, and two fully equipped dental suites along with a myriad of other facilities.



Due to the continuing demand the CHC may have to expand their facilities.

All in all the evening was likely an eye opener to many of the club members who attended. Had it not been the efforts of a number of community oriented citizens this great facility would not have happened.



Monthly Report from Exchange Student Will Thompson

Hello everyone.

Not too much has happened since my last report but I have been super busy. Right after my last report I went on something called the "Glacial express." This is a train with panoramic windows going through the Alps. It was really cool because we went from places that were really warm to places that had

several feet of snow within fifteen minutes or so. It was really quite amazing. I also had a "Polar Dip" in the "Zugersee" (lake Zug) with some other exchange students and some Swiss people. It was extremely cold but worth it and I can also now say I walked through the main train station wearing nothing but a bathing suit and work boots while other people were wearing winter coats. Also I went paint-balling for the first time with a really good friend from my class and his brother and his brother's friends. I got a few bruises but I had a lot of fun

Easter was really nice with my host family even though I did get a little homesick. We coloured eggs together with some of my host cousins and made designs by wrapping the eggs and some leaves or flowers really tightly in nylons, then dipping them in the colour, leaving the imprints of the plants or flowers on the eggs. I don't think I have ever even heard of doing it like that before so I thought it was really cool.

What has been taking up most of my time though was theater. We had full weeks of nothing but school and rehearsal before we presented our re-written version of Romeo & Juliet. I played Graff Paris (who is the guy lord Capulet wants Juliet to marry) and a police officer. It was really fun because I was comic relief in both roles but in polar opposite ways. As the police officer I was bumbling and overenthusiastic (and got to eat allot) while as Paris I was extremely overconfident and

intensely vain. At one point I had to get on a table, take my shirt off, and scream about how awesome I looked.

I have had allot of fun this month and I am really sad that my time here is coming to an end, sometimes I just wanna go home from homesickness but I don't know how I am actually ever going to get on that plane when the time comes.

Hope everything is going well with you

Will

P.S. I was walking with some friends last night through the rain and we almost got hit by lightning, it went right over us hitting a building nearby but we could feel the electricity and the thunder was louder than a twelve gauge, just a little terrifying.

COMING EVENTS

Wednesday, May 1, 2013, Rotary Fashion Show, Carlyle Inn & Bistro. Dinner & Show 6pm, Tickets \$50 each at Susan Dewhurst Fashions.

Proceeds to support Northumberland Parkinson's Foundation

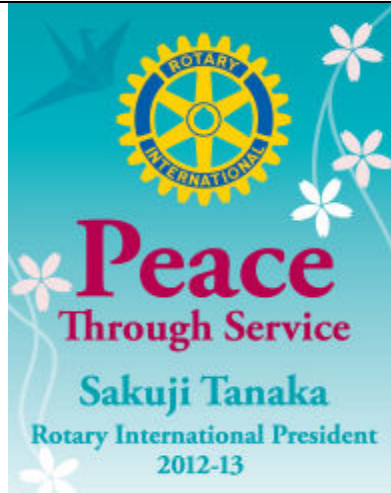
Saturday, May 18, 2013, Surf & Turf Dinner & Auction

FUTURE MEETING SCHEDULE

Date	Speaker	Location	Door Duty	Scribe	Editor
Apr 15	Brian Morrison – Fishery on the Ganny	K of C	Susan R, Ted R	Aldo D	Ted R
Apr 22	Vocational Training Team - Japan	K of C	Jan B, Ron T	Ted H	Ted R
Apr 29	David Lishman – Environmental Cruises	K of C	Bill L, Roger I	Bree N	Ted R
May 06	Jamieson Ross – Meeting Format Proposals	K of C	Ted H, Bruce C	Rolly D	Ted R
May 13	TBA	K of C	Dianne P, Cleve P	John M	Ted R
May 20	Victoria Day – No Meeting				
May 27	TBA	K of C	Bob W, Jim G	Aldo	Ted R

**ROTARY CLUB OF
PORT HOPE**

2012 - 2013



Mailing Address:

P.O. Box 191 Port Hope, Ontario, L1A 3W3

Officers

President: Kelly Morgan-Mackenzie
Past President: Bruce Coleman
Secretary: Cleve Pendock

President- Elect: Bree Nixon
Treasurer: Paul Tait

Directors

Club Service: Linda Thompson
Community Service: Jamieson Ross

World Service: Roger Ingram
Fund Raising: Ken O'Neill