



Earth Day, 2019, Friday April 12, 12:15 pm

Today's Program

Derek Zavislake, Merchants of Green Coffee

Host

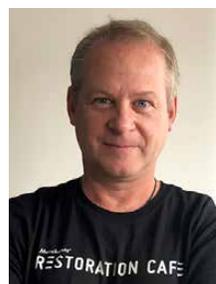
Kurt Kroesen and the Environment Committee

Topic

Coffee and Deforestation

Location

Fairmont Royal York, Imperial Room



What are the real costs of the global coffee industry? How the support of bold supply chain innovations can reverse these costs, establishing coffee as a vehicle for restoring our planet's forests and securing a better future for coffee growers.

Derek Zavislake is a coffee business owner who helps coffee-lovers improve the taste and lessen the carbon footprint of their daily cups. An honest entrepreneur, Derek speaks the truth and his uniquely transparent approach to coffee coupled with his unwillingness to compromise his values is what differentiates his company, Merchants of Green Coffee.

Derek co-founded the company in 1994 at the age of 27, and to this day remains committed to fresh coffee, fair trade and green business. These principles are included in all aspects of his alternative, education-based coffee supply chain aimed saving trees, directing more money to growers and producing fresher, better-tasting cups of coffee.

Merchants of Green Coffee has evolved to include a flagship cafe, Merchants' Restoration Cafe; where coffee consumers can learn about coffee and explore different single origins served at their absolute best quality; and a flagship coffee, Cafe Solar®, which is restoring forests via a combination of advanced, solar-powered processing, plus a 1:1 farm-to-forest system for coffee cultivation, called Integrated Open Canopy (IOC).

In his spare time Derek gets outside as much as possible; fishing, skiing, and roasting coffee over the crackle of a campfire. At the end of the day, it's all about getting back into sync with Mother Nature.

President's Cocktails, Wednesday April 17, 5:30 pm

Program

Dr. David Urbach

Host

Dawn-Marie King

Topic

The healthcare system – current problems and innovative solutions

Location

National Club, 303 Bay Street



David Urbach is Chief of Surgery and Director of Perioperative Services at Women's College Hospital, and Professor of Surgery and Health Policy, Management and Evaluation at The University of Toronto. In addition to being a practicing general surgeon, he is a Senior Fellow at the Women's College

Hospital Institute for Health System Solutions and Virtual Care (WIHV), and Senior Scientist at the Women's College Hospital Research Institute and the Institute for Clinical Evaluative Sciences. His research focuses on surgery-related health services. David is especially interested in improving health policy related to surgical services in Canada, particularly access to care and the sustainability and cost of surgery in Canadian hospitals. He has written over 250 peer-reviewed scientific articles, and has lectured around the world.

Rotary's Newest Member Rahim Vishnu Wallani Investor, Philanthropist, Entrepreneur!!



Rahim was born in Tanzania, Africa and was raised in the UK. Canada has been his home for 30 years. He started his first business at the age of 12 in Ottawa Ontario. Since then Rahim has founded many companies in the real estate area, software, entertainment, education, and finance amongst others. He is a real entrepreneur and is now running a Family Office investing in 4 key areas where they see disruption and a need for evolution, which are: Healthcare, Food and Beverage, Technology and Real Estate.

His real passion is philanthropy and evolving human consciousness. He experienced the spirit of Rotary when he joined the Sweat Equity trip to Cambodia in November 2018.

Rahim is looking forward to bringing entrepreneurial spirit to The Rotary Club of Toronto and our philanthropic ventures!!

A New Day Is Coming

- by Lauriane Le Berre, Rotaractor



Earth Day was founded in 1970, one year after the disastrous oil blowout in Santa Barbara that spilled around 100,000 barrels over 6 miles, killing thousands of marine animals. Since then, Earth Day is a remembrance of the duty we have towards our dear Mother Nature.

Last month, I had the chance to attend a climate change training through the Climate Reality Project - <https://www.climateRealityProject.org/>. The event was hosted by Al Gore, Ex US VP and Nobel Peace Prize winner in 2007. More than 2000 climate activists gathered in Atlanta, Georgia, the epicentre of the Civil Rights movement in the US and the hometown of Martin Luther King Jr.

As I was witnessing a powerful moral call to action embodied through interfaith dialogues and alarming scientific warnings, I thought how could we possibly solve what is thought to be the biggest crisis of all time. As Rotarians and Rotaractors, by committing to place service above self, we have a big role to play in solving climate change, as it ties with our purpose and values.

Is it the truth? The truth comes from what science tells us. We must understand it and leverage scientific facts when communicating to our representatives to see a real impact in public policies.

Is it fair to all concerned? A large portion of the population is vulnerable and will directly bear the cost of climate change. Through our acts and service, we have the duty of helping the underserved populations and advocate for environmental justice.

Will it build good will and better friendships? Protecting our planet is all about the relationships and moral obligation we have to each other, which is the essence and meaning of life. Unifying beyond gender, age, nationality, and sexual preference differences is what will empower us to solve this crisis.

Will it be beneficial to all concerned? Future generations are the ones who will have to live with the world we leave behind. Do we want our kids and grandkids to bear the catastrophic consequences of our passivity and inaction? Let's bridge the gap between now and tomorrow by educating communities around us.

On April 24th, I encourage each and every one of you to think about how you can give back to Mother Earth. On my end, I have a year to complete 10 acts of Leadership for the Climate Reality Project, and I hope I will do so with the support of the newly-joined Environment Committee!

A new day is coming, let's come together and place our planet above ourselves. Happy Earth Day Rotarians and Guests!

Rotary Club of Toronto Environmental Services Committee - by Chair Lorna Johnson



The Environmental Services Committee has been part of the Rotary Club of Toronto in different ways for more than 25 years. We are a philanthropic committee and aim to sponsor at least one sweat equity event per Rotary year. What do we fund?

Projects in Toronto that focus on one or more of:

- Water and the Great Lakes
- Urban Environmental Issues
- Increasing/Preserving biodiversity in Toronto
- Promotion of nature in the city

The qualities of our desirable projects are:

- Where our funds make a difference or investment would be strategic (i.e. gaps where traditional funders are not active)
- Cross-benefits of environmental, children, aboriginal, food security, homelessness, seniors etc.
- Innovative

This year, we are funding a variety of projects supported by not-for-profits and charities in Toronto:

- Nature walks, collaboratively with the RCT Seniors Committee, Sisting. <https://sisting.org>
- Annual tree planting with Urban Forestry Associates. <http://ufora.ca>
- Wild Bee Club and Buzz Talks. High Park Nature Centre. <https://highparknaturecentre.com/>
- Tool kits for youth volunteer repairers who will be trained. Repair Café. <http://repaircafetoronto.ca/>
- Funds for new fruit-picking tools. Not Far From the Tree. <https://notfarfromthetree.org>

In the past, our sweat equity projects include tree planting with Highway of Heroes, and helping to set up a St. Clair West location for the Toronto Tool Library.

Our Committee meets via Google Meets at 6 PM on the second Wednesday each month. Members from RCT: Lorna Johnson (Chair), Kevin Power, Neil Phillips, John Joseph Mastandrea, Alanna Scott, Kurt Kroesen and Daniel Massicotte. Members from Rotaract Club of Toronto: Lauriane Le Berre and Tiana Piva



Eva's Place new gardens



Camp Scugog – May 24-26, 2019

- by Susan Howson

Must I commit to the whole weekend? Best to come for the weekend but if you only have one day come for breakfast on Saturday and stay for dinner.

Is cost same if I only come for a day? Yes

What is the process for registering? Click on this link or call the office to pay and register. <http://tiny.cc/hhp14y>

Once registered a survey will be sent to you requesting information as to food issues such as allergies or restrictions and job choices.

Where is the Camp? Lake Scugog Camp is near Port Perry north east of Toronto. Just over an hour and half drive. Directions will be sent out closer to the date.

Is there carpooling? Yes.

Where do I sleep? We sleep in the same cabins as the summer campers. They are basic so you will need a sleeping bag or bedding.

What do I need to bring? A suggested packing list will be provided closer to the date. It is bring your own booze.

Can I bring family a friend? No this is strictly a member event- think business retreat but no business.

What exactly is Camp Scugog? It is a weekend of hard work fixing up a camp for disadvantaged families.

What does this entail? Generally we're painting cabins, fixing fences and other assorted projects. No special skills are required – though there are specific projects for those who have a skilled trade background. You work in teams with an assigned friendly – if demanding – foreperson.

Why should I go? By doing some of the maintenance work we save the Camp money, which can then be used to provide supplies for the Camp. You will be helping 298 campers have a wonderful experience. Many of the campers come from Children's aid or shelters. You will get to build better relationships with your fellow Rotarians and you will have a good time and good food while you are doing it.

It's my birthday so I can't come. It's the Camp Boss's birthday too along with several others who come to camp. Come celebrate with us.



Birthday Girl Susan Howson with Past President Pat Neuman

Sri Lanka orphanages and our member Errol Paulicpulli

Since the major tsunami in 2010 devastated so much of the country, Errol has been returning to his birthland to assist.

This March in Batticaloa, Sri Lanka he delivered several tons of food, clothing school supplies and computer equipment to Hari Boys and Shakthi Girls home. The renovations they completed at the boys home in 2017 have paid off with badly needed space. The girls' home needs more renovations, and – with your help – we'll be able to raise enough money to proceed. The estimated cost is about \$60,000 CDN for finishing off an entire floor with windows, paint, interior finishing, and furniture.



Shakthi orphanage – girls we can help

On the last two nights of his trip, he had dinner – one night with the girls and one with the boys. It was the first time in a long time that they had eaten well, with chicken, and rice/noodles and yes - Ice Cream.

You can make a difference. Donations to this project can be made through our Philanthropic Fund – be sure to Select Designation – Sri Lanka Orphanages 2019. <http://tiny.cc/jnp14y>

RI President
Barry Rassin, East Nassau

District Governor
Mary Lou Harrison, Toronto Sunrise

The Rotary Club of Toronto Club 55 – 1912

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Carol Hutchinson

Rotary Club of Toronto Charitable Foundation:
Susan Howson, President

Editor of the Week:
Maureen Bird

Editor April 26, 2019:
Lorna Johnson

What You Missed Reporter for April 12, 2019:
Environment Committee

What You Missed Reporter for April 17, 2019:
Maureen Bird

Upcoming Speakers & Events

April 2019

- 17 President's Cocktails, 5:30 PM, Dr. David Urbach, Healthcare
- 19 Good Friday, NO MEETING
- 23 John Millar, Water First

May 2019

- 3 Dr. Sam Geist
- 10 Anthony Wilson-Smith, Historica Canada

EVENTS

- April 25 R2R, National Club
- April 27 District Walk for AIDS
- May 24-26 Camp Scugog Weekend
- May 30 R2R, National Club

Propose a Speaker – Contact

Bert Steenburgh, Chair
BSteenburgh@oxfordproperties.com
Tel: 416-868-3673

Submit an article to the Voice Newsletter:
therotaryvoice@gmail.com

Editor-in-chief: Maureen Bird

LET'S BE PERSONAL

April 12th - Bill Morari
April 26th - Steve Smith

Let's Be Personal - by Peter Simmie



I am a portfolio manager at Bristol Gate Capital Partners – managing a strategy of US dividend growth stocks that now exceeds \$1.25 billion in client assets. Let me share what I have learned over the years. What doesn't usually work is trying to time the market, hot tips from friends, buying stocks with limited operating records, following the herd, using performance measurements you don't understand, reducing your capital and costly annuities or term deposits. What is more effective is a focus on dividend growth, a limited number of stocks,

diversification, and taking less risk.

I joined the Club in 1999 thanks to Bill Empey. I have had the privilege of serving on the Club and Foundation Boards and chairing the International Service Committee. Rotary does many, many wonderful things to improve the community. If you have a great idea – even as grand as the eradication of polio - there is the potential of 2 million Rotarians worldwide helping. Quite an organization!

What You Missed April 5, 2019 - by Annelise Taylor



Today our Rotary meeting was held at the beautiful Albany Club in Toronto. Founded in 1882 and named after the Duke of Albany, it is one of the oldest private clubs in Canada. It was interesting to be taking my notes for the meeting on letterhead from The National Club....

Michele Guy was the monitor for the day and jokingly reminded all of us, including President Jeff, that he only has twelve weeks left in his present role. President Jeff then warmly welcomed three visiting Rotarians and four guests. He also drew attention to the origami on every table in the room, which was a handmade gift by a visiting Japanese exchange student, Mana Sawamori, visiting her 25th Rotary Club since she came to Canada.

Andrea Tirone introduced our intimidating speaker Gemma Sheehan, who spoke about her journey to empower girls through an organization she created in 2017, Girls Who Fight. After a 9-year career in MMA, where in 2016 Gemma took the gold in the Pan-Am Games for Brazilian Jiu Jitsu and was ranked the #1 MMA fighter in Ontario, Gemma was faced with losing the identity she had created for herself when she had to withdraw from the sport for medical reasons.

After taking the time for self-analysis to accept the loss of her goals and dreams and to set new ones, Gemma started Girls Who Fight. She started down a path to empower young girls through assertiveness, self-defensiveness and MMA training. Training helps girls and women avoid being targets for bullies and criminals, who look for victims who are insecure and who display passiveness. By training her students to be assertive, to speak in a loud angry voice and mirror it in their body language, they may lessen the chance of being attacked and if they are attacked, they will have some valuable skills to enable them to escape.

Gemma holds classes, teaching at kids camps, girl guides and anywhere else she is invited to teach. Gemma even went to South Africa for three weeks to teach and found she was able to communicate her lessons through body language, when the language barrier was too great. The impact she had on the participants was imprinted on her when a grandmother stood up and told her that when their husbands, fathers or brothers come home drunk and beat on them, they now have some skills to handle themselves besides just tears. Regardless of their situation, the participants

were all positive and happy, which gave Gemma perspective on her own life and ensured she counted her many blessings.

President Jeff bravely volunteered to participate in a self-defense demonstration for the club with Gemma, and John Fortney reminded Gemma that we still need President Jeff for twelve more precious weeks. Gemma easily demonstrated how she trains her students and we were all happy that President Jeff survived the ordeal.



Left to right: Speaker Gemma teaching President Jeff a lesson!

Gemma was presented with a donation to the Peer Project in her honour.

The five of spades was drawn by Blair Spinney, so keep buying tickets and keep the pot growing!



Burlington Rotarians Sandhya Maini and Owen McElhinney with Mana Sawamori and President Jeff

Poker Walk for HIV/AIDS

Saturday, April 27, 9 am
www.toronto.rotaryaidswalk.ca



The Rotary Club of Toronto

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