

## Today's Program

Mark Sakamoto, Author, Lawyer and Political Advisor

## Topic

The Japanese Canadian Perspective

## Location

The Fairmont Royal York Hotel,  
Upper Canada room

## Host

Robert O'Brien



A lawyer by training, Mark Sakamoto has enjoyed a rich and varied career. He began his professional career in live music, working with several international acts. He has worked at a national law firm (Heenan Blaikie LLP), a national broadcaster (CBC) and has served as a senior political advisor to a national party leader (Michael Ignatieff). He is an entrepreneur and investor in digital health and real estate. He is the Executive Vice President, Business Development for Think Research Group, a leading health care software company. Mark sits on the Board of the Ontario Media Development Corporation and the University of Toronto's Trudeau Centre for Peace, Conflict and Justice at the Munk School of Global Affairs. Mark Sakamoto's book *Forgiveness: A Gift from My Grandparents* is a number one national bestseller and shares remarkable true stories about two Canadian families, Japanese and Canadian, that were at war with each other and found peace and forgiveness together against one of the darkest periods in Canada's history.



## New Member: Pat Tyrrell

Pat was born in a mining town in British Columbia where her father was a mining engineer. When the family moved to Toronto, her mother opened Variety Village. At that time it was a residential school to prepare young people for employment. That was before polio had been beaten and many polio victims had limited schooling.

Pat's work has taken her to many different spheres. Early on, she recruited staff for the Ontario Pavilion at Expo 67. It won an Oscar for the first split screen movie.

She is still in touch with some of the staff who were university students at the time.

Later Pat worked for Inco on government relations and the company's environmental program. Mid-career Pat went to England to study post-grad business at London Business School. There were just thirty-two students from many different countries. A great experience! It was a period of great change after Margaret Thatcher had become Prime Minister. Thatcher was nearly killed by a bomb, but went on to effect many changes (some welcomed and some not).

Pat is very involved in sailing at the National Club and the RCYC. She discovered sailing in Europe when the alumni from European business schools began to have an annual race. Pat has now sailed in England, France, Italy and a number of times in the Caribbean.

Pat has recently retired after twenty years in the investment business and is looking forward to the community service and fellowship that Rotary provides.

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## Are You on LinkedIn?

If so, did you know that The Rotary Club of Toronto has our very own LinkedIn group? We use the social media platform to share articles, stories from the Rotary world—and, of course, to learn more about the businesses of our members. Join the group and show other business professionals in your network that you are active in philanthropy and join the discussion. It can lead to new business connections, enquiries from others about the good work our Club does and offer an opportunity for additional enlightenment outside the regular Club meetings. Just search for "The Rotary Club of Toronto" on the LinkedIn website or app. Or, **[CLICK HERE](#)**. We look forward to seeing you online!

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## R2R 2015

Please mark your calendars for the next R2R on Thursday, April 16th, this is a re-schedule from the previous week, 6 o'clock at the National Club. As always please advise only if you are able to attend. We hope to have some new members introducing themselves. (Please send me a note at [jay.littlejohn@ca.cushwake.com](mailto:jay.littlejohn@ca.cushwake.com) if you'd like a minute or two to introduce yourself.) At the last meeting, we had over twenty people half of whom were from some of our other clubs coming to say hello. As always, tasty victuals for \$5, cash bar, and good times! Jay Littlejohn

## Annual Fundraiser March 26, 2015

— by Pat Neuman, Chair, Fundraising Committee



They had to know when to hold'em and when not to! The call could be heard: "Chips! Chips!"

The annual fundraiser at the Steam Whistle Brewery was a resounding success and everyone went home very happy, although tired. That late night was worth it!

We enjoyed wonderful food and drinks, excellent fellowship, and good times. It was a sold out house with 27 tables! Special thanks to Fabio Ventolini for his efforts in selling the tables; he surely has a lot of card-playing friends and associates. Also, thank you, thank you to the Fundraising Committee and the many Rotarian and Rotaract volunteers for doing such a great job!

By all counts it looks like we are close to achieving our financial goals. Our major sponsors, Mackie Research Capital and Tippet Richardson Records Management, deserve immense thanks for their contributions. Thanks, too, to all who donated when they could not attend, as well as to those who made significant donations. If you have not donated your price of a ticket, please do so now. Donations are still open so we can reach our target.

Thanks again to all! It was a great night!



*Having a blast at the Steam Whistle!*



*Pat Neuman and friends at the Steam Whistle*



*And the winner is...Justin Jinno!*

## Cocktails and Committees

In the last couple of years we have cancelled Friday lunches on long weekends. But a decision was made to gather socially instead and that is what happened at The National Club, Tuesday, March 30th. There were about 80 Rotarians and friends present and we had short presentations from the Seniors, Women's Initiatives, and Aboriginal committees. A good time was had by all with canapés and two drinks for the price of a lunch ticket.

The next social gathering will be held Thursday, May 14th to celebrate Hosting the Rotary Flame—We Are This Close—with cocktails at The National Club. Mark your calendars now!

[CLICK HERE](#)



*Lorraine Lloyd, Lorna Johnson, Lori Brazier and Susan Boggild*

## Youth Employment Services (YES)

### Be the President – and Support Youth Employment!

After 26 years of strong leadership by the incumbent, Youth Employment Services (YES) is seeking its next President. The President, who reports to a volunteer Board of Directors, is responsible for the overall management and leadership of YES.

Founded by the Rotary Club of Toronto in 1968, YES was the first counselling organization to be established in Canada specializing in youth employment, serving as a model for the development of youth employment centres across Ontario and throughout the world. YES serves over 7,500 young people each year. For more information, please visit [www.yes.on.ca](http://www.yes.on.ca).

In addition to visionary leadership and proven management abilities, the ideal candidate will have a university degree and significant senior-level management experience, combined with experience in managing a not-for-profit agency serving the community. Fundraising experience would be a major asset.

Considerations of candidates will begin in April 2015. Nominations and applications should be sent, in strict confidence, to the address shown below.

Janet Wright & Associates Inc.  
174 Bedford Road, Suite 200  
Toronto, ON M5R 2K9  
[yespres@jwsearch.com](mailto:yespres@jwsearch.com)



SKETCH invites you to an evening to celebrate & appreciate the Toronto Rotary Club and Geoffrey Johnson at

**Taste@Sketch:  
A Celebration of the Palate**

[CLICK HERE](#) to Purchase Tickets



## Camp Scugog...You've Heard the Stories!

— by Susan Howson



You've seen the images; you've heard the tales . . . now it's time to sign up for another weekend of hard work, great food and abundant fellowship. Don't delay, register now! If you're a newer member or someone who has not yet made it up, we strongly encourage you to ask someone who's been to tell you about the weekend. Members repeatedly say it's a highlight of their Rotary year, and a weekend not to be missed. If you can only come Saturday, that is fine.

What exactly is Camp Scugog? In simple terms, we head up for a weekend of hard work fixing up a summer camp (located near Port Perry) for disadvantaged families. What does this entail? Generally we're painting cabins, fixing fences and other assorted projects. No special skills are required, though there are specific projects for those who have a skilled trade background. You work in teams with an assigned friendly—if demanding—foreman.

In exchange for your time and work efforts, the "Camp Chefs" (fellow Rotarians) work long hours to prepare extravagant meals. We've never heard of anyone going home hungry! If allergies are a problem, let us know and we'll take care of you. Our Club President drives the drinks cart around the campground to ensure no one goes thirsty. Accommodation is basic, in the children's cabins, so you'll need a sleeping bag. Many members carpool. Most people come up Friday and kick the weekend off with a social evening. Trust us: it's worth getting there Friday to enjoy the barbecue. Saturday is full-on work, and we try to get in a half-day in Sunday as well. We can only plan for those we know are coming; therefore, please register by **May 15**. We need to put supplies and food orders in prior to then, so this truly is important: this is not an event you can wait for until the last minute.

**CLICK HERE to register**

If for some reason you cannot make it but desperately want to help the cause, contact Susan Howson about a potential donation of supplies. Once you register, you will be sent a complete information package. This will outline the weekend schedule in detail, provide directions and include a quick survey regarding dietary requirements or project specialties. If you have additional questions before registering, please contact Susan Howson: [showson@mackieresearch.com](mailto:showson@mackieresearch.com). The weekend is May 22-24. The cost is \$100 dollars for Rotarians, and \$80 dollars for Rotaractors. This cost includes all meals, 2 dinners, 2 breakfasts 1 lunch, and helps pay for our work supplies. BYOB!



## The Rotary Club of Toronto Club 55 – 1912

### Officers:

President: Steven Smith  
President-Elect: David Hetherington  
Vice President: Susan Hunter  
Treasurer: James McAuley

### Executive Director:

Carol Hutchinson

### Rotary Club of Toronto Charitable Foundation:

Robert Smith, President

### Editor of the Week:

Luba Rascheff

### Editor April 17, 2015:

Maureen Bird

### What You Missed Reporter for April 10th:

Kevin Power

## The Four-way test of the things we think, say, or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it Build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

### Submit an Article to the *Voice* Newsletter:

[voice@rotarytoronto.on.ca](mailto:voice@rotarytoronto.on.ca)

## Upcoming Speakers & Events

### April 2015

- 17 Senator Hugh Segal, Master of Massey College, *The Two Freedoms that Matter Most and Why*, at The National Club
- 24 Neil McOstrich, *Wisdom of Storytelling: Imparting Wisdom to CEO's*, in the Upper Canada room
- 25 Trump Aids Poker Walk

### May 2015

- 01 Kelly Murumets, CEO, Tennis Canada
- 08 Steve Cornish, Doctors Without Borders Canada
- 14 Thursday Evening Cocktails! Hosting the Rotary Flame
- 15 No Meeting due to the Victoria Day Holiday
- 29 Youth Friday Lunch

### Propose a Speaker – Contact

Alex Brown, Chair

### Program Committee

[alexbrown@integratedappliances.ca](mailto:alexbrown@integratedappliances.ca)



## What You Missed, March 27, 2015

— by Shelley D. McIntyre



The *Old Farmer's Almanac* tells us that the first day of spring, the Vernal Equinox, occurred on March 20, 2015. It certainly did not feel like spring, but this did not stop dedicated Rotarians from gathering at the Imperial Room of the Royal York Hotel to enjoy a wonderful lunch, fellowship, and speaker. Many of the volunteers from the previous evening's fundraising event, the Seventh Annual Speakeasy, held at the Steam Whistle Brewery, also made it out to the lunch despite having worked until the wee hours of the morning! A special thank you is in order for the event's organizer, Fabio Ventolini. To all of the volunteers, you deserve many thanks from those Rotarians who could not attend to help or who had the pleasure of enjoying the event; I learned to play poker for the first time and it was great fun! President Steve recalled a comment that his father made. "Success at Poker is evidence of a misspent youth." As I made it quite far at the event, I attribute my success purely to beginner's luck! Pat Neuman advised us that we may have doubled our fundraising income this year!

Maureen Bird reminded us that the Poker walk is occurring on April 23, 2015. The event has raised over \$80,000 over the last five years for AIDS projects here and overseas.

President Steve welcomed a new member, Patricia! We were also reminded that due to the upcoming holiday weekend, in lieu of a meeting next Friday, April 3, there will be a special Tuesday Night Cocktail meeting held on March 31, 2015 from 6:00 PM to 7:30 PM at The National Club. Please be sure to confirm your attendance with Carol in advance.



Peter Love (l) and President Steve Smith (r) welcomed Dr. Paul Garfinkel to the head table.

Harry Figov, host to the guest speaker, introduced Dr. Paul Garfinkel, Professor Emeritus, U of T – Department of Psychiatry and Staff Psychiatrist CAMH. Harry reminded us that Dr. Garfinkel spoke at our Club some twenty years ago. Thank you Harry for bringing such a dynamic and interesting man to enlighten us on the history and future of psychiatry.

Dr. Garfinkel has a new book called, *A Life in Psychiatry*, published by Barlow, and available through Caversham Booksellers for those who did not get an opportunity to pick one up at Friday's lunch. He has been practicing psychiatry for over forty years, sits on the faculty

of the Ivey Business School at Western University, and is on the Discipline Committee of the College of Physicians and Surgeons. He spoke to our Club on the topic of "Science and Compassion in the New Psychiatry."

Having heard of our recent poker fundraiser, Dr. Garfinkel shared with us his father's love of poker and ill-fated attempts to teach his teenage son Paul in its play. Dr. Garfinkel attributed his failure to learn to his expressive nature, at odds with the necessity that a good player be devoid of all expression. So he went on to pursue baseball and then psychiatry, during a time when the reality was much like the portrayal in the infamous 1975 movie: *One Flew Over the Cuckoo's Nest*, where nurse Ratchet tried to suck the humanity out of the patients. Systemic issues of overcrowding and abuse in the psychiatric institutions existed. But today we have our own problems, beginning with the massive deinstitutionalization of patients from psychiatric institutions.

At the same time, Freud's "talking cure," or psychoanalysis was under attack. North American culture wanted fast results. So, during the 1960's science moved in. Medicine was used to treat depression and by the 1970s the trend accelerated. Pills were the new cure.

At this time there was also better diagnosis and treatment. There was more knowledge about how the brain functioned, and more political and general awareness of psychiatric issues. The problem Dr. Garfinkel highlighted was that the profession overcompensated, so that treatment providers lost touch with what it meant to "be with people." Science was offered without compassion. Psychiatry is a helping profession, but the caring piece was being diminished. People are multi-dimensional, nuanced beings; and as healers, psychiatrists must also connect on a human level. The patient is not the "stroke in room 4," but Mr. Smith, with a rich history and family. Garfinkel's hope is that the caring side of the field will not be lost to medicine, and that practitioners will not lose the ability to just sit and be with people who are mentally ill.

We give deep thanks to Dr. Garfinkel for sharing his long history and thought on where psychiatry has been and where it should go. His profound, honest, and insightful advice to the profession and public reminding us that it is the journey that counts. The stigma of mental illness detracts from shedding light on the practice of psychiatry and what can be achieved.

The meeting concluded with the weekly draw. Paul Garfinkel drew twice, once for his book and once for the pot. Beating the odds, Doug Hughes won both times! Congratulations.



Maureen Bird put in a great word for the "Rotary Trump AIDS Poker Walk" to be held on Saturday, April 25.

**JOIN ROTARY NOW!**

[www.rotarytoronto.com](http://www.rotarytoronto.com)

**The Rotary Club of Toronto**

The Fairmont Royal York

100 Front Street West, Level H, Toronto, ON M5J 1E3

Tel: 416-363-0604 Fax: 416-363-0686

[office@rotarytoronto.on.ca](mailto:office@rotarytoronto.on.ca) [www.rotarytoronto.com](http://www.rotarytoronto.com)

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