

Today's Program

Brigadier-General Julian Chapman

Topic

Remembrance Day

Location

National Club, 303 Bay Street



Brigadier General Julian Chapman joined the Canadian Forces in 1980. He graduated with a baccalaureate in History and Political Science from the University of Toronto. Chapman began his military career in Toronto Scottish Regiment as a Private. He was commissioned in 1982 and has held most of the officer appointments in the Regiment. His staff experience includes five years at Toronto District Headquarters, now known as 32

Canadian Brigade Group Headquarters. In 1993 he attended the Land Command and Staff College in Kingston, Ontario. From there Brigadier General Chapman's civilian career took him to the Pearson Peacekeeping Centre in Cornwallis, Nova Scotia. During his tour there, he served temporarily in Haiti with the UN Peacekeeping Operations. Chapman returned to Ontario in 1996 and held the position of Deputy Director Militia Command and Staff Course in Kingston, Ontario. In 1997, Chapman and his wife Wendy returned to Toronto. Two years later, he assumed command of the Toronto Scottish Regiment (Queen Elizabeth, the Queen Mother's Own). In 1999, as Commanding Officer of the Toronto Scottish he commanded the composite reserve unit of 340 soldiers created over-night to assist digging out the City of Toronto after the crippling snowstorm of January. In July 2000 Chapman led a contingent to England to take part in the official celebrations surrounding the Queen Mother's hundredth birthday. Chapman held appointments at 32 Canadian Brigade Headquarters as the Deputy Commander and the Assistant Chief of Staff. In September 2008, he transferred to Land Force Central Area Headquarters as the Assistant Chief of Staff, Operations. From May 2009 to May 2011, Chapman commanded 32 Canadian Brigade Group, the province's largest army reserve brigades. On 26 May 2011, he was appointed as the Deputy Commander Joint Task Force Central / Land Force Central Area. Brigadier General Chapman is also a graduate of the US Army War College. In civilian life, he is Vice President of Coaching & Facilitation for Forrest & Company, a business management consultancy. He and his wife and four children reside in Toronto.

The Club Annual Assembly

– by Ross Amos



Once a year our members come together to discuss the operations of the club. They are encouraged to share their views on changes the club might make to improve the Rotary experience. The Assembly this year was held at the National Club on Wednesday evening, October 29. Almost 70 Rotarians attended.

The evening was designed with three objectives: (1) to provide information on the organizational structure of the various committees; (2) to obtain members' views about what is working well (and not so well) in the committees; and (3) provide fun and fellowship. All three objectives were met, particularly the third one. The evening started with cocktails and dinner.

The "business" portion of the evening commenced with President Steve, and others, providing updates on the Club's Strategic Plan, with particular emphasis on Membership and Marketing and Communications.

Then everyone got to express an opinion. All those present gathered into different groups and were asked to consider two questions: "What makes for an unpleasant or negative Committee Experience?" and "What makes for a positive Committee Experience?" Responses were recorded and a representative from each group shared them with everyone. The comments concerned everything from the location and time of meetings, to the methods and activities of committee chairs (both positive and negative), and everything in between. These comments will be presented to the Members as the basis for changes that may be warranted in the future.

An overview of the committee structure was presented, outlining the structure of both the Club and the Foundation, which are two separate entities. In an effort to provide information on the mandates of different committees, the mandates of the Seniors Citizens Committee, the Fellowship and Entertainment Committee and, the Research and Appeals Committee were explained.

The evening ended with a relaxed fifteen question "quiz" for all those in attendance. Those with perfect scores (eight members) were asked, "What is the adjective in the third test of the Rotary 'Four Way Test?'" Maureen Bird was the first to get it right and won the wine. Can you get it right without "cheating?" Give it a try.

European Christmas Market at the Distillery District!

Come, all ye Rotarians, with your children, grandchildren, family and friends, and browse the outdoor European Christmas Market! We gather at the Distillery District on Sunday afternoon, November 30, 2014, and then adjourn to the Beer Hall at the Mill St. Brewery at 6 pm for a delicious three-course dinner with a glass of wine or small flight of beers. All this just seventy dollars per adult and thirteen per child. Register with andrea.vabalis@gmail.com asap, no later than Friday, November 21, 2014 (pay by cash, cheque or e-transfer at the Beer Hall entrance). No shows are charged, unless a cancellation is received by Friday, November 14. See you there!



Santa Needs Help

Our Disabled Children's Christmas party, on November 29, is fast approaching! We are looking for toys and other items to fill the children's goody bags. If any Club member has contacts with companies who could help, or friends who might be able to donate these items, please get in touch with Don Bell ASAP at 416-968-0835. All donations are welcome.

In Memory

Amik Nagpurkar joined our club in 2009 despite major medical problems. Rotary inspired him and gave him great joy in his short life. He left the club last year because of time commitments. He passed away at age 38 on October 21 from complications of his illness. His wife Kena thanked us for including him.

What You Missed October 31

– by Richard White



President Steve opened the meeting in the Ballroom. Glenn Davis tickled the ivories for us in his usual inimitable style (we owe so much to our pianists who add so much to each meeting). As an aside, we learned at the Club Assembly on October 29 at the National Club, that the song that starts the meeting is called "The Road to the Isles," a traditional Scottish song with the words written by Scottish poet Kenneth Macleod. An informal canvass of our more senior members indicates that this song has been used to start the meeting as long as anyone can remember. There was no knowledge of why the song was used or when the practice started.

Past President Bill Morari (the sole male at the head table other than President Steve) introduced three visiting Rotarians, one Rotaractor and 21 guests. Andrea Vabalas, a new member and a member of the Fellowship and Entertainment Committee, informed us about the upcoming fellowship event at the Distillery District on November 30, to get a jump start on the Holiday season with a visit to the European Christmas Market and dinner to follow.

President Steve thanked all who attended the Club Assembly (disguised as a birthday party for Brian Westlake) and for all the great input and ideas generated for the Effective Committees module of the Strategic Plan.

Sylvia Milne introduced our guest speaker, Lynn Posluns, Founder and President of the Women's Brain Health Initiative. Lynn has had a distinguished business and philanthropic career. It was while serving as Founder and Chair of Women of Baycrest that she recognized the need to raise awareness and funds beyond Toronto to help women remain brain healthy longer. She shared some alarming statistics with us.

Women suffer from brain aging diseases like Alzheimer's, stroke and depression twice as much as men. Almost 70% of new Alzheimer's sufferers will be women. The Women's Brain Health Initiative's mission is twofold: to fund research to combat brain aging diseases in women, and to educate women and the general public on ways to stay brain healthy for longer. Research indicates that there are many things under our control that can help. It is important to exercise the brain as well as get sufficient aerobic exercise as well as strength training. A healthy diet and stress reduction are also important factors. For women, hormone levels and how they change over time are also an important factor.

John Fortney won the first draw for the theater tickets. There was \$500 in the Ace of Clubs draw and, arousing some suspicion, John also won the Ace of Clubs draw, but took home the wine.

Upcoming Speakers & Events

November 2014

- 14 Ray Argyle, *The Paris Game: The Seventieth Anniversary of the Liberation of Paris*
- 21 Wayne McConnachie, *Kids Against Hunger*
- 28 R.H. Thomson, *The World Remembers*
- 29 Children's Christmas Party

December 2014

- 5 Patrick O'Driscoll, President & CEO Corby's Distilleries
- 12 Seniors Christmas Party
- 19 Club Christmas Party

Editor of the Week
Maureen Bird

Editor November 14, 2014
Joe Pochadyniak

What You Missed Reporter, November 14
Sylvia Milne

Today's Host
Alex Brown

Propose a Speaker – Contact
Alex Brown, Chair
alexbrown@integratedappliances.ca

Submit an article to the Voice Newsletter
voice@rotarytoronto.on.ca

Correction of name – Member Raphael Lopez-Monsalvo is playing in a concert on November 16th, 3 pm at St. Roch's Church, 2889 Islington Ave.

Please remember to tweet next week's meeting with Ray Argyle discussing the Liberation of Paris in 1944

The Rotary Club of Toronto

The Fairmont Royal York
100 Front Street West, Level H, Toronto, ON M5J 1E3
Tel: 416-363-0604 Fax: 416-363-0686
office@rotarytoronto.on.ca www.rotarytoronto.com

The Rotary Club of Toronto Toronto Rotary @TorontoRotary

