



***Next meeting:***

Thurs. Aug 27, 2015  
Montgomery's Inn 7:30 a.m.

**EDITOR:**

Leighton Reid

**PHOTOGRAPHER:**

John Stevenson

**The Four-Way Test of the things we think, say or do:**

*First* – Is it the truth?

*Second* – Is it FAIR to all concerned?

*Third* – Will it build GOODWILL and BETTER FRIENDSHIPS?

*Fourth* – Will it be BENEFICIAL to all concerned?

**DATES TO REMEMBER:**

**August 25, 2015** – Directors'  
Meeting

**August 27, 2015** – Business Meeting

**September 3, 2015** – New  
Generations

**September 10, 2015** – Weiting Xu

**September 12, 2015** – Taste of the  
Kingsway – Rotary Day

**September 20, 2015** – Rotary  
Foundation Walk, Pan Am Sports  
Centre

**September 24, 2015** – Club Golf  
Tournament (tentative)

*Michael Bell Outlines His Goals*



## *New DG Michael Bell Outlines His Goals*



New District Governor Michael Bell spoke to us on August 13 about his vision for District 7070. He outlined 3 key goals for the District:

- 100 net new members
- \$800,000 to Rotary Foundation
- One new fellowship event for each club

To get 100 net new members, he emphasized retention of existing members. Meetings should be interesting and fun, and activities should be relevant to the community, so existing members will find themselves keen to stay involved and recruit new members.

To raise \$800,000, Michael mentioned several events we could be involved in, such as the [Million Dollar Dinner](#), organized by Bill Patchett, on September 15, the [Foundation Walk](#) on September 20, Every Rotarian Every Year (EREY), PolioPlus, the Paul Harris Society and others. For every dollar given to the End Polio Now campaign, the Bill and Melinda Gates Foundation and the federal

government will each add two. Michael also wants each club to add one new fellowship event this year. Above all, we need to "Be a Gift to the World".

He challenged club presidents in the district to lead by example: wear their Rotary pins at all times, bring one new member into their club, and make a personal donation to the Rotary Foundation.

He mentioned all the strategic planning tools now available to clubs, such as the RI Presidential Citation, the District 7070 Foundation Citation, and Rotary Club Central (accessible at [My Rotary](#)), and noted our club has already entered our goals there. In Rotary Club Central the club can also enter members' volunteer hours, so that Rotary can understand where and how much volunteer time is being spent.

Regarding the End Polio Now campaign, Michael said we may now be just "months away" from an announcement that no new cases of polio have been identified. All of Africa has been without a new case since August 2014, and in Pakistan and Afghanistan, only 33 new cases have been identified, a big drop from earlier numbers. Members need to be ready with the good news story to tell friends, relatives and the public.

Michael answered a number of members' questions and was thanked by President Brian Spencer.



## Microskills Receives latest cheques for \$25,000

On August 4, Microskills received a cheque for \$25,000 from each of this club and Rotary Club of Etobicoke, to buy new computers, software and office equipment for the Youth Centre on Dixon Road. This brings to \$250,000 accumulated funding from each of the two clubs for the 3 year relocation and renovation of the Centre. President Brian Spencer and Jack Fleming, President of Rotary Etobicoke, presented the cheques.



## *Mini-Classifications from Susan and Don!*

On August 20 we were delighted to hear mini-classifications from Susan McCoy and Don Foster.

Susan took up an acupressure therapy practice to supplement her work as a grief therapist. Acupressure is an alternative medicine technique similar to acupuncture, but without any invasive puncturing of the skin. Instead it is

based upon the application of physical touch to acupuncture points in the body to relieve blockage of life energy in the “meridians” of the body. It is used to lower stress-related pain and injury, headaches, back ache and similar maladies, and emotional pain. It is similar to Reiki and Therapeutic Touch therapies. Susan got the members to rub their hands together and then stop, in order to feel the energy flowing between the hands. Susan will be holding workshops in the fall on acupressure.

Don told of growing up near Shelbourne, Ontario and going to a one-room schoolhouse. From an early age he took a liking to his father’s funeral home business. He came to Toronto in 1953 and joined Turner and Porter after Hurricane Hazel. In 1968, he went to Humber College, which assumed the task of education for Ontario’s funeral directors, and developed a comprehensive program. Don always felt there wasn’t enough training in “people skills”, so he emphasized that. Don was at Humber 31 years until retirement. He received the Queen’s Jubilee medal in 2012, see

[http://www.thefuneralmagazine.com/mag/Vol\\_90\\_No\\_1\\_2013.pdf](http://www.thefuneralmagazine.com/mag/Vol_90_No_1_2013.pdf)

