



Next meeting:

Thurs. Nov. 12, 2015
Montgomery's Inn 7:30 a.m.

EDITOR:

Leighton Reid

CLUB PHOTO GALLERY

Photos by John Stevenson

RTW CLUB WEBSITE

BACK ISSUES of Bulletins

The Four-Way Test of the things we think, say or do:

First – Is it the truth?

Second – Is it FAIR to all concerned?

Third – Will it build GOODWILL and BETTER FRIENDSHIPS?

Fourth – Will it be BENEFICIAL to all concerned?

DATES TO REMEMBER:

November 10, 24, and December 8, 2015 – RYIA Committee, Olive Restaurant, 100 The East Mall, 7:30 a.m.

November 12, 2015 – Steve Rutledge, Whitby Sunrise Rotary Club, on project in Laos, 7:30 a.m.

November 12, 2015 – Scotch Nosing, Lambton Golf 7:00 p.m.

November 14, 2015 – Kids Against Hunger Food Packing event

November 26, 2015 – Military speaker (details TBA) 7:30 a.m.

December 10, 2015 – Christmas Dinner (details TBA)

We Have Two New Members!



Linda Braendel and Salomeh Ahmadi at our Pub Social night for their Induction

Welcome Salomeh and Linda!



We were very fortunate to induct Linda Braendel and Salomeh Ahmadi on October 28 at St. James Gate Pub.

Linda has worked in accounting for Seeback Roofing & Sheet Metal Limited for the past 26 years. She finds the construction industry exciting and interesting. She is considering retiring next year, but is having a difficult time making the decision as she is excited about what can be accomplished by the company in this changing business climate.

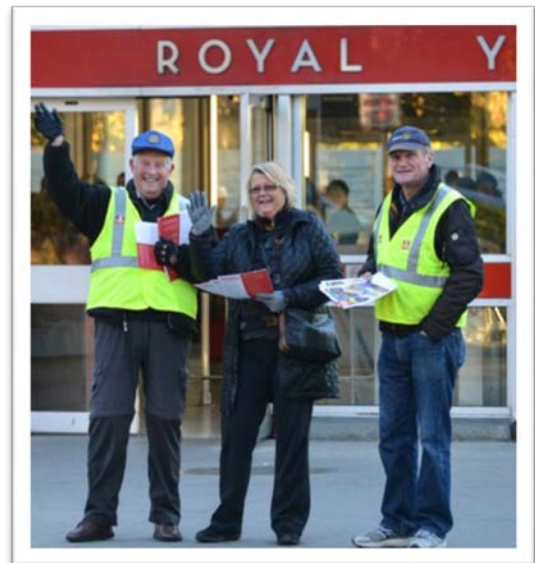
Linda has two children and four grandchildren. She has a brother-in-law who has been a Rotarian for over 14 years, a member of the Bowmanville club, and he has extolled Rotary's virtues to her, so she decided to join.

Salomeh was born in Teheran and came to Canada at the age of three. Her parents were karate superstars, but Salomeh instead became captain of her undergrad varsity fencing team! She now coaches the beginners at York University. She also helps her friend's production company, Ms Mutta Productions on their YouTube web series *Anarkali*.

Salomeh works at Pathways to Education and sits on the Board at Lakeshore Arts and is an advisor with AVNU.ca. She is a creative community builder, with a focus on arts, youth, education and facilitation. She created the group Rexdale Lab last year to problem-solve community needs across sectors. She is part of the Inclusive Giving Fellowship Program with the Association of Fundraising Professionals.

As always, our club, joined by Assistant District Governor Mary Lou Harrison, had a night of good fellowship at St. James Gate Pub, and welcomed our new members with warmth.

World Polio Day



Three intrepid Rotarians brave the cold in the early morning to get the word out to commuters: End Polio Now!

A Visit to Kipling Acres

Organized by Willis Rudy, the October 22 meeting took us to Kipling Acres long-term care facility, to view how long term care operates in the City of Toronto.

Nelson Ribeiro, Administrator, walked us through some thought-provoking facts and statistics. The population of aging

people in Toronto will increase by 60% in the next 10 years. Currently, the City has only 10 facilities under its administration, so a major building program is needed. Phase 1 of Kipling Acres' rebuilding plan (192 beds) was finished last year, with Phase 2 currently under construction (another 145 beds).



Administrator Nelson Ribeiro with President Brian Spencer and Willis Rudy

The new consolidated facility will be modern and up to date with the latest services and technology. It will have a 20,000 square foot central courtyard for many activities, including a bandshell. The redeveloped property will also have rooms for respite care and a daycare on site so the elderly can interact with children.



Physio and gym equipment at Kipling Acres

Click [here](#) for further information.

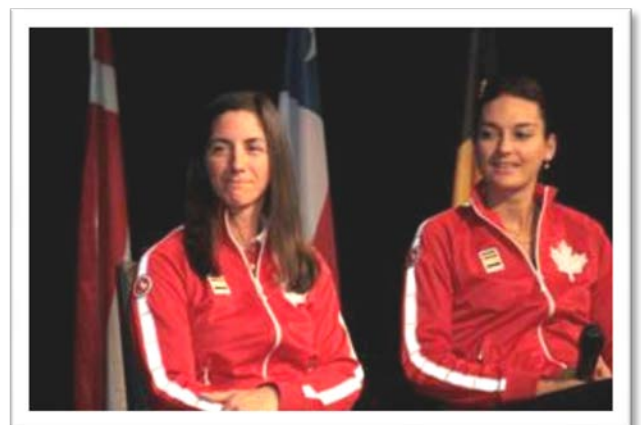
District 7070 Conference

A weekend of interesting presentations and workshops, and much social networking, highlighted this year's District 7070 Conference at the Westin Harbour Castle Hotel in Toronto, October 23-25.

Under the motto "Be The Change", presenters spoke of the challenges facing indigenous people, youth empowerment and mental health, WASRAG (Bugiri WASH scholl project in Uganda), and teamwork. See November District 7070 [Newsletter](#) for details.

Speaking of youth, formerly-homeless CEO Joe Roberts excited the room with a description of his project to push a shopping cart across Canada in "[The Push for Change](#)" to youth homelessness.

An inspiring presentation on teamwork by Para Pan Am tandem cyclists [Robbi Weldon](#) and Audrey Lemieux (moderated by Jack Fleming of Rotary Etobicoke) had the audience's rapt attention. Robbi is technically blind. She rides the back of the bike as a "stoker" and Audrey is her "eyes" on the front of the bike. Together they communicate by various means, including words and touch. They were a remarkable demonstration of how people with differing talents and abilities can work together to win.



Para Pan Am tandem cyclists Robbi Weldon and Audrey Lemieux