



The Paddlewheel

Moorhead Rotary Club

Volume 92—No. 6

Aug. 6, 2013

Dirac Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Warren Wenner
President-elect Jon Benson
Secretary Vern Goodin
Treasurer Don Meidinger
President-Nominee
Past President Kay Parries

Director, 2013, Rotary
Foundation Gary Nolte
Director, 2014, Administration
Russ Hanson
Director 2014, Community
Service Dave Wahlberg
Director, 2014, New
Generation Eric Wilkie
Director, 2015, Club Service
Jill Baldwin
Director, 2015, International
Service Eric Johnson
Program Chair Russ Hanson

Photographer
Russ Hanson
Meeting Reporter
Teresa Joppa
Paddlewheel Editor
Nancy Edmonds Hanson

The Moorhead Rotary board of
directors meets the second
Wednesday of each month.



International President
Ron Burton, Norman OK
District 5580 Governor
David Smette, Jamestown
District Governor-Elect
Tim Kaminski, Hibbing
District Governor-Nominee
Craig Loughery, Ely

Other F-M Rotary Clubs

Monday: Fargo West
Noon, Holiday Inn
1st & 3rd Tuesdays: FM/AM
5:15 p.m., Lucky 13 Pub
Wednesday: Fargo
Noon, Radisson
Thursday: FM/AM
7 a.m., Ramada Plaza

If you attend meetings of any
of these clubs, just check in.
We have a reciprocal
agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



Aug. 6 Moorhead's Lost & Found Ministry stages interventions to help alcoholics & addicts

Former Moorhead Rotary president Jon Riewer greeted members Tuesday, standing in for Warren Wenner ... who returned from the national Boy Scout encampment just in time for his own vacation!

Bill Schwandt led members in a rendition of "Let There Be Peace on Earth," accompanied by Don Myrvik. Peace hit a snag, however — the peace coin, at least. No one won it, as it was hidden at an unpopulated table.

Fargo West Rotary project is just peachy

Visiting Rotarian Bernie Ness of the Fargo West club invited members to support its 20th annual peach sale. Lugs of peaches, priced at \$30, must be ordered by Aug. 10. The Georgia freestone beauties can be picked up Aug. 19.

Rotary Golf Tourney benefits Miracle Field

Gary Nolte invited members to participate in the annual Rotary Golf Tournament Monday. The \$100 entry fee includes golf, dinner and a contribution to our Miracle Field. Call him for more information.

Sergeant at Arms highlights make-up ops

Sergeant at Arms Eric Wilkie (who stepped in for Jon Benson) highlighted the Rotary make-up system. Those who can't be at our weekly meetings can make them up with Fargo West at noon Monday at the Holiday Inn ... at 5 p.m. on alternate Tuesdays at the Lucky 13 Pub ...



Former President Jon Riewer. Song leader Bill Schwandt. Sergeant at Arms Eric Wilkie. Rotarian of the Day Cindy Nolte. Speaker Beth Brantner of the Lost & Found Ministry demonstrates how addictions bind with members Teresa Joppa & Bill Schwandt.

(Photos by George Davis)

with Fargo Rotary at noon Wednesday at the Radisson ... or with the FM/AM club at 7 a.m. Thursday at the Ramada Inn.

Complaining that Jean Hannig, who handled the sergeant's duties last week, "fines too much," Eric gave us a reprieve. Happy Dollars were ponied up for vacations, lunch partners, our speaker, Bill Wood's 54th wedding anniversary, and the 200th birthday of Ivar Aasen, the man who credited with creating the modern Norwegian language.

He shared a quote from comedian and writer Stephen Wright: "Sponges grow in the ocean. That just kills me. I wonder how much deeper the ocean would be if that didn't happen."

Moorhead nonprofit explains interventions

Rotarian of the Day Cindy Nolte introduced Beth Brantner of the Lost & Found Ministry in Moorhead, the only nonprofit in the community

Guests

Beth Brantner, Lost & Found Ministry, speaker

Visiting Rotarians

Bernie Ness, Fargo West Rotary

Make-Ups

Jean Hannig, Ely MN Rotary, 7/31

August Birthdays

Cater, Alma Aug 1
Lanning, Morris Aug 27

Wedding Anniversaries

Nolte, Gary & Cindy 44 years Aug 1, 1969
Baldwin, Jill & Jerry 44 years Aug 2, 1969
Skatvold, Paul & Linda 40 years Aug 03, 1973
Leiseth, Robert & Marilyn 56 years Aug 04, 1957
Moorhead, Tracey & Richard 49 years Aug 14, 1964
Beaton, Tim & Joan 2 years Aug 17, 2011
Myrvik, Donald & Rhoda 56 years Aug 17, 1957
Johnson, Eric & Kirsten 1 year Aug 21, 2012
Riewer, Jon & Kristine 17 years Aug 24, 1996
Schwandt, Bill & Cheryl 32 years Aug 29, 1981

Club Anniversaries

Skatvold, Paul 25 years Aug 2, 1988
Hannig, Jean 17 years Aug 6, 1996
Blackhurst, Anne 1 years Aug 14, 2012
Nolte, Cindy 13 years Aug 15, 2000
Fischer, Noah 1 year Aug 28, 2012
Hutchins, Scott 30 years Aug 30, 1983

that helps families and friends intervene in the progressive disease we know as substance abuse. In addition to helping with addiction interventions, Beth — a licensed addiction counselor and therapist — provides professional and spiritual counseling, “fifth steps,” presentations & education. The group maintains a large library of books, tapes and DVDs at its office near Trinity Lutheran Church.

The Lost & Found Ministry was launched 26 years ago with a gift to Trinity from Thea Gullings, who lost two children to alcoholism and drunk driving. Most of the group’s services are free or very low cost.

“One person’s addiction directly affects 12 to 18 others around them,” Beth said, including parents, siblings, children, friends, coworkers and neighbors. “It’s a brain disease, a no-fault disease,” she added.

Beth described the progress of addiction in several ways. “Like a cucumber in brine, it becomes a pickle. Once a pickle, always a pickle,” she said. Using member volunteers and yards of string, she wound them with string, pulling it tighter and tighter — a metaphor for how they’re bound by their addiction.

Family members are usually the ones who approach Lost & Found for help. Most of its



Photo by George Davis

interventions — scheduled for morning, when the addict is likeliest to be sober — are for alcoholism, though she assured us that drugs like OxyContin, pain pills and heroin are very much present in Fargo-Moorhead.

Health-insurance coverage is spotty for the expensive mental-health services to assist recovery, though this may well change under the Affordable Care Act. This community is especially rich, though, in Alcoholics and Narcotics Anonymous, with more than 70 local meetings serving recovering addicts (compared to just five in Grand Forks.)

Raffle pot of \$248 goes begging again

Dave Tranby won the right to pick a card in our raffle, but not the right card. No luck!

Looking Forward ... to Upcoming Rotary Meetings

- Aug. 13** Sergeant at Arms Teresa Joppa
ROD Tim Beaton
Program Newzad Brifki, “My Journey To America.”
Greeters Frost & Moorhead
- Aug. 20** Sergeant at Arms Dave Sederquist
RDO Gary Nolte
Program Keith Brokke, “Rotary – Manoa, Working Together in Bolivia”
Greeters Hagemann & Moore
- Aug. 26** Sergeant at Arms Gina Monson
RDO Warren Wenner
Program Rotary Training Program
Greeters Hanna & Myrvik
- Sept. 3** Sergeant at Arms Russ Hanson
RDO Mark Peihl, Historical & Cultural Society of Clay County
Greeters Hannig & C. Nolte