



# The Paddlewheel

## Moorhead Rotary Club

Volume 93—Number 30

February 10, 2015

Moorhead Rotary  
Chartered May 1, 1921  
Club 970  
District 5580

President Jon Benson  
President-elect Eric Wilkie  
Secretary Teresa Joppa  
Treasurer Doreen Filler  
President-nominee  
Past President Cindy Nolte

Director, 2014, Rotary Foundation Gary Nolte  
Director, 2014, Administration Russ Hanson  
Director 2014, Community Service Dave Wahlberg  
Director, 2014, New Generation Eric Wilkie  
Director, 2015, Club Service Jill Baldwin  
Director, 2015, International Service Eric Johnson  
Program Chair Russ Hanson  
Photographer Russ Hanson  
Meeting Reporter Teresa Joppa  
Paddlewheel Editor Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Tuesday of each month.

International President Gary C.K. Huang, Taipei  
District 5580 Governor Tim Kaminski, Hibbing  
Assistant District Governor Kay Parries, Moorhead  
District Governor-Elect Craig Loughery, Ely  
District Governor-Nominee Herb Schmidt, Fargo  
Foundation/Polio Plus Society/Polio Plus Gary Nolte, Moorhead

**Other F-M Rotary Clubs**  
Monday: FM/PM Rotary 5:30 p.m., Lucky 13 Pub  
Monday: Fargo West Rotary Noon, Holiday Inn  
Wednesday: Fargo Rotary Noon, Radisson  
Thursday: FM/AM Rotary 7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary  
P.O. Box 72  
Moorhead, MN 56561



**Tuesday's program:** Joelle Hofer of Moorhead's Early Childhood Center will talk about the importance of reaching children early. George Davis is Rotarian of the Day, and Lynne Kovash and Bill Woods share greeter duties.

### Clay County Public Health nurse emphasizes importance of early family education

Interim president Cindy Nolte welcomed Moorhead Rotarians to the first of two meetings featuring discussion of early education in children's lives.

### McLarnan volunteers with Reading Corps

Member Rod McLarnan shared his enthusiasm for his volunteer mission helping struggling young readers in Moorhead elementary schools. Working under the banner of the Minnesota Reader Corps, he helps youngsters build trust and master reading by the crucial third-grade level. Minnesota has one of the biggest state programs in the country, with volunteers working (and more needed) at Robert Asp, Ellen Hopkins and SG Reinerston Elementary Schools. He urged colleagues to volunteer by contacting Christol Kendall Machart, 218-282-4300, ext. 4460.

### Travel winner headed to Caribbean

Alma Cater and George Davis of the Travel Raffle Committee revealed winners of February's prizes. John Bower of Galesburg, ND, won the trip to Punta Cana in the Dominican Republic on a ticket sold by David Sederquist. Paul Suomala himself sold and purchased the ticket that brought him the \$200



Photos: Pledging allegiance at Tuesday's meeting. Committee members Alma Cater & George Davis announce the travel raffle winners. Sergeant at Arms Jean Hannig. Rod McLarnan tells about his work with Minnesota Reader Corps. Rotarian of the Day George Davis & Gyda Anderson, RN, of Clay County Public Health.

second prize, while Teresa Joppa sold the third-prize winning ticket (a \$100 gift card for Sarello's) to Tim Hosahl of Nashwauk, Minn.

The board of directors has received a membership application from Tim Bogenreif, sponsored by Violet Deilke. He is manager of the new Microtel in Moorhead. Tim will be approved for membership after a 10-day comment period.

## Guests, Feb. 3

Joelle Hofer, Moorhead Scheels, program  
 Gyda Anderson, Clay County Public Health, program  
 Tim Bogenreif, Microtell Inn, prospective member  
 Eric Andersson, FES

## Visiting Rotarians

Margaret Schneider, FM/AM Rotary

## Make-Ups

Gary & Cindy Nolte, Staples Rotary Club, 1/27  
 Jean Hannig, Rotary Youth Exchange Weekend, Deep Portage, 1/23-25  
 Jon Andreasen, Fargo West, 1/26  
 Riley Rud, Barb Belcher & Mark Bertilrud, STRIVE Committee, 2/03

## February Birthdays

Suomala, Paul	Feb 01
Beaton, Tim	Feb 17
Elmer, Corey	Feb 23
Sederquist, David	Feb 23
Johnson, Eric	Feb 28

## Club Anniversaries

Cater, Alma	27 years
Feb 02 1988	
Elmer, Corey	12 years
Feb 11 2003	
Frost, Josh	2 years
Feb 12 2013	
Moore, Noel	16 years
Feb 23 1999	



Greeter Stacey Ackerman and her son Jackson. Jean Hannig & Bryan Davidson. Dave Tranby & Dan Stauffer.

## Early support for first-time moms pays off in long-term health & economic status

Rotarian of the Day George Davis introduced Gyda Anderson, RN, who works with Clay County Public Health's Nurse-Family Partnership. Her program focuses on young, low-income, first-time mothers facing life-changing decisions.

The partnership brings experienced public health nurses together with young women during the last trimester of their pregnancies. Their first goal, she explained, is to encourage good preventive health practices, including thorough prenatal health care, improved diets and reducing the use of cigarettes, alcohol and illegal substances.

After the child's birth, Gyda meets with the new mother and her child to establish a healthy, safe and supportive environment for

both of them. Encouraging responsible, competent care helps the child get a better start in life. At the same time, the nurse and mother develop a trusting relationship that helps the nurse share her special healthcare knowledge and also encourage the young woman to develop a vision for her own future. Research on outcomes over 30 years has shown real benefits for both kids and moms:

- 91% of babies born full-term at a healthy birth weight.
- 48% reduction in child abuse & neglect.
- 56% reduction in ER visits for accidents & poisonings.
- 59% reduction in arrest of children by age 15, and 72% fewer convictions of mothers.
- 67% reduction in behavioral & intellectual problems in children at age 6.
- 77% of mothers have earned or are working on GEDs.

## Upcoming Meetings: Programs and Assignments

### Tuesday, Feb. 10

Board meeting, 11–11:45 a.m.  
 Sergeant at Arms: .....D Sederquist  
 ROD: .....George Davis  
 Program: .....Joelle Hofer, Moorhead Early Childhood Center, preschool, part 2  
 Greeters: .....L Kovash & B Woods

### Tuesday, Feb. 17

Sergeant at Arms: .....E Wilkie  
 ROD: .....Russ Hanson  
 Program: .....Mark Peihl, Clay County archivist, "Pioneer Photographers Flaten & Wange"  
 Greeters .....J Andreasen & R Leiseth

### Tuesday, Feb. 24

Sergeant at Arms: .....E Wilkie  
 Program: .....Charley Johnson, F-M CVB  
 Greeters: .....J Baldwin & C Matthes

### Tuesday, March 3

Sergeant at Arms: .....M Hulett  
 Rotarian of the Day: .....Barb Belcher  
 Program: .....Mary Jean Dehne, Legacy Children's Foundation

Greeters: .....T Beaton & R McLarnan

### Tuesday, March 10

Board meeting, 11–11:45 a.m.  
 Sergeant at Arms: .....J Hannig  
 Program: .....Online soliciting & Internet crime, Moorhead Police Dept.  
 Greeters: .....B Belcher & G Monson

### Tuesday, March 17 — at Eventide

Sergeant at Arms: .....D Sederquist  
 ROD: .....Russ Hanson  
 Program: .....Mark Peihl, Clay Co. archivist, "Doc Humphry's Home Movies, An Amateur Filmmaker's view of Moorhead in 1917"  
 Greeters: .....A Blackhurst & N Moore

### Tuesday, March 24

Sergeant at Arms: .....E Wilkie  
 ROD: .....Jerry Rogers  
 Program: .....Robert Bakken, Essentia Hospital, overview of expanded hospital & clinic  
 Greeters: .....N Brifki & T Moorhead

**Thursday, April 16:** Taste of Moorhead