



The Paddlewheel

Moorhead Rotary Club

Volume 96—Number 02

July 11, 2017

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

- President Corey Elmer
- President-Elect
- Secretary & Paddlewheel reporter David Wahlberg
- Treasurer Doreen Filler
- Past President Eric Wilkie
- Director Dale Hetland
- past president & advisor*
- Director Tammy Finney
- public relations & promotion*
- Director Kay Parries
- past president & advisor*
- Director David Sederquist
- fund-raising & projects*
- Director Matt Thomasson
- RYLA Coord. Randy Farwell
- Polio Plus Coord. Cindy Nolte
- Sergeant at Arms Team
Dave Sederquist, Eric Johnson,
Mike Hulett & Jean Hannig
- Pianist Sharon Fangsrud
- Song Leaders Bill Schwandt,
Bob Hanna, John Andreasen
- Photographer Russ Hanson
- Meeting Reporter Teresa Joppa
- Paddlewheel Editor
Nancy Edmonds Hanson

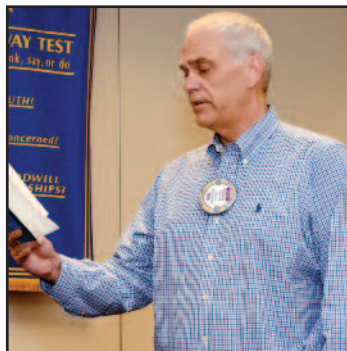
The Moorhead Rotary board of directors meets the second Tuesday of each month.

- International President
John Germ, Chattanooga, TN
- District 5580 Governor
Debra Warner
- District 5580 Vice Governor
Gary Nolte
- Assistant District Governor
Kay Parries, Moorhead
- District Governor-Elect
Craig Lochery
- District 5580 Polio Coordinator
Cindy Nolte
- End Polio Now Zone 28 Coord.
Gary Nolte

- Other F-M Rotary Clubs**
- Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
 - Monday: Fargo West Rotary
Noon, Holiday Inn
 - Wednesday: Fargo Rotary
Noon, Radisson
 - Thursday: FM/AM Rotary
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



This week's meeting: Interim President Eric Wilkie passes the gavel to incoming President Corey Elmer today. Troy Nellis handles the duties of sergeant at arms. Ted Horan of RDO Equipment is our speaker, with Pat Gulbranson introducing him as Rotarian of the Day. Our greeters are Ray Grefsheim & Jean Hannig.

Learning to Save a Life with 2-Handed CPR

Interim President Eric Wilkie welcomed members to our meeting June 27, reminding us that we're taking the Fourth of July off. He also announced, with obvious pleasure, that this would be his last time at the helm; on July 11 he turns the gavel over to Corey Elmer.

Cherries for Charity

Dale Hetland invited club members to volunteer for our newest service project – selling “cherries for charity” on behalf of the YWCA of Cass Clay. Our club will be responsible for handling the long-time fund-raiser at the Azool Hornbacher’s supermarket in south Moorhead. Teams of two members can sign up for two-hour shifts.



Cherries for Charity benefits not only the YWCA – the group we'll assist – but also the Rape and Abuse Crisis Center. This is an opportunity to create visibility for Moorhead Rotary. If you have Rotary logo gear of any kind, this is a great excuse to wear it.

Sign-up sheets will be available this week ... or



Photos/Russ Hanson: Past president Eric Wilkie wields the gavel. Song leader Bob Hanna. Sergeant at Arms Jean Hannig. Assistant Fire Chief Jeff Wallin demonstrates updated two-handed CPR.



call or email Dale Hetland — (701) 793-6904 ... DaleH@starionbank.com

Get Ready for the New Rotary Year

Sergeant at Arms Jean Hannig passed on a “Rotary minute” Ian H. S. Riseley, the new international president from Australia, reports he became a Rotarian because he was asked to speak about taxes to a local Rotary club. Invited to join, he signed up to meet people outside his professional circle ... as Jean told us, “just as I did myself.” It’s a reminder to all members, she noted, that to grow our membership, we need to ask people to join.

The sergeant collected a number of fines during the spirited meeting. Eric Wilkie and Eric Johnson both paid fines for joking about using Jon Riewer’s head as a doorstop. “It’s super dense,” quipped Johnson.

Photos/Russ Hanson: Greeter Gary Gonser and secretary Dave Wahlberg with Gary Nolte. (Right) Tammy Finney and Cindy Nolte.



Reported Make-Ups

Gary and Cindy Nolte, reception for new District Governor Debra Warner

July Birthdays

Benson, Jon	Jul 06
Qualey, Neil	Jul 17
Parries, Kay	Jul 22
Gonser, Gary	Jul 29

Wedding Anniversaries

Rogers, Jerry & Sue	Jul 18 1970
47 years	

Rotary Anniversaries

Dovre, Paul	37 years
Jul 01 1980	
Eggiman, Dan	2 years
Jul 01 2015	
Wilkie, Eric	6 years
Jul 01 2011	
Schaefer, Steve	*15 years
Jul 02 2002	
Qualey, Neil	25 years
Jul 21 1992	
Wahlberg, David	5 years
Jul 31 2012	

Happy dollars abounded. Teresa Joppa donated \$20 for her birthday June 27 and all June birthdays, while Jean herself contributed \$10 in honor of the Moorhead Fire Department heroes who saved her husband's life last winter when he fell through the ice on the river. Other dollars came in from Bob Hanna for the exchange students who have shared their home; Eric Johnson, for being home after his wife's five weeks of radiation therapy in Rochester; Gary Nolte, in honor of our speaker's participation on a Haiti service trip; Dave Sederquist, for Sgt. Hannig's entertaining presentation; and Mike Hulett, for Jeff Wallin's having to appear before such a boring, introverted crowd.

Moorhead firefighter updates us on CPR

Rotarian of the Day Russ Hanson introduced Assistant Fire Chief Jeff Wallin, who's responsible for the department's training, administration and public relations. Jeff has 30 years' experience in emergency services. Before joining the local department in 1994, he was a firefighter and fire marshal in St. Francis, Minn., and emergency medical technician and training coordinator for Dakota County through Red Wing and Winona Technical Colleges.

Jeff introduced us to Hands-Only CPR, developed by the American Heart Association. He explained, "New research shows the value of doing CPR without the rescue breathing that was traditionally recommended in addition to chest compressions."

Some 350,000 cardiac arrests occur outside of hospitals every year – 70 percent at home. Anyone, he said, can help save one of those lives by learning just two steps:

1. Call 911. If possible, assign someone else to call so you can focus on chest compressions.
 2. Push hard and fast in the center of the chest. "The book says 100 compressions per minute," Jeff said, "but don't worry about the specifics." Instead, he suggested trying to administer the compressions to the beat of "Stayin' Alive."
- He also demonstrated how to use an AED, the rescue device increasingly stocked in public venues. While models vary, he said, all are designed to make it easy for someone with little or no training to save a life. "Just follow the prompts," he recommended.

Looking Ahead

July 11

Sergeant at ArmsTroy Nellis
 Rotarian of the DayPat Gulbranson
 ProgramTed Horan, RDO Equipment
 GreetersRay Grefsheim & Jean Hannig

July 12—18: Cherries for Charity

July 18

Sergeant at ArmsStacey Ackerman
 ProgramAnnual Club Assembly
 GreetersPat Gulbranson
 & Chuck Hendrickson

July 25

Sergeant at ArmsMike Hulett
 Rotarian of the DayPat Gulbranson

Program.....Chris Meyers, U.S. Attorney
 Greeters..Stacey Ackerman & Dale Hetland

August 1

Sergeant at Arms
 Rotarian of the DayPat Gulbranson
 ProgramAaron Becher, general manager
 of The Forum
 GreetersJohn Andreasen & Greg Johnson

August 8

Sergeant at Arms
 Rotarian of the DayPat Gulbranson
 Program.....Kevin Wallevand, WDAY, "Orphans
 of the Nile, Uganda"
 Greeters.....Jill Baldwin & Nathan Johnson