



# The Paddlewheel

## Moorhead Rotary Club

Volume 93—No. 4

July 22, 2014

Moorhead Rotary  
Chartered May 1, 1921  
Club 970  
District 5580

President Jon Benson  
President-elect Eric Wilkie  
Secretary Teresa Joppa  
Treasurer Newzad Brifki  
President-Nominee  
Past President Cindy Nolte

Director, 2013, Rotary  
Foundation Gary Nolte  
Director, 2014, Administration  
Russ Hanson  
Director 2014, Community  
Service Dave Wahlberg  
Director, 2014, New Generation  
Eric Wilkie  
Director, 2015, Club Service  
Jill Baldwin  
Director, 2015, International  
Service Eric Johnson  
Program Chair Russ Hanson

Photographer Russ Hanson  
Meeting Reporter Teresa Joppa  
Paddlewheel Editor  
Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Wednesday of each month.

International President  
Ron Burton, Norman OK  
District 5580 Governor  
Tim Kaminski, Hibbing  
Assistant District Governor  
Kay Parries, Moorhead  
District Governor-Elect  
Craig Loughery, Ely  
District Governor-Nominee  
Herb Schmidt, Fargo  
Foundation/Polio Plus  
Society/Polio Plus  
Gary Nolte, Moorhead

### Other F-M Rotary Clubs

Monday: Fargo West  
Noon, Holiday Inn  
1st & 3rd Tuesdays: FM/AM  
5:15 p.m., Lucky 13 Pub  
Wednesday: Fargo  
Noon, Radisson  
Thursday: FM/AM  
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary  
P.O. Box 72  
Moorhead, MN 56561



### FirstLink's Ashley Ladbury explains role of FirstLink 2-1-1 in preventing suicides

Past president Cindy Nolte rang the bell Tuesday for the vacationing Jon Benson.

### Golfers needed for FM Rotary Foundation scramble

Gary Nolte, the club's representative on the FM Rotary Foundation, invited members to take part in the annual Rotary Golf Scramble Monday, Aug. 11, at the Moorhead Country Club. Two foursomes are needed to represent our club in the tournament. A \$100 contribution entitles players to lunch, dinner and 18 holes of golf. If you're interested, call Gary — 701-261-6964 or 218-233-6758.

### Club members give tribute dollars for Bob Kloubec

Sergeant at Arms Eric Johnson's call for happy dollars drew many recollections and tributes to longtime Moorhead Rotarian Bob Kloubec, whose funeral was held Tuesday morning. Bob worked in soil conservation in North Dakota and Minnesota until retirement in 1982, when he joined Holland's Garden Center here as a landscape designer. He was famous for his gladiolas and champion trees, and was active in the Moorhead Yard of the Week program. He's survived by his wife of 64 years, Joyce.

Eric talked about happiness, drawing inspiration from the Rotarian Magazine. Four hundred billion cups are drunk around the world every year, or 12,000 per second ... a great contribution to happier mornings.



Photos: Rotarians follow Vern's lead in singing "Smile." Past president Cindy Nolte. Sergeant at Arms Eric Johnson. Rotarian of the Day Russ Hanson. Speaker Ashley Ladbury of FirstLink, which operates North Dakota's suicide prevention hotline 2-1-1.



## July 22, 2014

### July 29

Wegeant at Arms J Hannig  
ROD Mike Hulett  
Program Dennis Eisenbraun,  
MPS energy services manager  
— Moorhead's new Solar  
Energy Garden.  
Greeters R Kolb & B Belcher

### Tuesday, August 5

Sergeant at Arms D Sederquist  
ROD Russ Hanson  
Program: Linda Boyd, "Symphony  
Rocks" concert  
Greeters L Kovash & M Bertilrud

### Monday, August 11

F-M Rotary Foundation Golf  
Scramble at Moorhead Country  
Club

### Tuesday, August 12

Sergeant at Arms E Wilkie  
ROD  
Program Les Bakke,  
Moorhead Heritage Comm's  
local oral history projects  
Greeters R Leiseth  
& Anne Blackhurst

### Guests July 15

Ashely Ladbury, First Link, speaker  
John Shockley, Onstad Twitchell,  
West Fargo, guest of Mike Hulett  
John Schaffer, Northwestern Bank,  
guest of Corey Elmer  
Janine Barden-O'Fallon, North  
Carolina, guest of Roland  
Barden

### Make-Ups

Jean Hannig, Gary & Cindy Nolte,  
FM Foundation, 7-18

### July Birthdays

Davis, George	Jul 01
Hutchins, Scott	Jul 02
Benson, Jon	Jul 06
Qualey, Neil	Jul 17
Parries, Kay	Jul 22

### July Anniversaries

Rogers, Jerry & Sue 44 years  
Jul 18, 1970

Davis, George & Linda 46 years  
Jul 27, 1968

### Club Anniversaries

Dovre, Paul	34 years
Jul 01, 1980	
Wilkie, Eric	3 years
Jul 01, 2011	
Schaefer, Steve	12 years
Jul 02, 2002	
Holtan, Paul	2 years
Jul 10, 2012	
Qualey, Neil	22 years
Jul 21, 1992	
Rude, Riley	1 Year
Jul 30, 2013	
Wahlberg, David	2 years
Jul 31, 2012	



Photos: Gary Nolte pitches the benefits of taking part in the FM Rotary Foundation's Aug. 11 golf scramble (left).

### Preventing suicide is 2-1-1's mission

Rotarian of the Day Russ Hanson introduced Ashley Ladbury of FirstLink, the Fargo-Moorhead nonprofit whose program's including operation of the 24-hour 2-1-1 Helpline. Accredited by the American Association of Suicidology and the Alliance of Information and Referral System, FirstLink answers calls from Clay County and the entire state of North Dakota.

FirstLink's story began in 1967 with incorporation as Volunteers for Community Service. Today FirstLink has three main programs: the 2-1-1 helpline (part of Information and Crisis Services), the Volunteer Center (which recruits and coordinates volunteers for many nonprofits) and the Giving Tree of Hope holiday gift collection and distribution program.

The 2-1-1 Helpline is staffed by trained call specialists who offer supportive, non-judgmental listening to those facing difficult issues or who may have a loved one or friend in that situation. In addition to suicide calls, they work with people in abusive situations, dealing with addictions, needing emergency financial or food assistance shelter, and other problems.

Crisis intervention, Ashley said, is one of FirstLink's main concerns — including suicide.

She described some of the signs that may mean someone is at risk for suicide, especially when the behavior is new or has increased, and if it seems related to a painful event, loss or change. Among the signs:

- Talking about wanting to die or kill oneself
- Talking about feeling trapped or in unbearable pain
- Changes in school or work performance
- Increased use of alcohol or drugs
- Reckless, anxious or agitated behavior
- Sleeping too much or too little
- Displaying extreme mood swings
- Withdrawing or feeling isolated

Calls can be placed to 701-235-SEEK ... or simply dial 2-1-1.

FirstLink uses a database of community human service resources to provide help to callers. The service fielded more than 46,000 calls in 2013, including 2,677 related to suicide (leading to 59 calls to emergency responders). It provides educational programs for 7th through 12th graders and community groups.

Sixty-five churches and organizations collaborated on the Giving Tree of Hope in 2013. They collected and distributed more than 9,000 holiday gifts to 4,112 individuals in more than 1,100 families.

### Why I am a Rotarian ... by

#### 'Why I Am a Rotarian' Assignments

Randy Farwell	due June 17
Doreen Filler	due June 24
Bob Hanna	due July 22
Jean Hannig	due July 29
Dale Hetland	due August 5
Paul Holtan	due August 12
Mike Hulett	due August 19

Please mail your comments to  
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