



The Paddlewheel

Moorhead Rotary Club

Volume 93—Number 43

May 12, 2015

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Jon Benson
President-elect Eric Wilkie
Secretary Teresa Joppa
Treasurer Doreen Filler
President-nominee
Past President Cindy Nolte

Director, 2014, Rotary Foundation
Gary Nolte
Director, 2014, Administration
Russ Hanson
Director 2014, Community Service
Dave Wahlberg
Director, 2014, New Generation
Eric Wilkie
Director, 2015, Club Service
Jill Baldwin
Director, 2015, International
Service Eric Johnson
Program Chair Russ Hanson
Photographer Russ Hanson
Meeting Reporter Teresa Joppa
Paddlewheel Editor
Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Tuesday of each month.

International President
Gary C.K. Huang, Taipei
District 5580 Governor
Jim Ozbun, Dickinson
Assistant District Governor
Kay Parries, Moorhead
District Governor-Elect
Craig Loughery, Ely
District Governor-Nominee
Herb Schmidt, Fargo
Foundation/Polio Plus
Society/Polio Plus
Gary Nolte, Moorhead

Other F-M Rotary Clubs
Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
Monday: Fargo West Rotary
Noon, Holiday Inn
Wednesday: Fargo Rotary
Noon, Radisson
Thursday: FM/AM Rotary
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



Tuesday's program: Past District Governor Tom Riley joins us to share the story of his Australian sailing adventure. Dave Sederquist is sergeant at arms, and Gina Davis & Jon Riewer are Tuesday's greeters.

Rotarians learn about hearing loss from hearing aid expert Brad Grondahl

Tuesday was a day for hearing at Moorhead Rotary. Not only was it the theme of our speaker's program — members were listening closely to hear the winners of this year's final Travel Raffle drawing.

Committee chair Violet Deilke and George Davis announced the winner of May's top prize, the trip to Washington, D.C. Barb Belcher sold the winning ticket to JoAnn Eichinger of Sioux Falls, S.D.

Richard Pemble of Fargo won \$200 in cash with a ticket purchased from George Davis. Moorhead's Vince Haugen received a \$100 dining certificate to Rustica; he bought his chance from Neil Qualey.

Sergeant at Arms talks sound, too

Sergeant at Arms Jean Hannig focused on the subject of sound, too, contrasting sound waves with light and radio waves. Because space is a vacuum, there's nothing to hear.

She quizzed members on their knowledge of the District Conference (held last weekend in Duluth) — its purpose, its procedures and



Photos: President Jon Benson and guest Norma Mjelde, mother of Cindy Nolte. Paul Dove leads the singing. Travel committee chair Violet Deilke and member George Davis announce our final winning tickets. Brad Grondahl of Hearing Solutions filled us in on the symptoms of hearing loss and ways to manage it.

what goes on. She levied fines for missing the 2014 convention in Fargo and not knowing names of the current and upcoming district governors.

Happy dollars were collected for special events, headlined by Teresa and Richard Norwig's 25th wedding anniversary. Others reflected the Elmers surviving a seven-child

The Board of Directors has received an application for membership for Matt Thomason, a business banker with Northwestern Bank of Moorhead and a former member of Pelican Rapids Rotary Club. His sponsor is Corey Elmer. Per our by-laws, if no objections are received by May 10, we will welcome him as the newest member of the Moorhead Rotary Club.

Guests, May 6

Norma Mjelde, mother of Cindy Nolte
Neil Roesler, Vogel Law Firm, guest of Corey Elmer

Make-Ups

Barb Belcher & Jon Benson, STRIVE

May Birthdays

Hannig, Jean May 09
Skatvold, Paul May 11
Tranby, David May 14
Moorhead, Tracey May 27

Wedding Anniversaries

Joppa, Teresa & Norwig, Richard
May 05, 1990 25 years
Hanna, Bob & Zue Zan
May 22, 1982 33 years
Matthees, Charles & Barbara
May 26, 1979 36 years
Schaefer, Steve & Terese
May 30, 1992 23 years
Fangsrud, Sharon & Butch
May 31, 1980 35 years

Club Anniversaries

Swenson, Robert 21 years
May 01, 1994
Monson, Gina 6 years
May 05, 2009



Photos: President Jon welcomes Corey's guest Neil Roesler. Sergeant at Arms Jean Hannig. Ron Kolb & Brad Grondahl.

birthday sleep-over; granddaughters attending a car show with Grandpa Gary Nolte; MHS and Moorhead Police's joint program on drinking and driving for MHS prom-goers; and the end of another semester at MSUM.

'Can you hear me now?' Grondahl talks of hearing loss and devices that help

Rotarian of the Day Russ Hanson introduced our speaker, Brad Grondahl of Hearing Solutions in Fargo — a family business launched by his mother. He told us, "You got me just in time": He is retiring on Thursday.

Brad explained that, when talking about hearing loss," many don't distinguish between hearing and understanding. Having difficulty understanding others' speech is one of the principle symptoms of hearing loss, along with these common situations:

- Asking others to repeat what they say.
- Complaining that other people mumble.
- Turning up the volume of radios and TVs.
- Straining to understand others in groups.
- More difficulty understanding women's and children's voices than men's.
- Difficulty hearing on the telephone.
- Withdrawal from activities because you can't hear well.

He urged those experiencing these symptoms

to have a hearing test, a painless procedure generally covered by Medicare and insurance.

As hearing gradually diminishes, the test provides a baseline for judging it. "Hearing loss can be very gradual over time," he said. "It's not as noticeable as changes in your vision." The ability to hear high-frequency sounds fades first, especially in those exposed to loud noise. Since vowels tend to be lower and consonants higher and softer, people often complain that what others say sounds "mushy."

Brad said that today's hearing aids are very small; the behind-the-ear style is most popular. Modern devices can be programmed to provide amplification to exactly suit an individual's needs. Most have automatic volume adjustment so that the wearer doesn't need to manually tune them.

He urged us to protect our ability to hear by wearing ear protection when exposed to loud noises. as when mowing, riding a motorcycle or frequenting loud events.

Raffle pot escapes draining

Stacey Ackerman won the chance to draw the lucky card in the day's raffle — but snagged only the consolation prize. The pot now stands at about \$800.

Upcoming Meetings: Programs and Assignments

Tuesday, May 12

Sergeant at ArmsDave Sederquist
ProgramPast District Gov. Tom Riley discusses his Australian sailing adventure
GreetersG Davis & J Riewer

Tuesday, May 19

Sergeant at Arms.....Mike Hulett
Rotarian of the Day:.....Russ Hanson
Program....Ruth Denton-Graber, Prairie St. John's counselor in depression, substance abuse & relationships
GreetersV Deilke & J Rogers

Tuesday, May 26

Sergeant at ArmsEric Johnson
Program:Gary Nolte, "How To Write a Check," program on Rotary Foundation
Greeters.....B Donabauer & R Rudet

June 2

Sergeant at Arms:.....Mike Hulett
Program: ...Tammy Finney, editor of F-M Extra
Greeters:P Dovre & S Schaeffer

June 9

Sergeant at Arms:Eric Johnson
Programs:Barb Stanton, Prairie St. John's
Greeters:C Elmer & J Schaffer