



The Paddlewheel

Moorhead Rotary Club

Volume 93—No. 21

November 25, 2014

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Jon Benson
President-elect Eric Wilkie
Secretary Teresa Joppa
Treasurer Doreen Filler
President-nominee
Past President Cindy Nolte

Director, 2014, Rotary Foundation
Gary Nolte
Director, 2014, Administration
Russ Hanson
Director 2014, Community Service
Dave Wahlberg
Director, 2014, New Generation
Eric Wilkie
Director, 2015, Club Service
Jill Baldwin
Director, 2015, International
Service Eric Johnson
Program Chair Russ Hanson

Photographer Russ Hanson
Meeting Reporter Teresa Joppa

Paddlewheel Editor
Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Wednesday of each month.

International President
Gary C.K. Huang, Taipei
District 5580 Governor
Tim Kaminski, Hibbing
Assistant District Governor
Kay Parries, Moorhead
District Governor-Elect
Craig Loughery, Ely
District Governor-Nominee
Herb Schmidt, Fargo
Foundation/Polio Plus
Society/Polio Plus
Gary Nolte, Moorhead

Other F-M Rotary Clubs
Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
Monday: Fargo West
Noon, Holiday Inn
Wednesday: Fargo
Noon, Radisson
Thursday: FM/AM
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



This week's program: *Our own Ron Hagemann, one of the Heritage Hjemkomst Interpretive Center's premier docents, guides us through the famous ocean-crossing vessel that's on display upstairs from our meeting site.*

FirstLink trainer Ashley Ladbury explores how to be an active, receptive listener

Wielding the gavel in President Jon Benson's absence, Cindy Nolte welcomed Rotarians and special guests — including Linda Dusseljee, whom the club hosted as a foreign exchange student 12 years ago, and her friend Joost Kroesen. November birthdays were saluted.

Sign up now for annual Christmas party

Russ Hanson reported on plans for Moorhead Rotary's annual Christmas party. The evening of fellowship and gourmet food is coming up Tuesday, Dec. 16, when it substitutes for that day's regular meeting. Taking place at the Bluestem Center for the Arts, the party features a social hour with copious appetizers and a gourmet dinner catered by the Concordia Food Service, followed by a holiday presentation by MSUM President Anne Blackhurst and music by the Moorhead High School carolers.

Sixteen couples and two individuals have reserved their spots so far. Cost is approximately \$35 per person. You can reserve a place and choose your menu selection at our next two meetings — or by emailing russ@hansonphoto.com. The final



Photos: Rod McLarnan, secretary Teresa Joppa & Jean Hannig. Song leader Vern Goodin & pianist Sharon Fangsrud. Gary Nolte presents Paul Harris Fellowship pins to George Davis & John Andreasen. Sergeant at Arms Eric Johnson. Speaker Ashley Ladbury of FirstLink introduced us to active listening.

count is due on Dec. 10. (More information is on the third page of this newsletter.)

Service opportunities abound in December

Rod McLarnan talked about upcoming opportunities for Rotarians to ring the bell in the Salvation Army's annual Red Kettle Campaign. He circulated sign-up sheets. Only 11 openings remain.

The club's annual Christmas charity collection is scheduled for Dec. 9. Proceeds will be shared by the Dorothy Day House of Hospitality, Churches United for the Homeless and Lakes and Prairies Community Action. Last year we contributed about \$1,200 to the charities.

Last week members learned more about David Alvarez's charity, Centro Cristiano Cultural de Guatemala. Those interested in sponsoring a child or contributing to the program can learn more at www.cccguatemala.com.

Guests, Nov. 25

Ashley Ladbury, speaker
 Zuezan & Mark Hanna, guests of
 Bob Hanna
 Linda Dusseljee (former exchange
 student) and Joost Kroesen
 Olivia Dwyer & Shellie Simonson-
 Ulven, guests of Eric Wilkie

Makeups

Gary & Cindy Nolte, program at
 Fergus Falls Rotary, 11/19
 Dale Stenerson, Inter-club, Fargo
 West, last week

November Birthdays

Wahlberg, David	Nov 02
Hetland, Dale	Nov 03
Matthees, Charles	Nov 08
McLarnan, Rod	Nov 08
Nolte, Gary	Nov 28

Anniversaries

Farwell, Randy & Sherri	Nov 02	23 years
Benson, Jon & Jessica	Nov 11	12 years
Swenson, Robert & Cindy	Nov 14	33 years
Barden, Roland & Carolyn	Nov 25	47 years
Monson, Gina & Dave	Nov 30	18 years

Club Anniversaries

Rogers, Jerry	29 years
Nov 05 1985	
Woods, William	10 years
Nov 05 2004	
Davis, George	24 years
Nov 06 1990	
Hanson, Russ	7 years
Nov 06 2007	
Hanna, Bob	26 years
Nov 08 1988	
Moorhead, Tracey	22 years
Nov 10 1992	
Hulett, Michael	26 years
Nov 22 1988	
Riewer, Jon	11 years
Nov 25 2003	
Tranby, David	28 years
Nov 25 1986	
Joppa, Teresa	13 years
Nov 27 2001	



Former exchange student Linda Dusseljee. Fun at lunch. Raffle winner/loser George Davis. Zuezan and Mark Hanna, guests of Bob.

Members honored for foundation support

Gary Nolte presented George Davis and John Andreasen with pins recognizing their support for the Paul Harris Foundation — for George, PH + 3, and for John, PH + 1.

Johnson fields turkey tips & happy dollars

Sergeant at Arms Eric Johnson shared timely turkey tips from the Butterball Turkey Hotline ... actual wisdom on how to get chainsaw oil off the turkey when it's been cut in half to fit the pan, how to make a turkey for vegetarians, how to find the bird when it was stored out in the snow, whether it goes into the oven head- or feet-first, and if a turkey can be thawed with an electric blanket.

Thankful Rotarians offered “thankful dollars”: Bob Swenson for the Paddlewheel’s reminder of his 33rd anniversary; sports rivalry between MSUM and Concordia; and holiday meals with children and grandchildren from near and far.

Twelve years ago, Linda Dusseljee spent a year in Moorhead as a foreign exchange student hosted by the Norwigs, the Hannas

and the Lemkes. Since then, she has worked in Germany and the Netherlands. She thanked Rotarians for her great experience in Minnesota.

FirstLink trainer offers listening tips

Ashley Ladbury of FirstLink, the local helpline that connects callers with resources and offers listening and support, offered an overview of the active listening techniques practiced by the volunteers who answer phones 24 hours a day. The same skills they employ when talking with those contemplating suicide are powerful in all kinds of situations; she recently worked with City of Moorhead employees to improve their skills.

“Through active listening, we can actually help the person who’s calling understand their own feelings and intentions better,” she said. One key is giving undivided attention to the speaker, a skill that’s harder than it sounds.

She suggested focusing on three points: Reflecting the speaker’s feelings; validating them by understanding what they’re expressing, and listening with empathy and a nonjudgmental attitude.

Upcoming Meetings: Programs and Assignments

Tuesday, Dec. 2

Sergeant at Arms:E Wilkie
 ROD:Russ Hanson
 Program:Rotarian Ron Hagemann provides a guided tour of the Hjemkomst ship, centerpiece of the HHIC
 Greeters:Hannig & Skatvold

Tuesday, Dec. 9

Sergeant at Arms:Mike H
 Program:Paul Dovre’s Advent message
 Annual charity collection for Lakes & Prairies
 Community Action, Dorothy Day House & Churches United for the Homeless
 Greeters:Hetland & Stauffer

Tuesday, Dec. 16 — Christmas Party

...No regular meeting at noon...
 Dinner at Bluestem/Trollwood Center for the Arts

Details and menu on next page!

Holiday Program:Anne Blackhurst
 Music:Moorhead High Carolers

Tuesday, Dec. 23 — no meeting

Tuesday, Dec. 30

Sergeant at Arms:J Hannig
 ROD:Gina Monson
 Program:Rotarian Dave Sederquist, “Xcel Energy: Preparing for the Future”
 Greeters:G Johnson & Stenerson

Tuesday, Jan. 6

Sergeant at Arms:
 ROD:Violet Deilke
 Program:Mark & Pam Bertilrud, “Our Adventures in Africa”
 Greeters:M Hulett & R Swenson

Christmas Party — Tuesday, Dec. 16

Location: Bluestem/Trollwood Center for the Arts

Social Hour: 6:30 p.m. *Piano music by Sharon Fangsrud.*

Appetizers: Smoked salmon-filled cheese puffs; lefse rolls; salami cornets, chevre and walnut grapes; caramelized onion goat cheese tartlets; crab and mushroom cheesecake with crostini.

Cash bar will be available.

Dinner: 7:30 p.m.

Menu Choice #1:

Pike Place salad
Beef medallions with onion port marmalade
1/2 apple caramelized stuffed chicken
Twice-baked stuffed potato
Roasted asparagus with balsamic butter
Dessert: Concordia's famous chocolate raspberry truffle

Menu Choice #2:

Pike Place salad
Cracker-cruste walleye with tarragon beurre blanc sauce
Cinnamon Port Tenderloin medallions with black currant demi glaze
Twice-baked stuffed potato
Roasted asparagus with balsamic butter
Dessert: Concordia's famous chocolate raspberry truffle

Program: Our own Dr. Anne Blackhurst, president of MSUM

Music: Moorhead High School Carolers

Sign-up sheets will again be available Tuesday and Dec. 9.
Our final count must be given to the caterer by Dec. 10.

Or make your reservations by emailing Russ Hanson,
russ@hansonphoto.com