



The Paddlewheel

Moorhead Rotary Club

Volume 92—No. 22

Nov. 26, 2013

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Cindy Nolte
President-elect Jon Benson
Secretary Vern Goodin
Treasurer Don Meidinger
President-Nominee
Past President Kay Parries

Director, 2013, Rotary
Foundation Gary Nolte
Director, 2014, Administration
Russ Hanson
Director 2014, Community
Service Dave Wahlberg
Director, 2014, New
Generation Eric Wilkie
Director, 2015, Club Service
Jill Baldwin
Director, 2015, International
Service Eric Johnson
Program Chair Russ Hanson

Photographer
Russ Hanson
Meeting Reporter
Teresa Joppa
Paddlewheel Editor
Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Wednesday of each month.

International President
Ron Burton, Norman OK
District 5580 Governor
David Smette, Jamestown
District Vice Governor
Gary Nolte, Moorhead
District Governor-Elect
Tim Kaminski, Hibbing
District Governor-Nominee
Craig Loughery, Ely

Other F-M Rotary Clubs

Monday: Fargo West
Noon, Holiday Inn
1st & 3rd Tuesdays: FM/AM
5:15 p.m., Lucky 13 Pub
Wednesday: Fargo
Noon, Radisson
Thursday: FM/AM
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



Nov. 26

Alzheimer's consultant urges members to seek early detection to cope with disease

President-elect Jon Benson wielded the gavel at Tuesday's meeting in the absence of President Cindy Nolte, who was in Wisconsin attending a family funeral. The club sends her thoughts and prayers.

Support urged for Rotary typhoon relief

George Davis passed the peace coin in person, having forgotten it in his pocket. On a more serious note, he suggested that Rotarians can assist the victims of Typhoon Haiyan in the Philippines — either by donating online at shelterboxusa.org, or by giving our treasurer, Don Meidinger, a check made out to the Rotary Foundation with "PI" in the memo line. Shelterbox, a project of Rotary International, provides green boxes holding a tent, blankets, water purification equipment, utensils, a shovel and other vital items. About 2,000 tents have been distributed to date.

More opportunities for sharing

Rotarian Rod McLarnan made a pitch for volunteers to take part in the Salvation Army's bell-ringing campaign at Hornbacher's in Moorhead.

Ron Kolb reminded us that a highlight of next Tuesday's meeting is our annual Christmas appeal for charitable giving. Don't forget your checkbook.



Photos: President-Elect Jon Benson. George Davis. Rod McLarnan (with Dave Wahlberg looking on). Jess Steinbrenner of ND/MN Alzheimer's Association. View over Don Myrvik's shoulder.

With the annual holiday party just around the corner (Dec. 10), he also invited members to sign up to attend. It will include an Italian dinner, Christmas music by the Oak Grove Choir and plenty of Rotary fellowship.

How is Rotary like Thanksgiving dinner?

Sergeant at Arms Eric Wilkie shared an original poem he composed in honor of Thanksgiving two days hence. Among its high points: "Our time here in fellowship is so important to all of us/It's better than gravy, sweet potatoes and green bean casserole."

Gratitude for the end of his verse inspired many Happy Dollars, along with Bison victories, wedding anniversaries, exterminated mice and the undefeated Dragon men's and women's basketball teams.

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Guests

Jess Steinbrenner, MN/ND
Alzheimer's Assn, speaker
Jonathan Junge, FES
Holly Miller, potential member &
guest of John Andreasen
Evan Workin, Boy Scouts of
America, guest of Bryan
Davidson

Make-ups

Bob Leiseth, DL Noon Rotary,
11/21/13
Bob Matthees, Miracle Field
Fundraising Committee mtg
last week

November Birthdays

Wahlberg, David Nov 02
Hetland, Dale Nov 03
Matthees, Charles Nov 08
McLarnan, Rod Nov 08
Nolte, Gary Nov 28

Wedding Anniversaries

Farwell, Randy & Sherri
Nov 02
Benson, Jon & Jessica
Nov 11
Swenson, Bob & Lucinda
Nov 14
Barden, Roland & Carolyn
Nov 25
Monson, Gina & Dave
Nov 30

Club Anniversaries

Szymanski, Michael 4 years
Nov 03, 2009
Rogers, Jerry 28 years
Nov 05, 1985
Woods, William 9 years
Nov 05, 2004
Davis, George 23 years
Nov 06, 1990
Hanson, Russ 6 years
Nov 06, 2007
Hanna, Bob 25 years
Nov 08, 1988
Moorhead, Tracey 21 years
Nov 10, 1992
Hulett, Michael 25 years
Nov 22, 1988
Riewer, Jon 10 years
Nov 25, 2003
Tranby, David 27 years
Nov 25, 1986
Joppa, Teresa 12 years
Nov 27, 2001



Ron Kolb and Bob Swenson sell tickets for the weekly raffle. Sergeant at Arms Eric Wilkie (right).

As Alzheimer's numbers multiply, group offers education, services to families

Rotarian of the Day Russ Hanson introduced Jess Steinbrenner, regional care consultant with the Alzheimer's Association of Minnesota– North Dakota to talk about one of the nation's fastest growing public health challenges — and an issue that most of our members have faced or will face in their families.

Some 5 million Americans currently suffer from the disease, which accounts for 70 percent of dementias. (Others include vascular dementia, Parkinson's dementia and other forms.) That number is expected to increase to 16 million by 2050.

Alzheimer's disease occurs when neurons degenerate and die. A progressive disease, it actually shrinks the brain, primarily affecting

the hippocampus and its memory functions.

Jess explained warning signs of the disease. Among them: Memory changes that affect daily life; difficulty completing familiar tasks; confusion about time or place; new problems with spoken or written words, and decreased or poor judgment.

Early detection and diagnosis is especially important, since no cure currently exists. Treatments can slow its progress or improve symptoms. Diagnosis also brings the opportunity for the victim to participate in decisions about the future and connect with others with similar experiences.

Tempting raffle pot eludes a winner

Bill Schwandt's raffle ticket brought him only the consolation prize of \$5. The pot increases to \$307 for next week's drawing.

Looking Forward ... to Upcoming Rotary Meetings

Dec. 3 Sergeant at Arms J Benson
Annual Collection of Charitable Donations
ROD Violet Deilke
Program Matt Masolowski, director of Moorhead Business Retention & Development Office for City of Moorhead
Greeters Luther & Tranby

Dec. 10 Sergeant at Arms Teresa Joppa
ROD
Program Christmas Message by Dr. Paul Dovre
Greeters Matthees and Tunheim

Dec. 10 **Annual Rotary Holiday Party at Bluestem Center at Trollwood**
Italian menu catered by The Speakeasy|
Special message by Dr. Bill Craft, president of Concordia College
Entertainment by Oak Grove Choir

Dec. 17 Sergeant at Arms Gina Monson
Program Meet at **OFFUTT CENTER FOR BUSINESS** at Concordia for lunch and tours
ROD Eric Johnson