



The Paddlewheel

Moorhead Rotary Club

Volume 92—No. 15

Oct. 8, 2013

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Cindy Nolte
President-elect Jon Benson
Secretary Vern Goodin
Treasurer Don Meidinger
President-Nominee
Past President Kay Parries

Director, 2013, Rotary Foundation Gary Nolte
Director, 2014, Administration Russ Hanson
Director 2014, Community Service Dave Wahlberg
Director, 2014, New Generation Eric Wilkie
Director, 2015, Club Service Jill Baldwin
Director, 2015, International Service Eric Johnson
Program Chair Russ Hanson

Photographer Russ Hanson
Meeting Reporter Teresa Joppa
Paddlewheel Editor Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Wednesday of each month.

International President Ron Burton, Norman OK
District 5580 Governor David Smette, Jamestown
District Vice Governor Gary Nolte, Moorhead
District Governor-Elect Tim Kaminski, Hibbing
District Governor-Nominee Craig Loughery, Ely

Other F-M Rotary Clubs

Monday: Fargo West
Noon, Holiday Inn
1st & 3rd Tuesdays: FM/AM
5:15 p.m., Lucky 13 Pub
Wednesday: Fargo
Noon, Radisson
Thursday: FM/AM
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



Oct. 8

Now's the time to get those flu shots, says Clay County Public Health nurse

President Warren Wenner wielded Moorhead Rotary's gavel for his second-to-the-last meeting before leaving for Houston, Texas. He welcomed members and guests ... including two who plan to apply for membership.

After singing in honor of Rotary, God and country, the club heard wrap-ups from several recent projects. Warren reminded us of that a few highly desirable T-shirts remain from our successful Rotary Bike Ride for Miracle Field.

Bill Woods thanked all the Rotarians who helped distribute dictionaries to third graders throughout Clay County in recent days.

Big push is on to sell Travel Raffle tickets

Violet Deilke reminded members to push to sell the remaining tickets for our Travel Giveaway in the two weeks that remain. Her salon is Ticket Central for turning in ticket stubs and money, as well as picking up additional tickets. If you need ideas of who to call, she has ideas to share.

Committee member George Davis reported that 100 tickets have been sold so far ... leaving more than 200 to be purchased by the deadline. He emphasized how important it is to sell all 350 available raffle tickets: "The first 200 pay for the seven trip we give away as prizes,"



Photos: Members enjoy lunch Tuesday. Sergeant at Arms Gina Monson. Short-timer Warren Wenner presides over his second-to-the-last meeting. Rotarian of the Day Jerry Rogers. Cheryl Sapp, RN, of Clay County Public Health talks about the necessity of getting flu shots as soon as vaccine is available. (Photos by George Davis.)



Paul Harris Banquet — Tuesday, Nov. 5 — Fargo Country Club
Social 6–7 p.m., followed by dinner and program at 7 p.m.
Register at one of our meetings by Oct. 25. Tickets are \$40 per person.

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Guests

Lucas Teske, UND School of Medicine student (Jerry Rogers)
Cheryl Sapp, Clay County Public Health (program)
Brad Donabauer, DDS (George Davis)

Visiting Rotarians

Bryan Davidson, DL Rotary and prospective member

Make-Ups

Barb Belcher, Dave Wahlberg, Violet Deilke & Ron Kolb — Strive Committee, 10/08
Skatvold, Hagemann, Stenerson, Beaton, E Johnson, Schaefer, Qualey & Woods — Dictionary Project, Oct. 1 & 4
George David, Eric Wilkie & John Andreasen — Miracle Field, Fargo West, Oct. 9

October Birthdays

Tunheim, Nick	Oct 01
Wai, Samuel	Oct 03
Szymanski, Michael	Oct 05
Hanson, Russ	Oct 23
Johnson, Gregory	Oct 28
Kolb, Ronald	Oct 29

Wedding Anniversaries

Hulett, Michael & Janie	28 years	Oct 04, 1985
Elmer, Corey & Brenda	17 years	Oct 05, 1996
Wright, Edgar & Virginia	59 years	Oct 09, 1954
Moore, Noel & Thomas	17 years	Oct 12, 1996
Hannig, Jean & Jeff	41 years	Oct 24, 1972

Club Anniversaries

Andreasen, John	21 years	Oct 01, 1992
Suomala, Paul	17 years	Oct 01, 1996
Johnson, Eric	1 year	Oct 02, 2012
Benson, Jon	6 years	Oct 09, 2007



he noted. "The last 150 are how we raise funds for our community youth projects."

Rogers, Craft win dining certificates

Nineteen members qualified for the special drawing for two dining certificates by selling all four of the tickets they received. Jerry Rogers and Bill Craft won the dinners out.

Flu season inspires message: 'Get a shot!'

Rotarian of the Day Jerry Rogers, MD, introduced Cheryl Sapp, RN, of Clay County Public Health, who addressed influenza — the respiratory illness we call "the flu."

She said that now's the time to get vaccinated. Last year's flu season began earlier than usual and peaked in December. The vaccine designed for this year is aimed at four strains of the tricky disease.

Shots are recommended for everyone over the age of 6 months except those allergic to

eggs. It can be given as a shot or, for healthy people from 2 to 49, a nasal spray. A high-dose vaccine is available for those over 65.

"You will not get the flu from the vaccine," Cheryl emphasized. Some do have mild flu-like symptoms briefly, simply a sign that it's working.

Most healthy people who get the flu don't need antiviral medication. Instead, she said, stay home, rest and drink plenty of fluids. And help stop the spread: Cover your mouth when you cough and keep away from others.

But it can turn serious. Cheryl said medical help is needed immediately for high-risk adults and if these symptoms occur: difficulty breathing; pain in chest or belly; sudden dizziness or confusion, and dehydration.

Raffle pot escapes pursuit once again

Barb Belcher won the chance to draw for half the \$101 raffle pot, but she failed to find the queen of hearts. Better luck next week!

Looking Forward ... to Upcoming Rotary Meetings

Oct. 15	Sergeant at Arms M Hulett
ROD	Eric Wilkie
Program	Oak Grove High School mission trip to Guatemala
Greeters	Greg Johnson & Schaefer
Oct. 22	Sergeant at Arms E Wilkie
ROD	District 5580 Vice Governor Gary Nolte
Program	District 5580 Governor David Smette of Jamestown
Greeters	Joppa & Schwandt
Oct. 29	Sergeant at Arms J Benson
ROD	Mike Hulett
Program	Clay County Sheriff Bill Berquist
Greeters	Kolb & Sederquist