



The Paddlewheel

Moorhead Rotary Club

Volume 105—Number 37

April 15, 2025

Moorhead Rotary Club 1405 District 5580

President Steve Astrup
President-Elect Tim Hiller
President Nominee
Treasurer Dave Sederquist
Secretary Teresa Joppa
Past President Dave Sederquist

Directors (2023) Chris Andreasen, Greg Johnson & Steve Schaefer
Directors (2024) Tracey Moorhead, & Ernie Simmons
Directors (2025) Tammy Finney & Jean Hannig
Directors (2026) Nancy Hanson & Tim Hiller
RYLA Coordinator Jon Riewer
Polio Plus Coordinator Cindy Nolte
Program Chair Jean Hannig
Paddlewheel Photographer/Editor Nancy Edmonds Hanson

April Birthdays

Woods, Bill April 30

Rotary Anniversaries

Sederquist, Dave	33 years
	Apr. 01 1992
Matthees, Charles	32 years
	Apr. 13 1993
Hetland, Dale	23 years
	Apr. 16 2002
Johnson, Gregory	13 years
	Apr. 10 2012
Astrup, Steve	7 years
	Apr. 16 2018



Tuesday, April 15

Perennial favorite Don Kinzler joins us to talk about edibles in the landscape. Jerry Rogers is sergeant at arms..

Markus Krueger discusses indigenous peoples who populated the region

President Steve Astrup greeted the club, thanking Cindy Nolte for standing in for him during his absence.

Exchange student Elle Zimmerman joined us with updates on her busy life as a student at Moorhead High. Among them: She got to play with the MHD Pep Band at the Minnesota Hockey Tournament, which the Spuds went on to win, and is soon leaving on a trip to Canada with her first local host family. She is looking forward to attending prom in coming we

Announcement highlight upcoming events

- * Steve reminded members of Brent Brandt's secret movie at the Fargo Theatre that night.
- * President-elect Tim Hiller attended the five-club presidents meeting, bringing back word of Fargo Rotary's upcoming beer and wine event April 24.
- * Fargo West Rotary is embarking on its annual Harley raffle.
- * The club board met on March 28 to discuss alternatives for the club's grant money, and will meet again Wednesday to make a recommendation to send to the club.
- * John Andreasen reminded members of the dinner and guest speaker scheduled at the Sons of Norway before the Recital with a Cause on May 1. John, Gary Nolte and Jean



Potos/Nancy Hanson: Markus Krueger, program director, HCSCC. (Above) President Steve Astrup. (Below) Sergeant at Arms Eric Wikie. (Bottom) Dave Sederquist, Dave Tranby and Chuch Matthees. Kirk Scott.





Photos: Janelle Leiseth.

Tracey Moorhead.

John Andreasen & Teresa Joppa

Exchange student Elle Zimmerman.

Photo of transitional area between forest and prairie.



Hannig all have tickets available for sale.

Sarge Eric shares tips for staying calm

Sergeant at Arms Eric Wilkie, noting that these are stressful times, shared tips for maintaining your calm under stress. Among the suggestions: Take a minute to “feel the feels.” Protect your peace through self-care, matching it to your stress. Find a purpose in life beyond your job. Make a plan; when chaos exists, control those things you can. Finally, support your friends.

He asked members to share who invited them into Rotary. Interesting answers ensued.

As for happy dollars, Jean started off: “Ellie’s here!” Teresa Joppa told how she (and we all) love it when Markus joins us. Steve Schaefer is happy to be home after 17 days spent recruiting Concordia students in southeast Asia. Dave Tranby won his March Madness pool. Eric revealed he is growing his hair out for the Hocky Hair Tourney, just like Steve Astrup.

Historian introduces new presentation about area residents Ojibwe, Dakota & Metis

Markus Krueger, a historian who’s one of the club’s favorite guests, opened his presentation with a note of thanks to Rotary. His grandfather suffered from polio, the disease Rotary International is trying to eliminate, and suffered from its after effects for his whole life.

“We’re between the Great Plains and the Great Forest,” he said, turning to the day’s topic. “We are in a middle ground — an ecotone, or transitional zone.”

Here the people of the Plains, the Dakota, met up



against the Ojibwe, a farming culture of the forest who lived around the lakes.

The Dakota (Sioux) — the native people whom foreign countries picture when they think of American Indians — were a horse culture. Like the international image, they used horses for hunting and traveling and lived in portable homes, their tepees.

The people of the forest lived very differently. “They are a canoe culture,” Markus observed. Wild rice, harvest from those canoes, was an important food. They lived in wigwams made of birch bark, a tough and versatile resource.

This year marks the 200th anniversary of a peace treaty between the two neighboring tribes. It established a border, running east and west — north and south of the Buffalo and Sheyenne Rivers. The latter was named after the tribe that had occupied the region before the Dakota; like them, the Dakota were eventually also driven westward.

He talked, too, of the Metis culture, who blended Native and European roots. Several towns were established by them in Clay County.

Looking Ahead

April 15

Sergeant at Arms.....Jerry Rogers
Program.....Don Kinzler,
Edibles in the Landscape

April 22

Sergeant at Arms.....Teresa Joppa

Program.....Moorhead City Update with
Mayor Carlson and City Manager Mahli

April 29

Sergeant at Arms.....Nancy Hanson
Program.... Fargo-Moorhead-W Fargo Chamber