



The Paddlewheel

Moorhead Rotary Club

Volume 103—Number 6

August 9, 2022

Moorhead Rotary Club 1405 District 5580

President David Sederquist
President-Elect Steve Astrup
President Nominee
Treasurer Emily Gess
Secretary Teresa Joppa
Past President Gina Monson

Directors (2023) Chris Andreasen, Greg Johnson & Steve Schaefer
Directors (2024) Tracey Moorhead, Ernie Simmons & Megan Wiesneski
Director (2025) Tammy Finney
RYLA Coordinator Randy Farwell
Polio Plus Coordinator Cindy Nolte
Program Chair Jean Hannig
Trivia Master Brent Brandt
Photographer Russ Hanson
Paddlewheel Editor Nancy Edmonds Hanson

August Birthdays

Alma Cater Aug 1

Wedding Anniversaries

Nolte, Cindy & Gary
Aug 01 1969 53 years
Moorhead, Tracey & Richard
Aug 14 1964 58 years
Riewer, Jon & Kristine
Aug 24 1996 26 years

Rotary Anniversaries

Hannig, Jean 26 years
Aug 06 1996
Blackhurst, Anne 10 years
Aug 14 2012
Nolte, Cindy 22 years
Aug 15 2000

Guests 6/28/22

Deb Dawson, speaker
Doug Hamilton, past president
Brett Oertli, State Farm, prospective member

Coming Up Tuesday, August 9

Shari Gustafson talks about S.G. Reinertson Elementary School's partnership with PeaceMaker Minnesota to reduce bullying. She'll be introduced by Rotarian of the Day Brandon Lunak, superintendent of Moorhead Public Schools.

Photo/Teresa Joppa: Jamestown firefighter Mark Urquhart.

Jamestown firefighter Mark Urquhart tells Rotarians to 'find what gives you peace'

President Dave Sederquist welcomed members and guests to Moorhead Rotary. Among them were the late Bob Leiseth's grandson Mark and his mother Kristi. Mark shared the two take-aways he brought home from the RYLA conference last month: "How do you change the world? One room at a time!" The second: "Be interested in people."

'Movie on the Farm' to benefit Ukraine ag

Following up on an earlier program by Hillsboro farmer Jon Bertsch and Roman Grynshyn of Ukraine, who is gathering support in the US to aid farmers in his war-torn homeland. On Wednesday, Aug. 10, Bertsch is hosting an event at his farm east of Hillsboro to raise funds for World to Rebuilt Ukraine — a movie night with fun for the whole family. In addition to an outdoor showing of the documentary "Dear Rodeo: the Cody Johnson Story," there will be tractor rides and farm animals. For more information, go to <https://www.facebook.com/bertschfarms/>

Update on 2022-23 Travel Raffle Plans

Dale Hetland reported that a new travel agency has agreed to become the vendor for the upcoming Travel Raffle. The prizes will be awarded a little differently in the coming year. Ten to 12 destinations and trips will be offered throughout the season, with trip winners able to choose whichever they prefer.

The service committee chair also mentioned that the YWCA is asking for donations of shampoo and conditioner. "Let's help them out if we can," he added.

The Fargo Rotary Club is selling Colorado freestone peaches — their 27th year. Full lugs



(18-20 pounds) are \$45, and half lugs are \$24. An organic full lug is \$52.

Peaches must be pre-ordered by Aug. 18. They'll be available for pick up at the Holiday Inn on Monday, Aug. 22. They may be ordered online at fargowestrotary.org.

Sarge Ernie shares images of the cosmos

Sergeant at Arms Ernie Simmons showed fascinating photographs from deep space taken by the James Webb telescope. After viewing the remarkable images, President Dave solicited the week's happy dollars. He started with his own — in honor of "each person who is as incredible as the Webb photos."

Gary and Cindy Nolte's happy dollars were on the occasion of their 53 years of marriage. Dale Hetland contributed a dollar because he had to leave the meeting early. Violet Deilke applauded Mark's visit and RYLA.

Several members shared donations in honor of Russ Hanson's return. He reported the dictionary project is changing this year. Instead of dictionaries — and because the 3rd graders to whom we have given them now seek definitions

Meetings

Tuesdays — noon
Moorhead Schools Operations
Center, 1401 30th Ave. S.

Participate via Zoom:

<https://us04web.zoom.us/j/742305775?pwd=V0ZTMVl1NldkY2xMMnlHNEdPdIRxdz09>
Meeting ID: 742 305 775
Password: 630851

and spelling on the internet — other options are being considered, perhaps globes or maps that they can use in the classroom.

First responder advises members to shut off digital distractions and appreciate life

Rotarian of the Day Eric Wilkie introduced our guest speaker, firefighter Mark Urquhart of Jamestown.

Our guest focused on what he called the “hazards of technology” — the dangers of distraction by cellphones, information sharing and digital tracking that can make us overlook the real values of our lives.

“News is reported too soon,” he said. “People are anxious and impatient. Instant access created unrealistic expectations, leading to anger, frustration and road rage.

Instead, he pointed to ways to restore balance to your life. He told the story of a friend years ago whose daughter had cerebral palsy: “When I asked how he could weather all the doctoring, my friend said, ‘I just remember all the others who have dying children receiving care. I get to take my daughter home. She’s still alive.’”

Remember that others have it worse, Mark

summarized. “Every single day, you have a choice,” he told us. “You can decide to have a good day — or a bad one.”

The first responder questioned how to find peace in your life. His answer: “Gratitude and satisfaction for what you have. Do you have good health? A good relationship with your family and your spouse? Make it work, and accept how good you do have it.”

He recalled an English teacher who wrote large on her chalkboard that “human wants are unlimited.” He reflected on that, asking whether we remembered things we once wanted for Christmas, how much we wanted to get out of high school, and our longing to be on our own and independent.

“Don’t waste another day. Life is too short,” the inspirational speaker told us. “Others haven’t had a chance to do what you’re doing.”

His recommendation: Shut off all your digital distractions. Find what gives you peace, and appreciate what you have.

He added, “Tell your family you love them, and thank the good Lord.

“Today could be your last day ... but it’s the first day of the rest of your life. Make it a good one. And make tomorrow even better!”

Looking Ahead

Aug. 9

Sergeant at ArmsPaul Dovre
Rotarian of the Day.....Brandon Lunak
ProgramShari Gustafson,
Reinertson School PeaceMaker program

Aug. 16

Sergeant at ArmsDale Hetland
Rotarian of the Day.....Dave Tranby
ProgramAbe Tomayo, Salvation Army

Aug. 23

Sergeant at Arms.....Jerry Rogers
ProgramKay Parries & Jean Hannig
2022 RI convention report

Aug. 30

Sergeant at ArmsBob Hanna
ProgramRandy Farwell, RYLA

September 6

ProgramRed River Valley Hospice House

September 13

Program

September 20

ProgramMayor Shelly Carlson,
Moorhead Sales Tax Initiative

September 27

Program Don Kinzler, Fall Garden Tips

**Moorhead Rotary Club
Membership Category Ideas (Draft)**

Membership Type	Definition	Cost
RG-Regular	Single annual membership for one individual	Full annual dues and meals
SA-Senior Active	Single annual membership for one retired individual age 65 years or older	25% discount on dues;regular meal charges
SB-Snow Bird	Single membership for one individual to attend meetings only from May – Oct.	50% discount on dues; regular meal charges
NM-Non-Meal	Single annual membership for one individual, served beverage only	Full annual dues only(no meal charge)
CO-Corporate	Up to 3 single annual memberships for individuals in same organization	Cost of 2 regular memberships
SC-Scholarship	Single annual membership for one individual	Heavily discounted dues and meals per Board discretion for up to 24 month term
HO-Honorary	Single annual membership for one individual of special distinction	No dues or meal costs.
BM-Board Member	Single annual membership for one individual serving on the Club’s Board	20% discount on annual dues; regular meal charges
LD-Leadership	Membership for President, Secretary, Treasurer, Editor (if member)	No dues or meal costs