



The Paddlewheel

Moorhead Rotary Club

Volume 105—Number 28

February 11, 2025

Moorhead Rotary Club 1405 District 5580

President Steve Astrup
President-Elect Tim Hiller
President Nominee
Treasurer Dave Sederquist
Secretary Teresa Joppa
Past President Dave Sederquist

Directors (2023) Chris Andreasen, Greg Johnson & Steve Schaefer
Directors (2024) Tracey Moorhead, & Ernie Simmons
Directors (2025) Tammy Finney & Jean Hannig
Directors (2026) Nancy Hanson & Tim Hiller
RYLA Coordinator Jon Riewer
Polio Plus Coordinator Cindy Nolte
Program Chair Jean Hannig
Paddlewheel Photographer/Editor Nancy Edmonds Hanson

February Birthdays

Sederquist, Dave February 23
Elmer, Corey February 23

Rotary Anniversary

Elmer, Corey 22 years
Feb. 11 2003



Tuesday, February 11

Our program this week is all about plans for the 2025 Guatemala service trip. Jon Riewer is our sergeant at arms.

Alzheimer Association official describes risk & research into conquering disease

Jean Hannig stepped in to conduct the Feb. 4 meeting of Moorhead Rotary in the absence of the president.

Travel Raffle committee chair Dale Hetland kicked off the meeting with the announcement of the fourth month of winners in this year's fund-raiser.

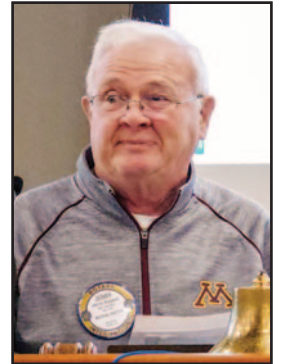
Winning third place — a \$100 dining certificate for Rustica — was Janet Crary, who bought Violet Deilke's ticket all the way from Oklahoma. Bob Hanna sold a ticket to the winner of the second prize, Lynn Lear, who will receive \$200 in cash.

The winner of February's top prize, his choice of 10 expense-paid trips for two, was Fargo Rotarian Tim LeClair. Jean sold him his ticket.

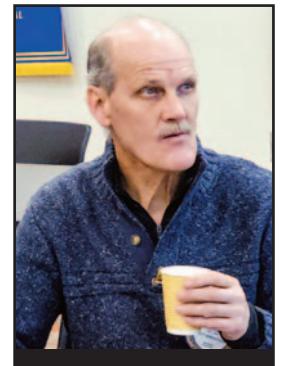
Tom Riley updated the club on the Rotary International service trip to Guatemala planned for March 15-24. Seven FM Rotarians have signed up so far.

Sarge Jerry tests on Super Bowl trivia

After reminding members of the FM Rotary clubs' Super Bowl party on Feb. 9, Sergeant at Arms Jerry Rogers tested the group on knowledge of the festive annual match. He noted that the NFL was formed in 1920. The much younger AFL considered merging before they agreed to the first playoff game in 1967, which was won by the Green Bay Packers, 35-10.



Photos/Nancy Hanson: Sarah Flesberg of the Alzheimer's Association of MN/ND. Dale Hetland reveals raffle winners. (Above) Jean Hannig. Sergeant at Arms Jerry Rogers. (Below) Tim Hiller & Dale Hetland. Dave Sederquist. (Bottom) Paul Dovre and Eric Wilkie.



Photos/Nancy Hanson:
 Secretary Teresa Joppa.
 Steve Schaefer.
 Chuck Matthees
 Violet Deilke draws the (wrong) card in
 the weekly raffle.



Jerry called for happy dollars, and Steve Schaefer was first to answer the call. He talked about his family's trip to the Sundance Film Festival in Utah, where the film "Speak" was premiered. (It features his son Sam.) He also applauded the IT staff that helped to finally get the video system working. Jerry himself told of his vacation in Palm Springs ... where it rained. Finally, Tom Riley told of John Andreassen's illness while traveling, which resulted in installation of a pacemaker; he is, Tom said, doing well.

Progress being made in early detection & treatment for Alzheimer's Disease

Sarah Flesberg, senior development manager of the Alzheimer's Association of MN/ND (and herself a Rotarian), told members of the progress being made in the fight against Alzheimer's Disease. A native of Jamestown, she originally studied nursing at NDSU before switching her studies to social work.

Seven million Americans currently are living with this most common form of dementia. The lifetime risk of developing the disease is one in five for women at age 45 and 1 in 10 for men of the same age. But one in three senior adults will dies with Alzheimer's or one of the four other forms of dementia.

The association supports research into the disease with great urgency. While the number of deaths from heart disease decreased by 2.1% during the first 20 years of this century, the incidence of Alzheimer's deaths has actually

increased 141%. The cost of caring for its victims was \$360 billion in 2024. By 2050, Sarah said, that could rise to \$1 trillion.

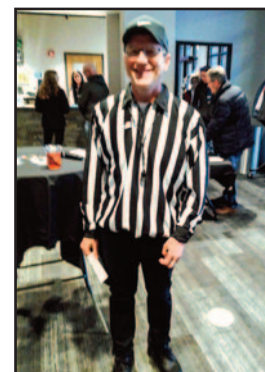
Rotary International's Alzheimer's/dementia action group supports the association by encouraging clubs to plan projects to support the cause. Among its goals is encouraging clubs to take part in the group's major annual fund-raiser, its Walk to End Alzheimer's. Among 800 now do so.



Super Bowl Sunday

Fargo-Moorhead Rotarians watched the Super Bowl from Suite Shots — the second year for the fundraising event.

Photos: Gary Nolte



Looking Ahead

February 11

Sergeant at ArmsJon Riewer
 ProgramGuatemala Project 2025

February 18

Sergeant at Arms.....Nancy Hanson
 Program

February 25

Sergeant at ArmsRob Remark
 Program

