



The Paddlewheel

Moorhead Rotary Club

Volume 104—Number 32

February 13, 2024

Moorhead Rotary Club 1405
District 5580

President	Steve Astrup
President-Elect	
President Nominee	
Treasurer	Dave Sederquist
Secretary	Teresa Joppa
Past President	Dave Sederquist

Directors (2023)	Chris Andreasen, Greg Johnson & Steve Schaefer
Directors (2024)	Tracey Moorhead, & Ernie Simmons
Directorw (2025)	Tammy Finney & Jean Hannig
Directors (2026)	Nancy Hanson & Tim Hiller
RYLA Coordinator	Randy Farwell
Polio Plus Coordinator	Cindy Nolte
Program Chair	Jean Hannig
Paddlewheel Photographer/Editor	Nancy Edmonds Hanson

February Birthdays

Sederquist, Dave	February 23
Elmer, Corey	February 23

Rotary Anniversaries

Elmer, Corey	21 years
Feb. 11 2003	



Photos/Nancy Hanson: Violet Deilke and Greg Lindquist tell the story of Heart of Clay. (Right) Dale Hetland reveals raffle winners. Jean Hannig, Sergeant at Arms Jerry Rogers. Dave Sederquist and Tim Hiller.



Next Meeting — Tuesday, February 13

Gary Nolte will share information on the Puerto Rico Service Project. Jon Riewer is sergeant at arms.



Heart of Clay changes lives of jailed, released & recovering men & women

Jean Hannig welcomed Rotarians, filling in for President Steve Astrup. She also recognized two guests — Greg Lindquist, a veteran of Heart of Clay's recovery programs, and prospective member Jessica Bergum.

February raffle winners unveiled

After announcing details of the 5-club Rotary Super Bowl party on Feb. 11, Jean turned the podium over to Travel Raffle chair Dale Hetland, who revealed February's winners. Adam Nordin, who won the top prize earlier, also had the lucky ticket for third prize, a \$100 dinner certificate to Rustica. Steve Astrup sold the second-prize ticket to Joe Icenhour. The top prize of a trip of his choice is going to Steve Jesme of Dilworth, who purchased his raffle ticket from Randy Farwell



Sarge Jerry: 'Year's biggest unofficial holiday'

Sergeant at Arms Jerry Rogers focused on America's "biggest unofficial holiday," the Super Bowl — also the year's biggest day for pizza sales. He noted that half-time performers Usher and Reba McEntyre receive no pay for appearing. He shared a bit of the history leading up to Super Bowl LVIII Sunday.





Photos/Nancy Hanson: Kay Parries & Gary Nolte. Bill Woods. Laura Lobo. Jon Benson & Eric Wilkie. (Above) Prospective member Jessica Bergum and Jon Andreasen.

Kay Parries contributed five happy dollars for the youth exchange meeting she attended with Jean and Laura Lobo, then celebrated the location of the 2029 International Convention: Minneapolis. Tom Riley concurred he pointed out the previous Minnesota convention in Duluth, where members failed to approve welcoming women into Rotary. Nancy Hanson introduced prospective member Jessica Bergum, a civil engineering technician with the city. Teresa's contribution honored the Spuds girls hockey team, who played (and won) that night and again on Saturday. Dave Sederquist's dollar was in appreciation for Jean stepping up on short notice, and John Andreasen's celebrated Giving Hearts Day Feb. 8.

Heart of Clay veteran tells of his recovery

Rotarian Violet Deilke updated members on Heart of Clay (formerly Clay County Jail Chaplains) which she cofounded 10 years ago. Begun as an outreach program and ministry for those incarcerated in the Clay County Correctional Facility, the program has grown into a robust organization of volunteers who provide support and guidance to both adults and juveniles while they are incarcerated ... but also help them find a

new path upon release.

Heart of Clay established its first Crossing Home accountability house in 2017. Two more have been added since then, a second for men and another for women. All three provide a safe and sober living environment for those seeking a second chance in life. More than 120 men and women have lived there over the last five years before moving on to independence.

Violet introduced Greg Lindquist, who credits his time in an accountability house with helping him maintain sobriety and rebuild his life. The 49-year-old told of spending more than half of his life addicted to methamphetamine and other substances. After buying beer and cigarettes at 15, he moved on to drugs and to dealing, then was jumped into a gang. "I attempted sobriety," he said, getting clean at 25 but failing again and again. He tried again at 35, but was sidelined by a work injury and got hooked on painkillers. He credits Heart of Clay with providing the mentors and true friends who have enabled him to get clean and stay that way. Today he works as a foreman at D&M Industries and is working hard to regain a relationship with his five children.

Looking Ahead

February 13

Sergeant at ArmsJon Riewer
ProgramGary Nolte, Puerto Rico Service Project

February 20

Sergeant at ArmsBob Hanna
ProgramKay Parries, Rotary Int'l Assembly

February 27

Sergeant at ArmsRob Remark
Program

March 5

Sergeant at ArmsErnie Simmons
ProgramDon Kinzler, Pollinator Gardens

March 12

Sergeant at ArmsDale Hetland
ProgramAnna Sather, Farm in the Dell

March 19

Sergeant at ArmsEric Wilkie
Program4-Way Test Essayists

March 26

Sergeant at ArmsPaul Dovre
Program

April 2

Sergeant at ArmsCindy Nolte
ProgramMayor Shelly Carlson & Dan Mahli, Moorhead City Update

April 9

Sergeant at ArmsBrandon Lunak
Program

April 11-13

District 5580 Conference Fargo