



# The Paddlewheel

## Moorhead Rotary Club

Volume 101—Number 34

February 23, 2021

### Moorhead Rotary Club 970 District 5580

President Jerry Roger  
President-Elect Gina Monson  
President Nominee David Sederquist  
Treasurer Emily Gess  
Secretary Teresa Joppa  
Past President Steve Schaefer

Directors (2022) Chris Andreasen  
& Steve Schaefer  
Directors (2023) Tammy Finney  
and Steve Astrup  
Directors (2024) Tracey Moorhead,  
Ernie Simmons & Megan Wiesneski  
RYLA Coordinator Randy Farwell  
Polio Plus Coordinator Cindy Nolte  
Sergeant at Arms Team  
Dave Sederquist, Eric Johnson  
& Jean Hannig  
Program Chair Jean Hannig  
Pianist Sharon Fangsrud  
Song Leader Bob Hanna  
Trivia Master Brent Brandt  
Photographer Russ Hanson  
Paddlewheel Editor

### February Birthdays

Elmer, Corey Feb 23  
Sederquist, David Feb 23

### Rotary Anniversaries

Cater, Alma 34 years  
Feb 02 1988  
Elmer, Corey 18 years  
Feb 11 2003



### Coming Up Tuesday via Zoom

Rotarian Jon Riewer, president and CEO of Moorhead-based Eventide Senior Living Communities, presents Tuesday's program. Greg Johnson is sergeant at arms.

### Hospice of RRV provides comfort & care for whole family wherever you call home

President Jerry Rogers welcomed 18 Moorhead Rotarians to the club's weekly online meeting. He noted that February is Peace and Conflict Resolution Month for Rotary International.

### Vaping, tobacco use to be discussed

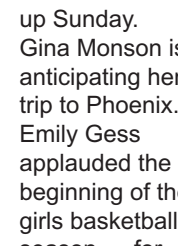
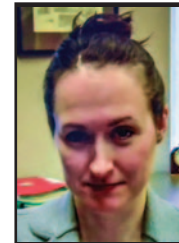
Our recent guest, Jason McCoy of Clay County Public Health, is presenting an online program with Resilience Moorhead on Substance Use and our Future Workplace on Friday, Feb. 26, from noon to 12:30, on Zoom. For information and links, contact him: [jason.mccoy@co.clay.mn.us](mailto:jason.mccoy@co.clay.mn.us).

### Members share reasons for happiness

After Trivia Master Brent Brandt quizzed the group on sports in the movies and on TV, he — in his dual role as sergeant at arms — invited members to share happy dollars. Jerry immediately offered the beginning of spring training as a reason to rejoice. Russ Hanson saluted the first Bison game of 2021 (and second of the 2020 season) coming



Rotarian Steve Astrup

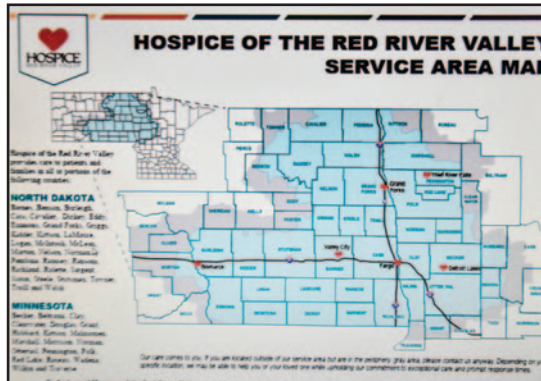


up Sunday. Gina Monson is anticipating her trip to Phoenix. Emily Gess applauded the beginning of the girls basketball season — for 3rd graders. Sunshine on her shoulders makes Tracey Moorhead happy, she said. Rob Remark is looking forward to the birth of the family's third baby, and John Andreasen reported his appointment for his second Covid-19 vaccine the next day.

### Hospice social worker describes agency's services and plans for 'Hospice House'

Rotarian of the Day Steve Astrup introduced Staci Metzger, lead social worker at Hospice of the Red River Valley. Steve is the agency's attorney. Staci joined the program in 2014. She is certified as an advanced hospice social worker, one of the first in North Dakota.

She said Hospice is working on redefining hope. "Hospice is not just about the end of life," she



explained. Its threefold mission is to provide comfort, care for the whole person and his/her family, and offer care “wherever you call home.”

Hospice of the Red River Valley serves clients far beyond the valley itself. “We serve over 44,000 square miles from Canada to South Dakota and out to Bismarck,” she said. It also cares for clients in 15 adjacent Minnesota counties.

Staci described the program’s team approach to care. Its members include a registered nurse and CNA, a social worker, a patient care manager, the volunteer coordinator, the medical director, the

client’s physicians and nurse practitioner, a grief specialist and often other therapists.

Four levels of care are available:

- Routine home care
- Respite care to give the care-giver a five-night break
- Continuous home care, including a bedside nurse
- General inpatient care, with Hospice staff working alongside the hospital staff

Veteran services are available with enrollment through the Veterans Administration; the VA pays for a semi-private room for receiving hospice services at a skilled nursing facility.

The Fargo-based program is working on plans to build what will be the first freestanding hospice house in North Dakota. The 18-bed facility, to be constructed south of Walmart along I-29, will occupy 55,000 square feet on a one-acre lot.

The fund drive to support the \$21 million project is currently in its “quiet phase;” close to half of the target goal has been raised. “We’re hoping to break ground in 2021,” Staci said. The project, which will also offer services to Minnesotans, is projected to take 18 months to complete.

### Looking Ahead

#### February 23 — via Zoom

Sergeant at Arms.....Greg Johnson  
Program .....Jon Riewer, Eventide

#### March 2 — via Zoom

Sergeant at Arms.....Dave Sederquist  
Rotarian of the Day.....Dave Tranby  
Program.....Anne Hoefgen, Legal Services of Northwest Minnesota, Access Kiosks

#### March 9— via Zoom

Sergeant at Arms.....Bill Craft  
Rotarian of the Day .....Rob Remark  
Program .....