



# The Paddlewheel

## Moorhead Rotary Club

Volume 101—Number 28

January 12, 2021

### Moorhead Rotary Club 970 District 5580

President Jerry Roger  
President-Elect Gina Monson  
President Nominee 2021-2022 David Sederquist  
Treasurer Emily Gess  
Secretary Teresa Joppa  
Past President Steve Schaefer

Directors (2020) Ernie Simmons, Greg Johnson  
Directors (2021) Tracey Moorhead  
Directors (2022) Tammy Finney and Steve Astrup  
RYLA Coordinator Randy Farwell  
Polio Plus Coordinator Cindy Nolte  
Sergeant at Arms Team Dave Sederquist, Eric Johnson & Jean Hannig  
Program Chair Jean Hannig  
Pianist Sharon Fangsrud  
Song Leader Bob Hanna  
Photographer Russ Hanson  
Paddlewheel Editor Nancy Edmonds Hanson

### January Birthdays

Dovre, Paul Jan 07  
Astrup, Steve Jan 10  
Riewer, Jon Jan 14  
Finney, Tammy Jan 29

### Wedding Anniversary

Johnson, Gregory &, Kelley 9 years  
Jan 05 2012s

### Rotary Anniversaries

Kolb, Ronald 46 years  
Jan 14 1975  
Farwell, Randy 20 years  
Jan 23 2001



Jason McCoy, Clay County Public Health

**Coming Up Tuesday ... via Zoom**  
Membership chair Steve Schaefer reports on the recent membership survey and other recruitment plans. John Andreasen is sergeant at arms, and Emily Gess is Rotarian of the Day.

### Public health tobacco director advises members on growing teen vaping problem

Sitting in for the president and vice president, Steve Schaefer welcomed 18 Rotarians Jan. 5. Several announcements were shared:

- Steve reminded members to please fill out the membership survey. (The link is in this week's cover email.)
- Randy Farwell reported that District 5580 expects to decide by month's end whether there will be a Rotary Youth Leadership Academy this summer.
- Jean Hannig noted the youth exchange program is in the same boat. She expects to know by Feb. 1 whether it will proceed for the 2021-22 year.
- The year's final Drive-By Food Drive is coming up Feb. 2. Members are urged to talk to friends and



neighbors to help with food or cash donations to Churches United for the Homeless during the preceding week.

### January travel raffle winners announced

Travel raffle committee chair Violet Deilke announced that Swede Stelzer, to whom she sold a ticket, won this month's top prize — a trip to Puerto Vallarta, Mexico. Second prize, \$200 cash, was sold by Jean Hannig to David Dietz. Jon Benson's purchase of his own ticket paid off with his winning third prize, a \$100 fine dining certificate for Rustica.

### Rotary Magazine celebrates 110 years

Sergeant at Arms Dave Tranby pointed out something special about the Rotarian magazine that all members receive every month. This year marks its 110th of publication, making it older than



the Readers Digest and even the Yankees. Its name has changed from The Rotarian to Rotary Magazine, with this month's issue looking into the future of 11 topics, from water, language and travel to the environment.

Jean Hannig led off the call for happy dollars with her pleasure that one of her ticket buyers was a winner this month. Paul Dovre shared news of his new great grandson, Walter Dovre. Steve's happy dollar, he said, was for aches and pains and bruises from family skating and sledding, as well as his concern that two new boyfriends celebrated Christmas with his family. Tracey Moorhead applauded the way that computer video enabled her family to be together for Christmas. Finally, Ernie shared the best news of all: Wife Mart got good news from her doctor.

**Tobacco — It's Not What It Used To Be**

Rotarian of the Day Cindy Nolte introduced our speaker, Jason McCoy of the Clay County Public Health Department. Jason, whose title is tobacco prevention director, works with Clay, Becker, Wilkin and Otter Tail counties. He said that while tobacco use has dropped dramatically in the last 10 to 20 years, the problem has not gone away. The reason: the definition of "tobacco products" not includes not only cigarettes, cigars, chewing tobacco and hookahs, but e-cigarettes, also known as vaping. Vaping devices fit into the definition because, though they contain no actual tobacco, they rely heavily on one of its components — nicotine.

The vaping epidemic has had tragic consequences. Almost 3,000 cases of lung disease have been attributed to it, including 68 deaths. Most (not all) victims have reported using vaping products containing THC, the active ingredient in marijuana, as well as nicotine. The suspected cause of lung damage is vitamin E acetate, an additive.

The vaping industry focuses on teens. He quoted a memo from an RJ Reynolds' executive's reply when asked why he himself didn't vape: "We don't smoke that s\*\*\*. We just sell it. We reserve the right to smoke ... for the young, the poor, the black and the stupid." A Lorillard executive echoed that, saying, "The base of our business is the high school student."

Jason cited the 2019 Minnesota Student Survey, which found that 11% of eighth graders had vaped in the previous 30 days, compared to 5.7% in 2016; 16.3% of ninth graders, compared to 9.3%; and 26.4% of eleventh graders, compared to 17% — a three-year increase of 95% for the youngest, 75% for Grade 9 and 54% for Grade 11.

Tobacco giant Altria (maker of Marlboro cigarettes) has invested \$13 billion in Juul, the market leader in vaping products, and now has a 35% stake in the company. All Juul products contain nicotine, one of the most addictive substances known to man. Its use is especially dangerous for teens, since adolescence is a critical time for brain growth; it has negative implications for learning, memory and attention and primes the brain for more addiction.

For more information on the risks of vaping, contact Jason by email:  
[Jason.McCoy@co.clay.mn.us](mailto:Jason.McCoy@co.clay.mn.us)

**Looking Ahead**

**January 12 — via Zoom**

Sergeant at Arms .....John Andreasen  
Rotarian of the Day .....Emily Gess  
Program ...Membership Report, Steve Schaefer

**January 19— via Zoom**

Sergeant at Arms .....Jean Hannig  
Club Assembly  
Jerry Rogers & Gina Monson

**January 26 — via Zoom**

Sergeant at Arms .....Gina Monson  
Rotarian of the Day .....  
Program.....Joni Mendenwald, Village Family Service

**February 2 — service project**

**February 9 — via Zoom**

Sergeant at Arms .....Megan Wiesneski

Rotarian of the Day .....  
Program .....FM Rotary Foundation, Raanck & Dietz

**February 16 — via Zoom**

Sergeant at Arms .....Brent Brandt  
Rotarian of the Day .....  
Program .....Steve Astrup, Hospice of the Red River Valley

**February 23 — via Zoom**

Sergeant at Arms .....Steve Astrup  
Rotarian of the Day .....  
Program .....Jon Riewer, Eventide

**March 2 — via Zoom**

Sergeant at Arms.....Dave Sederquist  
Rotarian of the Day .....  
Program.....Anne Hoefgen, Legal Services of Northwest Minnesota, Access Kiosks