



The Paddlewheel

Moorhead Rotary Club

Volume 100—Number 2

New Members 2019-2020

Zach Heuring
Josh Jaster
Megan Wiesneski

Moorhead Rotary Club 970 District 5580

President Steve Schaefer
President-Elect Jerry Rogers
President Nominee 2021-2022
Gina Monson
Treasurer Emily Gess
Secretary Teresa Joppa
Past President John Andreasen

Directors (2020)

Gina Monson, Pat Gulbranson and
Greg Johnson

Directors (2021)

Dave Sederquist, Kevin Heazlett and
Tracey Moorhead

Directors (2022)

Tammy Finney and Steve Astrup
RYLA Coordinator Randy Farwell
Polio Plus Coordinator Cindy Nolte
Sergeant at Arms Team
Dave Sederquist, Eric Johnson
& Jean Hannig

Pianist Sharon Fangsrud
Song Leaders Bill Schwandt,
Bob Hanna
Photographer Russ Hanson
Paddlewheel Editor
Nancy Edmonds Hanson

Rotary Exchange Student

Frida Lehtonen, Finland

Meetings are held at 11:50 a.m. every

Tuesday in Birkeland Lounge at
Concordia College's Memorial
Auditorium.

Other F-M Rotary Meetings

Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
Monday: Fargo West Rotary
Noon, Holiday Inn
Wednesday: Fargo Rotary
Noon, Radisson
Thursday: FM/AM Rotary
7 a.m., Ramada Plaza



Coming Up Tuesday

Welcome back to Rotary! Tuesday's speaker is Dawn Chisholm of "If Only" LLC, who will talk about (Workplace Safety). Dave Sederquist is sergeant at arms, and Bob Hanna and Zach Heuring are on the schedule as greeters.

Speaker Lynn Kotrba discusses search for a cure for Huntington's Disease

President Steve Schaefer welcomed an outstanding crowd of Moorhead Rotarians to the first meeting of the new year — so many that we ran out of salad and chairs. He welcomed guest Tom Newberger of FM AM Rotary, who invited members to join their counterparts from Fargo on January 30 to once again help pack meals for the charity "Feed My Starving Children." While sign-up sheets circulated around the tables, Tom noted that the project is looking for 300 volunteers to turn out for the event, to be held from 7 to 9 p.m. at Scheels Arena. Sponsors are also seeking financial support.

Tom also promoted participation in the two volunteer missions to Guatemala leaving on March 7 and March 14. Gary Nolte has more information. The approximate cost is \$600 plus airfare of \$500 to \$600.

Pancake breakfast volunteers needed

Gina Monson and Sue Koesterman are recruiting volunteers to help the Area Coalition for the Homeless at its pancake breakfast Thursday, January 23. Three shifts are planned.

January Travel Raffle winners announced

Violet Deilke and Zach Heuring announced

Photos/Russ Hanson:
Travel committee chair
Violet Deilke and Zach
Heuring (top left)
announce January's raffle
winners.

Sergeant at Arms Eric
Johnson.

Rotarian of the Day Dave
Sederquist (top right)
introduces speaker Lynn
Kotrba (right), who shared
the story of her work with
raising sheep for a cure
for Huntington's Disease.

January's winners in the club's Travel Raffle. The top prize, travel and four nights in San Antonio, was won by past district governor Herb Schmidt, who purchased his ticket from Gary Nolte. Second prize of \$200 cash was won by Violet's ticket customer Lindsey McCloud. Dale Hetland sold the third-prize winning ticket to Cory Christensen, who receives a \$100 dining certificate to Usher's.

Seeking teens for 2020 RYLA

Randy Farwell is looking for students who will be seniors this fall to nominate for District 5580's Rotary Youth Leadership Academy this summer. He and the MHS counseling office have applications for their use.

Sarge Eric explains his new beard

Sergeant at Arms Eric Johnson revealed the reason why he has grown a beard: to annoy his wife. After sharing a few more hairy facts, he welcomed donors of Happy Dollars. They dropped into the cups to celebrate Sharon Fangsrud's upcoming retirement, Gophers and Vikings wins, annoying husbands, Gopher-loving daughters at home to annoy their non-Gopher dad (Kevin

Photos/Russ Hanson:

Pianist Sharon Fangsrud and song leader Sue Koesterman.

President-elect Jerry Rogers chats with speaker Lynn Kotrba and Kevin Heazlett.



Guests — Jan. 7

Darin Ohe, guet of Jon Riewer
Jessica Heazlett, guest of Kevin Heazlett

Visiting Rotarian

Tom Newberger, FM AM Rotary

January Birthdays

- Dovre, Paul Jan 07
- Astrup, Steve Jan 10
- Riewer, Jon Jan 14
- Filler, Doreen Jan 30
- Belcher, Barb Jan 31

Wedding Anniversary

- Volkers, Chris & Todd 22 years
Jan 04 1998
- Johnson, Gregory & Kelley 8 years
Jan 05 2012

Rotary Anniversaries

- Schwandt, Bill 26 years
Jan 10 1994
- Gulbranson, Patrick 4 years
Jan 12 2016
- Kolb, Ronald 45 years
Jan 14 1975
- Farwell, Randy 19 years
Jan 23 2001

Heazlett), two openings on the Moorhead Public Service Commission board in Wards 3 and 4, members' assorted travels, and Dave Tranby's recovery from a fall that broke several ribs.

Kotrbas' special sheep may help researchers find cure for Huntington's

Rotarian of the Day Dave Sederquist introduced Lynn Kotrba, who has a special interest in finding a cure for Huntington's disease, the dreaded condition which killed both her mother and her sister at the age of 47. The odds that Lynn has the defective gene that causes the disease are 50-50. Now 45, she has chosen not to take the genetic test that could reveal her situation.

Lynn is a part-time foster care coordinator for Lutheran Social Services; her husband Jason is principal of Holy Spirit School. The two — neither raised in the country — purchased acreage they call Harvest Hope Farm. They wanted the rural experience for their seven children and share it with a camp they host each summer. They also grow vegetables for families in need.

But they learned about an even more exciting and personally meaningful prospect for their land: Raising sheep with a naturally occurring molecule called GM1 that's deficient in those with Huntington's, as well as Alzheimer's, Parkinson's and ALS. Lynn learned from a Medical researchers have identified a glycogene in sheep that may lead to a cure for Huntington's. Mouse trials are now underway, with human trials scheduled to begin next year.

They got in touch with Shepherd's Gift, the South Dakota group working to find the cure, and laid the groundwork for raising their flock. The couple started with 10 pregnant sheep last April, all bred with a ram that carries the GM1 gene. They sell the gene-positive female lambs to Shepherd's Gift, where their livers are used to make the medication used in the research.

Harvest Hope Farm is operated solely on donations. They sponsor a fund-raiser in September but accept contributions year round. The cost to sponsor one sheep is \$300. To learn more about the program and its progress, go to www.harvesthopefarm.org.

Looking Ahead

January 14

Sergeant at Arms.....Dave Sederquist
Program.....Dawn Chisholm, "If Only" LLC
(Workplace Safety)
GreetersBob Hanna & Zach Heuring

January 21

Sergeant at ArmsJean Hannig
Program.....Pat Metzger, Your Ultimate Potential
Greeters.....Kevin Heazlett & Eric Johnson

January 28

Sergeant at Arms.....Gina Monson
Program..Sue Koesterman, Home4All Coalition
Greeters...Chuck Hendrickson & Greg Johnson

January 30 – Volunteer Opportunity

"Feed My Starving Children" food packing
Scheels Arena.....7-9 p.m.

February 4

Sergeant at ArmsErnie Simmons
Program.....Steve Moore, Moorhead
Strategic Vision/Plan
Greeters.....Dale Hetland & Sue Koesterman

February 11

Sergeant at ArmsJosh Jaster
Program ..Holly Anderson, Shelter Box Initiative
GreetersStacey Ackerman & Ron Kolb

February 18

Sergeant at ArmsEric Johnson
Program....Carrie Leopold, Inspire Innovation Lab
Greeters.....Chris Andreasen & Pat Lorensen

February 25

Sergeant at Arms.....Kay Parries
Program.....Jay Thoreson, New Life Center
GreetersJohn Andreasen & Brandon Lunak