



The Paddlewheel

Moorhead Rotary Club

Volume 103—Number 18

November 1, 2022

Moorhead Rotary Club 1405 District 5580

President David Sederquist
President-Elect Steve Astrup
President Nominee
Treasurer Emily Gess
Secretary Teresa Joppa
Past President Gina Monson

Directors (2023) Chris Andreasen, Greg Johnson & Steve Schaefer

Directors (2024) Tracey Moorhead, Ernie Simmons & Megan Wiesneski

Director (2025) Tammy Finney
RYLA Coordinator Randy Farwell
Polio Plus Coordinator Cindy Nolte
Program Chair Jean Hannig
Trivia Master Brent Brandt
Paddlewheel Editor Nancy Edmonds Hanson

November Birthdays

Riley, Tom Nov 02
Hetland, Dale Nov 03
Matthees, Charles Nov 08
Nolte, Gary Nov 28

Wedding Anniversaries

Farwell, Randy & Sherri Nov 02 1991
31 years
Benson, Jon & Jessica Nov 11 2002
20 years
Riley, Tom & Ann Nov 21 1989
33 years

Rotary Anniversaries

Rogers, Jerry 37 years
Nov 05 1985
Woods, William 18 years
Nov 05 2004
Hanna, Bob3 34 years
Nov 08 1988
Moorhead, Tracey 30 years
Nov 10 1992
Hanson, Nancy 10 years
Nov 18 2012
Koesterman, Sue4 5 years
Nov 19 2017
Riewer, Jon 19 years
Nov 25 2003
Tranby, Dave 36 years
Nov 25 1986
Joppa, Teresa 21 years
Nov 27 2001

Meetings

Tuesdays — noon
Moorhead Schools Operations
Center, 1401 30th Ave. S.



Coming Up Tuesday, November 1

Our own Gary Nolte presents today's program on the Rotary Foundation, its history, its purpose and its support by Rotarians all over the world.

Hospice director tells of plans to build Hospice House for RRV families

President Dave Sederquist welcomed a full house of Moorhead Rotarians Tuesday, inviting them to sing the "Star Spangled Banner" before viewing a video on World Polio Day and a message from District 5580 Gov. Kay Biga.

Club members heard invitations to the five-club Halloween party held last Friday and the upcoming Suite Rotary Challenge Nov. 7. Suite Shots, the new indoor golf facility, has invited Rotarians to register their four-person teams to take part in a golf challenge, with bragging rights going to the top entrants club along with a free meeting space. The afternoon begins with a social at 4 p.m., followed by play from 5 to 6:45. To register a team, email melissa.paul@suiteshots.com.

Dave will be putting together a committee to plan our Christmas party.

Sarge Chris tells about impact of Guatemala trip

Sergeant at Arms Chris Andreasen shared memories and lessons of the Rotary service trip to Guatemala in which he participated. The volunteers built a school in a rural village. Among the highlights were making connections with other Rotarians, forging new friendships, and replacing the metal she in which classes had been held with



Photos/Nancy Hanson: Hospice of the RRV director Tracee Capron. Dale Hetland & Violet Deilke report on raffle sales. Secretary Teresa Joppa and Ernie Simmons. (Right) Tracee Capron. (Below) President Dave Sederquist. Sergeant at Arms Chris Andreasen.





Photos: Steve Astrup.
Jon Benson.
Treasurer Emily Gess.
Greg Johnson.
Tracey Moorhead.

Other F-M Rotary Meetings

- Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
- Monday: Fargo West Rotary
Noon, Holiday Inn
- Wednesday: Fargo Rotary
Noon, Radisson
- Thursday: FM/AM Rotary
7 a.m., Ramada Plaza

a real building with bathrooms ... as well as the warm generosity of the local residents despite the extreme poverty in which they live. He noted that among those the Rotarians met were children and adults who had been affected by polio.

Happy dollars were offered up for the great turnout at Tuesday’s meeting. Jean Hannig honored our guest, exchange student Sergio, and touted the homemade raspberry jam he had brought to sell. (He’s raising money for his summer trip.) Tracey Moorhead applauded the New York Times’ positive article about Fargo. Rob Remark was fined for not wearing his Rotary pin in the front-page photo on page one of the Oct. 20 Extra newspaper. Ernie reported his wife had polio in the 3rd grade; she had only had time for the first vaccination. Jerry Rogers attended the big Minnesota Gophers game last weekend.

Hospice provides end-of-life care throughout area

Rotarian of the Day Steve Astrup, who works with the agency, introduced Hospice executive director Tracee Capron and community relations director Brenda Iverson. Tracee noted that in addition to Steve’s work with the nonprofit, Rotarian Jon Benson is a former chair of its governing board.

The Red River Valley program, she said, is a rarity

in the hospice industry, where only 20% of agencies are not-for-profit. The staff serves more than 400 people every day across 4,600 sq. miles from its base in Fargo and offices in Grand Forks, Detroit Lakes, Fergus Falls, Thief River Falls, Bismarck and Valley City. “We still don’t reach everyone,” Tracee conceded.

“We know that care for someone you love is a blessing, but it is hard work and it is OK to take a break,” she said, describing the respite care the staff provides.

She described the hospice house they are currently working to provide. Now under construction near the south Walmart in Fargo, the \$2.8 million facility will have 18 beds, as well as facilities for families spending their loved ones’ last days with them. She pointed out that most stays will be quite brief; the average time in a hospice house is just five days.

Rooms accommodate family members, from adults to children and teens. Guest rooms and a spa are to be located on site. “It’s a hospital disguised as a home,” she said. Spiritual care is an important consideration, with a chapel available to serve patients, families and the staff that care for them. Its anticipated completion date is in early 2024.

Looking Ahead

November 1

Sergeant at ArmsTBD
ProgramGary Nolte, Rotary Foundation

November 8

Sergeant at ArmsSteve Astrup
Rotarian of the DayJerry Rogers
ProgramDr. Max Johnson, Retina Health

November 15

Sergeant at ArmsGary Nolte
Rotarian of the DayJon Benson
Program.....Joel Vettel,
Roger Maris Cancer Center

November 22 — No Meeting

November 29

Sergeant at ArmsSam Wai
Rotarian of the DayTracey Moorhead
Program.....Mark Peihl, HCSCC, Moorhead’s
First Woman Aviator —Florence Klingensmith

December 6

Sergeant at ArmsTBD
Rotarian of the DayEric Wilkie
ProgramDeb Kaul, Memory Cafe

December 13

Sergeant at ArmsCindy Nolte
ProgramPaul Dovre’s Christmas message

December 20 — No Meeting

December 27 — No Meeting