



The Paddlewheel

Moorhead Rotary Club

Volume 99—Number 16

October 15, 2019

*Moorhead Rotary Club 970
District 5580*

President Steve Schaefer
President-Elect Jerry Rogers
President Nominee 2021-2022
Gina Monson
Treasurer Emily Gess
Secretary Teresa Joppa
Past President Corey Elmer

Directors (2020)
Gina Monson, Pat Gulbranson and
Greg Johnson

Directors (2021)
Dave Sederquist, Kevin Heazlett and
Tracey Moorhead

Directors (2022)
Brent Brandt, Tammy Finney and
Steve Astrup

RYLA Coordinator Randy Farwell
Polio Plus Coordinator Cindy Nolte
Sergeant at Arms Team
Dave Sederquist, Eric Johnson
& Jean Hannig

Pianist Sharon Fangsrud
Song Leaders Bill Schwandt,
Bob Hanna, Brent Brandt
Photographer Russ Hanson
Paddlewheel Editor
Nancy Edmonds Hanson

Rotary Exchange Student
Frida Lehtonen, Finland

Meetings are held at 11:50 a.m. every
Tuesday in Birkeland Lounge at
Concordia College's Memorial
Auditorium.

Other F-M Rotary Meetings

Monday: FM/PM Rotary

5:30 p.m., Lucky 13 Pub

Monday: Fargo West Rotary

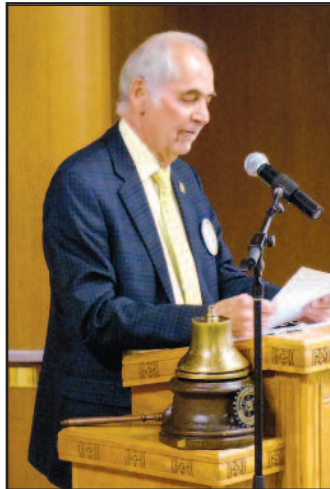
Noon, Holiday Inn

Wednesday: Fargo Rotary

Noon, Radisson

Thursday: FM/AM Rotary

7 a.m., Ramada Plaza



Coming Up Tuesday

Bethh Gronneberg of U Code Girl discusses the IT program for girls this week. Abby Gold is sergeant at arms, and our greeters are Violet Deilke and Jon Riewer.

Rotarian Abby Gold addresses public health issues & education opportunities

Past president John Andreasen welcomed members and guests to Moorhead Rotary, including two prospective members, Megan Weineski and Josh Jaster, as well as past district governor Tom Riley. He invited members to join other Fargo-Moorhead Rotarians at Drekker Brewhalla in Fargo Thursday, Oct. 17, as the club's celebrate World Polio Day and learn more about Rotary International. It's a good opportunity not only to recognize the organization's major global project, but to introduce newer members and prospects to the hands-on work of Rotary.

He also mentioned an opportunity to offer input on the potential for daylight passenger train travel to Minneapolis and Chicago. A public meeting is set for 3 p.m. Oct. 30 at the Hjemkomst Center.

With a song in his heart ...

Song leader Brent Brandt announced it was his last meeting, as he's resigning his membership after accepting a new job with Churches United for the Homeless.

Sergeant at Arms Dave Sederquist reflected on the forecast for an early winter storm coming later in



Photos/Russ Hanson: Past president John Andreasen. Sergeant at Arms Dave Sederquist. Pianist Sharon Fangsrud. Rotarian Abby Gold, PhD, of NDSU's Department of Public Health.

Only two cards remain in the club's 50-50 raffle this week, with a pot of more than \$700.

Will we finally have a winner?

the week. "Doom and gloom," he said. "Schools let out and businesses close. But not here — it's routine." He also fined members who had not watched the Twins game the previous night until the very end.

Happy dollars poured in for a variety of reasons, including the departing Brent and the fun he's brought to the club. Other donors cited living in a state where drivers know how to handle snow and ice and for homecoming parades through the rain or snow. Others: Gratitude for volunteers who've helped distribute dictionaries to the first half of our schools; and the Moorhead High choir concert, which included our foreign exchange student Frida Lehtonen.

Moorhead Rotary

P.O. Box 72

Moorhead, MN 56561



Photos/Russ Hanson: (From left) Gay Nolte, Kay Parries, Alma Cater, Sharon Fangsrud, Megan Weineski, Tammy Finney and Cindy Nolte. Steve Astrup, Dave Sederquist, Gina Monson and Chris Volkers. Abby Gold and greeter Greg Johnson.

Guests, 10/08

Megan Weineski, prospective member
Josh Jaster, prospective member

Visiting Rotarian

PDG Tom Riley

October Birthdays

Wai, Sam	Oct 03
Hanson, Russ	Oct 23
Johnson, Gregory	Oct 28
Kolb, Ronald	Oct 29

Wedding Anniversaries

Gess, Emily and David	Oct 04 2008	11 years
Wright, Edgar and Virginia	Oct 09 1954	65 years
Moore, Noel and Thomas	Oct 12 1996	23 years
Hannig, Jean and Jeff	Oct 24 1972	37 years

Rotary Anniversaries

Andreasen, John	27 years
Oct 01 1992	
Johnson, Eric	7 years
Oct 02 2012	
McLarnan, Rod	37 years
Oct 05 1982	
Benson, Jon	12 years
Oct 09 2007	
Volkers, Chris	2 years
Oct 17 2017	
Donabauer, Brad	6 years
Oct 22 2013	
Andreasen, Christopher	1 year
Oct 23 2018	
Johnson, Nathan	3 years
Oct 25 2016	
Gold, Abby	1 year
Oct 30 2018	
Simmons, Ernest	1 year
Oct 30 2018	

Abby Gold: 'I'm so pleased that Rotary takes polio prevention so seriously'

John introduced member Abby Gold, the vice chair of North Dakota State University's Department of Public Health. Abby, who holds a doctorate in health communication and master's degree in public health, teaches public health to professionals.

She focused on NDSU's master's degree program, which has included 130 students and graduated more than 50 since its inception in 2012. It is one of the first in the nation to emphasize American Indian health, as well as serving other diverse and underserved populations. It has won more than \$11 million in grants for research and programs.

Courses are offered online. The no-thesis requirements include a core curriculum plus a specialization in infectious diseases, American Indian health or food safety. Candidates also complete a practicum in local, national or international health programs. Graduates fill a

variety of professional roles, including health advocate, researcher and epidemiologist.

Public health is the science of protecting and improving the health of families and communities, she explained, through promoting health lifestyles and researching how to prevent disease and injury. Public health measures increase life expectancy and the quality of life — yet, she added, only 2% of our health care dollars is spent on prevention.

Travel raffle ticket sellers win prizes

Violet Deilke and Alma Cater urged members to sell a few more travel raffle tickets. Forty remained at week's end; Violet pointed out those last tickets represent the "gravy" phase for the club.

Winners of the 8-plus sales prizes include Jean Hannig, Bob Hanna, Chris Volkers, Randy Farwell, Gary Nolte and Violet herself. They received tickets to a variety of community events for their successful ticket-selling efforts.

Looking Ahead

October 15

Sergeant at Arms.....Abby Gold
ProgramBeth Gronneberg, U Code Girl
Greeters.....Violet Deilke & Jon Riewer

October 17 — Rotary Oktoberfest

Celebrate World Polio Day (Oct. 24) & learn more about Rotary5:30-7:30 p.m.
Drekker Brewhalla, 1666 1st Ave N., Fargo

October 22

Sergeant at ArmsEric Johnson
ProgramDistrict 5580 Governor Rick Bricker
Greeters.....Brad Donabauer & Jerry Rogers

October 29

Sergeant at ArmsMatt Hallaway
ProgramBrandon Lunak, Moorhead School
District Bond Issue
Greeters.....Brent Brandt & Kay Parries

November 5

Sergeant at Arms
Program .Jean Hannig, Rotary Int'l Conference report
GreetersRay Erbes & Bill Schwandt

November 12

Sergeant at Arms
ProgramRiley Miller, Cullen Hockey
Center Renovations
GreetersRandy Farwell & Ernie Simmons

November 19

Sergeant at Arms
Program.....Jenn Breeding, MN Reading & Math Corps
GreetersDoreen Filler & David Tranby

November 26

Sergeant at Arms
Program.....Member Talks
GreetersTammy Finney & Chris Volkers