



The Paddlewheel

Moorhead Rotary Club

Volume 105—Number 15

October 29, 2024

Moorhead Rotary Club 1405 District 5580

President Steve Astrup
President-Elect
President Nominee
Treasurer Dave Sederquist
Secretary Teresa Joppa
Past President Dave Sederquist

Directors (2023) Chris Andreasen, Greg Johnson & Steve Schaefer
Directors (2024) Tracey Moorhead, & Ernie Simmons
Directors (2025) Tammy Finney & Jean Hannig
Directors (2026) Nancy Hanson & Tim Hiller
RYLA Coordinator Jon Riewer
Polio Plus Coordinator Cindy Nolte
Program Chair Jean Hannig
Paddlewheel Photographer/Editor Nancy Edmonds Hanson

October Birthdays

Wai, Sam October 3
Johnson, Gregory October 28

Anniversaries

Hannig, Jean & Jeff 52 years
Oct. 24 1972
Elmer, Corey & Brenda 28 years
Oct. 05 1996

Rotary Anniversaries

Andreasen, John 32 years
Oct. 01 1992
Benson, Jon 17 years
Oct. 09 2007
Andreasen, Christopher 6 years
Oct. 23 2018
Simmons, Ernest 6 years
Oct. 30 2018
Lobo, Laura 4 years
Oct. 14 2020



Coming Up Tuesday, October 29

Exchange student Jan Prabhaporn joins us to tell about her homeland and her experience in Fargo. Our sergeant at arms is Cindy Nolte.

Pattie Senn talks about Soul Solutions' approach to recovery from addiction

President Steve Astrup welcomed members Oct. 22, then turned the floor over to Travel Raffle chair Dale Hetland. Dale reported that as of that day, 187 tickets and payments had been turned in, generating a potential net profit of \$9,000. Many, many remain out to be sold. "Keep selling those tickets," Dale remonstrated members.

All remaining tickets, sold and unsold, should be turned in at our meeting Tuesday, Oct. 29. Since the net revenue from the raffle funds the club's charitable giving, it's essential that as many as possible must be sold before the first winners are drawn. They will be announced at the next meeting, Nov. 5, and every month thereafter through May.

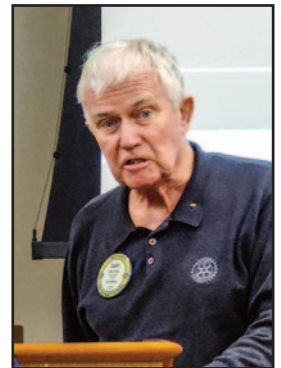
Nolte speaks of World Polio Day

Gary Nolte, Zone 28 End Polio Now coordinator, updated the club on Rotary International's progress.

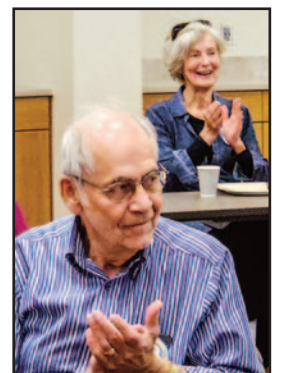
In observance of World Polio Day coming up Oct. 24, he showed a video of international president Stephanie Urchick, who announced a new one-shot vaccine that will prevent most childhood diseases. He noted that the conflict in Gaza has created a crisis in the disease's transmission. Over a three-day truce, Rotary volunteers were able to reach more than 600,000 children.

Paul Harris Dinner Is Nov. 7

Fargo-Moorhead's five Rotary clubs get together Thursday, Nov. 7, for the annual Paul Harris dinner in Barry Auditorium at Concordia College. The dinner recognizes the work of The Rotary Foundation and Polio Plus, with a special focus on the projects our local clubs and our local FM Rotary Foundation have supported. Tickets — \$40 — are available at eventbrite.com/e/rotary-foundation-paul-harris-dinner-2024-tickets-1051203075697



Photos/Nancy Hanson: (Top) Pattie Senn explains the program at Soul Solutions. (Above) President Steve Astrup. Gary Nolte. (Below) Dale Hetland updates on the raffle. John Andreasen and Tracey Moorhead. (Bottom) Sergeant at Arms Chris Andreasen.





Photos/Nancy Hanson: Cindy Nolte, Tom Riley, Bob Hanna and Dale Hetland. Tom Riley and happy dollar. Dave Tranby. Paul Dovre. Jerry Rogers with another happy dollar.

Foundation Dinner is coming up Nov. 7

President Steve announced that we're joining with the four Fargo Rotary clubs on Thursday, Nov. 7, for the FM Rotary Foundation's annual Paul Harris dinner. The fundraising event will recognize the work of The Rotary Foundation and Polio Plus, with a special focus on the projects our local clubs and our local FM Rotary Foundation have supported. District 5580 Foundation Chair Tim LeClair will present the program, along with a polio update by our Gary Nolte. Tickets — \$40 per person — can be ordered online at eventbrite.com/e/rotary-foundation-paul-harris-dinner-2024-tickets-1051203075697. A live link is in this week's Paddlewheel email.

Sarge Chris: November is Adoption Month

Sergeant at Arms Chris Andreasen pointed out one of November's important designations: It's National Adoption Month. He told the group that without his mother's coming from Korea as an adoptee, he wouldn't be with us today. His wife,

too, works in the field of adoption. Seven million Americans are adopted. The current rate of adoptions is 150,00 per year. Unlike in the past, 95% of contemporary adoptions are open, with information available to the child and birth parents.

Jean Hannig was first to answer his call for happy dollars, giving in honor of family members who are adopted and those who help them adopt. Tom Riley cheered the NDSU Bison's win Saturday. Jerry Rogers received his seventh COVID. Dave Tranby worked as a dentist at the military induction at Camp Ripley.

Soul Solutions offers longer-term care

Pattie Senn, the master addiction counselor who opened Soul Solutions in 2021, talked about the epidemic of substance abuse. Alcohol continues to cause the most deaths, outpacing meth and opioids. She and her staff are trying to lengthen the treatment period, bridging the gap between short-term treatment (with its frequent relapses) and reliable longterm recovery over 5 years.

Looking Ahead

October 29

Sergeant at Arms.....Cindy Nolte
Program.....Exchange student Jan Prabhaporn

November 5

Sergeant at Arms.....Samuel Wai
Program.....Devlyn Brooks, Churches United
First winners announced in Travel Raffle

November 7 — Paul Harris Dinner

Program...D5580 Foundation Chair Tim LeClair
and Polio Update by Gary Nolte
Barry Auditorium, Concordia5:30 p.m.

November 12

Sergeant at Arms.....Rob Remark
Program.....District Governor Kay Parries

November 19

Sergeant at Arms.....Gary Nolte
Program.....Exchange student Ellie Zimmerman

November 20 — Board Meeting

Sanders Flats.....4 p.m.

November 26

Sergeant at Arms.....
Program.....John Andreasen, Thanksgiving

December 3

Sergeant at Arms.....Brandon Lunak
Program.....Joan Windus, Change Is Good
Second winners announced in Travel Raffle

December 10

Sergeant at Arms.....Dave Sederquist
Program.....Rotary 4-Way Test essay contest

December 17

Sergeant at Arms.....Cindy Nolte
Program.....Paul Dovre's Christmas Message

December 24 — No Meeting