



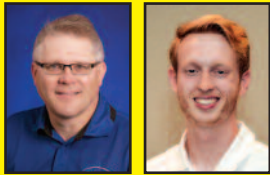
The Paddlewheel

Moorhead Rotary Club

Welcome Our New Members!

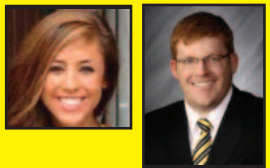
Volume 97—Number 37

February 27, 2018



Patrick Lorenson
Ramsey State Bank

Brett Drevlow
Boy Scouts



Liz Brandenburg
Northwestern Bank

Rob Mounts
Bremer Bank



Roger Erbes
American Federal Bank

Alex Ohman
Dakota Boys & Girls Ranch



Sharon Fangsrud
Pianist

Chris Volkers
Moorhead City Manager



Scott Wilkie
Avis Rent a Car

Brent Brandt
Health Equipment Recycling



Sue Koesterman
Churches United for Homeless

Chris Alstrup
Bell Bank



Dan Stauffer
Retired



Coming Up Tuesday: You're on your own for lunch ... but we're looking forward to 4:30, when members gather at Junkyard Brewing, 1416 First Ave. N., for another of our popular club socials. Free pizza until 7:30 p.m.; the beverages are BYOB (Buy Your Own Brews).

Jean Hannig shares video on principle that we get more of what we focus on

Past President Eric Wilkie called the meeting to order in the absence of President Corey Elmer. He thanked Jill Baldwin for filling in as a greeter, then got on to the big moment: presenting Rob Mounts with a check for \$640. It represented his half of the pot in our weekly raffle. An equal amount raised by ticket sales is earmarked for the fight against polio.

John Andreasen had a big announcement, too. All donations to the Recital for a Cause will be matched up to \$12,000 by the family of Rotarian Bob Leiseth, who passed away last fall. Funds raised by the annual concert support the F-M Symphony, the Area Youth Symphony and Polio Plus. And thanks to a gift from the Bill and Melinda Gates Foundation, your \$100 contribution has a value of \$600.

Sergeant Randy explores medieval concept

After Bill Schwandt led us in verses of "Smile, Sing a Song," we sang the national anthem, which Sergeant at Arms Randy Farwell pronounced far better than Fergie's recent version at the NBA All-Star game.

"What exactly is a sergeant at arms?" asked Randy. He explained the concept goes back to medieval days, when the king needed someone who knew his way around a fight or two. This person became the enforcer for the king and was

Photos/Russ Hanson: Past president Eric Wilkie. Randy Falwell, Chuck Matthees, Dave Tranby and Jon Riewer. Randy again. (Right) Jean Hannig presented a program on Rotary International's goals. (Below) Eric Johnson signs in with David Wahlberg.



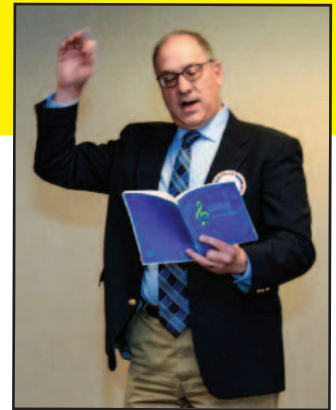
responsible for maintaining order at public forums. "We generally don't need that at our meetings, though," he pointed out. At Rotary, the job has migrated to more of an educational purpose, sharing stories of the purpose of Rotary and our core values.

Randy's call for happy dollars brought forth contributions from several cheerful members. Jean Hannig's honored her guest, as well as the international student musicians of past Recitals with a Cause. Eric Johnson saluted Randy for taking a crack at playing sergeant. Rob Mounts offered a delighted \$10 for his winning last week's drawing; he noted, "I can't use the excuse that 'I'm not lucky' anymore."

Violet's happy dollar celebrated her and her husband's return from Arizona. Teresa Joppa honored her new pastor at Bethesda Lutheran, who was one of the guests of the day.

'Seeing Red Cars' video focuses on positives

As Rotarian of the Day, Eric turned the podium over to Jean Hannig, who shared a video shown at the Rotary Summit in November, "Seeing Red Cars."



John Andreasen, Jean Hannig and their guests. Eric presents Rob Mounts with his raffle prize. Bill Schwandt conducts the chorus.

Guests, 02-20-18

Carson Ouelleta, potential member, guest of Violet Deilke
 Scott Greelis, potential member, guest of Jean Hannig
 Rev. Dan Forsberg, potential member, guest of John Andreasen
 Rei Yajima, Rotary exchange student

Reported Make-Ups

John Andreasen, Fargo and FM AM Rotary Clubs

February Birthdays

Suomala, Paul Feb 01
 Beaton, Tim Feb 17
 Elmer, Corey Feb 23
 Sederquist, David Feb 23
 Johnson, Eric Feb 28

Rotary Anniversaries

Cater, Alma 30 years
 Feb 02 1988
 Elmer, Corey 15 years
 Feb 11 2003
 Moore, Noel 19 years
 Feb 23 1999

Moorhead Rotary
 Chartered May 1, 1921
 Club 970
 District 5580

President Corey Elmer
 President-Elect
 Secretary & Paddlewheel reporter David Wahlberg
 Treasurer Doreen Filler
 Past President Eric Wilkie
 Director Dale Hetland
 Director David Sederquist
 Director Tammy Finney
 Director John Andreasen
 Director Troy Nellis
 RYLA Coord. Randy Farwell
 Polio Plus Coord. Cindy Nolte
 Sergeant at Arms Team
 Dave Sederquist, Eric Johnson,
 Mike Hulett & Jean Hannig
 Pianist Sharon Fangsrud
 Song Leaders Bill Schwandt,
 Bob Hanna, John Andreasen
 Photographer Russ Hanson
 Meeting Reporter Teresa Joppa
 Paddlewheel Editor
 Nancy Edmonds Hanson

With it, she asked the question, “How will you be a successful Rotary club and a successful Rotarian?”

Based on a book by Laura Goodrich, the production encourages people “to build the lives we want” because “we will get more of what we focus on.”

The video’s title reflects the principle that we notice what’s important to us. Jean explained, “If you want a red car, you will likely notice more red cars because that is what you are focusing on. ... But if we place our focus on what we don't want, we create more of what we don't want without realizing it. You know what you want, so focus on that, not what you are trying to avoid.”

The video offered three steps to help us focus on what we do want:

- Make a commitment.
- Monitor yourself.
- Practice.

“We have goals everywhere, not only in Rotary -- at work, in our personal lives,” Jean said. “The video shows us how to stop fixating on negatives and rewire our brains to focus on positive outcomes.”

Seeds planted to grow new raffle pot

With the pot cleaned out by Rob's win last week, we started rebuilding the prize. Alma Cater won the chance to pursue the 2 of Spades, but drew one of the other 51 cards instead. Here we go again!

Looking Ahead

February 27 — Club Social

Junkyard Brewing Company4:30-7:30 p.m.
 1416 First Avenue North

March 6

Sergeant at Arms.....Dave Sederquist
 Rotarian of the DayJade Rosenfeldt
 ProgramJenny Mongeau, Clay County
 Commission Chair
 GreetersGreg Johnson & Ray Grefsheim

March 13

Sergeant at Arms.....Brad Donabauer
 Rotarian of the DayJade Rosenfeldt
 Program.....Anne Hoefgen, Legal Services
 of Northwest Minnesota
 Greeters.....Brett Drevlow & Rob Mounts

March 20

Sergeant at Arms.....Bill Craft
 Rotarian of the DayViolet Deilke
 ProgramRyan Lewis & Friends, Crossing
 Home, Clay County Jail Ministry
 GreetersDan Stauffer & Nathan Johnson

March 27

Sergeant at ArmsJean Hannig
 Rotarian of the DayJade Rosenfeldt
 Program.....Lt. Mark Empting, Sheriff's Dept.,
 & Justin Roberts, ass't Clay Co. jail admin.
 GreetersScott Wilkie & Ron Kolb

April 3

Sergeant at Arms
 Rotarian of the DayCorey Elmer
 Program.....Whitney Irish & Steve Astrup,
 “Top 5 Do's and Don'ts of Estate Planning”