



The Paddlewheel

Moorhead Rotary Club

Volume 94—Number 9

September 1, 2015

Moorhead Rotary
Chartered May 1, 1921
Club 970
District 5580

President Eric Wilkie
President-elect
Secretary Teresa Joppa
Treasurer Doreen Filler
President-nominee
Past President Jon Benson

Director, 2014, Rotary Foundation
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Director, 2014, Administration
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Dave Wahlberg
Director, 2014, New Generation
Eric Wilkie
Director, 2015, Club Service
Jill Baldwin
Director, 2015, International
Service Eric Johnson
Program Coord. Corey Elmer
RYLA Coord. Randy Farwell
Photographer Russ Hanson
Meeting Reporter Teresa Joppa
Paddlewheel Editor
Nancy Edmonds Hanson

The Moorhead Rotary board of directors meets the second Tuesday of each month.

International President
K.R. "Ravi" Ravindran,
Colombo, Sri Lanka
District 5580 Governor
Craig Loughery, Ely
Assistant District Governor
Kay Parries, Moorhead
District Governor-Elect
Herb Schmidt, Fargo
Foundation/Polio Harris
Society/Polio Plus
Gary Nolte, Moorhead
End Polio Now Zone 28 Coord,
Gary Nolte

Other F-M Rotary Clubs

Monday: FM/PM Rotary
5:30 p.m., Lucky 13 Pub
Monday: Fargo West Rotary
Noon, Holiday Inn
Wednesday: Fargo Rotary
Noon, Radisson
Thursday: FM/AM Rotary
7 a.m., Ramada Plaza

If you attend meetings of any of these clubs, just check in. We have a reciprocal agreement.

Moorhead Rotary
P.O. Box 72
Moorhead, MN 56561



This week's meeting: Rotarian of the Day George Davis will introduce our guest, research chemist Matt Frohlich from NDSU's Center for Nanoscale Science, who'll talk about world-class research in new technologies. Eric Johnson is sergeant at arms, and greeters are Greg Johnson & Noel Moore.

Photos: Teresa Joppa welcomes Anne Blackhurst & guests Nancy Jordheim & Dllorna Clendenen. Bill Woods updates members on this fall's dictionary presentations. Sergeant at Arms Dave Sederquist. Speaker Nancy Jordheim. (Below) Danelle Klamann; Imagine Thriving student leaders



Imagine Thriving initiative supports mental health education, resources for teens

President Eric Wilkie welcomed members Aug. 25 with an apology — a serious shortage of forks on the buffet table due to a bumper crop of attendees and guests. He introduced those guests, who joined members in singing "Roll Rotary" under Bob Hanna's direction.

Secretary Teresa Joppa asked members who need a new button or pin to let her know.



Members share news of upcoming events

Bill Woods, who chairs the dictionary project, updated the club on this year's plan for distribution. Members will soon be presenting dictionaries to every 3rd grade student in Clay County schools.

"The Flatlander" Rotary Ride, a foundation fund raiser sponsored by all five local Rotary clubs, is coming up Saturday, Sept. 12. Individuals and families can now register for their choice of routes along Highway 75, including 10-, 33-, 45- and 60-mile rides beginning and ending at the Rotary Shelter at

Lindenwood Park. For more information and to register, go to the website fmrotaryride.com.

Ron Hagemann, an avid fan of local history programs, invited everyone to the Sunday Supper at Probstfield Fargo on Sept. 13 from 4 to 10 p.m. The outdoor meal features a menu by the community's finest chefs representing Rustica, Mezzaluna, Monte's, Blackbird Pizzeria, Toasted Frog and Drekker Brewing Company. All proceeds go toward restoration of the Probstfield house, the area's oldest structure. Tickets (\$75) are available at eventbrite.com; search for "Probstfield Farm, Moorhead."



Sergeant Dave collects happy dollars

Sergeant at Arms Dave Sederquist, after urging members to turn off their cellphones during meetings, called up donated dollars in honor of happy occasions. Among members' motives for pitching in: New exchange students; adult children moving home to attend local colleges; guests visiting Teresa Joppa from New Zealand; and Superintendent Lynne Kovash getting released from jury duty just in time for the opening of the school year.

Photos: Bob Hanna leads singing "Roll Rotary." Ron Hagemann promotes Sunday Supper at Probstfield Farm. (Right) Prospective member Tammy Finney of The Extra & Dale Stenerson.



Goetz Foundation's teen initiative aims to prevent teen suffering & suicide

Rotarian of the Day Jon Benson introduced Nancy Jordheim of Fargo Public Schools, a member of the board of the Goetz Mental Wellness Initiative, along with three guests on hand to discuss its Imagine Thriving program.

Nancy cited shocking statistics about teen depression and suicide. Eleven percent of high school students, she said, have actually attempted suicide at least once. Another 16 percent have seriously thought about it. Fully 25 percent of students report having felt so sad or hopeless daily for two weeks in a row that they stopped pursuing activities they love.

The Goetz organization's project aims to create a movement of understanding and awareness of the mental-health issues teens face. It educates students, parents and the community about the signs and symptoms of mental illness ... working directly with students about how they can take care of themselves and each other.

Two students shared their personal stories, describing how the project's student wellness facilitators helped them find ways to overcome their problems — and how they've gone on to help get out the word themselves in local schools and surrounding communities. Feelings of depression, anxiety and sadness are normal, they tell their peers, pointing them toward practical resources, including mental-health professionals can help diagnose and treat them.

Upcoming Meetings: Programs and Assignments

Tuesday, September 1

Sergeant at Arms:Eric Johnson
 Rotarian of the Day:George Davis
 Program: Matt Frohlich, NDSU Center for Nanoscale Science
 Greeters:G Johnson & N Moore

Greeters:.....R Kolb & T Moorhead

Tuesday, September 15

Sergeant at Arms:Jean Hannig
 Rotarian of the Day:Corey Elmer
 Program:Tim Flaherty, St. Paul, MN
 "How Did Greater Minnesota Fare in the 2015 Legislature?" Our guest is principal lobbyist for the Coalition of Greater Minnesota Cities and the city of Moorhead at the Minnesota Legislature. He has represented Greater Minnesota cities at the Legislature for over 30 years. He will provide an insider's perspective on the 2015 legislative session and what the legislature and governor did (or didn't do) for Greater Minnesota.

Greeters:.....L Kovash & C Nolte

Rotary Ride -- September 12

Rides begin at 7:30 a.m. at

Tuesday, September 8

Sergeant at Arms:.....Dave Sederquist
 Rotarian of the Day:Eric Johnson
 Program:President William Craft, Concordia
 Fall marks the return of students and buzz to the campus of Concordia College. We're pleased to have fellow Rotarian Bill Craft share his insights on the great things happening this year at Concordia College. Go Cobbers!

Guests, August 25

- Lana & Stella Suomala, guests of Paul Suomala
- Tammy Finney, The Extra, guest of Russ Hanson
- Nancy Jordheim, Danelle Klamann, Skyler & Abby, speakers
- Margaret Joppa & Darin & Minnie Grenz, guests of Teresa Joppa
- Dlorna Clendenen, M State, guest of Anne Blackhurst
- Duane Borgerson, guest of Lynne Kovash

Visiting Rotarians

- Tom Riley, Fargo Rotary Club

Make-Ups

- Kay Parries, Fargo Rotary Club

September Birthdays

- Schaefer, Steve Sep 01
- Kovash, Lynne Sep 12
- Hanna, Bob Sep 13
- Nolte, Cindy Sep 15
- Craft, William Sep 22

Wedding Anniversaries

- Hetland, Dale & Ruth 25 years Sep 01 1990
- Holtan, Paul & Vicki 36 years Sep 01 1979
- Andreasen, John & Carole Sue Sep 02 1972 43 years
- Kolb, Ronald & Judy 56 years Sep 05 1959
- Deilke, Violet & Karl 40 years Sep 12 1975

Club Anniversaries

- Bertilrud, Mark 2 years Sep 03 2013
- Craft, William 4 years Sep 13 2011